



Exercise Science

Arnold School of Public Health

Dr. Chih-Hsiang “Jason” Yang is seeking motivated applicants for the Exercise Science doctoral program. Dr. Yang is leading the [Emotion, Cognition, and Health Outcome \(ECHO\) Laboratory](#) and is also a faculty fellow at the [Technology Center to Promote Healthy Lifestyles \(TecHealth\)](#).

His work applies mobile technology (e.g., smartphones and accelerometry) to capture real-time psychological, behavioral, cognitive, and contextual data to understand antecedents, concomitants, and consequences of movement behaviors (e.g., physical activity and sedentary behavior).

He also studies the roles of mindfulness and physical activity in promoting healthy aging and health behavior change in older adults. Applicants should share research interests in these areas.

For more information about Dr. Yang’s research, visit his [faculty profile page](#), or to find out more about the program visit the [Exercise Science Ph.D program page](#).

Please contact Dr. Yang (cy11@mailbox.sc.edu) to discuss graduate assistantship opportunities.