

KEY FACTS SHEET

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ABOUT US

The Rural and Minority Health Research Center's mission is to illuminate and address the problems experienced by rural and minority populations in order to guide research, policy, and related advocacy.

CONTACT

Director, Elizabeth Crouch, PhD
Deputy Director, Peiyin Hung, PhD
220 Stoneridge Drive
Suite 204
Columbia, SC 29208
Phone: 803-251-6317



@RMHRC_UofSC
rmhr.sc.edu

Rural children with 4+ adverse childhood experiences often lack positive experiences

PROJECT OVERVIEW

Project Funded: 2020-2021

Adverse childhood experiences (ACEs) can increase the likelihood of risky behaviors and poorer physical and mental health into adulthood. Our research has found that an estimated 10.7% of rural children experience four or more ACEs, placing them at risk.

OBJECTIVE

Our research examined the level of protective PCEs among rural children, sorted by whether they fell into the high-risk 4+ ACEs category.

RESEARCH APPROACH



DATA SOURCES

2016-2018 National Survey of Children's Health obtained via the RTI Research Data Center

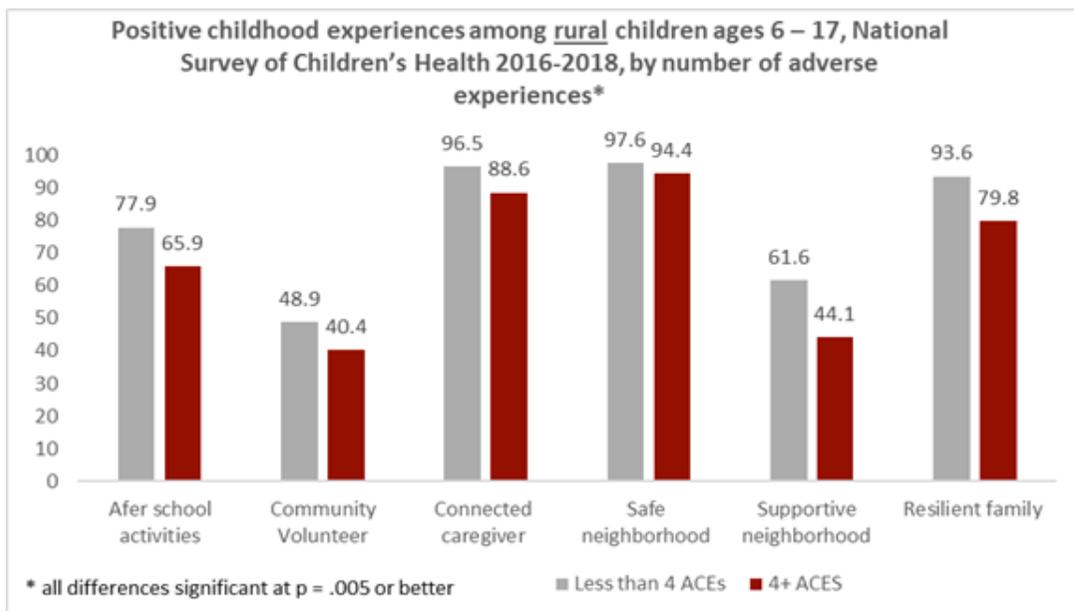


DEFINITIONS

Adverse childhood experiences (ACEs) are defined as abuse, household dysfunction, poverty and neglect that children may experience between birth and 17 years of age. Positive childhood experiences foster healthy social emotional development, such as a nurturing, safe, and supportive environments, and can build resilience to mitigate the effects of ACEs.

RESULTS

- Nearly all rural children are reported to have a guiding mentor (94.6%), with no difference between children with a high level of ACEs exposure and other children.
- Unfortunately, however, children with high ACE exposure were less likely to be reported to have each of the six categories of positive experience shown below.



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