

Important Nutrition-Related Updates & Events at USC

Welcome New Affiliates

Faculty

- **Demetrius Abshire**, PhD, RN, Assistant Professor, College of Nursing,
- Guillermo Wippold, PhD, Assistant Professor, Department of Psychology
- Katie Graham, RD, MS, CDCES, Healthy Campus Initiatives Student Health and Wellbeing

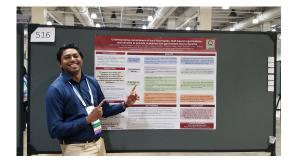
Student

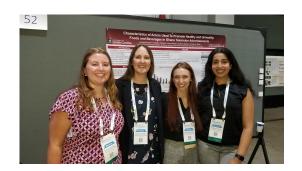
· Jared Dawson, BS, School of Medicine Greenville

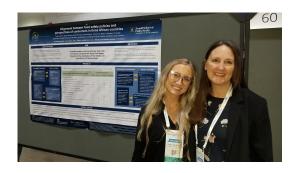
Affiliates Presenting at Summer Conferences

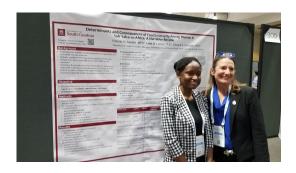
















Many of our Faculty and Student Affiliates presented their nutrition research at the <u>ASN 2023 Conference</u> in Boston, MA, and the <u>ADA Conference</u> in San Diego, CA, this past June and July. For additional images and updates, see the link below:



Learning to cook is a pretty common learning curve for students in their second year. Sign up for a hands-on cooking lesson about how to prep meals for your week!





When: Monday, September 25th from 5-7PM

Where: Center for Health and Well-being Room 219

RSVP at the link below! Space is limited.

Cooking Class RSVP



More Information



The Student Nutrition Group (SNG) will start back up for the Fall semester meeting weekly on Tuesdays from 6-7
PM (location TBD). You can sign up to join on GarnetGate and join the GroupMe for updates on events and additional information.

GroupMe



ADVANCING HEALTH EQUITY THROUGH CULTURE-CENTERED DIETARY INTERVENTIONS TO ADDRESS CHRONIC DISEASES

VIRTUAL WORKSHOP

SEPTEMBER 28-29, 2023

12:00-5:00 PM ET

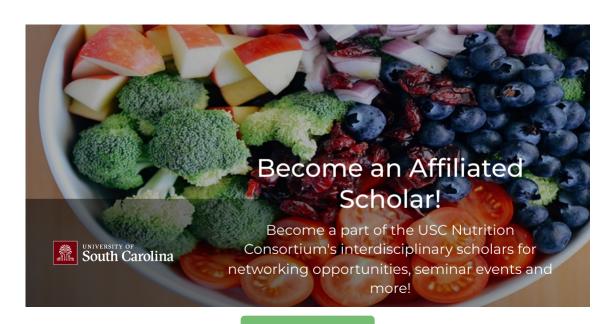
The NIH is hosting the free virtual workshop on "Advancing Health Equity Through Culture-Centered Dietary Interventions to Address Chronic Diseases" on September 28 and 29, 12:00– 5:00p.m. ET. The workshop is co-chaired by Josiemer Mattei, PhD, MPH of the Harvard T.H. Chan School of Public Health and **Brie Turner-McGrievy**, PhD, RDN of the USC Arnold School of Public Health.

In this workshop, you will:

- Review how cultural foodways and sociocultural factors could be used to improve the effectiveness of dietary interventions among diverse, underrepresented populations.
- Identify opportunities for research on the cultural tailoring and adaptation of evidence-based dietary approaches and for research on heritage foodways to prevent, manage, and treat disease in diverse, underrepresented populations.
- Examine the influence of culture-related factors on the biological mechanisms (e.g., gut microbiome changes) underlying responses to traditional and evidence-based dietary patterns.

For more information and to register, click the link below:

NIH Workshop Registration



Learn More









Swipe Out Hunger was created for students facing a lack of reliable access to sufficient quantities of affordable, nutritious food.

Students can fill out the following application by September 10th for selection into the program.

Swipe Out Hunger Application

Important Nutrition-Related Updates & Events from Professional Organizations



Access to fresh fruits and vegetables is disproportionate in rural communities across South Carolina, where residents are subject to lower wages, fewer healthcare options, and barriers to transportation. FoodShare partners with community-led organizations who help reduce financial and accessibility barriers by distributing Fresh Food Boxes. By making a financial gift to FoodShare we can continue to positively impact health outcomes across the city and state.

Give Back



FNCE 2023

Food & Nutrition Conference & Expo®

Denver, CO | October 7-10

Each fall, the Academy of Nutrition and Dietetics sponsors the world's largest meeting of food and nutrition experts — registered dietitian nutritionists (RDNs), nutrition and dietetics technicians, registered (NDTRs), researchers, policymakers, health care providers and industry leaders attend the Food & Nutrition Conference & Expo® to address key issues affecting the health of all Americans. FNCE 2023 is in Denver, CO, October 7-10th. For more information and to register, click the link below.

FNCE 2023



The 3rd Africa Food Environment Research Network Meeting, in collaboration with the <u>Food-SAMSA Project</u> and other FERN partners, is envisioned to be an 'INDABA' that facilitates the identification, collation and valorisation of Africa-focused food environments research, policy, and practice initiatives. FERN2023 will be online and is scheduled to take place November 1-3rd.

FERN 2023



ENGAGE, COLLABORATE, GROW

American Public Health Association Annual Meeting & Expo 2023 is the premier public health event of the year offering innovative and exciting opportunities to help you reach your personal and professional goals. Engage with public health experts, collaborate with other advocates and grow professionally. The meeting will take place in Atlanta, GA, November 12-15th.

APHA 2023

We will provide more information and send notification of dates and times of affiliate presentations as they become available for these upcoming events. Please let us know if you are presenting at any of the upcoming conferences or if there are any other nutrition-related conferences we should be promoting.

Recent Affiliate Nutrition-Related Publications

Bucko AG, Armstrong B, McIver KL, **McLain AC, Pate RR**. Longitudinal associations between sleep and weight status in infants and toddlers. *Pediatr Obes*. 2023;18(8):e13056. doi:10.1111/jjpo.13056

- **Campbell JM**, Kubickova M. Governmental Support for Agritourism Engagement by SMEs: A Resource-Based View of Honduras. *Journal of International Food & Agribusiness Marketing*. 2023;0(0):1-22. doi:10.1080/08974438.2023.2213228
 - Blake CE, Monterrosa EC, Rampalli KK, Khan, ANS, Reyes LI, Drew SD, Frongillo EA, et al. Basic human values drive food choice decision-making in different food environments of Kenya and Tanzania. *Appetite*.2023;188:106620. doi:10.1016/j.appet.2023.106620
 - Dramis A, Mejía R, **Thrasher JF**, Barrientos-GutiérrezI, Sargent J, Pérez A. The predictive validity of self-rated alcohol susceptibility to alcohol use in early adolescents in Latin America. *Alcohol(Hoboken)*. Published online July 31, 2023. doi:10.1111/acer.15158
- **Draper CL**, Herrnstadt Z, Page Bookhart A. Advancing Food Policy Councils Through SNAP-Ed: From Readiness to Capacity for Future Sustainability. *Journal of Nutrition Education and Behavior*. 2023;55(7,Supplement):32. doi:10.1016/j.jneb.2023.05.070
- Draper CL, Younginer NA, Young G. COVID-19 Impact on the Financial and Food Situations of South Carolinians Participating in a SNAP-Ed Produce Box Intervention. *Journal of Nutrition Education and Behavior*. 2023;55(7, Supplement):3. doi:10.1016/j.jneb.2023.05.008
- **DuBois KE, Blake CE,** Rudisill C, Harrison SE, **Wirth MD**, Hébert JR. Ulcerative Colitis Is Associated With Diet-related Inflammation and Physical Activity in the IBD Partners E-cohort. *Inflammatory Bowel Diseases*. Published online August 5, 2023:izad139. doi:10.1093/ibd/izad139
- Dugger R, **Weaver RG**, Bean MK, **Beets MW**, **Adams EL**, et al. Reducing Poverty and Building Capacity—Perceived Child and Family Impacts of the Child Tax Credit Expansion. *J of Pol Practice & Research*. Published online July 18, 2023. doi:10.1007/s42972-023-00085-6
- Eichner-Seitz N, **Pate RR**, Paul IM. Physical activity in infancy and early childhood: a narrative review of interventions for prevention of obesity and associated health outcomes. *Front Endocrinol(Lausanne)*. 2023;14:1155925. doi:10.3389/fendo.2023.1155925
- Jamaluddine Z, Safadi G, Irani A, **Ghattas H,** et al. Inequalities in Wellbeing in Lebanese Children and Different Refugee Subpopulations: A Multidimensional Child Deprivation Analysis. *Child Ind Res.* Published online June 6, 2023. doi:10.1007/s12187-023-10040-2
- Jamaluddine Z, Sharara E, Helou V, **Ghattas H**, et al. Effects of size at birth on health, growth and developmental outcomes in children up to age 18: an umbrella

review. *Archives of Disease in Childhood*. Published online June 20, 2023. doi:10.1136/archdischild-2022-324884

Lane A, Wilcox S, Wingard E, McLean MK, Liu J. Association of a Lifestyle Intervention with Blood Pressure Trajectories During Pregnancy and Postpartum in Women with Pre-pregnancy Overweight and Obesity. *MaternChild Health J*. 2023;27(8):1407-1415. doi:10.1007/s10995-023-03709-1

McFadden BA, Vincenty CS, **Chandler AJ, Cintineo HP, Arent SM**, et al. Effects of fucoidan supplementation on inflammatory and immune response after high-intensity exercise. *Journal of the International Society of Sports Nutrition*. 2023;20(1):2224751. doi:10.1080/15502783.2023.2224751

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Seligman HK, Levi R, **Adebiyi VO**, Coleman-Jensen A, Guthrie JF, **Frongillo EA**. Assessing and Monitoring Nutrition Security to Promote Healthy Dietary Intake and Outcomes in the United States. *Annual Review of Nutrition*. 2023;43(1). doi:10.1146/annurev-nutr-062222-023359

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Sims ST, Kerksick CM, Smith-Ryan AE, **Hirsch KR, Arent SM**, et al. International society of sports nutrition position stand: nutritional concerns of the female athlete. *Journal of the International Society of Sports Nutrition*. 2023;20(1):2204066. doi:10.1080/15502783.2023.2204066

Smith-Ryan AE, **Hirsch KR**, Cabre HE. Physiology of Menopause. In: Hackney AC, ed. Sex Hormones, Exercise and Women: Scientific and Clinical Aspects. *Springer International Publishing*; 2023:351-367. doi:10.1007/978-3-031-21881-1_15

Teo SM, Murrin CM, Mehegan J, **Hébert JR**, et al. Associations between the maternal healthy lifestyle score and its individual components during early pregnancy with placental outcomes. *Placenta*. 2023;139:75-84. doi:10.1016/j.placenta.2023.06.001

Tonelli Enrico V, **Hébert JR**, Mugford G, et al. Assessing Diet and Musculoskeletal Pain in Adults: Results From a Cross-Sectional Analysis of the National Health and Nutrition Examination Survey (NHANES). *American Journal of Lifestyle Medicine*. Published online July 19, 2023:15598276231189682.

doi:10.1177/15598276231189682

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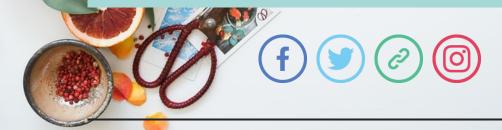
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