The C & R Program Is Moving

After several months of planning and collaboration with the School of Medicine - Columbia Administration, we are excited to announce that the Counseling and Rehabilitation Program will be relocating to the SOM-Columbia campus, a decision made after careful consideration of various factors including accessibility, resources, opportunities for collaboration, and connection to the SOM. We are confident that this relocation will enhance our Program's overall experience and enable us to serve our students at the highest level. Ultimately, it aligns with our commitment to fostering a dynamic learning community. Our plan is to move all offices, labs, and classrooms to the SOM-Columbia campus over the month of May – 6311 Garners Ferry Road, Building 1. We will share further updates as they become available!
Career Discovery Dialogue Lunch and Learn Series

This Thursday, April 4th, the Counseling and Rehabilitation Program is excited to host the first of two Career Discovery Dialogue Lunch and Learn events. Join us virtually on Thursday for an engaging session with Heather Coleman, a Behavioral Health Care Manager at Prisma Health in the Midlands. Heather brings her expertise in mental health care services to patients of family medicine clinics.

Graduating with an MSW from the University of South Carolina College of Social Work, she is dedicated to serving with integrity, dignity, and competence.

Don't miss this opportunity to explore career pathways in the Collaborative Care Model!

RSVP Here

Event Log in Link: https://uscmed.webex.com/uscmed/j.php?MTID=m46a71aecf069168b991e37b34737ff5a

Then on June 6th, mark your calendar for a session with Stephanie Bonnett, an Employment Consultant and LPC-A at the South Carolina Commission for the Blind. Stephanie’s journey from Louisiana to becoming an advocate for trauma survivors and employment seekers is inspiring.

With a background in Nonprofit Administration and Clinical Counseling, she combines her skills to assist consumers in gaining employment. Join us to learn about the clinical applications of assessments for vision loss!

RSVP Here

Event Login Link: https://uscmed.webex.com/uscmed/j.php?MTID=m2436927e060c2d93cd1b18234e76546362
Faculty Spotlight

ARCA’s E-Sports for the Win: Use in Rehabilitation & Recovery

On Friday, April 5th from 12:00pm – 1:00pm EST, Dr. Farren Stackhouse will host a webinar exploring the use of electronic sports (esports) as an intervention for rehabilitation and recovery amongst persons with disabilities and sports counseling.

Professionals with an interest in the advancement of socio-culturally developing technological interventions will enhance competencies regarding esports use, not limited to inclusivity and accessibility. Implementation of propitious resilience interventions, such as multi-modal combinations of esports and enhancement of self-regulation skills are explored.

Register for the webinar using this link. Registration is free to ARCA members and $12 for nonmembers.

Student Spotlight

ACA Ethics Competition

The Counseling and Rehabilitation program would like to congratulate Sam Haering, Erica Hoyer, and Hayden Petee for placing 3rd in the ACA Ethics Competition.

“The Ethics Competition is a challenging yet enlightening experience that I would recommend to anyone who is intrigued by the gray-ness that surrounds making an ethical decision. Placing third is definitely an added bonus and I couldn’t be more thrilled to represent our program in this light” said returning Ethics Team member, Erica Hoyer.

Congratulations once again to Sam H., Erica, and Hayden! Your hard work and exceptional understanding of the ACA Code of Ethics has paid off.

“We would like to thank Dr. Sacco-Bene for being our advisor for the 2024 ACA Ethics Competition. We will be coming for the championship title in 2025!” - The Dream Team

Save the Date

April 4th, 2024: Career Discovery Dialogue Lunch and Learn Series featuring Heather Coleman.

April 5th, 2024: ARCA’s E-Sports for the Win: Use in Rehabilitation & Recovery Webinar featuring Dr. Farren Stackhouse.

April 19th, 2024: Our Graduate Assistants will be presenting their work at Discover USC!

For more information about this event, click here.

May 2nd, 2024: Graduate Professional Hooding Ceremony

May 3rd, 2024: Commencement Ceremony

June 6th, 2024: Career Discovery Dialogue Lunch and Learn Series featuring Stephanie Bonnett.

October 11th, 2024: Speaker Series featuring Amanda Giordano.

October 12th, 2024: Fall Semester Learning Community Saturday
The Counseling and Rehabilitation program is thrilled to announce the promotion of five outstanding students from student to Counselor in Training status! These individuals have demonstrated exceptional readiness and dedication, marking an important step forward in their journey toward practicum and internship experiences.

Please join us in congratulating:

- Nic Collins
- Samantha Haering
- Samantha Onkka
- Hayden Petee
- Ayana Walker

Their commitment to learning, growth, and the counseling profession has been truly commendable. As they transition into this new phase, they will continue to refine their skills, expand their knowledge, and make meaningful contributions to the counseling field.

We are excited to see the impact these individuals will make as they embark on this next chapter. Let’s celebrate their achievements and offer our support as they continue to thrive in their roles as Counselors in Training.

Congratulations once again to Nic, Sam H., Sam O., Hayden, and Ayana! Your hard work and dedication have paid off, and we look forward to witnessing your continued success!

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2023-2024 Student Awards Recipients

Each academic year, awards are presented by the Counseling and Rehabilitation faculty. This year, all August 2023, December 2023, and May 2024 graduates of the MA in Counseling and Rehabilitation program were considered by the faculty during the Spring semester review process.

We're pleased to announce that the recipient of the 2023-2024 Distinguished Rehabilitation Counseling Student Award is Emily Collie. This award is presented to a program graduate who excelled in their academic work, including the field experiences, and demonstrated leadership qualities through involvement in activities supporting the rehabilitation counseling profession, the Counseling and Rehabilitation Program, and/or community agencies. For Emily, her outstanding achievements extend beyond her academic endeavors, demonstrating excellence in her professional counseling skills in her internship, working with university athletes. Additionally, some of Emily's contributions to the field include her volunteer work, her service in USC governance and representing her peers in student engagement activities, presenting at our Learning Community Fall 2023 event and serving as organizer and presenter at the 2022 USC Mental Health Summit. Emily will graduate in May 2024.

The recipient of the 2023-2024 Award for Clinical Excellence in Rehabilitation Counseling is Madison Meggs. This award is presented to a program student who has demonstrated exceptional interest and skill development in clinical work in their field placement site. Madison embodies what this award represents. He fulfilled his practicum at Bridges Clubhouse, working in their day treatment program for adults diagnosed with mental illness and his internship with LRADAC where he worked with youth in addiction prevention, intervention, and treatment. Madison was one of our wonderful December 2023 graduates.

Finally, Melissa Milligan is the recipient of the Dr. Kerry Lachance Outstanding Contribution to the Counseling and Rehabilitation Program Award.

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School of Medicine Semi-Formal

On March 1st, students from the Counseling and Rehabilitation program attended the School of Medicine’s 2nd annual Semi-Formal, A Safari at the Zoo!

Stay tuned for next year’s Semi-Formal, and we hope to see you there!

This award is presented to an individual based on the value and degree of service that have contributed to the growth of the Counseling and Rehabilitation Program while promoting a sense of community. Melissa has demonstrated an ongoing willingness to serve as a representative of the program on SOM-C committees and in organizations, promotes the philosophy of the learning community through her support of her peers in a variety of ways outside of the classroom, and has shared innovative contributions and creativity at every learning community function.

These awards will be presented at the USC School of Medicine Hooding Ceremony on Thursday, May 2 at 11:00 a.m. The ceremony will be held in the Columbia Metropolitan Convention Center, 1101 Lincoln St, Columbia, SC 29201.

Congratulations Emily, Madison, and Melissa!
Wellness Corner

The Counseling and Rehabilitation Student Association created a bracket activity entitled “Fight March Madness With Self-Care.” One of the items on the bracket was Meditation.

There are a variety of avenues to help individuals soak into relaxation through meditation. One way is through tuning into a podcasts, such as the Ten Percent Happier.

If you have any other self-care or wellness ideas to share with the Learning Community, please complete this form.

Pet of the Month

Meet Buster!

Buster is a hiking fanatic and used to do guided hiking tours in Hawaii to raise money for the Hawaiian Human Society. When he was rescued he was underweight and covered in tics but is now healthy and living his best life.

To have your pet(s) shared in next month’s newsletter, complete this form!
APA Style uses the author-date citation system in which a brief in-text citation directs the reader to a full reference list. Each work in the text must appear in the reference list, and each work in the reference list must be cited in the text; however, there are a few exceptions to this guideline:

1. Personal Communication, which are unrecoverable sources, are cited in the text only.
2. General mentions of whole websites or periodicals and common software and apps in the text do not require a citation or reference list entry.
3. Quotations from your research participants can be presented and discussed in the text but do not need citations or reference list entries.
4. References included in a meta-analysis, which are marked with an asterisk in the reference list, may be cited in the text (or not) at the author’s discretion.