

HOW PROFESSIONAL DEVELOPMENT IMPACTS TEACHER WELLBEING

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Who Are MSHS Teachers?

These educators bring cultural and linguistic strengths to their classrooms.

- 70% identify as Hispanic
- 36% were migrant/seasonal farmworkers
- 76% are fluent in Spanish
- 70% have 11+ years of teaching experience



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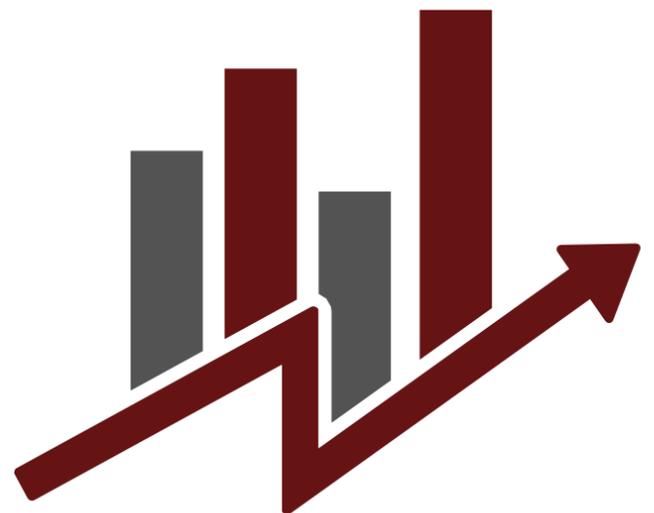
What Was the Study About?

The study explored how professional development (PD) relates to job satisfaction and mental health among teachers in MSHS programs.

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What Did We Discover?

- PD is related to higher job satisfaction:
- 5+ child assessment trainings · 3.8x higher satisfaction
- Classroom coaching · 1.7x higher satisfaction
- Bachelor's degree or higher · 17.1x higher satisfaction
- 11+ years of experience · 3.9x higher satisfaction
- PD was not strongly associated with depression symptoms



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Why It Matters for Classrooms

Teacher well-being affects classroom quality, student outcomes, and staff retention. Supporting teachers through PD can improve child outcomes, especially in high-need communities served by MSHS programs.

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Call to Action

- Policymakers: invest in PD and teacher supports
- Administrators: foster inclusive, supportive workplaces
- Researchers: explore long-term effects and mediating factors like teacher efficacy

