February is recognized as American Heart Month across the country to raise awareness about heart disease, which is the leading cause of death for both men and women. Although most of the work cardiologists do involves the diagnosis and treatment of various forms of heart disease, their most important job is counseling patients on how to prevent a cardiovascular event.

We caught up with three of our alumni-turned-cardiologists during one of their favorite months of the year for a quick Q&A.

Lauren Holliday, MD, FACC (2009)
Specializes in: Cardiology

Location: Columbia Heart Clinic in Columbia, SC

Residency: Palmetto Health/USC in Columbia, SC

Fellowship: Medical College of Georgia in Augusta, GA

Fondest Memory at USC SOM: The transition from the classroom to clinical rotations; "Such an empowering feeling knowing that the foundation of knowledge we'd developed during the first 2 years could be applied directly to patient care. After going straight from undergrad to medical school and spending so much time in the classroom, I was excited and prepared to interact with patients."

Most Rewarding Aspects/Experiences of Cardiology: "We practice preventive medicine, can treat and cure some conditions quickly, manage other chronic conditions long-term, build strong relationships and have continuity of care with patients and their families, and have the privilege of caring for patients when they're critically ill or at the end of life. We see teenagers through centenarians and care for people with conditions ranging from congenital heart disease to arrhythmias to coronary artery disease and beyond. Cardiovascular disease is the #1 cause of death in the US, but treatments and technology are improving every day, and we're making significant strides in prolonging life and improving the quality of life for our patients. It's extremely gratifying to be a part of that."

How will you celebrate American Heart Month?: Wearing red every Friday this month to raise awareness for cardiovascular disease, and leading Columbia Heart Clinic's team for the American Heart Association's Heart Walk.

Moeen Saleem, MD (1995)

Specializes in: Cardiac Electrophysiology

Location: Edward Heart Hospital in Naperville, IL

Residency: Rush Presbyterian, St. Luke's Medical Center in Chicago, IL

Fellowship: Northwestern University in Chicago, IL

Fondest Memory at USC SOM: Gross Anatomy class and dissection in the lab; first clinical rotations, especially working with VA patients; "I really appreciated their service and blue collar toughness."

Most Rewarding Aspects/Experiences of Cardiology: Completing 5 medical mission trips, and currently planning a cardiology medical mission to treat refugees displaced from war; expecting to perform 60-70 cardiac procedures over the span of one week; "This spring will be the 3rd time leading my cardiac team."

How will you celebrate American Heart Month?: Organizing new initiatives for EP procedures and
education awareness for patients.

Robert Shor, MD, FACC (1982)

Specializes in: General, interventional, and preventative cardiology, as well as echocardiography and cardiac rehabilitation

Location: Virginia Heart in Reston, VA

Residency & Fellowship: Emory University Hospital and affiliates in Atlanta, GA

Fondest Memory at USC SOM: Great learning experience; creating relationships with diverse classmates; great mentoring opportunities; "I met my wife in Columbia."

Most Rewarding Aspects/Experiences of Cardiology: Diagnosing and treating problems; making a difference in someone’s life; helping families and preventing future events.

How will you celebrate American Heart Month?: Promote heart health with patients, volunteered at a local health fair; personal focus on lifestyle and exercise; serving on the American College of Cardiology's Diversity and Inclusion Task Force.

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FOCUS | It's a Match: SOM Sweethearts

It’s Valentine’s Day, and love is in the air, and undoubtedly, in the halls of the anatomy lab in Building 1! These happy couples met at or attended USC SOM together, and now the rest is history. Thank you for sharing your love story with us!
**Mousumi & Will Andersen (2011)**
Winson Salem, NC

- Met first year of med school while in the same friend & study group
- Started dating in 2007, halfway during first year
- Engaged Dec. 2009
- Married Oct. 2010 (Mr. & Mrs. before MDs)
- Couples matched at Wake Forest Baptist

**Lisa (’93) & Tarek (’92) Bishara**
Florence, SC

- Met during Lisa’s MI year
- First date was Tarek grilling Lisa a steak dinner after she beat him in raquetball
- Married in 1993
- One week after Lisa’s graduation
- Both completed residencies at UT Southwestern in Dallas, TX
- Lisa: Anesthesiology  Tarek: Pathology
- Proud parents of Katherine (20) who is currently studying neuroscience at Duke University with plans to attend medical school

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**Holly & Andrew Glover (2010)**
Myrtle Beach, SC

- Had their first convo in anatomy class during first week of school
- First date: Sushi at Fujiya in April 2006
- Engaged right after last clinical rotation of 3rd year
- Couples matched at MCG in Augusta, GA
  - Holly: Dermatology
  - Andrew: Internal Medicine
- Married June 5, 2010: 29 days after graduation
- Grew their family by two: Addison (5) & Ford (3)

**Kimberly & James Hendrix (1987)**
Concord, NC

- Met in gross anatomy class in 1983
  - (Thanks to adjacent cadavers!)
- Started dating in 1984 when paired up as lab partners
- Couples matched at UK in Lexington, KY
  - Kimberly: Radiology
  - James: Orthopedice
- Married in 1987: right before graduation
- Welcomed twins in 1996: Sarah and Matthew
- Retired in 2018 & traveling the world
Sat next to each other throughout MI classes

Started dating during their MI year

Couples matched at UK in Lexington, KY for Internal Medicine

Married in 2003 in Hawaii

Moved back to Columbia, SC in 2009 after 7 years in KY

Two became four with Cullen (10) & Cara (6)

Met when Hannah was assigned to be Drew's MI Mentor

Engaged October 2016

Married March 2018

Hannah is in her final year of anesthesiology residency at MUSC in Charleston, SC

Drew is in his 3rd year of OB/GYN residency at Palmetto Health Richland

Hannah recently accepted a position at Palmetto Health Richland and will be moving back to Columbia, SC as Drew finishes his residency

Chris spotted Hae Kyong walking across the parking lot: “She was and is still simply stunning.”

Started dating in May 1995

Married in 1997

Kim completed her...
DISCOVER | Opportunities for Engagement

THE UNIVERSITY OF SOUTH CAROLINA SCHOOL OF MEDICINE

2019 ALUMNI REUNION WEEKEND

MARCH 8-9

Click here to purchase your tickets now!
Deadline is March 1st.
Celebrating a class reunion this year?
Click on the image above to help your class win!
An 8x10 archival print of an original watercolor painting of Building 1 on the USC School of Medicine campus by Studio Lane Ltd. Co. Deadline to order is 2/15/19
Click image to register for race.

Please contact Lauren Rosati if you have any questions or want to donate.
REVERE | Class Kudos

Anna Chessen (Edens) Hurst, MD, MS ('07) was named Medical Director of the University of Alabama Birmingham Genetic Counseling Training Program on February 1, 2019. She graduated from the USC SOM with her Master's in Genetic Counseling in 2007, and later received her MD from MUSC.

Lurlene Scott, MRC, CRC, SVRC ('02) received an Honorary Doctorate Degree on October 15, 2018 from the School of the Great Commission Bible College. This recommendation was based on her outstanding work throughout the Community and State in Kingdom Building and Community Development.

Please contact Paige Stiles by March 18th if you have any exciting news that you'd like to share!

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