

# CURRICULUM VITAE

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## A. Education/Training

<u>Institution and Location</u>	<u>Degree</u>	<u>Year(s)</u>	<u>Field of Study</u>
Illinois Wesleyan University Bloomington, IL	NA	1979-1982	Psychology
Saint Louis University Saint Louis, Missouri	B.A.	1982-1983	Psychology
Saint Louis University Saint Louis, Missouri	MS(R)	1983-1986	Psychology
University of Tennessee Knoxville, Tennessee	Ph.D.	1987-1991	Psychology
Duke University Medical Center, Durham, NC	NRSA Post- Doctoral Fellow	1991-1993	Cardiovascular Disease Disparities and Aging
Duke University. Behavioral Medicine Research Center, Durham, NC	NHLBI Research Associate Fellow	1993-1994	Aging and Behavioral Epidemiology
University of South Carolina. Statewide Cancer Prevention and Control Program, Columbia SC	NCI, CRCHD Diversity Training Fellow	2006-2008	Psychoneuroimmunology, Psychometrics, Community Based Participatory Research

## B. Experience and Employment

2018-present	Diversity Workshop Facilitator	
2017-2018	Multicultural Psychologist Faculty Search	Search Committee Member
2014-present	Psychology Undergraduate Committee	Member
2011-2016	South Carolina Cancer Disparities Community Network	Training Core Co-I
1994-present	Department of Psychology University of South Carolina	Associate Professor
2013-present	Department of Epidemiology and Biostatistics, ASPH	Adjunct Professor
2012-present	USC Behavioral-Biomedical Interface Program, BBIP	Executive Board
2004-present	Dept. of African American Studies, University of South Carolina, Columbia SC	Affiliate Faculty Member
1993-1994	Duke University Medical Center, Division of Medical Psychology, Behavioral Medicine Research Center, Durham, NC	NHLBI Research Associate in Behavioral Medicine

1994	Duke Comprehensive Cancer Center, Cancer Prevention, Detection and Control Research Program, Durham, NC	Research Fellow in Cancer Prevention and Control
1991-1993	Duke University Medical Center Department of Psychiatry and Center for the Study of Aging and Adult Development; Behavioral Medicine Research Center, Durham, NC.	NIMH Postdoctoral Research Fellow

## C. Honors, Awards & Memberships

### Selected Undergraduate Mentoring Resulting in Funding or Awards:

- Faculty Advisor, Dr. Roland Emerson Haynes Multicultural Society (2016-present).
- Magellan Guarantee Research Mentor (2017-2019). Victory Agho & Vincent Edwards
- Mini-Magellan Research Mentor (2017-2018). Amber Roberts
- McNair Summer Institute Health Disparities Research Mentor (2017-present).
- Undergraduate Awardee Mentor for Amber Roberts, *Best Student Presentation Award in the Social Sciences: The Influence of 21st Century Yearly Racial Stress on African American's Perceptions of Racism in Health Care*. (Discover USC, 2017).
- Mentor for Society for the Psychological Study of Culture, Ethnicity and Race Local Chapter (2017-2018).
- Mentor: *Best Student Submission Award*: Ally Beetham. "Financial Stress and Smoking Disparities among Sexual and Gender Minority (SGM) Women." Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine. (October, 2016).

### Selected Post-Baccalaureate Mentoring resulting in funding or awards:

- Faculty Mentor: Jaleel McNeil. USC Behavioral-Biomedical Interface Program, BBIP.
- Faculty Mentor/ Dissertation Advisor: Kinjal Pandya, MA.
  - APA Diversity Grant of the Psychological Science Research Grant, University of South Carolina, 2017
  - Support to Promote Advancement of Research and Creativity (SPARC) Grant, University of South Carolina, 2017
  - APA International Conference Registration Grant, University of South Carolina, 2017
  - Travel Grant Award, University of South Carolina, 2017
  - Travel Grant Award, University of South Carolina, 2015
- Co-Director of Training Core for the Statewide Cancer Prevention and Control Program, Core Faculty Member; South Carolina Cancer Control Networks. (SCCDCN) 2008-2015. Justin Smith, Deonna Farr, Lisa Wigfall, Tisha Felder.
- Faculty Mentor: Heather Page Eaddy, Southern Regional Education Board (SREB). Dissertation Award Mentor, Compact for Faculty Diversity 2002 Institute on Teaching and Mentoring (2002). Tampa, FL.
- Faculty Mentor: Eugena K. Griffin, NIH MARC-USTAR Program. Doctoral Scholar. (2004-2007).
- Faculty Mentor: Saudia Major, Southern Regional Education Board (SREB). Faculty Mentor, Compact for Faculty Diversity 2002 Institute on Teaching and Mentoring (2002). Tampa, FL.
- Faculty Mentor: Southern Regional Education Board. Lisa Johnson, Faculty Mentor (SREB): Compact for Faculty Diversity 2001 Institute on Teaching and Mentoring (2001). Atlanta, GA.

### Honors & Awards

- Member of Alpha Omega. Multicultural Psychology National Honorary. (2016-present).
- International Perspectives on Higher Education. Faculty Development Stipend. Costa Rica. (2016).
- Faculty Scholarship and Teaching Award. University of South Carolina. (2004). Black Faculty and Staff Association.

- University of South Carolina Institute for African American Research (IARR) Fellowship. (2013-2014). Grant title: “Revisiting the Perceived Racism Scale”.
- Outstanding Faculty Award. University of South Carolina. (2004). USC Psi Chi Honor Society.
- University of South Carolina Research and Productive Scholarship Award. (2002). Skin Tone, Race-Related Stress, and 24-Hour Blood Pressure in Young Normotensive African Americans.
- Society for Behavioral Medicine (2001). Best Visual Presentation. The Interactive Effects of Urbanicity and Body Mass Index on Cardiovascular Reactivity in Cameroonians. Poster Presentation. Annual Meeting of the Society for Behavioral Medicine, Seattle, Washington, March 22-26, 2001.
- NHBLI Minority Supplement Fellowship (1993-1994). University of North Carolina Alumni Heart Study. Duke University Medical Center, Department of Psychiatry. Division of Medical Psychology, Behavioral Medicine Research Center.
- NRSA Post-doctoral Fellowship (1991-1993). Duke University Medical Center, Department of Psychiatry and Center for the Study of Aging and Adult Development.
- Annual Graduate Student Teaching/Research Award (1991). University of Tennessee.
- APA Dissertation Fellowship, American Psychological Association (1990-1991).
- APA Minority Research Fellowship, American Psychological Association (1987-1990).
- Sigma Xi, Scientific Research Honorary, St. Louis University Chapter (1987).
- Psi Chi, Illinois Wesleyan University (1982)

#### Current Academic and Professional Memberships

- Association of Black Sexologists and Clinicians (2016-present).
- American Psychological Association Division 45. (2016 -present).
- American Psychological Association Minority Fellowship Program Review Panel Member (2010-2017).

#### Membership on Grant Review Panels

- USC SPARC Award Reviewer (2017).
- NIH Reviewer for the Professional Development and Peer Review Workshop (2008). Cancer Health Disparities Summit. Center to Reduce Cancer Health Disparities (CRCHD) Bethesda, MD.
- NIH Review Panel Member for the National Institute of Cancer and National Heart Lung and Blood Institute, -U01. (2009).
- Grant Review panel member (2006). Small Grants Program for National Institute of Child Health and Development. Health Disparities Special Emphasis Panel.
- NIH Study section review panel member for the National Institute of Child Health and Development. Health Disparities Special Emphasis Panel (2008).
- NIH Study section review panel member Grant Reviewer (2008). Small Grants Program for National Institute of Child Health and Development. Health Disparities Special Emphasis Panel
- Grant Reviewer (2007). South Carolina Cancer Disparities Community Networks Pilot Projects.
- Grant Reviewer (2007). NIH, National Heart Lung and Blood Institute, Special Emphasis Panel Centers for Disease Control

#### National Working Expert Panels:

- National Expert Panel Meeting. Cross cultural measurement of physical activity in women January 1996. Dr. Barbara Ainsworth, PI.
- Innovations in Syphilis Prevention Community Assessment Instrumentation Development Panel. 1995-1996.
- Ad Hoc Grant Review panel member. National Institute of Health. Howard University Biomedical Program Project Grants. (Fall, 1997).

#### Journal Review Board Affiliations and Ad-Hoc Reviewer Membership

- Journal Reviewer. *Journal of Black Psychology* (2007-present).
- Journal Reviewer. *Ethnicity and Disease*. (1993-present).
- Journal Reviewer. *Society for Behavioral Medicine*. (2007-2009).
- Journal Reviewer, *Journal of Personality and Social Psychology*. (2007-2009).
- Abstract Review Panel Member (2007). *Society for Behavioral Medicine*.
- Session Facilitator, National Cancer Health Disparities Summit 2007. July 15, 2007-July 18, 2007/
- Ad Hoc Reviewer (2007). *Journal of Personality and Social Psychology*.

## D. RESEARCH MISSION

- Empirical lines of inquiry applying behavioral medicine research to delineate causality in ethnic health disparities. I have built a solid and evolving research and line of research focusing on the assessment of race-related stressors and physical health outcomes.
- Qualitative research to assess cultural and contextual determinants of cancer and cardiovascular disease disparities.
- Laboratory and RCT studies examining inflammation as a final common pathway linking behavioral risk factors.
- Designing studies to reduce type III error, including interdisciplinary/ transdisciplinary, translational and community-based participatory research (CBPR) projects in under-served populations.
- Cancer & Cardiovascular Translational Research.

## E. Publications

Peer-reviewed publications: († Indicates student advisee at USC or Benedict College; ‡ Indicates current or junior faculty protégé).

1. **Armstead, CA**, Lawler, K.A., Gordon, G., Cross, J., & Gibbons, J.L., (1989). The relationship of racial stressors to blood pressure responses and anger expressions in black college students. *Health Psychology*, 8, 542-556.
2. Lawler, K.A., Schmied, L.A., **Armstead, CA**, & Lacy, J.E., (1990). Type A behavior, desire for control, and cardiovascular reactivity in young adult women. *Journal of Social Behavior and Personality*, 5(1), 135-158.
3. Lawler, K.A., **Armstead, CA**, & Patton, E.K., (1991). Type A behavior and intrinsic versus extrinsic motivational orientation in male college students. *Psychological Record*, 41(3), 335-342.
4. Lawler, K.A., Lacy, J.E., **Armstead, CA**, & Lawler, J.E., (1991). Family history of hypertension, gender, and cardiovascular responsivity during stress. *Journal of Behavioral Medicine*, 14(2), 169-186.
5. Lawler, K.A., Schmied, L.A., **Armstead, CA**, & Lacy, L.E. (1991). Type A Behavior, Desire of Control, and Cardiovascular Reactivity in Young Adult Women. In M.J. Strube (Ed.), *Type A Behavior*, CA: Sage Publications, Inc.
6. Lawler, K.A., Harralson, T.A., **Armstead, CA**, Schmied, L.A., & Patton, E.K., (1993). Gender and cardiovascular responses: What is the role of hostility? *Journal of Psychosomatic Research*, 37(6), 603-613.
7. Anderson, N.B., McNeilly, M.D., **Armstead, CA**, Clark, R.A., & Pieper, C.F., (1993). Assessment of cardiovascular reactivity: A methodological overview. *Ethnicity and Disease*, 3(4), Supp: 529-537.
8. McNeilly, M.D., Anderson, N.B., **Armstead, CA**, Clark, R.A., Corbett, M., Robinson, E.L., Pieper, C.F., & Lepisto, E.M., (1995). The perceived racism scale: A multidimensional assessment of the experience of white racism among African Americans. *Ethnicity and Disease*, 5(2), 154-166.
9. Anderson, N.B., & **Armstead, CA**, (1995). Toward understanding the association of socioeconomic status and health: A new challenge for the biopsychosocial approach. *Psychosomatic Medicine*, 23, 3726-3751.
10. McNeilly, M.D., Anderson, N.B., Robinson, E.F., McManus, C.F., **Armstead, CA**, Clark, R., Peiper, C.F., Simons, C., & Saulter, T.D. (1996). The convergent, discriminant, and concurrent criterion validity of the perceived racism scale: A

- multidimensional assessment of White racism among African Americans. In R. L. Jones (Ed.), *Handbook Tests and Measurements for Black Populations* (2), 359-374). Hampton, VA: Cobb and Henry Publishers.
11. Macera, C.A., **Armstead, CA**, & Anderson, N.B., (2000). Sociocultural influences on minority health. In A. Baum, T.A. Revenson, & J.E. Singer (Eds.). *Handbook of Health Psychology*. Mahwah, NJ: Lawrence Erlbaum Associates. 427-440.
  12. Clark, R.A., & **Armstead, CA**, (2000). Family conflict predicts blood pressure changes in African-American adolescents: A preliminary examination. *Journal of Adolescence*, 23, 355-358.
  13. Clark, R.A., & **Armstead, CA**, (2000). A preliminary study examining relationship between family environment and resting mean arterial pressure in African-American youth. *Journal of Adolescent Health*, 27, 3-5.
  14. **Armstead, CA**, & Clark, R.A., (2002). Assessment of self-reported anger expression in pre- and early-adolescent African Americans: Psychometric considerations. *Journal of Adolescence*. 25(4), 365-371. Hebert JR, Brandt HM, **Armstead CA**, Adams SA, Steck SE. (2009). Interdisciplinary, translational, and community-based participatory research: finding a common language to improve cancer research. *Cancer Epidemiol Biomarkers Prev*. 2009 Apr;18(4):1213-7. Guess J, Burch JB, Ogoussan K, **Armstead CA**, Zhang H, Wagner S, Hebert JR, Wood P, Youngstedt SD, Hofseth LJ, Singh UP, Xie D, Hrushesky WJ. (2009). Circadian disruption, Per3, and human cytokine secretion. *Integr Cancer Ther*. Dec; 8(4):329-36.
  17. **Armstead CA**, Anderson NB, Adams-Campbell LL, Hébert JR, Muna FT. Urbanicity affects blood pressure and heart rate reactivity to a speech stressor in Cameroon. *Ethnicity Dis* 2010;20:251–256. PMID 20828098. NIHMSID: 506204. PMCID:[PMC3773215](https://pubmed.ncbi.nlm.nih.gov/PMC3773215/).
  18. †Felder TM, Brandt HM, **Armstead C**, Cavicchia PP, Braun KL, Adams SA, Friedman DB, Tanjasiri S, Steck SE, Smith ER, Daguisé VG, Hébert JR. Creating a cadre of junior investigators to address the challenges of cancer-related health disparities: Lessons learned from the Community Networks Program. *J Cancer Educ* 2012; *J Cancer Educ* 2012 Apr 22. :00-000. PMID: 22528636. [PubMed - as supplied by publisher] PMID: 22528636. NIHMSID: 367944. PMCID: PMC3407323.
  19. †Harmon BE, Blake CE, **Armstead CA**, Hebert JR. Intersection of Identities: Food, Role, and the African-American Pastor. *Appetite* 2013; 67C:44-52. doi: 10.1016/j.appet.2013.03.007.. PMID: 23538172. NIHMS: 461246. PMCID:[PMC3758249](https://pubmed.ncbi.nlm.nih.gov/PMC3758249/).
  20. **Armstead, C. A.**, Hébert, J. R., †Griffin, E. K., & † Prince, G. M. (2013). A Question of Color: The Influence of Skin Color and Stress on Resting Blood Pressure and Body Mass Among African American Women *Journal of Black Psychology*. vol. 39, 5: pp. 431-454. DOI:10.1177/0095798413494404
  21. Hébert JR, Wirth M, Davis L, Davis B, †Harmon BE, Hurley TG, Drayton R, Murphy EA, Shivappa N, Wilcox S, Adams SA, Brandt HM, Blake CE, **Armstead CA**, Steck SE, Blair SN.. (2013). C-reactive protein levels in African Americans: a diet and lifestyle randomized community trial. [Research Support, N.I.H., Extramural]. *Am J Prev Med*, 45(4), 430-440. doi: 10.1016/j.amepre.2013.05.011.
  22. Felder, T. M. †Braun, K. L., Brandt, H. M., Khan, S., Tanjasiri, S., Friedman, D. B., **Armstead, C. A.**, Okuyemi, K. S., Hebert, J. R. (2015). Mentoring and Training of Cancer-Related Health Disparities Researchers Committed to Community-Based Participatory Research. *Progress in Community Health Partnerships*. 9 Suppl, 97-108. Doi: 10.1353/cpr.2015.0020. [https://muse.jhu.edu/journals/progress\\_in\\_community\\_health\\_partnerships\\_research\\_education\\_and\\_action/toc/cpr.9.S.html](https://muse.jhu.edu/journals/progress_in_community_health_partnerships_research_education_and_action/toc/cpr.9.S.html)
  23. Hebert, J. R., Braun, K. L., Kaholokula, J. K., **Armstead, C. A.**, Burch, J. B., & Thompson, B. (2015). Considering the Role of Stress in Populations of High-Risk, Underserved Community Networks Progress in High-Risk, Underserved Populations. *Progress in Community Health Partnerships*, 9 Suppl, 71-82. doi: 10.1353/cpr.2015.0028
  24. Hébert, J.R. Satariano, W.A., Friedman, W.B. **Armstead, C.A.**, Greiner, A.G., Felder, T.M. †, Coggins, T.A., Tanjasiri, S., and Braun, K.L. (2015). Fulfilling Ethical Responsibility: Moving Beyond the Minimal Standards of Protecting Human Subjects from Research Harm. [Research Support, N.I.H., Extramural Research Support, Non-U.S. Gov't]. *Progress in Community Health Partnerships*, 9 Suppl, 41-50. doi: 10.1353/cpr.2015.0021
  25. Felder TM†, Braun KL, Wigfall L, Sevoyan M, Vyas S, Khan S, Brandt HM, Rogers, C, Tanjasiri S, **Armstead CA**, Hébert JR. Mentoring, Training, and Scholarly Productivity Experiences of Cancer-Related Health Disparities Research Trainees: Do Outcomes Differ for Underrepresented Scientists? *J Cancer Educ*. 2018 Feb 12. doi: 10.1007/s13187-018-1322-z. PubMed PMID: 29430610.
  26. Babatunde OA, Adams SA, Wirth MD, Eberth JM, Sofge J, Choi SK, Harmon BE, Davis L, Drayton R, Hurley TG, Brandt HM, Armstead CA, Hébert JR. Predictors of Retention among African Americans in a Randomized Controlled Trial to Test the Healthy Eating and Active Living in the Spirit (HEALS) Intervention. *Ethn Dis*.2017 Jul 20;27(3):265-272. doi: 10.18865/ed.27.3.265. eCollection 2017 Summer. PubMed PMID: 28811738; PubMed Central PMCID: PMC5517145.

27. Deonna E. Farr, Heather M. Brandt, Daniela B. Friedman, Swann Arp Adams, **Cheryl A. Armstead**, Jeanette K. Fulton & Douglas M. Bull (2019): False-positive mammography and mammography screening intentions among black women: the influence of emotions and coping strategies, *Ethnicity & Health*, DOI: 10.1080/13557858.2019.1571563.

### Under Review

28. Farr, D<sup>†</sup>, Brandt, HM, **Armstead, CA**, Friedman, DB (Manuscript Under Review, *Journal of Women's Health*). The Impact of State-Trait Anxiety on Breast Cancer Re-Screening Intention among Black Women Receiving False Positive Mammography Results
29. **\*Armstead, CA**, Hébert, JR, <sup>†</sup>Pandya, K., & Wirth, M. (Manuscript Revised and Resubmitted), *Cultural Diversity & Ethnic Minority Psychology*). Racial Stress Interactions with Education Attainment regarding Serum Inflammation Levels, among African Americans in a Randomized Community Lifestyle Trial. (Manuscript Under Review, *Cultural Diversity & Ethnic Minority Psychology*).
30. <sup>†</sup>Griffin, EK<sup>‡</sup> and **Armstead, CA**. (Manuscript Revised and Resubmitted), *Journal of Black Studies*). Beyond Emotions: Cognitive-Behavioral Coping Typologies Used to Combat the Black Experience with Racism in America.
31. **vArmstead, CA**<sup>1,2</sup>, Farr, DE, Pandya, K, Hébert, JR. (Manuscript Under Review). Beyond Poverty: Racial Financial Discrimination Predicts Allostatic Load Risk Factors Among African American Female Homeowners.
32. **\*Armstead, CA**, G. Mbamalu, et al. (Under review *African Journal of Biomedical Research*). "Secondhand smoke exposure in Nigerian urban micro-environments: a review of public health implications and policy".
33. **\*Armstead, CA**, (Manuscript in progress). The intersection of Gender and Race: Perceived HIV conspiracy as a barrier to consistent condom use among African American men and women)
34. **\*Armstead, CA**, Hébert, JR, <sup>†</sup> Pandya, K<sup>†</sup>, Davis, KE, and Mbamalu, GE (Manuscript in progress) Ethnic differences in the effects of stereotype stress on cardiac reactivity.
35. **\*Armstead, CA**, Hébert, JR, <sup>†</sup>Pandya, K<sup>†</sup>, & Mbamalu, G. (Manuscript in progress). Depressive Symptoms, Stress, and Serum Inflammation Levels, among African Americans in a Randomized Community Lifestyle Trial
36. **\*Armstead, CA** (Manuscript in progress). *The Paradox of Racial Stress: Forgiveness, and Health among African Americans*. 2016.

## G. Reports and Other Publications

- **Armstead, CA**, (1996). Innovations in syphilis prevention and control project: South Carolina rapid ethnographic community assessment guide and instructional manual. Prepared for South Carolina Department of Health and Environmental Control.
- **Armstead, CA**, (1998). Urban and rural risk behaviors in South Carolina African American communities: Ethnographic findings. Prepared for the South Carolina Department of Health and Environmental Control.

## H. Presentations at Professional Meetings

1. Coleman, L., **Armstead, CA**, & Chambliss, L., (1988a). Exploring and assessing self-stigmatization in African Americans. 22<sup>nd</sup> Annual Convention of the Association of Black Psychologists, Ochs Rios, Jamaica.
2. **Armstead, CA**, (1988b). The relationship of racial stressors to blood pressure responses and anger expression in Black college students. The 34<sup>th</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
3. Lawler, K., Lacy, J., **Armstead, C.**, & Lawler, J.E., (1990b). Family history of hypertension, gender and cardiovascular responsivity during stress. Society for Behavioral Medicine Eleventh Annual Scientific Sessions, Chicago, IL.
4. Lawler, K.A., Lacy, J.E., **Armstead, CA**, Harralson, T., & Schmied, L.K., (1990a). Gender, Type a behavior and cardiovascular reactivity: The moderating effects of hostility and control. Society for Behavioral Medicine Eleventh Annual Scientific Sessions, Chicago, IL.
5. **Armstead, CA**, (1992). Cardiovascular and emotional effects of noxious racial stressors among Black and White women. Seventh International Interdisciplinary Conference on Hypertension in Blacks, Atlanta, GA.

6. **Armstead, CA**, Anderson, N.B., & Lawler, K.A., (1994b). The interaction of socioeconomic status, ethnicity, and cardiovascular reactivity among women. American Psychosomatic Society 52<sup>nd</sup> Annual Meeting, Boston, MA.
7. **Armstead, CA**, McNeilly, M.D., Clark, R.A., & Anderson, N.B., (1994a). The relationship between cardiovascular reactivity and skin color in African American women. Annual Meeting, Society for Behavioral Medicine, Boston, MA.
8. **Armstead, CA**, Anderson, N.B., McNeilly, M.D., Robinson, E.L., & Corbett, M., (1995b). Emotional coping and resting blood pressure among African American college students: A multidimensional approach. International Society on Hypertension in Blacks, U.S. Virgin Islands.
9. **Armstead, CA**, Siegler, I.C., & Norman, N.B., (1995a). The psychosocial concomitants of self-reported hypertension among Black and White college alumni. International Society on Hypertension in Blacks, U.S. Virgin Islands.
10. **Armstead, CA**, Anderson, N.B., Lawler, K., & Thompson, C.R., (1996). Psychosocial predictors of cardiovascular responses to a racial speech stressor. Thirty-sixth Annual Society for Psychophysiological Research Meeting, Vancouver, British Columbia, Canada.
11. **Armstead, CA**, Sellasie, A., Gibson, J., Bell, L.W., Jones, J., Leonard, S., & Gladney, R., (1997c). Formative research for identification of communities at high risk for syphilis in South Carolina: Integration of Multiple Data Sources. National STD Prevention Conference, Tampa, FL.
12. Walker, J., & **Armstead, CA**, (1997b). Geographic information systems to analyze syphilis data in South Carolina. National STD Prevention Conference, Tampa, FL.
13. **Armstead, CA**, Valentine, J., Gibson, J., Gladney, R., Palmer, A.L., (1997a). The role of ethnicity in health care access and utilization among African Americans from high-risk syphilis-impacted communities. International Congress of Sexually Transmitted Diseases, Seville, Spain.
14. Valentine, J., **Armstead, CA**, Leonard, L., Thomas, D., & Niles, L., (1998). The Innovations in Syphilis Prevention Projects Community Assessment Process. National STD Prevention Conference, Dallas, TX.
15. Clark, R.A., **Armstead, CA**, Novak, J.D., & Taber, P.A., (2000). Inter-ethnic group racism predicts anger expression and blood pressure variability. Poster presentation, Annual Meeting of the Society for the Psychological Study of Social Issues, Minneapolis, MN.
16. **Armstead, CA**, Anderson, N.B., Muna, W.F.T., Nouedoui, K., Campbell-Adams, L., & Clark, R., (2001). The interactive effects of urbanicity and body mass index on cardiovascular reactivity in Cameroonians, poster presentation. Annual Meeting of the Society for Behavioral Medicine, Seattle, WA.
17. † Griffin, E., Edwards, L., & **Armstead, CA**. (October 2005). Racial Stress Coping & Desired Resources to Combat this Issue, Presented at the Southeast ECO Conference 2005, Columbia, South Carolina.
18. † Griffin, E. & **Armstead, CA**. (January 2004). The Effects of Racial Stress on Cardiovascular Responses and the Study of Coping Typologies among Middle Aged African Americans, Presented at the MAAFA Suite, Brooklyn, New York.
19. † Griffin, E. & **Armstead, CA**. (April 2006). Understanding the Contribution of Race and Racial Stress to Health Outcomes, the American Public Health Association 134<sup>th</sup> Annual Meeting. Boston, MA.
20. † Griffin, EK. & **Armstead, CA**. (February 2006). African Americans Coping with Racism: Impact on Health, and Coping Behaviors that Serve as a Preventative Factor for Various Health Risk, Presented at the MAAFA Suite, Brooklyn, New York.
21. **Armstead, CA** (2007). Are HIV conspiracy beliefs deleterious to African American's sexual health? American Public Health Association Annual Meeting and Exposition, November 3-7, 2007. Washington Convention Center. Washington, D.C.
22. **Armstead, CA**. & † Griffin, EK. (2007). Coping with racial stress: A public health issue. American Public Health Association Annual Meeting and Exposition, November 3-7, 2007, Washington Convention Center, Washington, D.C.
23. **Armstead, CA**. † Prince, G. M., † Guess, J., and † Simpson, L. (2008). The Interaction of Perceived Racial Discrimination and Church Attendance on Physical Activity in African American HBCU Alumni. James E. Clyburn Health Disparities Lecture Series. April 25, 2008. University of South Carolina. Columbia, South Carolina.
24. **Armstead, CA**. † Prince, G.M., Ureda, J.R., Scott, D., and Williams, D. (2008). The Faith-based Community and its Perceptions of Environmental Tobacco Smoke Exposure Prevention Outreach. Cancer Health Disparities Summit. National

Cancer Institute. Center to Reduce Cancer Health Disparities. July 14-16, 2008. *Bethesda North Marriott Conference Center and Hotel. Bethesda, MD.*

25. **Armstead, CA.** † Griffin, EK, Ureda, JR., Scott, D, Williams, D. (2008). Different from Thou? Determinants of African American Attitudes toward Faith-based Environmental Tobacco Smoke Exposure Prevention Partnerships. American Public Health Association Annual Meeting and Exposition, October 15-29, 2008, San Diego Convention Center, San Diego, CA.
26. **Armstead, CA,** (2010). Organizational Culture & Faith Based Cancer Prevention. Centers for Disease Control, CPCRNC Grant SC Site Visit. May 27, 2010.
27. **Armstead, CA,** (2010). Beyond the Fish Fry: Capacity Building For Funding Faith Community Projects. South Carolina Department of Minority Health. Annual Faith and Health Capacity Building Meeting. June 2010.
28. **Armstead, CA,** , MS(R), Ph.D., Walinjom F. T. Muna, MD, Ph.D., Godwin Mbamalu, Ph.D., Lucille L. Adams-Campbell, Ph.D., Norman B. Anderson, Ph.D., & James R. Hebert, Sc.D. (2011). Emerging Global Disparities in West Africa: Urbanicity Affects Blood Pressure and Heart Rate Reactivity to a Speech Stressor in the Cameroon. James E. Clyburn Health Disparities Lecture Series Abstract: Health Equity in the 21<sup>st</sup> Century: Saving the Next Generation. April 29, 2011.
29. **Armstead, CA,** Ph.D., Godwin Mbamalu, Ph.D., and † Glenn M. Prince, M.Div., Tawanda M. Greer, Ph.D., & James R. Hébert, Sc.D. (2011). Body Mass, Skin Tone Variability, Life Stress, and Racism Predict Resting Blood Pressure among African-American College Women. James E. Clyburn Health Disparities Lecture Series Abstract: Health Equity in the 21<sup>st</sup> Century: Saving the Next Generation. April 29, 2011.
30. **Armstead, CA,** Ph.D., Godwin Mbamalu, Ph.D., Tawanda Greer, Ph.D. and James Hebert, Sc.D. (2011). Racial Discrimination Predicts Physical Activity Intensity among Female African American Alumni of a Historically Black University. James E. Clyburn Health Disparities Lecture Series Abstract: Health Equity in the 21<sup>st</sup> Century: Saving the Next Generation. April 29, 2011.
31. **Armstead, CA,** , Ph.D., James Burch, Ph.D., Tom Hurley, MS, Godwin Mbamalu, Ph.D., & James Hebert, Sc.D. (2011). Weight Discrimination, Depression, and Shift Work Predict Body Habitus among African American Women. James E. Clyburn Health Disparities Lecture Series Abstract: Health Equity in the 21<sup>st</sup> Century: Saving the Next Generation. April 29, 2011.
32. **Armstead, CA,** Godwin Mbamalu, Ifeanyi Emenike , and James R. Herbert. (2011). “Exposure to Second Hand Smoke in Nigeria: A Review of Cancer Implications and Policy”. September 26 – 28<sup>th</sup>, 2011. Centre for Environmental Management and Control Annual Conference. University Of Nigeria, Enugu.
33. **Armstead, CA,** Godwin Mbamalu, Walinjom Muna and Norman B. Anderson, Lucille Adams-Campbell and James Herbert. (2011). “Urban and Rural Environment Determines Cardiovascular Responses and Recovery to A speech Stressor in Cameroon”. September 26 – 28<sup>th</sup>, 2011. Centre for Environmental Management and Control Annual Conference. University Of Nigeria, Enugu.
34. **Armstead, CA, GE.** Mbamalu, et al. (2012). Debt Stress Predicts Body Mass Index. James E. Clyburn Health Disparities Lecture Series: Moving from Hope to Action: Transforming Research to Eliminate Health Disparities Across Generations. Columbia, SC.
35. Brandt, HM, **Armstead, CA,** et al. (2012). Reducing Cancer Health Disparities through Community Engagement, Research, and Training: the South Carolina Cancer Disparities Community Network-II. James E. Clyburn Health Disparities Lecture Series: Moving from Hope to Action: Transforming Research to Eliminate Health Disparities Across Generations. Columbia, SC.
36. **Armstead, CA** (2012). Sugar Ain’t Always Sweet: Fighting Dia-besity. Community Wellness Workshop. McLeod Diabetes Center. Florence, SC.
37. **Armstead, CA,** GE Mbamalu, et al. (2012). Debt Stress Predicts Body Mass Index. James E. Clyburn Health Disparities Lecture Series: Moving from Hope to Action: Transforming Research to Eliminate Health Disparities Across Generations. Columbia, SC.



38. Brandt, HM, **Armstead, CA**, et al. (2012). Reducing Cancer Health Disparities through Community Engagement, Research, and Training: the South Carolina Cancer Disparities Community Network-II. James E. Clyburn Health Disparities Lecture Series: Moving from Hope to Action: Transforming Research to Eliminate Health Disparities Across Generations. Columbia, SC.
39. **Armstead, CA** and Rosado, SD† (2013). The Legacy of the African Diaspora in Health Psychology. Presented at the Benedict College STEM Program Career Series. June 8, 2013.
40. **Armstead, CA**, † Paige, HE, † Mazyck, C, & † Gomez, A. (2013). The Impact of Contemporary Racism on the Health and Wellbeing of African Americans". Kemetic Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 24, 2013.
41. **Armstead, CA** and † Mazyck, C. (2013). University of South Carolina Health Psychology Brown Bag Seminar. Preliminary findings regarding home foreclosures, health, and stressors. University of South Carolina Department of Psychology July 21, 2013.
42. **Armstead, CA**, Rosado, SD†, Felder, T†, Mbamalu, G, † Tucker, T, and † McArthur, S. (2013). An overlooked determinant of physical activity engagement: African American women's hair decisions. Sixth annual James E. Clyburn Health disparities Lecture "moving forward: staying in the fight to eliminate health disparities and to achieve health equity for all. Columbia, SC.
43. **Armstead, CA**, Mbamalu, G, Rosado, SD†, † Tucker, T, and † McArthur, S, † Oree, L. † Fisher, T, † Chalmers, T, and Emenike, I. (2013). A gender paradox: HIV conspiracy beliefs and sexual health behaviors among African Americans. Sixth annual James e. Clyburn Health disparities Lecture "moving forward: staying in the fight to eliminate health disparities and to achieve health equity for all. Columbia, SC.
44. **Armstead, CA**, † Prince, GM, † Metzger, I (2013). Aggravation in the Academy: Effects of Academic Stress, And Global Distress on Emotional Coping among African American Students. . Sixth annual James E. Clyburn Health disparities Lecture "moving forward: staying in the fight to eliminate health disparities and to achieve health equity for all. Columbia, SC.
45. **Armstead, CA**, Hébert, JR, Mbamalu, GE , Rosado, SD†, † †Davis, L.M., † Oree, L. , † McArthur, S., and † Fisher, T. (2013). Toward Validating A Measure Of Perceived Skin Color Discrimination, Health Equity, and Cancer-Related Risk Behaviors. *Seventh* Annual James E. Clyburn Health disparities Lecture. Moving Forward: Making the Affordable Care Act Work through Research, Education and Community Engagement.
46. **Armstead, CA**, † Brown, NW , † Zepherin, J , and † Snow, A . (2014). Cognitive-Contextual Experiences of coping with racism in health care. *Seventh* Annual James E. Clyburn Health disparities Lecture. Moving Forward: Making the Affordable Care Act Work through Research, Education and Community Engagement.
47. **Armstead, CA**, Mbamalu, GE, † Pandya, Kinjal, Hebert, JR (2014). Exploring an undergraduate minor program partnership to reduce health disparities among vulnerable populations: sharing mutual expertise between a majority institution and historically black college. *Seventh* Annual James E. Clyburn Health disparities Lecture. Moving Forward: Making the Affordable Care Act Work through Research, Education and Community Engagement.
48. **Cheryl Armstead, MS(R), Ph.D.**<sup>1,2,3</sup>, Godwin Mbamalu, Ph.D.<sup>4,2,5</sup> , † Pandya, K<sup>1</sup> , BA, Ruby Drayton, MBA<sup>2</sup>, Lisa Davis, MA<sup>2</sup> and James Hebert, Sc.D.<sup>2,3</sup> (2014). Life Course Stressors, Discrimination, And Depression Contribute To Obesity-Related "Weathering" Among African American Women. International Symposium on Minority Health and Health Disparities: December 1-3, 2014. Gaylord National Resort and Convention Center. National Harbor, Maryland.
49. **Cheryl A. Armstead**<sup>1,2</sup>, Ph.D., James R. Hebert, Sc.D.<sup>2,3</sup>, Godwin Mbamalu, Ph.D.<sup>2,3,4</sup>, & † Pandya, K , BA.<sup>1</sup> (2014). The SCCDCN-II Training Core: Deconstructing "Benevolent Prejudice" In Community-Based Participatory Research (CBPR) Training. International Symposium on Minority Health and Health Disparities: December 1-3, 2014. Gaylord National Resort and Convention Center. National Harbor, Maryland.
50. † Pandya, K , BA, † Heather Eaddy-Page, MA, Michael D. Wirth, PhD, James R. Hébert, ScD, **Armstead, C.A. (2015)**. Depressive Symptoms, Stress, and Serum Inflammation Levels, among African Americans in a Randomized Community Lifestyle Trial.

- American Psychosomatic Society. 73rd Annual Scientific Meeting. From Cells to Community and Back. Hyatt Regency. Savannah, GA. March 18-21, 2015.
51. **Armstead, CA**, Ph.D. (2011). Stress & Stewardship? A stress management workshop. Presented in conjunction with SCCDCN Training Core Co-leader, Dr. James Hebert at Zion Canaan Baptist.
  52. **Armstead, CA. (2012)**. "The Modern Moses Syndrome®: Stress & Health among African American Leaders" Kemetic Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 23, 2012.
  53. **Armstead, CA.** (2012-2015). The Legacy of the African Diaspora in Health Psychology Presented at the Benedict College STEM Program Career Series. **Armstead, CA**, Paige, HE, Mazyck, C, & Gomez, A. (2013). "The Impact of Contemporary Racism on the Health and Wellbeing of African Americans". Kemetic Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 24, 2013.
  54. **Armstead, CA, (2015)**. WLTX. Interview. 12/19/15. HJAC: Advocating for our African American Elderly, to Combat Hunger and Neighborhood Food Deserts.
  55. **Armstead, CA, (2015)**. Radio Interview. 101.3.; 08/17/15. Racism and Violence. The Charleston Massacre.
  56. **Armstead, CA, (2015)**. Columbia Business Monthly Interview. 12/9/15. Published 2/19/16. "A Studied Approach. USC Professor Tackles Controversial Personal Subject. By Emily Stevens.
  57. **Armstead, CA<sup>†</sup>** (2015). 21<sup>st</sup> Century Forgiveness and Health among African Americans in South Carolina. University of Alabama, Birmingham. November 20, 2015.
  58. **Armstead, CA** (2015). The Paradox of Racial Stress: Forgiveness, and Health among African Americans. Kemetic Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina.
  59. <sup>†</sup>Beetham, A, Pandya, KD, and Sumpter, KM, and\* **Armstead, CA.** (November 4, 2016). Financial Stress and Smoking Disparities among Sexual and Gender Minority (SGM) Women. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine. Award: **Best Student Submission**.  
<sup>†</sup>Eaddy-Page, HE, Pandya KD, Farr DE, Zaragoza E, Vincelli S, Sung Kim S, and \***Armstead, CA.** (November 4, 2016). *Modeling the Role of Stress in Major Depression Among African American Midlife Women*. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine, December 4, 2016).
  60. <sup>†</sup>Eaddy-Page, HE, Pandya KD, Farr DE, Zaragoza E, Vincelli S, Sung Kim S, and \***Armstead, CA.** (November 4, 2016). *Modeling the Role of Stress In Major Depression Among African American Midlife Women*. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine
  61. \***Armstead, CA**, Farr DE, Pandya KD, Hébert JR, Burch J, and Kim SW. (November 4, 2016). Beyond Poverty: Racial Financial Discrimination Predicts Allostatic Load Risk Factors Among African American Female Homeowner's. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
  62. **Armstead C**, Farr DE, Pandya KD, Felder T, Rosado S, Bishop K, Jeter M, Waterhouse, S, White C, Davis L, Drayton R, Prince G. . (November 4, 2016). Getting to The Root Of The Issue: African American Women's Hair Management Appraisals And Physical Activity Engagement. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
  63. Pandya KDD and **Armstead CA.** (November 4, 2016). Exploring the Relationship Between Church Level Predictors of Status and Obesity Risk in African American Women Of Faith. (Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.

64. Pandya KD, Eaddy-Page H, Wirth MD, Hébert JR, **Armstead CA**. Depressive Symptoms, Stress, And Serum Inflammation Levels, Among African Americans In A Randomized Community Lifestyle Trial (November 4, 2016). Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
65. **Armstead C**, Pandya KD, Wirth M, Farr DE, Murphy EA, Bishop K, Sydney, Waterhouse S, Jeter M, Davis L, Hébert JR. (November 4, 2016). Exposure to Racial Discrimination Predicts C- Reactive Protein and A1c Percentage Levels Among African American Women. (November 4, 2016). Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
66. Armstead C., Farr DE., Pandya KD. †, Felder T. †, Rosado S., Bishop K†., Jeter M†., Waterhouse S. †, White C. †, Davis L., Drayton R., Prince G. (2016, November). Getting to the Root of the Issue: African American Women's Hair Management Appraisals and Physical Activity Engagement. Carolina Women's Health Research Forum, Columbia, SC.
67. Pandya KD. †, &**Armstead CA**. (2017, March). Exploring the Relationship Between Church Level Predictors of Status and Obesity Risk in African American Women of Faith. 75<sup>th</sup> Annual Meeting of the American Psychosomatic Society, Seville, Spain. \*
68. Page HE. †, Pandya KD†., Farr DE. †, Zaragoza E., Vincelli S. †, Sung Kim S. †, **Armstead CA**. (2016, November). Modeling the Role of Stress in Major Depression Among African American Midlife Women. Carolina Women's Health Research Forum, Columbia, SC.
69. Beetham A., Pandya KD. †, Sumpter K., and **Armstead C**. Financial Stress and Smoking Disparities Among Sexual and Gender Minority Women. (2016, November). Best Student Presentation. Carolina's Women Health Research Forum, Columbia, SC.
70. Pandya, K. †, Eaddy-Page, H†., Wirth, M., Hebert, J.R., **Armstead, C.A**. (2015, March). Depressive Symptoms, Stress, and Serum Inflammation Levels, Among African Americans in a Randomized Control Trial. 73<sup>rd</sup> Annual Meeting of the American Psychosomatic Society, Savannah, GA.
71. **Armstead, CA**, Farr DE, Pandya KD, Hébert JR, Burch J, and Kim SW. (November 4, 2016). Beyond Poverty: Racial Financial Discrimination Predicts Allostatic Load Risk Factors Among African American Female Homeowner's. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
72. **Armstead C**, Farr DE, Pandya KD, Felder T, Rosado S, Bishop K, Jeter M, Waterhouse S, White C, Davis L, Drayton R, Prince G.. (November 4, 2016). Getting To The Root Of The Issue: African American Women's Hair Management Appraisals And Physical Activity Engagement. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
73. Pandya KD and **Armstead CA**. (November 4, 2016). Exploring the Relationship Between Church Level Predictors Of Status And Obesity Risk In African American Women Of Faith. (Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
74. Pandya KD, Eaddy-Page H, Wirth MD, Hébert JR, **Armstead CA**. Depressive Symptoms, Stress, And Serum Inflammation Levels, Among African Americans In A Randomized Community Lifestyle Trial (November 4, 2016). Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.
75. **Armstead C**, Pandya KD, Wirth M, Farr DE, Murphy EA, Bishop K, Sydney, Waterhouse S, Jeter M, Davis L, Hébert JR. (November 4, 2016). Exposure to Racial Discrimination Predicts C- Reactive Protein and A1c Percentage Levels Among African American Women. Carolina Women's Health Research Forum, University of South Carolina Alumni Center, Columbia, SC. Established and coordinated by the Department of Obstetrics and Gynecology, University of South Carolina School of Medicine.

76. **Armstead, CA**, Page, HE, Pandya, K., Farr, DE, McNeil, J, Zaragoza, E, Vincelli, S, Jackson, N, and Hebert, JR. (2017) “ Many Rivers I’ve Crossed: Life Stress and Childhood Adversity In Major Depression Among Midlife African American Women. Nov. 4 – 8, 2017. Georgia World Congress Center and the Omni Hotel Atlanta at CNN Center.
77. **Armstead, CA**, Pandya, K., Beetham, A, and Sumpter, K, & Hébert, JR (2017). A Community Generated Model of The Relationship Between Smoking Disparities and Financial Stress Among Sexual And Gender Minority Women (SGMW). Nov. 4 – 8, 2017. Georgia World Congress Center and the Omni Hotel Atlanta at CNN Center.
78. **Armstead, CA**, Pandya, K, Farr, DE, Wirth, M, McNeil, J, Bishop, K, and Hébert, JR. (2017). Connections Between Chronic Discrimination and Allostatic Load Biomarkers Among Midlife African American Women. Nov. 4 – 8, 2017. Georgia World Congress Center and the Omni Hotel Atlanta at CNN Center.
79. Farr, DE, Brandt, HM, Friedman, DB, **Armstead, CA.**, Adams, SA. Multilevel influences on Black women’s satisfaction with mammography Nov. 4 – 8, 2017. Georgia World Congress Center and the Omni Hotel Atlanta at CNN Center.

## I. Community Presentations

1. **Armstead, CA**, Ph.D. (2011). Stress & Stewardship? A stress management workshop. Presented in conjunction with SCCDCN Training Core Co-leader, Dr. James Hebert at Zion Canaan Baptist.
2. **Armstead, CA. (2012)**. “The Modern Moses Syndrome<sup>®</sup>: Stress & Health among African American Leaders” Kemetec Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 23, 2012.
3. **Armstead, CA.** (2012-2015). The Legacy of the African Diaspora in Health Psychology Presented at the Benedict College STEM Program Career Series. **Armstead, CA**, Paige, HE, Mazyck, C, & Gomez, A. (2013). “The Impact of Contemporary Racism on the Health and Wellbeing of African Americans”. Kemetec Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 24, 2013.
4. **Armstead, CA, (2015)**. WLTX. Interview. 12/19/15. HJAC: Advocating for our African American Elderly, to Combat Hunger and Neighborhood Food Deserts.
5. **Armstead, CA, (2015)**. Radio Interview. 101.3.; 08/17/15. Racism and Violence. The Charleston Massacre.
6. **Armstead, CA, (2015)**. Columbia Business Monthly Interview. 12/9/15. Published 2/19/16. “A Studied Approach. USC Professor Tackles Controversial Personal Subject. By Emily Stevens.
7. **Armstead, C.A. (2016)**. Advocating for Fresh Food Access among Low Income African American Elders. Kemetec Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 8, 2015.
8. **Armstead, C.A. (2017)**. Stress Management for Community Outreach Staff II. South Carolina Health Care Association: Outreach Network Retreat. Marina Inn at Grande Dunes, Myrtle Beach, SC.
9. **Armstead, C.A. (2017)**. Beyond the Badge: Building Community Inclusion & Diversity in a K-12 Behavioral Risk Prevention Program. The South Carolina Criminal Justice Academy. October 10, 2017. Columbia, SCF.

## J. Invited Presentations

1. **Armstead, CA**, (1996). Centers for Disease Control, Assessment of physical activity in minority women. Expert panel meeting, Adam’s Mark Hotel, Columbia, SC.
2. **Armstead, CA**, (1997). South Carolina community syphilis prevention intervention strategies. Report presented to Innovations in Syphilis Prevention in the United States: Reconsidering the Epidemiology and Involving Communities, Centers for Disease Control.
3. **Armstead, CA**, (1997). South Carolina substantive findings from the formative research: Qualitative and quantitative activities. Report presented to Innovations in Syphilis Prevention in the United States: Reconsidering the Epidemiology and Involving Communities, Centers for Disease Control.

4. **Armstead, CA**, (1998). Syphilis Prevention Social Marketing Campaign. A series of four televised public service announcements targeting African Americans in at risk communities, ancillary health education materials and pamphlets were produced in conjunction with South Carolina Department of Health and Environmental Control and Centers for Disease Control.
5. **Armstead, CA**, (1998). Applying the Kansas Work Group on Health Promotion and Community Development Model to Syphilis Prevention. Report presented to the South Carolina. Department of Health and Environmental Control.
6. **Armstead, CA**, (March 30, 2001). Dimensions of racial stress and emotional adjustment. University of South Carolina Multicultural Psychology Symposium, Columbia, SC.
7. **Armstead, CA**, Davis, K.E., Johnson, L.M., Major, S., & Clinton, G. (May 17, 2001). Stereotype stress and cardiovascular reactivity. South Carolina Bicentennial Symposium on Attention, University of South Carolina, Columbia, SC.
8. **Armstead, CA**, (November 2009). Stress Management for Primary Health Care and Community Outreach Staff. South Carolina Health Care Association: Front Office Staff & Outreach Network Retreat. Marina Inn at Grande Dunes, Myrtle Beach, SC.
9. **Armstead, CA**, (2010). Questions of Color: Skin Tone, Racism, & Cardiovascular Risk. The University of Southern California Institute for Genetic Medicine: *Art to Heart: Bridging Global Trends in Cardiac Health*. August 21, 2010.
10. **Armstead, CA**. (2014). Community Networks Program Centers (CNPC) Training Subcommittee Presentation. June 5, 2014.
11. Mbamalu, GE and **Armstead, CA**. (2014). The Foundation for Health Initiatives in Africa Trans-Atlantic Training Resources for Health Capacity Building. Enugu State University of Science and Technology, Health Sciences Conference on Preventative Care and Health Awareness, June 12-14, 2014.
12. **Armstead, C.A.** Geographical Mapping of Fresh Food Access among Low Income African American Elders for Action & Advocacy (2014). NCI-funded Regional GMaP/BMaP Cancer Health Disparities Conference. Tuesday, August 12, 2014. Arnold School of Public Health, Columbia, South Carolina.
13. **Armstead, CA**, (2012- 2015). The Legacy of the African Diaspora in Health Psychology. Presented at the Benedict College STEM Program Career Series.
14. **Armstead, C.A.** (2016). Advocating for Fresh Food Access among Low Income African American Elders. Kemetec Institute for Health and Human Development. Health and Wellness Expo, Brookland Conference Center. West Columbia, South Carolina. August 8, 2015.
15. **Armstead, C.A.** (2017). Stress Management for Community Outreach Staff II. South Carolina Health Care Association: Outreach Network Retreat. Marina Inn at Grande Dunes, Myrtle Beach, SC.
16. **Armstead, C.A.** (2017). Beyond the Badge: Building Community Inclusion & Diversity in a K-12 Behavioral Risk Prevention Program. DARE Workshop. The South Carolina Criminal Justice Academy. October 10, 2017. Columbia, SCF.

## K. Research Support

**Active Support.** NA

**Proposals Under Review** NA

**Active Mentored Student Research Support**

1. †Pandya, KD. (2016-present). American Psychological Association: Student Diversity Supplement Award. **Armstead, C.** (Mentor), Toward Developing and Validating a Tool to Assess Exposure to Ethnic and Gender Focused Campus Microaggressions among Female Faculty of Color.
2. †Pandya, KD. **Armstead, C.** (Mentor), (2016-present). Clinical-Community Psychology, Toward Developing and Validating a Tool to Assess Exposure to Ethnic and Gender Focused Campus Microaggressions Among Female Faculty of Color. SPARC, Graduate Research Grant is a merit-based award designed to ignite research and creative excellence across all disciplines at USC.

## **COMPLETED RESEARCH:**

Project Title: **South Carolina Cancer Disparities Community Network-II.** Community Networks Program (CNP) Centers for Reducing Cancer Disparities through Outreach, Research and Training (U54) (Funded November 2010—extension granted 2015-2016).

Awarding Agency: National Cancer Institute

Role: Co-Investigator/ Training Core, Co-Director

Amount of Award: Total Costs \$477,822

Contract #: 22080-08-17064

Purpose: (1.8 academic, .6 summer; 1.8 academic, .6 summer; 1.8 academic, .6 summer; 1.8 acad., .6 summer; 1.8 academic, .6 summer).

**Project Title: Research Supplements to Promote Diversity in Health-Related Research: South Carolina Cancer Disparities Community Network**

Role: Co-PI.

Contract #: 1U01CA114601-013/ U01 CA114601-02S2

Purpose: The goals of the project are to develop and increase capacity to support community-based, participatory education, research and training to reduce cancer health disparities in South Carolina; to implement community-based, participatory research, education, and training programs to reduce cancer health disparities; and to institutionalize, expand, and disseminate activities that reduce cancer health disparities. Dr. Armstead is a tenured Associate Professor in the Department of Psychology with training in cardiovascular psychophysiology and minority health. She has long standing interests in cancer disparities and is currently an awardee of the National Cancer Institute's Comprehensive Minority Biomedical Branch Diversity Research Supplement to Promote Diversity in Health-Related Research. Her grant falls under the South Carolina Cancer Disparities Community Network's (SCDCN) parent grant (James Hebert, PI). She will conduct research and receive training in cancer epidemiology, cancer control and prevention, and biological substrates of cancer development. Psycho-oncology will be her area of focus in this pursuit.

Amount of Award: \$220,307 Total Costs

Period of the Award: 08/01/06-07/31/08; 7.2 academic months; 2.4 summer months

**Project Title: South Carolina Cancer Disparities Community Network – Research Supplement in Psychoneuroimmunology**

Awarding Agency: NCI-CRCHD

Purpose: To increase under-represented minority researchers in cancer psychoneuroimmunology.

Amount of Award: \$117,401

Period of Award: 2006-2008,

**Project Title** **Skin Tone, Race-Related Stress, And 24-Hour Blood Pressure in Young Normotensive African Americans ‘**  
Awarding Entity: University of South Carolina, Research and Development Award  
Amount of award: \$10,000  
Period of Award: 2002-200=.

**Project Title** **Innovative Interventions in Syphilis Prevention (South Carolina Outreach, Prevention, & Education [ISP-SCOPE])**  
Contract #: PH-7-514  
Purpose: To perform ethnographic assessment and community intervention regarding syphilis risk behaviors among African Americans. To produce and develop public service announcements and to conduct telephone surveys.  
Amount of Award: \$15,000.00  
Period of the Award May 30, 2002 -May 30, 2003

**Project Title** **Syphilis Community Outreach, Prevention and Education (SCOPE)**  
Awarding Agency: Central for Disease Control  
Contract #: PH-6-332  
Purpose: To perform ethnographic assessment and community intervention regarding syphilis risk behaviors among African Americans. To produce and develop public service announcements and to conduct telephone surveys.  
Amount of Award: \$198,816 (1996-1999); Subcontract to USC, total project \$300,000 per year  
Period of the Award October 1996 – September 2000

**Project Title:** **Examining the Effects of Racial Stress: The Midlands Minority Health Study**  
Awarding Agency: Society of the Psychological Study of Social Issues  
Contract #: Grant in Aid  
Purpose: Collection of pilot data for larger study examining the effects of racial stress on cardiovascular disease outcomes.

**Project Title:** **Cross-Cultural Activity Participation Study**  
Amount of Award: \$2000  
Period of Award: 1998-1999  
Awarding Agency: Centers for Disease Control  
Contract #: U48/CCU409664  
Purpose: To develop a measure of physical activity among African American women over the age of 40  
Amount of Award: 3 year award = \$1,155,820 – Barbara Ainsworth, PI, **Armstead, CA**, , Co-investigator  
Period of the Award: September 1995-September 1998.

## **Funding Prior to Faculty Position at the University of South Carolina**

- Fogarty Research Fellowship: Cameroon
- NHLBI Minority Supplement. Duke Medical Center
- NIMH Post-Doctoral Research Fellowship

- American Psychological Association, Minority Research Fellowship.
- American Psychological Association, Dissertation Fellowship.
- Tennessee Science Alliance Upgrade Award.
- Tennessee Science Alliance Travel Grant.

## **L. Journal and Book Reviews**

- American Journal of Public Health
- Annals of Epidemiology
- Health Psychology
- Psychosomatic Medicine
- Journal of Applied Social Psychology
- Ethnicity and Disease
- Personality and Social Psychology Bulletin
- Journal of Behavioral Medicine
- Journal of Consulting and Clinical Psychology
- Textbook Advisory Board: Hayes, III, Floyd W. Ed. A Turbulent Voyage: Readings in African American Studies. Third Edition. San Diego: Collegiate Press
- Handbook of Health Psychology 2<sup>nd</sup> Edition

## **M. Past and Present Professional Affiliations**

- The Association of Black Sexologists and Clinicians
- Sigma Xi, University of South Carolina
- American Public Health Association
- Society for Behavioral Medicine
- International Society on Hypertension in Blacks
- South Carolina Cancer Alliance: Colorectal Cancer Task Force.
- Society for Prevention Research.
- Association for Applied Behavior Analysis.

## **N. Administrative and Committee Duties**

- 2015-present USC Behavioral-Biomedical Interface Program, BBIP Executive Board Member Review panel member.
- 2015-present. Black Faculty Caucus. Review panel member.
- 2004-present Dept. of African American Studies, University of South Carolina, Affiliate Faculty Review panel member
- 2004-present Dept. of Women's Studies, University of South Carolina, Columbia SC, Affiliate Faculty Review panel member
- 2008-present ASPH, Statewide Cancer Prevention and Control Program, Core Faculty Member Review panel member
- 2017-present Member of the USC Medical Humanities Minor Degree Program Committee Review panel member
- 2015- present USC Psychology Undergraduate Committee Member
- 2010-present Department of Epidemiology and Biostatistics, ASPH
- 2013-2015 Psychology Undergraduate Committee
- 2014-2015 SCCCA CRCTF, Board
- 2010-2012 Review panel member for the APA Minority Fellowship program.
- 2010-2013 Ad Hoc reviewer for the following journal:



- Journal of Black Psychology
  - Journal of Social Psychology
  - Ethnicity and Disease
- 2010 African Methodist Episcopal Health Initiative Committee Chair. District 7.
- 2009 African Methodist Episcopal Health Initiative Committee Chair. District 7.
- 1999- 2012. Annual Science and Engineering Fair Judge
- 2003-2005 Faculty Senate
- 2003-2004 Minority Graduate Recruitment Committee
- 2001-2002 Clinical Community Faculty Search Committee
- 2001-2003 School Psychology specialty examination committee
- 2000-2005 Ad hoc faculty advisor for the psychology Multicultural Symposium Committee.
- 2000-2012 Ron McNair Scholars Program Graduate School Mentoring Program. Faculty Discussant
- 1996-2001 Psychology Awards Committee
- 1998 Minority Graduate Recruitment Committee
- 1997 Departmental Executive Committee
- 1996 Minority Graduate Recruitment Committee

## O. Selected Community Service Activities

- 2015 Health, Justice, and Advocacy Coalition (HJAC) "BAG IT UP" Community Food and Vegetable Neighborhood Delivery for Elders in Food Deserts, June & December 2015.
- 2013 Stress management for African American Women New Berea Church, Alcolu, SC; Colon Cancer Prevention
- 2009 Fit for Life Day: Stress Management Workshop for AME Women
- 2008 Whole Health Day: AME District Wellness Project
- 2007 Steppin Up to Health: AME Church Health Fair. April 2007
- 1997-1999 Syphilis Control, Outreach, Prevention, and Education Project Health Education Workshops
- 1995-1999 Centers for Disease Control, ISP Instrumentation Committee Member, Community Assessment Instrumentation Development Panel
- 1996 Minority Health Issues Conference Seminar Presenter, Stress management for African American Women
- 1996-1998 Centers for Disease Control, work panel, Cross cultural measurement of physical activity in women

## P. Selected TV and Radio Appearances

- WTGH, 620 AM Radio. Gary Pozsik's: Anger and Health. May 1999.
- WLTR, 91.3 FM Radio. Carolina Minute. Type A behavior. Spring 1995.
- WLTX, Channel 19 TV. Steppin Up to Health: AME Health Fair. April 2007.
- National Public Radio. Health Disparities and Racism. April 2007.
- 93.5 PowerPoint. Debt Stress and Health: Are your finances making you sick? 2012.
- WLTX. Interview. 12/19/15. Elder Wellness Disparities and Food Deserts.
- Radio Interview. WWDM, 101.3. 08/17/15. Racism and Violence. The Charleston Massacre.
- Columbia Business Monthly Interview. Interviewed, 12/9/15. Printed, 2/19/16. "A Studied Approach. USC Professor Tackles Controversial Personal Subject. By Emily Stevens.

# Q. Teaching Interests & Experience

## TEACHING MISSION

### 1. Courses Taught

University of South Carolina, Department of Psychology, Instructor of Record (2015-2016)

#### Undergraduate courses:

- |  |                       |
|--|-----------------------|
| 1. Motivation and Emotion 201 (University of Tennessee).         | PSYC 201              |
| 2. Human Sexuality   | PSYC 300              |
| 3. Psychology and the African American Experience                | PSYC 330.             |
| 4. Research Methodology  | PSYC 226              |
| 5. Physiological Psychology                                      | PSYC 460              |
| 6. Health Psychology   | PSYC 465              |
| 7. Multicultural Psychology                                      | PSYC 480              |
| 8. Special Topics Seminar: Disparity Issues in Health Psychology | PSYC 589              |
| 9. Benedict College Guest Lecturer (2014–2016)                   | Cultural Anthropology |

#### Graduate Courses:

- |   |          |
|---|----------|
| 1. Behavioral Medicine Seminar (Advanced Health Psychology) | PSYC 780 |
| 2. Advanced Physiological Psychology                        | PSYC 783 |
| 3. Seminar in Multicultural Psychology                      | PSYC 589 |
| 4. Principles of Diversity                                  | PSYC 749 |

## R. References

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