According to Billboard.com (2018) R&B/Hip-Hop was the biggest and most consumed genre of music in 2017. In past decades, Hip-Hop music/artists have had a long history of minimizing experienced trauma and downplaying the salience and relevance of mental health issues, specifically for the black community. More recently, artists have begun to open up about their struggles with mental health and their decisions to seek professional help. This has helped begin the conversation of being mentally healthy in the black community. Akeen Hamilton will discuss the past, current, and future of mental health for the black community and the important role that Hip-Hop culture has for the normalization of therapy.

To join the forum remotely, please visit: https://global.gotomeeting.com/join/709855173 or dial in at 1 (872) 240-3412, Access Code: 709-855-173