

# information about the undergraduate minor in health promotion, education, and behavior

You can discover a world of possibilities for an exciting and challenging career at the Arnold School. Our programs can provide you with the specialized knowledge and skills you need to address current and emerging public health issues. Our faculty prepares students to be scholars, research specialists, teachers and experts in a vast array of public health professions. An advanced degree from the Arnold School will open doors to professional advancement, competitive salaries, and a meaningful career. You can become one of our passionate and committed graduates helping people across the nation and around the world.

The Arnold School of Public Health at the University of South Carolina is accredited by the Council on Education for Public Health (CEPH) and is the only School of Public Health in South Carolina. Located in Columbia, SC, the school offers reasonable tuition, day and evening classes and one of the most beautiful, historic campuses in America.



The minor in Health Promotion, Education, and Behavior (HPEB) requires a minimum of 18 credit hours. This minor provides a basic foundation for students desiring preparation in health promotion, health education, health behavior change, and disease prevention. The minor in HPEB may be used in combination with many majors both to enhance students' career opportunities and to prepare for graduate study in a variety of health and health-related disciplines. The HPEB minor is compatible with various majors such as, but not limited to: anthropology, exercise science, international studies, journalism and mass communication, nursing, political science, psychology, sociology, or women's and gender studies. A minimum of 18 credit hours, at least 9 of which must be HPEB courses, is required from the following curriculum. Students must complete courses with a grade of 'C' or higher.

### Core Courses

Required courses, totaling 6 hours:

Course Number	Course Title
HPEB 300	Introduction to Health Promotion, Education, and Behavior
HPEB 553	Community Health Problems

### Elective Courses

Select (1) from the following courses on the topic of "Special Populations": (all courses are 3 credit hours):

Course Number	Course Title
HPEB 512	Southern Discomfort: Public Health in the American South
HPEB 513	Race, Ethnicity, and Health: Examining Health Inequalities
HPEB 621	Maternal and Child Health
HPEB 627	Lesbian, Gay, Bisexual, and Transgender (LGBT) Health
SOCY 313	Sociology of Aging
WGST 113	Women's Health
WGST 388	Cultures, Pregnancy, and Birth

Select (1) from the following courses on the topic of "Health and Health Behaviors": (all courses are 3 credit hours):

Course Number	Course Title
HPEB 335	First Aid and Emergency Preparedness
HPEB 501	Human Sexuality Education
HPEB 502	Applied Aspects of Human Nutrition
HPEB 521	Total School Health Program

HPEB 540	Drug Prevention
HPEB 542	Tobacco Prevention and Control in Public Health
HPEB 620	Nutrition through the Life Cycle
HPEB 654	Maternal and Child Nutrition
HPEB 684	HIV/STI Prevention
PSYC 300	Human Sexual Behavior
PSYC 465	Health Psychology
SOCY 360	Sociology of Medicine and Health

Select (1) from the following courses on the topic of "General Concepts in Health Promotion": (all courses are 3 credit hours):

Course Number	Course Title
HPEB 301	Practicum in Health Education
HPEB 321	Personal and Community Health
HPEB 470	Principles of Global Health
HPEB 488	Food Systems
HPEB 511	Health Problems in a Changing Society
HPEB 547	Consumer Health in Contemporary Society
HPEB 550	Behavioral Concepts and Processes for the Health Professional
HPEB 551	Medical Anthropology: Field Work
HPEB 552	Medical Anthropology
SOCY 310	Social Demography
SOCY 315	Global Population Issues

Select an additional (1) course from one of the three focus areas listed above: "Special Populations", "Health and Health Behaviors", or "General Concepts in Health Promotion".

A maximum of 3 non-HPEB courses can be taken to fulfill the elective requirements.

### For More Information About the Undergraduate Minor:

Department of Health Promotion, Education, and Behavior  
Discovery Building I, Room 565  
915 Greene Street  
Columbia, SC 29208  
Phone: 803-777-7096  
Website: <http://www.sph.sc.edu/hpeb>

### USC in Focus

For more than 200 years, USC has distinguished itself as a center of learning with a tradition of leadership and service in higher education. USC has a diverse and talented student population, a dedicated and successful faculty, a world-renowned library, outstanding research programs, and a campus that has been named one of the most beautiful in America.

The University offers more than 350 degree programs. Many programs are nationally and internationally ranked. If you want to learn more about the University of South Carolina, visit the Web site at [www.sc.edu](http://www.sc.edu).

Information about the city of Columbia can be found at [www.columbiasc.net](http://www.columbiasc.net) or [www.columbiacvb.com](http://www.columbiacvb.com).



### Additional Information about the Arnold School

If you have questions or need additional information on how you can receive a rewarding degree from the Arnold School of Public Health, visit our Web site at [www.sph.sc.edu/futurestudents](http://www.sph.sc.edu/futurestudents) or e-mail the Office of Student Services at: [sphstsr@mailbox.sc.edu](mailto:sphstsr@mailbox.sc.edu). Phone: 803-777-5031

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