Did you know that USC offers about 50 different physical activity courses each semester? These one credit hour classes include:

- CPR
- Golf
- Tennis
- Kayaking
- Scuba
- Bowling
- Martial Arts
- Fencing
- Self-Defense for Women
- Archery
- Volleyball
- Backpacking
- Strength Training for Women
- Spinning
- Pilates
- Dance

A full list of courses can be found in Banner, search for PEDU.

Questions?
Call us at 803.777.3239

Visit us online!