PHYSICAL EDUCATION, B.S.P.E.

Teach PE in kindergarten through 12th grade.
Impact young lives through physical literacy.

THE PROGRAM

As you prepare to become a highly effective Physical Education teacher in grades K-12, you will learn to promote daily and lifelong physical activity in children and adolescents. You will develop the skills, knowledge, and dispositions physical education teachers need in order to provide optimal learning for children in their journey of physical literacy. You will have field experiences and internships throughout the program in diverse school settings, where you will work alongside award-winning faculty and experienced physical education teachers.

State reciprocity and our national accreditation make it easy to become certified in most states. Our graduates are also well-prepared to enroll in master’s degree programs during their first years of teaching.

SPECIALIZED COURSE WORK

Your course work and field experiences will prepare you to:
• apply theory and science to your teaching and coaching
• design and implement PE curriculum using evidence-based planning and instructional skills
• effectively manage movement settings
• support the learning needs of students with and without disabilities

PROGRAM ACCREDITATION

This program has been accredited by:
• Council for the Accreditation of Educator Preparation (CAEP)
• National Association for Sport and Physical Education (NASPE)
2019-2020

TYPICAL PROGRAM FOR
PHYSICAL EDUCATION, B.S.P.E.

FRESHMAN

Fall
- Philosophy and Principles of Physical Education
- PE Skills Course - Weight Training
- PE Skills Course - Badminton/Golf
- Reading and Composition
- Analytical Reasoning and Problem Solving
- Biology Course

Spring
- Description and Analysis of Human Movement
- PE Skills Course - Basketball/Soccer
- Rhetoric and Composition
- Introduction to Psychology
- Analytical Reasoning and Problem Solving
- Chemistry or Physics Course

SOPHOMORE

Fall
- Physical Education for Inclusion*
- First Aid and CPR
- PE Skills Course - Tennis/Track
- PE Skills Course - Softball/Volleyball
- Human Anatomy and Physiology I
- Aesthetics and Interpretive Understanding

Spring
- American Coaching Effectiveness Program
- Motor Learning in Physical Education
- PE Skills Course - Folk/Square Dance
- Human Anatomy and Physiology II
- Personal and Community Health
- Introductory Sociology

JUNIOR

Fall
- Instructional Aspects of Physical Education and Practicum*
- Observational Analysis of Sports Techniques and Tactics
- Human Child/Adolescent Growth
- Learners and the Diversity of Learning
- PE Skills Course - Educational Gymnastics
- PE Skills Course - Educational Games

Spring
- Instruction of Young Learners in Movement Settings and
- Practicum*
- Physical Education for Primary Grades
- Measurement and Evaluation in Physical Education Content
- Area Literacy K-12
- History Course
- Educational Dance

SENIOR

Fall
- Instruction in Secondary School Physical Education and
- Practicum*
- Teaching Physical Education
- Teaching Health Related Physical Fitness
- PE Skills Course – Elective
- Additional required Carolina Core Course

Spring
- Physical Education Curriculum
- Directed Teaching in Physical Education*

*Indicates courses with experiences in a school setting.

South Carolina Teacher Loan
SC Residents might be eligible for the South Carolina Teacher Loan. Visit www.scstudentloan.org for more information.