

Foothills Alliance

(encompassing Child Advocacy Center, Prevent Child Abuse, and Sexual Trauma Center)

Web address: www.foothillsalliance.org

Street Address: 216 East Calhoun Street
Anderson, SC 29621

Contact information: Phone: 24-hour crisis hotline: 800 585-8952 or (864) 231-7273 Main phone line: 864-231-7273

Email: info@foothillsalliance.org

Mission: The mission of Foothills Alliance is working in collaboration with community partners to prevent sexual assault trauma and child abuse and neglect by providing education, advocacy, and treatment services in Anderson and Oconee counties.

Spanish language services provided for some programs.

Geographic area covered: Anderson and Oconee Counties

Services Provided:

Foothills Alliance offers multiple **FREE** services to the community. Not only does the Alliance focus on helping children and adults heal from their abuse but also in preventing abuse from ever taking place.

Child Advocacy Center (CAC):

Forensic medical examinations

- Forensic medical examinations are performed at the center by a specially training pediatrician who evaluates the child's health and gathers medical evidence.

Forensic interviews

- Age appropriate investigative interviews are provided upon referral by law enforcement and/ or DSS. Interviews are completed by professional with specialized forensic training.

Professional counseling and therapy

- Therapy services for child survivors of abuse are provided at the child advocacy center and by our parent organization, Foothills Alliance. Age appropriate counseling sessions are provided long- or short-term – at the discretion of the counselor.

Multi-disciplinary case coordination

- Community professionals representing investigation, safety, advocacy, prosecution and treatment services create a review team to assist child abuse victims and non-offending caregivers.

Non-Offending Parent Support

- Educational and counseling services are available to non-offending caregivers to promote their well-being and increase skills needed to assist their children.

Sexual Trauma Center:

- Foothills Alliance's sexual trauma program offers multi-service responses to the needs of child and adult (both male and female) sexual trauma survivors in Anderson and Oconee counties. These free services include immediate crisis response and long-term counseling. Crisis services include a 24-hour crisis hot-line and accompaniment for

victims at local hospital emergency rooms, law enforcement agencies, and court proceedings.

- Other free services include new clothing to survivors in emergency rooms, survivor group meetings, support and counseling for family members and other involved in the survivor's recovery, and referrals to other agencies.

Counseling Services:

- Counseling services at Foothills Alliance are designed to provide therapeutic support and encouragement that foster recovery from trauma. Each individual is respected and honored throughout the time he or she receives services. Individuals who choose to receive counseling for sexual abuse or assault find significant benefit in sharing their story with someone who has been specially trained to guide them through the healing process. With regular therapy, individuals are able to develop a clearer understanding and perspective of the abuse or assault, which aids in their healing. Individuals are provided with Trauma-Focused therapy as well as other types of therapy, and a greater enjoyment of life can be achieved.

Education Services:

- My Body Belongs to Me: Teaches children 4K-1st grade about private areas of the body and ways to stay safe.
- The Safe Touch Program: Teaches children 2nd-5th grade about private areas of the body and ways to stay safe.
- Sexual Abuse and Sexual Assault: Informs middle school and high school aged children about sexual abuse and sexual assault, how to act as an advocate for survivors, and how to seek help for themselves and others.
- Can I Kiss You?: Teaches children ages 12-18 about healthy relationship and safe dating practices, based in consent.
- SLOW: Starting Love Only from Within: Faith-based curriculum that teaches children ages 12-18 about healthy relationship and safe dating practices, based in consent.
- Through the Mirror: Teaches adults of all genders and ages essential healthy relationship skills and safe dating practices.
- Strengthening Families Program
 - The Strengthening Families Program is offered to parents and children, ages 6-11, who want to participate in a 14- week workshop that includes:
 - Family friendly activities with free incentives and prizes!
 - Free healthy dinner
 - Free child care for children 6 and under
 - Lessons on building stronger family relationships, healthy and affordable meal planning, managing stress and much more!