

JENNIFER FILLO, PhD

CURRICULUM VITAE

CONTACT INFORMATION

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EDUCATION

- 2019 - 2020** **MPH**
School of Public Health and Health Professions
University at Buffalo, The State University of New York; Buffalo, NY
Mentor: Dr. Gregory G. Homish
- 2016 - 2019** **NIAAA Postdoctoral Training, Alcohol Etiology and Treatment**
University at Buffalo, The State University of New York; Buffalo, NY
Mentors: Drs. Kenneth E. Leonard, Gregory G. Homish
- 2008 - 2014** **PhD, Psychology**
University of Minnesota – Twin Cities; Minneapolis, MN
Major: Social Psychology
Minor: Interpersonal Relationships Research
Mentors: Drs. Jeffrey A. Simpson, Alexander J. Rothman
- 2004 - 2008** **BS, Psychology**
Carnegie Mellon University; Pittsburgh, PA
Graduate with College Honors; Graduate with University Honors; G.P.A.: 4.0
Mentors: Drs. Vicki S. Helgeson, Brooke C. Feeney

PROFESSIONAL APPOINTMENTS

- 2021 - present** **Assistant Professor**
Department of Health Promotion, Education, and Behavior
Arnold School of Public Health
University of South Carolina
- 2019 - 2021** **Research Assistant Professor | Principal Investigator**
Department of Psychiatry
Jacobs School of Medicine and Biomedical Sciences
Department of Community Health and Health Behavior
School of Public Health and Health Professions
University at Buffalo, The State University of New York; Buffalo, NY

- 2018** **Statistical Consultant**
Assessment of Knowledge and Attitudes towards Pre-Exposure Prophylaxis among Future Health Professionals (NIH/NIAID P30 AI078498; PIs: Sarahmona Przybyla & Diane Morse)
 Department of Community Health and Health Behavior
 School of Public Health and Health Professions
 University at Buffalo, The State University of New York; Buffalo, NY
- 2016 - 2019** **Postdoctoral Fellow**
Alcohol Etiology and Treatment (NIH/NIAAA T32 AA007583; PI: Kenneth E. Leonard)
 Research Institute on Addictions
 University at Buffalo, The State University of New York; Buffalo, NY
- 2014 - 2016** **Project Director**
When Parents Go to War: Psychological Adjustment among the Families of Deployed OEF/OIF Service Members (DOD W81XWH-13-1-0058; PIs: Deborah Beidel)
 Sleep and Anxiety Center of Houston, Department of Psychology
 Texas Institute for Measurement, Evaluation, & Statistics
 University of Houston; Houston, TX
- 2013** **Adjunct Research Associate | Project Coordinator**
Adolescent Sexual Communication with Peers: A Multi-Modal, In-Vivo Assessment
 (NIH/NICHD R21 HD067546; PI: Deborah Scharf)
 Graduate Summer Research Associate Program
 RAND Corporation; Pittsburgh, PA
- 2008 - 2014** **Graduate Research Assistant**
Early Life Stress, Developmental Processes, and Adult Health (NIH/NIA R01 AG039453; PI: Jeffrey A. Simpson)
 Minnesota Longitudinal Study of Risk and Adaptation
 Institute of Child Development
 University of Minnesota – Twin Cities; Minneapolis, MN
- 2005 - 2008** **Undergraduate Research Assistant**
 Infant Cognition (Director: Dr. David H. Rakison)
 Relationships Lab (Director: Dr. Brooke C. Feeney)
 Gender, Relationships, and Health Lab (Director: Dr. Vicki S. Helgeson)
 Department of Psychology
 Carnegie Mellon University; Pittsburgh, PA

GRANT SUPPORT

ONGOING

- 2019 - 2024** **Dyadic Influence Processes among Heavy Drinking Couples**
 PI: Jennifer Fillo
 NIH/NIAAA K01 AA027547; \$940,944

COMPLETED

- 2015** **Stress and Adjustment among GWOT Veterans and Their Spouses**
Co-PIs: Jennifer Fillo & Candice A. Alfano
Research Progress Grant, College of Liberal Arts and Social Sciences, University of Houston; \$2,200
- 2013** **Attachment-Based Individual Differences in the Emotion Regulation Process**
PI: Jennifer Fillo
Graduate Research Grant, Psi Chi; \$1,500
- 2008** **Intentions for the Division of Labor**
PI: Jennifer Fillo
Small Undergraduate Research Grant, Carnegie Mellon University; \$500
- 2007** **Emotion Expression in Social Support Interactions**
Co-PIs: Jennifer Fillo & Joy Xu
Small Undergraduate Research Grant, Carnegie Mellon University; \$1,000

PUBLICATIONS

*Designates current or former student mentees

PEER-REVIEWED

22. Crandall, A. K. *, Epstein, L. H., **Fillo, J.**, Carfley, K., Fumerelle, E., & Temple, J. L. (2022). The effect of financial scarcity on reinforcer pathology: A dyadic developmental examination. *Children*, 9(9), 1338.
21. Vest, B. M., Hoopsick, R. A., **Fillo, J.**, Homish, D. L., Homish, G. G. (2022). Problems with sleep are common and predict increased risk for alcohol and drug use among Reserve and National Guard soldiers. *Journal of Studies on Alcohol and Drugs*, 83(4).
20. Przybyla, S. M., **Fillo, J.**, Kamper-DeMarco, K. E., Bleasdale, J., Parks, K. A., Klasko-Foster, L. B., Morse, D. S. (2021). HIV pre-exposure prophylaxis (PrEP) knowledge, familiarity, and attitudes among United States healthcare professional students: A cross-sectional study. *Preventive Medicine Reports*, 22, 101334.
19. Kulak, J. A., Homish, D. L., Hoopsick R. A., **Fillo, J.**, Bartone, P. T., & Homish, G. G. (2021). Hardiness protects against alcohol problems in male, but not female, soldiers. *Psychological Services*, 18(3), 426-432.
18. **Fillo, J.**, Rodriguez, L. M., Neighbors, C., & Lee, C. M. (2020). Intrapersonal and interpersonal pathways linking 21st birthday celebration beliefs, intentions, and drinking behavior. *Addictive Behaviors*, 110, 106526.
17. Linn, B. K., Stasiewicz, P. R., **Fillo, J.**, & Bradizza, C. M. (2020). The great disrupter: Relationship of alexithymia to emotion regulation processes and smoking among pregnant women. *Substance Use and Misuse*, 55(7), 1113-1121.
16. Burns, R. J., **Fillo, J.**, Deschênes, S. S., & Schmitz, N. (2020). Dyadic associations between physical activity and body mass index in couples in which one partner has diabetes: Results from the Lifelines cohort study. *Journal of Behavioral Medicine*, 43(1), 143-149.

15. **Fillo, J.**, Kamper-DeMarco, K. E., Brown, W. C., Stasiewicz, P. R., Bradizza, C. M. (2019). Emotion regulation difficulties and social control correlates of smoking among pregnant women trying to quit. *Addictive Behaviors*, *89*, 104-112.
 14. **Fillo, J.**, Leonard, K. E., & Donnelly, K. T. (2019). Investigating relations between traumatic brain injury and relationship functioning in OIF/OEF veterans. *Journal of Military and Government Counseling*, *7(4)*, 1-25.
 13. Rodriguez, L. M., **Fillo, J.**, Hadden, B. W., Øverup, C. S., Baker, Z. G., & DiBello, A. M. (2019). Do you see what I see? Actor and partner attachment shape biased perceptions of partners. *Personality and Social Psychology Bulletin*, *45(4)*, 587-602.
 12. Kulak, J. A., **Fillo, J.**, Homish, D. L., Kahn, L., & Homish, G. G. (2019). Substance use and mental health among military spouses and partners. *Military Behavioral Health*, *7(3)*, 257-267.
 11. Vest, B. M., Homish, D. L., **Fillo, J.**, & Homish, G. G. (2018). Military status and alcohol problems: Former soldiers may be at greater risk. *Addictive Behaviors*, *84*, 139-143.
 10. **Fillo, J.**, Heavey, S. C., Homish, D. L., & Homish, G. G. (2018). Deployment-related military sexual trauma predicts alcohol problems among male reserve and National Guard soldiers. *Alcoholism: Clinical and Experimental Research*, *42*, 111-119.
- [Selected as Article of Public Interest for Alcoholism: Clinical and Experimental Research]**
9. **Fillo, J.**, Holliday, S. B., DeSantis, A., Germain, A., Buysse, D. J., Matthews, K. A., & Troxel, W. M. (2017). Observed relationship behaviors and sleep in military veterans and their partners. *Annals of Behavioral Medicine*, *51*, 879-889.
 8. **Fillo, J.**, Rodriguez, L. M., Anthenien, A. M., Neighbors, C., & Lee, C. M. (2017). The angel and the devil on your shoulder: Friends mitigate and exacerbate 21st birthday alcohol-related consequences. *Psychology of Addictive Behaviors*, *31*, 786-796.
 7. Hoopsick, R. A., **Fillo, J.**, Vest, B. M., Homish, D. L., & Homish, G. G. (2017). Substance use and dependence among current reserve and former military members: Cross-sectional findings from the National Survey on Drug Use and Health, 2010-2014. *Journal of Addictive Diseases*, *36*, 243-251.
 6. **Fillo, J.**, Staplefoote, B. L., Martinez, A., Sontag-Padilla, L., Shadel, W. G., Martino, S. C., Setodji, C. M., Meeker, D., & Scharf, D. (2016). Simplified novel application (SNAApp) framework: A guide to developing and implementing second-generation mobile applications for behavioral health research. *Translational Behavioral Medicine*, *6*, 587-595.
 5. Howland, M., Farrell, A. K., Simpson, J. A., Rothman, A. J., Burns, R., **Fillo, J.**, & Wlaschin, J. (2016). Relational effects on physical activity: A dyadic approach to the theory of planned behavior. *Health Psychology*, *35*, 733-741.
 4. **Fillo, J.**, Alfano, C. A., Paulus, D. J., Smits, J. A. J., Davis, M. L., Rosenfield, D., Marcus, B. H., Church, T. S., Powers, M. B., Otto, M. W., Baird, S. O., & Zvolensky, M. J. (2016). Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior. *Addictive Behaviors*, *57*, 6-12.

3. Overall, N. C., Fletcher, G. J. O., Simpson, J. A., & **Fillo, J.** (2015). Attachment insecurity, biased perceptions of partners' negative emotions, and hostile relationship behavior. *Journal of Personality and Social Psychology, 108*, 730-749.
2. **Fillo, J.**, Simpson, J. A., Rholes, W. S., & Kohn, J. L. (2015). Dads doing diapers: Individual and relational outcomes associated with the division of childcare across the transition to parenthood. *Journal of Personality and Social Psychology, 108*, 298-316.
[Albert Bandura Graduate Research Award]
1. Simpson, J. A., Kim, J., **Fillo, J.**, Ickes, W., Rholes, W. S., Orina, M., & Winterheld, H. (2011). Attachment and the management of empathic accuracy in relationship-threatening situations. *Personality and Social Psychology Bulletin, 37*, 242-254.

CHAPTERS

1. Simpson, J. A., **Fillo, J.**, & Myers, J. (2012). Partner knowledge and relationship outcomes. In S. Vazire & T. D. Wilson (Eds.) *Handbook of Self-Knowledge*. New York: Guilford Press.

CONFERENCE PRESENTATIONS

SYMPOSIA

16. **Fillo, J.**, Goodell, E. A., Homish, D. L., & Homish, G. G. (June 2022). Alcohol-related correlates of military sexual trauma history among US Army Reserve and National Guard soldiers. In J. Gass (Chair), *Shining a Light on Diversity Concerns in the Alcohol-Using Veteran Population*. Research Society on Alcoholism, Orlando, FL.
[Featured in Research Society on Alcoholism Newswise press release]
15. Homish, D. L., Temple, J. L., **Fillo, J.**, & Homish, G. G. (June 2020). The impact of sleep on current drug use in male US Army Reserve/National Guard soldiers. College on Problems of Drug Dependence, Hollywood, FL. (Virtual conference due to COVID-19)
14. **Fillo, J.**, Homish, D. L., & Homish, G. G. (April 2020). Military sexual trauma history and impaired relationship functioning among US Army Reserve/National Guard soldiers. Society of Behavioral Medicine. San Francisco, CA. (Virtual conference due to COVID-19)
[Meritorious Abstract Award]
13. **Fillo, J.**, Homish, D. L., Goodell, E. A., & Homish, G. G. (November 2018). Lifetime military sexual trauma exposure among U.S. Army Reserve and National Guard soldiers: Alcohol, drug, and mental health correlates. America Public Health Association, San Diego, CA.
12. **Fillo, J.**, Brown, W. C., Kamper-DeMarco, K. E., Stasiewicz, P., & Bradizza, C. M. (June 2018). Maternal characteristics associated with prenatal exposure to tobacco in a treatment-seeking population. In K. E. Kamper-DeMarco & **J. Fillo** (Chairs), *Interdisciplinary perspectives on prenatal alcohol and tobacco exposure, parenting, and outcomes among offspring*. Research Society on Alcoholism, San Diego, CA.
11. Burns, R. J., **Fillo, J.**, Deschênes, S. S., Schmitz, N. (August 2017). Concordance in partners' health behaviors around a diabetes diagnosis: Results from the Lifelines Cohort Study. In T. Mann (Chair), *Broadening our approaches to health behavior change: Taking context into account*. European Health Psychology Society, Padova, Italy.

10. **Fillo, J.**, Heavey, S. C., Homish, D. L., & Homish, G. G. (June 2017). Deployment-related military sexual trauma predicts alcohol problems among male reserve and National Guard soldiers. In **J. Fillo** & L. M. Rodriguez (Chairs), *Risk and resiliency factors associated with alcohol misuse among military personnel*. Research Society on Alcoholism, Denver, CO.
[Featured in Research Society on Alcoholism Newswise press release]
9. Neighbors, C., Rodriguez, L. M., **Fillo, J.**, Lewis, M., & Lee, C. M. (June 2017). Stubbed toes and broken interventions: Recruiting friends to serve as intervention agents during high risk drinking events. In J. Read & J. Livingston (Chairs), *It seemed like a good idea at the time: Intervention that failed and what they teach us*. Research Society on Alcoholism, Denver, CO.
8. **Fillo, J.**, Alfano, C. A., Paulus, D. J., Smits, J. A. J., Davis, M. L., Rosenfield, D., Marcus, B. H., Church, T. S., Powers, M. B., Otto, M. W., Baird, S. O., & Zvolensky, M. J. (March 2017). Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior. In W. C. Brown (Chair), *Emotion regulation difficulties as a concomitant substance use problem*. Collaborative Perspectives on Addiction Conference, Albuquerque, NM.
7. **Fillo, J.**, Rodriguez, L. M., Neighbors, C., & Lee, C. M. (July 2016). The angel and the devil on your shoulder: Helpful and harmful influences of specific friends on 21st birthday drinking and related consequences. In **J. Fillo** (Chair), *For better or for worse: Positive and negative influences of close relationships on health behavior*. International Association for Relationships Research, Toronto, Canada.
6. Howland, M., Farrell, A. K., Simpson, J. A., Rothman, A. J., Burns, R., **Fillo, J.**, & Wlaschin, J. (July 2016). Relational effects on physical activity: A dyadic approach to the theory of planned behavior. In **J. Fillo** (Chair), *For better or for worse: Positive and negative influences of close relationships on health behavior*. International Association for Relationships Research, Toronto, CA.
5. Rodriguez, L. M., **Fillo, J.**, Øverup, C. S., Baker, Z. G., DiBello, A. M., Hadden, B. W. (July 2016). Actor and partner attachment shape biased perceptions of partners: Do you see what I see? International Association for Relationships Research, Toronto, Canada.
4. Neighbors, C., **Fillo, J.**, & Rodriguez, L. M. (June 2016). Situational factors moderate the effectiveness of event-specific interventions for 21st birthday drinking. In K. Anderson (Chair), *From lab to intervention: Situational influences on substance use decision making*. Research Society on Alcoholism, New Orleans, LA.
3. Rodriguez, L. M., & **Fillo, J.** (January 2016). The carrot or the stick: Do partner regulation strategies predict changes in drinking? In J. Derrick (Chair), *Novel mechanisms linking relationships to health: An interdisciplinary perspective*. Society for Personality and Social Psychology, San Diego, CA.
2. Alfano, C. A., & **Fillo, J.** (October 2015). Sleep in pediatric anxiety disorders: Examining mechanisms of risk. In J.R. Strawn (Chair), *Pediatric anxiety disorders: Translating research findings into clinical practice*. American Academy of Child and Adolescent Psychiatry, San Antonio, TX.
1. **Fillo, J.**, Simpson, J. A., Rholes, W. S., Kohn, J. L., Kashy, D. (July 2012). Division of childcare and the transition to parenthood: The role of gender and attachment avoidance. International Association for Relationship Research, Chicago, IL.

POSTER PRESENTATIONS

*Designates current or former student mentees

45. **Fillo, J.**, Leonard, K. E., Biancorosso, S.*, Skrypnik, N.*, Giglia, K.*, Budiongan, J.*, & Derrick, J. L. (under review). Goals underlying social control of romantic partner drinking: Looking beyond abstinence. Submitted for presentation at Research Society on Alcoholism. Bellevue, WA.
44. Budiongan, J.*, Giglia, K.*, Leonard, K. E., Derrick, J. L., & **Fillo, J.** (under review). Motives for social control of drinking among romantic partners. Submitted for presentation at Collaborative Perspectives on Addiction. Albuquerque, NM.
43. Yang, C-H, **Fillo, J.**, Hakun, J. G., Friedman, D., Lohman, M., Lee, J., & Pelegriani, C. (forthcoming April 2023). Ambulatory assessment of cognition is associated with within-person changes in daily sleep quality and duration in older adults. Accepted for presentation at Society of Behavioral Medicine. Phoenix, AZ.
42. Arif, M.*, **Fillo, J.**, Homish, D. L., Saleem, G. T., & Homish, G. G. (November 2022). The effect of traumatic brain injury on intimate partner violence perpetration among U.S. Army Reserve and national Guard (USAR/NG) soldiers. American Public Health Association. Boston, MA.
41. **Fillo, J.**, Rodriguez, L. M., Derrick, J. L., Leonard, K. E. (June 2022). The time course of social control model. Research Society on Alcoholism. Orlando, FL.
40. Lopez, J.*, Kulak, J. A., Homish, D. L., **Fillo, J.**, & Homish, G. G. (April 2022). Perceptions of cannabis legalization and risk of use: Role of race and lifetime drug use among USAR/NG. Society of Behavioral Medicine. Baltimore, MD.
39. **Fillo, J.**, Testa, M., Derrick, J. L., & Wang, W. (February 2022). Effects of intimate partner aggression on daily relationship functioning: An ecological momentary assessment study. Society for Personality and Social Psychology. San Francisco, CA.
38. **Fillo, J.**, Linn, B. K., Bradizza, C. M., & Stasiewicz, P. R. (June 2021). Benefits of external regulation for AUD treatment-related cognition and pre-treatment drinking behavior. Research Society on Alcoholism. (Virtual conferenced due to COVID-19).
37. Derrick, J. L., Britton, M., Pierce, J., Haddad, S., Vahedi, M., Wittkower, L. D., Perry, M. J., Segundo, J., Judan, L., **Fillo, J.**, & Leonard, K. E. (June 2021). Modeling potential long-term effects of COVID-19-relevant stressors on problematic alcohol use. Research Society on Alcoholism. (Virtual conference due to COVID-19)
36. Kulak, J. A., **Fillo J.**, Homish, D. L., Leonard, K. E., & Homish, G. G. (February 2021). Improving health through preserving relationships: Evaluating the validity of a measure to predict risk for relationship dissolution. Society for Personality and Social Psychology. (Virtual conference due to COVID-19)
35. Derrick, J. L., Vahedi, M., Haddad, S., Britton, M., Pierce, J., Wittkower, L. D., Perry, M.J., Segundo, J., Judan, L., **Fillo, J.**, & Leonard, K. E. (February 2021). Recommendations for coping with the stress of the COVID-19 pandemic. Society for Personality and Social Psychology. (Virtual conference due to COVID-19)
34. Segundo, J., Derrick, J. L., Vahedi, M., Haddad, S., Britton, M., Pierce, J., Wittkower, L. D., Perry, M. J., Judan, L., **Fillo, J.**, Leonard, K. E. (February 2021). Effects of COVID-19-Related Stressors

on Marital Quality. Society for Personality and Social Psychology. (Virtual conference due to COVID-19)

33. **Fillo, J.**, Hoopsick, R. A., Homish, D. L., Leonard, K. E., & Homish, G. G. (June 2020). Thinking makes it so: Discrepant perceptions of partner drinking and relationship functioning among military couples. Research Society on Alcoholism, New Orleans, LA. (Virtual conference due to COVID-19)
32. Linn, B. K., Stasiewicz, P. R., **Fillo, J.**, & Bradizza, C. M. (March 2020). The great disrupter: Relationship of alexithymia to emotion regulation processes and smoking among pregnant women. Society for Research on Nicotine and Tobacco, San Francisco, CA.
31. Kulak, J. A., Hoopsick, R. A., Homish, D. L., **Fillo, J.**, & Homish, G. G. (November 2019). U.S. Army Reserve and National Guard soldiers' traumatic brain injury longitudinally predicts substance use among their civilian spouses. American Public Health Association, Philadelphia, PA.
30. **Fillo, J.**, Walitzer, K. S., & Dermen, K. H. (June 2019). The role of spouse social control in improvements in problem drinking. Research Society on Alcoholism, Minneapolis, MN.
29. Kulak, J. A., Homish, D. L., Hoopsick, R., **Fillo, J.**, & Homish, G. G. (November 2018). Does pain predict negative mental health outcomes over time among U.S. Army Reserve/National Guard soldiers? America Public Health Association, San Diego, CA.
28. **Fillo, J.**, Krieger, H., Englund, M. M., & Simpson, J. A. (June 2018). Attachment representations and alcohol consumption in adulthood: Evidence from a prospective longitudinal study. Research Society on Alcoholism, San Diego, CA.
27. Brown, W. C., **Fillo, J.**, Kamper-DeMarco, K. E., Rusczyk, M., Bradizza, C. M., & Stasiewicz, P. R. (June 2018). Negative and positive affect as predictors of post-treatment abstinence in alcohol use disorder outpatients. Research Society on Alcoholism, San Diego, CA.
26. Kamper-DeMarco, K. E., Brown, W. C., **Fillo, J.**, Livingston, J. A. (June 2018). Relational and physical victimization and alcohol use in adolescents: The role of negative friendship quality. Research Society on Alcoholism, San Diego, CA.
25. Kulak, J. A., **Fillo, J.**, Homish, D. L., Kahn, L., & Homish, G. G. (June 2018). Risk of substance use and mental health outcomes among military spouses and partners. College on Problems of Drug Dependence, San Diego, CA.
24. **Fillo, J.**, Kulak, J. A., Vest, B., Homish, D. L., & Homish, G. G. (April 2018). Mental and behavioral health sequelae of vicarious trauma symptoms among spouses of U.S. military service members. Society of Behavioral Medicine, New Orleans, LA.
[Patricia H. Rosenberger Award]
23. Vest, B., Kulak, J. A., **Fillo, J.**, Homish, D. L., & Homish, G. G. (April 2018). Attitudes and preferences towards civilian healthcare among reserve soldiers. Society of Behavioral Medicine, New Orleans, LA.
22. **Fillo, J.**, Brown, W. C., Kamper-DeMarco, K. E., Stasiewicz, P., & Bradizza, C. M. (March 2018). Does emotion regulation and social control impact smoking among pregnant women trying to quit? Collaborative Perspectives on Addiction Conference, Tampa, FL.

21. **Fillo, J.**, Homish, D. L., & Homish, G. G. (November 2017). Individual and partner sleep disturbance compound to predict hazardous alcohol use among U.S. Reserve and National Guard soldiers and their partners. America Public Health Association, Atlanta, GA.
20. Hoopsick, R., **Fillo, J.**, Vest, B., Homish, D. L., & Homish, G. G. (November 2017). Substance use and dependence among reserve soldiers and veterans: Data from the National Survey on Drug Use and Health, 2010-2014. America Public Health Association, Atlanta, GA.
19. Homish, D. L., Vest, B., **Fillo, J.**, & Homish, G. G. (June 2017). Changes in problematic alcohol use over time in current and previous U.S. Army reserve/guard soldiers. Research Society on Alcoholism, Denver, CO.
18. Burns, R. J., **Fillo, J.**, Deschenes, S. S., & Schmitz, N. (May 2017). Associations between spouses' health behaviours before and after one partner is diagnosed with diabetes. Canadian Society for Epidemiology and Biostatistics, Banff, Canada.
17. **Fillo, J.**, Rodriguez, L. M., Neighbors, C., & Lee, C. M. (January 2017). Double whammy: Compounding effects of "toxic" friends on 21st birthday drinking. Society for Personality and Social Psychology, San Antonio, TX.
16. Steers, M-L. N., **Fillo, J.**, & Neighbors, C. (June 2016). The role of university-related collective self-esteem in reducing alcohol-related consequences. Research Society on Alcoholism, New Orleans, LA.
15. Richardson, A. L.*, Morales, J. Y.*, Laajala, A.*, Alfano, C. A., & **Fillo, J.** (April 2016). Communication, parenting, and psychological symptoms among GWOT Veterans and their children. Southwestern Psychological Association, Dallas, TX.
14. **Fillo, J.**, Rodriguez, L. M., Neighbors, C., & Lee, C. M. (January 2016). The angel and the demon on your shoulders: Friends mitigate and exacerbate 21st birthday drinking and related consequences. Society for Personality and Social Psychology, San Diego, CA.
13. **Fillo, J.**, Rodriguez, L. M., Neighbors, C., & Lee, C. M. (November 2015). The angel and the demon on your shoulders: Friends mitigate and exacerbate 21st birthday drinking-related consequences. Association for Behavioral and Cognitive Therapies, Chicago, IL.
12. **Fillo, J.**, Hussain, H. A., Lau, S., Connaboy, C., & Alfano, C. A. (June 2015). Sleep disturbance mediates the association between PTSD symptoms and parenting behavior in OIF/OEF service members. Associated Professional Sleep Societies, Seattle, WA.
11. **Fillo, J.** (February 2015). Examining the Nature, Origins, and Health Consequences of Individual Differences in Emotion Regulation: An Attachment Perspective. Society for Personality and Social Psychology, Long Beach, CA.
10. **Fillo, J.** (February 2014). Linking attachment orientations to individual differences in habitual emotion regulation tendencies. Emotion Preconference, Annual Convention of the Society for Personality and Social Psychology, Austin, TX.
9. **Fillo, J.**, & Helgeson, V. S. (May 2013). Something's got to give: Fundamental disconnects between emerging adults' work and family expectations. Association for Psychological Science Annual Convention, Washington, D.C.

8. Keenan, N. K., & **Fillo, J.** (May 2013). Attachment orientations: Exploring the developmental and motivational origins of emotion-regulation strategies. "Regulating the world, regulating the mind" special session at the Annual Meeting of the Association for Psychological Science, Washington D.C.
7. **Fillo, J.**, & Keenan, N. (January 2013). Toward an integration of attachment and emotion-regulation research. Society for Personality and Social Psychology New Orleans, LA.
6. Deason, G., **Fillo, J.**, Federico, C. M. (January 2013). Mother knows best: Perceptions of men and women as primary caregivers. Society for Personality and Social Psychology, New Orleans, LA.
5. **Fillo, J.**, Myers, J., Farrell, A., & Simpson, J. A. (January 2012). Changes in attachment across the transition to parenthood: The role of perceived support and caregiving. Society for Personality and Social Psychology, San Diego, CA.
4. **Fillo, J.**, Simpson, J. A., Rholes, W. S. (January 2011). Changes in marital satisfaction across the transition to parenthood. Society for Personality and Social Psychology, San Antonio, TX.
3. **Fillo, J.**, Simpson, J. A., Kim, J., Ickes, W., Rholes, W. S., Orina, M., & Winterheld, H. (January 2010). Attachment and the management of empathic accuracy in relationship-threatening situations. Society for Personality and Social Psychology, Las Vegas, NV.
2. Kim, J. S., **Fillo, J.**, Orina, M. M., Simpson, J. A. (May 2009). Attachment anxiety and avoidance influence empathic accuracy during a conflict-discussion task. Association for Psychological Science, San Francisco, CA.
1. **Fillo, J.** (February 2009). College students' intentions for the future division of labor. Society for Personality and Social Psychology, Tampa, FL.

TEACHING & MENTORING EXPERIENCE

COURSES TAUGHT – UNIVERSITY OF SOUTH CAROLINA

- | | |
|-------------|---|
| 2023 | Theory-Driven Analysis (PUBH 815, graduate) |
| 2023 | Independent Study: Research Training in Social Determinants of Health: Alcohol and Other Substance Use (HPEB 399, undergraduate) |
| 2022 | Advanced Independent Study: Research Experience in Close Relationships and Health (PSYC 498, undergraduate) |
| 2022 | Practical Applications of Public Health Planning (PUBH 735, graduate) |
| 2022 | Individual Research: Substance Use Research and Analysis (PSYC 598, undergraduate) |

COURSES TAUGHT – UNIVERSITY AT BUFFALO, SUNY

- | | |
|--------------------|---|
| 2020 | Public Health and Population Wellbeing (CHB 550, graduate)
Department of Community Health and Health Behavior, School of Public Health and Health Professions |
| 2020 - 2021 | Undergraduate Research (PSY 498, undergraduate)
Department of Psychology, College of Arts and Sciences |

- 2020 - 2021** **Undergraduate Independent Study** (CHB 499, undergraduate)
Department of Community Health and Health Behavior, School of Public
Health and Health Professions
- 2020** **Graduate Independent Study: Dyadic Data Analysis** (CHB 695, graduate)
Department of Community Health and Health Behavior, School of Public Health and
Health Professions
- 2019** **Introduction to the Rehabilitation Counseling of Substance Abuse and Addiction**
(CEP 504, graduate) *Co-Instructor with Dr. Daniel J. Smith*
Department of Counseling, School, and Educational Psychology, Graduate School of
Education
- 2018** **Statistics Mini-Course: The Generalized Linear Model** (CHB 610, graduate)
Module of: Seminar in Community Health and Health Behavior
Department of Community Health and Health Behavior, School of Public Health and
Health Professions
- 2017** **Applied Longitudinal Analysis** (CHB 620, graduate)
Department of Community Health and Health Behavior, School of Public Health and
Health Professions

COURSES TAUGHT & ASSISTANTSHIPS – UNIVERSITY OF MINNESOTA - TWIN CITIES

- 2012, 2013** **Psychology of Women & Gender** (undergraduate) – instructor of record
Department of Psychology, College of Liberal Arts
- 2009, 2011** **Introduction to Social Psychology** (undergraduate) – discussion section leader
Department of Psychology, College of Liberal Arts
- 2010** **Psychology of Women & Gender** (undergraduate) – teaching assistant
Department of Psychology, College of Liberal Arts
- 2008 - 2010** **Introduction to Psychology** (undergraduate) – discussion section leader
Department of Psychology, College of Liberal Arts

TEACHING ASSISTANTSHIPS – CARNEGIE MELLON UNIVERSITY

- 2007** **Introduction to Social Psychology** (undergraduate)
Department of Psychology, College of Humanities and Social Sciences
- 2007** **Reason, Passion, and Social Cognition** (undergraduate)
Department of Social and Decision Sciences, College of Humanities and Social
Sciences
- 2006, 2007** **Introduction to Psychology** (undergraduate)
Department of Psychology, College of Humanities and Social Sciences
- 2006** **Experimental Design for Behavioral and Social Sciences** (undergraduate)
Department of Statistics, College of Humanities and Social Sciences

SELECTED GUEST LECTURES

- 2022** **Generating research questions**
HPEB 704: Health Education Research Seminar (graduate)
University of South Carolina; Columbia, SC
- 2021** **Examining social control of drinking in romantic relationships: A qualitative approach**
PUBH 715: Qualitative Methods (graduate)
University of South Carolina; Columbia, SC
- 2020** **Military sexual trauma among Army Reserve/National Guard soldiers: Implications for substance use and romantic relationship functioning**
Joining Forces – UB Research Colloquium (graduate)
University at Buffalo, SUNY; Buffalo, NY
- 2019 - 2021** **Health disparities among US Military service members** (each semester)
Critical Issues in Health and Wellness (undergraduate)
Buffalo State College, SUNY; Buffalo, NY
- 2018** **Alcohol and special populations: U.S. military service members**
Alcohol and Health (undergraduate)
University at Buffalo, SUNY; Buffalo, NY
- 2017** **Deployment-related military sexual trauma predicts alcohol problems among male reserve and National Guard soldiers**
Joining Forces – UB Research Colloquium (graduate)
University at Buffalo, SUNY; Buffalo, NY
- 2017** **Secondary data analysis**
Research Methods for Public Health (graduate)
University at Buffalo, SUNY; Buffalo, NY
- 2016** **Close relationships and health**
General Psychology (undergraduate)
University of St. Thomas, Houston, TX

TEACHING DEVELOPMENT

- 2021 - 2022** **New Faculty Academy**, 8-part workshop series
Center for Teaching Excellence
University of South Carolina, Columbia, SC
- 2020** **Designing and Building Online Courses**, 4-day teaching workshop series
Online Teaching Academy, Center for Educational Innovation (CEI)
University at Buffalo, Buffalo, NY
- 2020** **Evaluating and Facilitating Online Courses**, 4-day teaching workshop series
Online Teaching Academy, Center for Educational Innovation (CEI)
University at Buffalo, Buffalo, NY
- 2013** **Teaching Institute**, 2-day teaching workshop series
Association for Psychological Science Annual Convention, Washington D.C

2013 **Practicum for Future Faculty**, 3-credit graduate seminar
Mentor: Dr. Joan Ostrove, Macalester College, St. Paul, MN
Center for Teaching and Learning
University of Minnesota – Twin Cities, Minneapolis, MN

2011 **Teaching in Higher Education**, 3-credit graduate seminar
Center for Teaching and Learning
University of Minnesota – Twin Cities, Minneapolis, MN

MENTORING

2021 - present

University of South Carolina

Mentor of 12 undergraduate research assistants

Mentor of 1 undergraduate student in the completion of a Magellan Scholar Grant (\$3000)

Romantic Partner Attempts to Influence Reduction in Alcohol Consumption: Examining Drinker Perceptions (Awardee: Kelly Buchan; Jan - Dec 2022)

Mentor of 1 undergraduate student in the completion of a Magellan Mini-Grant (\$1000)

Romantic Partner Attempts to Influence Reduction in Alcohol Consumption: Examining Drinker Perceptions (Awardee: Kelly Buchan; Jan - Dec 2022)

Mentor of 2 undergraduate students in the completion of a Magellan Journey Grant (\$1000 each)

Awardee: Neha Rayala; Summer 2022

Awardee: Katelyn Augenblick; Summer 2022

Mentor of 4 undergraduate students in the completion of South Carolina Honors College Research Grants

Examining Social and Interpersonal Influences on Behavioral Health (Awardee: Neha Rayala; Spring 2023; \$1500)

Romantic Partner Influence on Alcohol Consumption: Examining Social Control Strategies (Awardee: Kelly Buchan; Spring, Summer, & Fall 2022; \$5000)

Examining Social Control of Alcohol Use among Romantic Couples (Awardee: Natalie Hasbrooke; Spring 2022; \$2000)

2019 - 2022

University at Buffalo

Mentor of 7 undergraduate research assistants (PSY 498 & CHB 499)

Supervisor of 2 MPH student completing field training

Rachael Bioh; CHB 544; Summer 2022 - Fall 2022

Luna Xinyue Lu; EEH 544; Fall 2021 - Spring 2022

Mentor of 1 undergraduate fellow in McNair Post-Baccalaureate Achievement Program

Toniqua Lawrence; Spring 2020 - Summer 2020

Mentor of 1 pre-doctoral student (Amanda Crandall) related to dyadic/multi-level modeling necessary to analyze F31/dissertation data (CHB 695)

An Investigation of the Effects of Food Scarcity on Reinforcement Pathology among Parents and Offspring (NIH/NIDDK F31 DK116426)

2014 - 2016

University of Houston

Supervisor of 10 undergraduate and post-baccalaureate research assistants

Mentor of 2 students for Undergraduate Research Grant; Psi Chi

Stress and Adjustment among GWOT Veterans and their Spouses (Awardees: Almog Porat, Angela Richardson; 2016; \$1500)

2008 - 2016 **University of Minnesota – Twin Cities**
Supervisor of 30 undergraduate research assistants
Co-supervisor of 8 psychology senior capstone projects

AWARDS, SCHOLARSHIPS, & RECOGNITION

2020 **Meritorious Abstract Award**, Society of Behavioral Medicine

2018 **Patricia H. Rosenberger Award for Outstanding Student or Post-Doctoral Fellow Abstract**, Society of Behavioral Medicine Military and Veterans Health Special Interest Group

2018 **Article of Public Interest**, *Alcoholism: Clinical and Experimental Research* Fillo et al. (2018)

2013 - 2014 **Doctoral Dissertation Fellowship**, University of Minnesota

2013 - 2014 **Graduate and Professional Student Assembly Scholarly Travel Grants**, University of Minnesota (2 awards)

2009 - 2014 **Graduate Student Travel Awards**, University of Minnesota (6 awards)

2013 **Graduate Tuition Fellowship**, University of Minnesota

2013 **Albert Bandura Graduate Research Award**, Psi Chi and the Association for Psychological Science

2013 **Graduate Research Grant**, Psi Chi

2013 **Winter Unrestricted Travel Grant**, Psi Chi

2012 **Graduate Summer Research Fellowship**, University of Minnesota

2011 & 2013 **Merit Scholarships**, Alpha Chi Omega Foundation (2 awards)

2010 **Honorable Mention**, Graduate Research Fellowship Program, National Science Foundation

2009 **Graduate Research Partnership Program Fellowship**, University of Minnesota

2008 - 2009 **Graduate Research Fellowship**, University of Minnesota

2008 **1st Place**, Department of Psychology Undergraduate Research Competition, Undergraduate Research Symposium, Carnegie Mellon University

2008 **The Phi Beta Kappa Society**

2008 **Sigma Xi**, The Scientific Research Society

2007 - 2008 **Senior Honors Thesis Program**, College of Humanities and Social Sciences, Carnegie Mellon University

2007 **Summer Undergraduate Research Fellowship**, Carnegie Mellon University

- 2007** **The Honor Society of Phi Kappa Phi**
- 2006** **Psi Chi, The International Honor Society in Psychology**

SERVICE

INSTITUTIONAL SERVICE – UNIVERSITY OF SOUTH CAROLINA

- 2022** **Reviewer**, Graduate Student Poster Presentations, Discover UofSC
- 2022** **Reviewer**, Magellan Scholar Review Committee, Office of Undergraduate Research
- 2022** **Panelist**, The Academic Job Hunt, Student Engagement Committee, HPEB
- 2021 - present** **Member**, Scholarships and Awards Committee, HPEB

INSTITUTIONAL SERVICE – UNIVERSITY OF MINNESOTA - TWIN CITIES

- 2011 - 2014** **University of Minnesota Campus Representative**, Association for Psychological Science Student Caucus
- 2011 - 2013** **Graduate Student Representative**, Senate Committee on Faculty Affairs

PROFESSIONAL SERVICE

- 2022** **Reviewer**, Annual Meeting Abstracts, Society of Addiction Psychology, APA Div. 50
- 2022** **Reviewer**, Annual Meeting Abstracts, Society of Behavioral Medicine
- 2018 - 2022** **Reviewer**, Annual Meeting Abstracts, Alcohol, Tobacco, and Other Drugs (ATOD), American Public Health Association
- 2017** **Reviewer**, Annual Convention Symposia Submissions, Society for Personality and Social Psychology
- 2015** **Reviewer**, Annual Convention Student Poster Awards, Society for Personality and Social Psychology
- 2013, 2014** **Reviewer**, RISE Research Award Competition, Association for Psychological Science

AD HOC REVIEWING (2013 - PRESENT)

Addiction Research & Theory
Addictive Behaviors
Alcohol and Alcoholism
Alcoholism: Clinical and Experimental Research
Child Psychiatry and Human Development
European Journal of Social Psychology
Health Psychology
Journal of Addiction Medicine
Journal of Clinical Sleep Medicine
Journal of Family Issues
Journal of Family Theory & Review
Journal of Social and Personal Relationships
Military Psychology

Nicotine and Tobacco Research
Personal Relationships
Psychological Trauma: Theory, Research, Practice, and Policy
Sex Roles
Stress & Health
Translational Behavioral Medicine

BOOK & CHAPTER REVIEWING

2014 Pearson Higher Education

2012 - 2015 Worth Publishers

PROFESSIONAL AFFILIATIONS

American Psychological Association, Division 50 – Society of Addiction Psychology
American Public Health Association
Association for Psychological Science
International Association for Relationships Research
Research Society on Alcoholism
Society for Personality and Social Psychology
Society of Behavior Medicine