Jennifer D. Deaton, M.Ed, LPCA, NCC

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EDUCATION

M.S.	Winthrop University
+ 30hrs.	Clinical Mental Health Counseling
	Cumulative GPA: **3.97**
B.A.	University of South Carolina
	Experimental Psychology
	Cumulative GPA: **3.12**
	Psychology GPA: **3.6**

GENERAL RESEARCH INTERESTS

Quantifying the use of empathy and positive regard in psychotherapy to provide empirical support for the mental health field through the use of likert scales and standardization of measuring empathy. Other research interests include understanding the orientation of coping mechanisms of populations whom have experienced trauma based on experiences, culture, etiology, former treatment, and personality inventories. Are specific coping mechanisms a learned or innate trait?

PUBLICATIONS

Deaton, J., Perkins, B., Jordan, J., (2016). *Group Picture*. *Group work experts share their favorite supervision activities.* Association for Specialists In Group Work. East Amherst, New York.

Perkins, B., **Deaton, J.**, Jordan, J., (2016). *Group Identifiers*. *Group work experts share their favorite supervision activities.* Association for Specialists In Group Work. East Amherst, New York.

Jordan, J., **Deaton, J.**, Perkins, B., (2016). *Buzz Words*. *Group work experts share their favorite supervision activities.* Association for Specialists In Group Work. East Amherst, New York.

CONFERENCE PRESENTATIONS

Nance, J., **Deaton, J.**, (July 2016) *Trauma In Our Aging Population – Trauma Informed Care Across the Lifespan.* Conference presentation at the Association of Adult Development and Aging. New York, New York.

Deaton, J. Nance, J., (July 2016) *Aging Populations: Innovations In Counselor Education Practicum Experiences.* Conference presentation at the Association of Adult Development and Aging. New York, New York.

Jordan, J., **Deaton, J.,** Perkins, B., (February 2015) *Outcome Study of Counselor Trainees Empathy in an Academically Controlled Environment.* Conference session at the Annual South Carolina Counseling Association. Hilton Head, SC.

Deaton, J., (April 2014) *Out of the Chair, Out of the Box.* Conference session at the University of North Carolina, Charlotte Master's Conference. Charlotte, North Carolina.

Deaton, J., Terry, J. (February 2014) *Future Research of Women Within the Armed Services.* Poster presented at the Annual South Carolina Counseling Association. Hilton Head, SC.

RESEARCH EXPERIENCE

Faculty Assistant/Graduate Assistant, January 2014 – May 2015 Project Title: *Counseling Outcome Study of Student Trainees in an Academic Controlled Setting*. Department of Counseling and Development, Winthrop University. Supervisor: Dr. Jennifer Jordan, LPC-S, NCC

Twenty hours per week organized data collection within the Winthrop Community Counseling Clinic at Winthrop University maintained data collection based on post-session surveys created by Program Director and Supervisor Dr. Jennifer Jordan.

- Developed numerical identification system for client participants to increase data security and patient protection
- Organized data collection via post-session surveys and video recordings
- Maintained American Counseling Association Code of Ethics among clients and counselors
- Developed Clinic Manual for incoming counselors based on research procedures and clinic management
- Assisted in conducting multiple regression analyses of data

Research Assistant, June 2012 – May 2013 Project Title: *Center for Adolescent Research in Schools.* Department of Psychology, University of South Carolina. Supervisor: Dr. Mark Weist.

Ten hours each week assisting in data collection of federally-funded, national, multi-site project with high school students experiencing behavioral/emotional and academic issues.

- Conducted observational assessments of student and teacher behavior in high school classrooms
- Organization and processing of incoming data from various avenues
- Administered assessments to parents and adolescents.
- Created psycho-educational newsletters for non-intervention schools

- Conducted literature reviews on various topics in accordance with adolescent research in schools.

RESEARCH SUPPORT, HONORS AND AWARDS

- Counseling and Development Graduate Student of the Year (2015)
- Graduate Assistantship, Winthrop University (2014 – 2015) Value: $10,500
- Student Co-Investigator Research Grant, Winthrop University (June 2014 – 2015) Value: $4,200

APPLIED EXPERIENCE

Assessor, October 2016 - Present Youth Villages, Charlotte, NC
Supervisor: Andy Stehberger

Full-time employment within a dual role of an Assessor conducting Comprehensive Clinical Assessments and a Placement Specialist within the local juvenile justice department. The assessments include a full comprehensive assessment within a wellness perspective to determine the recommendation of treatment within or outside the agency.

- Credentialed through Cardinal Innovations to conduct Comprehensive Clinical Assessments with children through young adults with their families
- Managing all JJSAMHP Department of Juvenile Justice referrals within the Charlotte office to provide continuity of care
- Outreach and development of relationships to key players within the community such as Department of Juvenile Justice, Department of Social Services, Charlotte Mecklenburg Schools and community resources
- Preparation and development of the Person Centered Plan – a Medicaid treatment plan for each individual that is determined appropriate for the LifeSet program.

Outpatient Therapist, June 2016 – May 2017, Jennifer D. Deaton Counseling, Charlotte, NC

Part-time private practice within the Charlotte community providing outpatient therapy to individuals, groups, families, and couples ages 13 and up.

- Development of goals with the client to determine appropriate treatment plan
- Collaborative treatment planning with the clients and families to collectively determine the approach of treatment
- Assessment of symptoms to determine diagnosis through collaboration with the client and/or family that includes the appropriate treatment methods
- Conducting Cognitive Behavioral Therapy to individuals, families and couples
- Providing treatment through a wellness perspective and collaboration with key players within the medical community to provide continuity of care

Multisystemic Therapy (MST) Family Counselor, **August 2015 – September 2016** Youth Villages, Charlotte, NC
Supervisor: Bevin Culver

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Full-time employment as an MST Family Counselor conducting in-home MST based treatment for adolescents ages 12-17. Cases include behavior manifestation such as physical aggression, verbal aggression, defiance, substance abuse, suicidal or homicidal behaviors and negative school behaviors.

- Implement solution focused interventions for behavior modification for at risk adolescents with aggressive behaviors
- Establish supportive roles and relationships between families and all five systems; individual, family, peers, school, and community
- Develop and implement safety and de-escalation planning for physically aggressive behaviors that utilize coping skills and informal supports from all five systems
- Plan and conduct Child and Family Team Meetings to develop systemic based treatment plans for the adolescent
- Assess treatment through data collection, goal measurement, assessment and family reports of behavior

Office Manger/Graduate Assistant, July 2014 – May 2015 Winthrop Community Counseling Clinic. Department of Counseling and Development, Winthrop University. Supervisor: Dr. Jennifer Jordan

Twenty hours each week, worked as an office manager of Winthrop Community Counseling Clinic, conducting case management of clients within the clinic. Cases involved ranges of depression, anxiety, grief, stress, and disorders, as well as drug and alcohol dependency. Treatment involved family, couples, and individual counseling.

- Conducted case management of clinic clients and counselors
- Conducted ethical correspondence with community agencies according to the American Counseling Association Code of Ethics
- Developed professional workshop series for counseling students regarding topics of LGBTQ Safe Zone Certification, Substance Abuse Counseling, and Private Practice Business Models
- Organized outreach of community resources in an Internship Opportunities Fair and Continuing Education Units (CEUs)
- Assisted in maintaining program criteria implementation such as CACREP standards

Counseling Intern, May 2014 – December 2014 Novant Health Presbyterian Medical Center, Chaplaincy Services, Supervisor: Dr. John Nance

Fifteen hours each week, as a counseling intern within the Chaplaincy Services Department. Cases ranged from psychogenic non epileptic seizures, grief and loss, depression, and stroke patients. Treatment included individual and group counseling experience.

- Conducted depression screenings on all stroke patients using the PHQ-9 Depression Screening
- Assisted in conducting bi-monthly stroke support groups for stroke survivors and caregivers

- Conducted individual psychotherapy with patients diagnosed with psychogenic non-epileptic seizures through referrals of Neurology Seizure Specialist.
- Participated in daily rounds providing input on psychosocial issues and discharge planning
- Participated in weekly group sessions with counseling program members

Faculty Assistant, October 2013 – July 2014 Winthrop Community Counseling Clinic, Department of Counseling and Development, Winthrop University, Supervisor: Dr. Jennifer Jordan

Ten hours each week, worked as a faculty assistant to maintain clients within the clinic. Cases involved ranges of depression, anxiety, grief, stress, and disorders, as well as drug and alcohol dependency. Treatment involved family, couples, and individual counseling.

- Developed clinic manual for incoming counselors on research procedures and clinic management
- Developed numerical identification system for clients
- Maintained up-to-date resource materials for counselors
- Organized outreach of community resources in Internship Opportunities Fair
- Organized training seminars for enrolled students to continue education in the field.

Counseling Intern, January 2014 – May 2014 The Sterling House/Winthrop University, Department of Counseling and Development, Winthrop University, Supervisor: Dr. John Nance

Three hours each week, worked as a Practicum I Intern to establish basic counseling skills working with an older adult population. This course provided an experience to learn basic skills such as building rapport with a client in a geriatric demographic, analyze memory recovery, and analyze motor skills week to week.

- Conducted counseling once a week with older age populations.
- Conducted task oriented interventions to analyze motor activity and memory recovery.
- Established basic counseling skills with older adult clients

TEACHING EXPERIENCE

Winthrop University – Rock Hill, SC

Spring 2016, CSDV 612 (Counseling Internship II); substitute supervision of counseling internship students utilizing video and audio analysis of student's sessions at various internship sites.

Spring 2016, CSDV 623 (Advanced Counseling Interventions); substitute lecture of cognitive behavioral intervention, dialectic behavioral therapy, and solution-focused interventions.

Summer 2015, CSDV 601 (Counseling Skills); substitute lecture of cognitive interventions utilizing live demonstration with the fish bowl supervision technique.

Spring 2015, CSDV 619 (Counseling Supervision); assisted in supervising Practicum I course of first year students through live supervision.

Fall 20 14, CSDV 604 (Foundations and Ethical Issues in Clinical Mental Health Counseling); guest lectured on the cohesive integration of counseling theories, counseling skills, and ethical implementation.

Fall 2014, CSDV 601 (Counseling Theories); guest lectured on Existentialism theory, Gestalt theory, and Transactional Analysis theory.

Spring 2014, PSYC 198 (Psychology as a Discipline and Profession); guest lecture to undergraduate psychology majors on the field of counseling and the counseling and development program at Winthrop, Winthrop University.

York Technical College - Rock Hill, SC

Spring 2015, Spring 2017, Certified Nursing Assistant (Continuing Education); guest lecture of the importance of coping with high stress and the burn out rate among medical professionals, completed educational activity with the class to determine the appropriate skills for different levels of stress.

PROFESSIONAL DEVELOPMENT

Spring 2015, Conference Planning, South Carolina Counseling Association; assisted in conference planning through program publication, organization of membership registration, and organization of student poster presentations.

Fall 2014, Editorial Assistance, The odyssey: An advanced life span adventure for counseling professionals. (Eds. Lee**,** R. W. & Jordan, J. L**.,** Stevens, M. & Jones, A), Upper Saddle River, NJ: Pearson Merill Prentice Hall.

Spring 2014 – Spring 2015, Counseling and Development Graduate Admissions Committee; conducted interviews of incoming graduate students for program admission.

SKILLS AND CERTIFICATIONS

- Licensed Professional Counseling Associate,
  License #A110708 North Carolina - June 2015 – Present
- National Board Certified Counselor – June 2015 - Present

Therapy Skills

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma Counseling

- Multisystemic Therapy
- Trauma-Focused Cognitive Behavioral Therapy

Software
- Microsoft Word
- Microsoft Excel
- Microsoft PowerPoint
- Evolv – Electronic Filing System

COMPLETED GRADUATE LEVEL COURSEWORK

- CSDV 600 Professional Identity, and Ethics
- CSDV 601 Counseling Theories
- CSDV 602 Counseling Skills
- CSDV 603 Career and Lifestyle Development
- CSDV 605 Diversity Issues in Counseling
- CSDV 606 Group Counseling
- CSDV 614 Lifespan Developmental Counseling
- CSDV 607 Appraisal of the Individual
- EDUC 640 Educational Research, Design and Analysis
- CSDV 604 Foundations and Ethical Issues in
- Clinical Mental Health Counseling
- CSDV 608 Loss, Grief, and Crisis Counseling
- CSDV 620 Clinical Psychopathology in Counseling
- CSDV 621 Diagnosis and Treatment Planning in Counseling
- CSDV 610A Counseling Practicum I
- CSCV 610B Counseling Practicum II
- CSDV 611 Counseling Internship I
- CSDV 619 Counseling Supervision

CAMPUS INVOLVMENT

- Student Advisory Board, Counseling and Development, Winthrop University
    - **Board Secretary**, January 2014 – December 2014
- Army ROTC, Cadet, University of South Carolina
    - **Cadet**, August 2010 – December 2011
- Garnet and Black Magazine, University of South Carolina
    - **Contributing Author,** Spring 2010
- Women's Wellbeing Initiative Project, Fall 2010
    - **Volunteer Counselor,** Community Juvenile Arbitration Workshops
- Delta Gamma
    - **Charter Member**, 2010

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PROFESSIONAL AFFILIATIONS

- American Counseling Association (ACA): **Member** (2014- Present)
- South Carolina Counseling Association (SCCA): **Member** (2014- Present)
- American Specialists in Group Work (ASGW): **Member** (2015 – Present)
- South Carolina Specialists in Group Work: **Executive Board Treasurer** (2015 – Present)
- James F. Byrnes Scholars Board: **Scholars Board Executive Secretary/Treasurer** (2014 – Present)

VOLUNTEER AND OUTREACH EXPERIENCE

- May 2017: Volunteer at Youth Villages LifeSet Kite Tales, Charlotte, NC
- June 2016: Volunteer at Youth Villages LifeSet Kite Tales, Charlotte, NC
- October 2014: Community supporter in Alzheimer's Walk, Rock Hill, SC
- October 2010, 2011, 2013: Youth Panel speaker at The New Road, Columbia, SC

REFERENCES

Dr. Jennifer Jordan, Program Director, Counseling and Development Program, Winthrop University. Contact at jordanje@winthrop.edu or 803.323.2456.

Dr. John Nance, Associate Professor, Counseling and Development Program, Winthrop University. Contact at nancej@winthrop.edu or 704.287.4855.

Cathy Hasty, Director of Pastoral Services and Former Internship Supervisor, Presbyterian Medical Center. Contact at mchasty1@gmail.com.