PHYSICAL EDUCATION, B.S.P.E.

Teach PE in kindergarten through 12th grade. Impact young lives through physical literacy.

THE PROGRAM

As you prepare to become a highly effective Physical Education teacher in grades K-12, you will learn to promote daily and lifelong physical activity in children and adolescents. You will develop the skills, knowledge, and dispositions physical education teachers need in order to provide optimal learning for children in their journey of physical literacy. You will have field experiences and internships throughout the program in diverse school settings, where you will work alongside award-winning faculty and experienced physical education teachers.

State reciprocity and our national accreditation make it easy to become certified in most states. Our graduates are also well-prepared to enroll in master’s degree programs during their first years of teaching.

SPECIALIZED COURSE WORK

Your course work and field experiences will prepare you to:
- apply theory and science to your teaching and coaching
- design and implement PE curriculum using evidence-based planning and instructional skills
- effectively manage movement settings
- support the learning needs of students with and without disabilities

ACCREDITATION

All educator preparation programs at the University of South Carolina are accredited by the Council for the Accreditation of Educator Preparation (CAEP).
TYPICAL PROGRAM FOR
PHYSICAL EDUCATION, B.S.P.E.

FRESHMAN
Fall
- Philosophy and Principles of Physical Education
- PE Skills Course - Weight Training
- PE Skills Course - Badminton/Golf
- Reading and Composition
- Biology Course
- Elective (typically UNIV 101)

Spring
- Description and Analysis of Human Movement
- PE Skills Course - Basketball/Soccer
- Rhetoric and Composition
- Social Science
- Analytical Reasoning and Problem Solving
- Chemistry or Physics Course

SOPHOMORE
Fall
- Physical Education for Inclusion*
- Learners and the Diversity of Learning
- PE Skills Course - Tennis/Track
- PE Skills Course - Softball/Volleyball
- Human Anatomy and Physiology I
- Analytical Reasoning and Problem Solving

Spring
- The Art and Science of Coaching
- Motor Learning in Physical Education
- PE Skills Course - Folk/Square Dance
- Personal and Community Health
- Sociology
- Aesthetics and Interpretive Understanding

JUNIOR
Fall
- Instructional Aspects of Physical Education and Practicum*
- Observational Analysis of Sports Techniques and Tactics
- Human Child/Adolescent Growth
- Functional Musculoskeletal Anatomy
- PE Skills Course - Educational Gymnastics
- PE Skills Course - Educational Games

Spring
- Instruction of Young Learners in Movement Settings and Practicum*
- Physical Education for Primary Grades
- Measurement and Evaluation in Physical Education Content
- Area Literacy K-12
- History Course
- PE Skills Course - Educational Dance

SENIOR
Fall
- Instruction in Secondary School Physical Education and Practicum*
- Teaching Physical Education
- Teaching Health Related Physical Fitness
- PE Skills Course – Elective
- Additional required Carolina Core Course

Spring
- Physical Education Curriculum
- Directed Teaching in Physical Education*

*Indicates courses with experiences in a school setting.

South Carolina Teacher Loan
SC Residents might be eligible for the South Carolina Teacher Loan. Visit www.scstudentloan.org for more information.