



Lifestyle Medicine Distinction Track

Agreement for Students and Faculty Mentors

Terminology:

Learner: A medical student engaged in the longitudinal Track of Distinction curriculum who is actively working to design, develop, and execute an improvement project.

Mentor: A faculty person engaged in the Track of Distinction curriculum and serving as a mentor to provide guidance and support to the Learners from concept to completion of their project.

Project(s): A scholarly initiative based on principles learned in the Track. A learner or team of learners lead each project with mentorship from faculty.

Manuscript: A scholarly product that serves as the vehicle for dissemination of the project findings to the larger scientific community.

Mission:

The mission of the Tracks of Distinction is to:

“Enrich the medical school experience through an immersive, longitudinal track which will enhance a student’s knowledge and contribution to improvement and transformation of health care.”

General Expectations for Members of Each Track of Distinction

Successful teams share a common goal and a shared expectation of how to achieve their goal. Collaborators participating in each track must commit to the following Core Principles for Team Conduct:

Core Principle 1: We are a team.

- We commit to working together to find solutions to our challenges.
- We commit to finding and using our strengths to help each other.
- We commit to communicating with each other with candor and compassion.
- We commit to ensuring that everyone on the team succeeds.

Core Principle 2: We embrace accountability.

- We commit to showing up and being prepared.
- We commit to timely response to electronic communication. (72 hours)
- We commit to actively participating in every activity.

- We commit to completing our work on time.
- We commit to accepting criticism and making a change when necessary.

Core Principle 3: Our primary goal is learning.

- We commit to being curious.
- We commit to asking and attempting to answer important questions.
- We commit to accepting that there are opportunities to learn from every activity.
- We commit that what we learn is more important than what we produce.

Core Principle 4: We have fun in the process.

- We commit to finding value in each other.
- We commit to taking time to praise each other.
- We commit to encouraging laughter as a necessary part of our interactions.

Statement of Agreement:

I have read, fully understand, and agree to the collaborative agreement as outlined above.

Print/Type Name

Signature

Date of Signature