

Julie Valentine Center

Web address: www.julievalentinecenter.org

Street Address: 2905 White Horse Road, Greenville, SC 29611

Contact information: Phone (864) 331-0560; rape crisis line: (864) 467-3633

Email: kponce@julievalentinecenter.org

Mission: The Julie Valentine Center is a nonprofit organization that provides free, confidential services to sexual assault and child abuse survivors and their families. As a community organization, we depend on the community to enable us to provide these services to our neighbors.

Geographic area covered: Greenville and Pickens counties.

Services Provided:

Therapy Services

- Group and Individual setting therapy services for ages 3 to 17 where clients will learn coping skills, relaxation techniques, and learn to process their story.
 - Hero Group
 - Hero group is for children ages 6-11 who are survivors of sexual abuse. Groups are formed based on age and gender so that the children will feel the most comfortable with their peers. Hero Group uses fun, creative activities to reinforce skills already learned in individual therapy. This group promotes a positive self-image and teaches children that they are heroes for having told what happened to them. One of the most beneficial aspects of Hero Group is that children learn that they are not alone and that other children, who look just like them, are also heroes.
 - An initial assessment is required for the child to join group and a caregiver is required to stay on-site while their child is in group.
 - Girl's Group
 - Girl's Overcoming Trauma is a 10-week therapeutic support group designed for girls age 12-17 who have disclosed sexual abuse. Psychoeducation is provided to address the effects of sexual abuse and to validate each girl's personal experience as she moves towards recovery. The group activities are designed to assist each girl in developing a personal healing plan which will empower her to continue rebuilding her self-esteem once the group is complete.
 - An initial assessment is required for the child/teen to join group and a caregiver is required to stay on-site while their child/teen is in group.
 - Individual Therapy
 - One-on-one Therapy is available, an assessment is required.

Forensic Interviews

- Forensic interviews are child friendly, developmentally sensitive interviews done at the request of DSS or Law Enforcement. These structured, recorded interviews are designed to gather information when there are concerns of possible abuse or when the child has witnessed violence against another person.

Medical Exams

- We are proud to partner with The Greenville Health System to provide forensic medical exams conducted by child abuse pediatricians. If a child was assaulted within the past 72 hours, or has current physical injuries or complaints, there may be a need for the child to have an acute examination at Greenville Memorial Hospital. If the abuse

incident occurred more than 72 hours ago, or there are no current injuries or complaints, then the child may be referred for a forensic medical exam.

EMDR - Eye Movement Desensitization & Reprocessing

- EMDR (Eye Movement Desensitization Reprocessing) has captured the attention of brain researchers and clinicians as a means to help traumatized clients reorganize and reprocess traumatic experiences.

Local School Programs

- Talk About Touching - 2nd grade and 4th grade
 - Personal safety program that stresses home, vehicle, and stranger safety. This program teaches children how to identify and respond to unsafe touching
- Sexual Harassment: Respectful, Responsible, Relationships - 6th grade and 9th grade
 - Age appropriate presentation that enables students to identify sexually harassing behavior in themselves and their peers. This program empowers students with defense mechanisms and reporting procedures
- Sexual Violence Prevention - 9th-12th grade
 - Age appropriate presentation addressing the issues of interpersonal and dating violence

After School & Summer Programs

- Girls Only! - 4th through 7th grade
 - A 6-week prevention program for girls; focuses on self-esteem, effective communication skills, conflict resolution, healthy relationships, and sexual harassment. 1 hour per week for 6 weeks. Minimum of 6 girls are needed for group
- M.U.S.C.L.E - 4th through 7th grade
 - A 6 week prevention program for boys; focuses on changing the mindset that society teaches our young men about “what it means to be a man” and educate them on healthy masculinity, society’s gender rules, the media’s impact on objectification of women, sexual harassment, interrupting the cycle of violence against women and children, healthy manhood and healthy relationships. 1 hour per week for 6 weeks. Minimum of 6 boys are needed for group
- Youth Violence Prevention - 6th through 8th grade
 - A 6 week prevention program that focuses on increasing youth’s knowledge of topics that impact sexual violence and increase the likelihood of intervention by bystanders when a potentially harmful or violent situation arises. Topics include: gender stereotypes and media influences on violence in relationships, appropriate boundary setting and online victimization, healthy relationships, prevention of sexual harassment and prevention of sexual assault. 1 hour per week for 6 weeks.

Professional & Adult Programs (CEU credits available upon request)

- Child Abuse and Child Sexual Abuse Prevention
 - Recognizing abuse, identifying child lures, prevention, and risk reduction
- Mandated Reporting
 - Presentation that identifies the signs of child abuse and the proper procedure for reporting abuse.
- JVC Agency Overview
 - General information about services JVC provides to the community