

UofSC to host 2021 Physical Activity and Public Health Courses

University of South Carolina [exercise science](#) professor [Russell Pate](#) and [Prevention Research Center](#) director [Sara Wilcox](#) will be directing the [Physical Activity and Public Health Courses](#) for researchers and practitioners in September of this year. After a two-year hiatus, the program will resume its 25-year history and will be held in Columbia, South Carolina.

“Over the years, the Physical Activity and Public Health Courses have trained 1,063 professionals from 49 states and Washington D.C. and 25 countries,” Wilcox says. “We’re excited to bring together internationally recognized faculty to teach and interact with participants during these multi-day courses.”

The [Postgraduate Course on Research Directions and Strategies](#) will take place September 14-21. Led by Pate, this seven-day course is designed for individuals who have completed doctoral degrees to help them develop research competencies related to physical activity and public health. Through lectures, small group sessions, meetings with faculty, and individual grant writing projects, participants will focus on areas such as grantsmanship skills, research funding opportunities, design of epidemiologic studies, dose-response issues, individual/community/policy interventions, measurement of physical activity, critical research needs on physical activity in women, minorities, youth and older adults, as well as other special topics.

The [Practitioner’s Course on Community Interventions](#) (see [flyer](#)), directed by Wilcox, will be held September 17-21. Designed for practitioners who are involved or interested in community-based initiatives to promote physical activity, this four-day course will include one-on-one and small group interaction with leading experts. Topics addressed include public health models for physical activity promotion, “best practice” intervention strategies, policy and environmental supports for physical activity, epidemiology/needs assessment, program evaluation, partnership development, and current research on physical activity promotion.

Applications will be accepted through **June 1, 2021**, and more information can be found on the course [website](#).