
Carissa Orlando, Ph.D.

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EDUCATION

University of Florida Gainesville, Florida Pre-doctoral intern, University of Florida's Health Sciences Center Child-Pediatric Psychology track	2019 – 2020
University of South Carolina Columbia, South Carolina Doctorate of Philosophy in Clinical-Community Psychology Behavioral-Biomedical Interface Program (BBIP) Scholar Second-year project: Discrepancies in teacher rating of student conduct by race and gender: Does history of disciplinary actions for aggressive behavior play a role? Dissertation: Peer intervention with suicidal disclosures on social media: Does the bystander effect play a role? Mentor: Mark Weist, Ph.D.	2015 – 2020 Awarded August 2020
Appalachian State University Boone, North Carolina Master of Arts in Clinical Health Psychology Thesis: Non-Suicidal Self-Injury and Suicidal Self-Injury: A Taxometric Investigation Mentor: Joshua Broman-Fulks, Ph.D.	2009 – 2012 Awarded May 2012
Queens University of Charlotte Charlotte, North Carolina Bachelor of Arts in Psychology, Honors Program Graduated <i>summa cum laude</i> , with honors thesis Faculty advisor: Cherie Clark, Ph.D.	2005 – 2009 Awarded May 2009

ACADEMIC POSITIONS

University of South Carolina Columbia, South Carolina Clinical Assistant Professor, Department of Psychology	August 2022 – present
University of Connecticut Health Center West Hartford, Connecticut Postdoctoral Fellow, Department of Education Institute of Education Sciences-funded study: <i>Enhancing the Capacity of School Nurses to Reduce Excessive Anxiety in Children: An Efficacy Trial of the CALM Intervention</i>	August 2020 – August 2022

PROFESSIONAL LICENSES

- Licensed Psychological Associate (LPA), North Carolina Board of Psychology, October 2012 – October 2016.
 - Passed the Examination for Professional Practice of Psychology (EPPP) at the doctoral level.
- Health Services Provider Psychological Associate (HSP-PA), North Carolina Board of Psychology, October of 2012 – October of 2016.

AWARDS AND HONORS

- Supported by National Institutes of Health T32 grant-funded Behavioral-Biomedical Interface Program (BBIP)
- Recipient of the Laura Griffin Award for dissertation support
- Queens University of Charlotte Creative Writing Award
- Recipient of the Nancy Kirk Scholarship, Queens University of Charlotte
- Recipient of the Trustee Scholarship, Queens University of Charlotte
- Graduated Summa Cum Laude with Honors Thesis from Queens University of Charlotte
- Queens University of Charlotte Outstanding Psychology Student
- Psi Chi, the National Honor Society in Psychology
- Selected to participate in the Research Experiences for Undergrads (REU) program

CLINICAL TRAINING EXPERIENCE

University of Connecticut Health Center West Hartford, Connecticut (Columbia, Maryland study site)

Child Anxiety Learning Modules (CALM) Study Team

August 2020 –
August 2022

Postdoctoral Fellow

- Train nurses in evidence-based interventions for childhood anxiety, including cognitive-behavioral treatment and relaxation skills.
- Conduct diagnostic evaluations with child participants and their families via the administration of the Anxiety Disorders Interview Schedule (ADIS) and Woodcock Johnson (WJ-IV) Tests of Achievement and Cognitive Abilities, to assess diagnosis, symptom severity, and change over time.
- Provide supervision (“coaching”) for trained nurses in the session-by-session delivery of study interventions for anxious youth.
- Supervisor: Kelly Drake, Ph.D.

University of Florida Gainesville, Florida

Behavioral Pediatrics Clinic

April 2020 –
July 2020

Pre-doctoral Intern

- Completed a three-month rotation in pediatric behavior disorders for pre-doctoral internship.

- Conducted brief targeted treatment of feeding aversion, encopresis/enuresis, sleep difficulties, behavioral difficulties, and self-management of chronic health conditions.
- Supervisor: David Janicke, Ph.D.

Adolescent Clinic

January 2020
– July 2020

Pre-doctoral Intern

- Completed a six-month rotation in an adolescent mental health clinic.
- Provided individual, group, and family treatment targeting mental health needs in adolescents and their families, as well as managing parent-child relationships during adolescents.
- Supervisor: Joy Gabrielli, Ph.D.

Psychological/Psychoeducational Assessment

January 2020
– July 2020

Pre-doctoral Intern

- Completed a six-month psychological/psychoeducational assessment rotation.
- Received training in and conducted psychological and psychoeducational assessments with children and adolescents.
- Supervisor: Melissa Munson, Ph.D.

UF Pediatric Inpatient Consultation and Liaison Services

July 2019 –
July 2020

Pre-doctoral Intern

- Completed a 12-month rotation in pediatric inpatient consultation and liaison services for pre-doctoral internship
- Provided inpatient consultation and liaison services for children and adolescents who were receiving inpatient medical services at UF Health.
- Conducted brief psychotherapy follow-up services to address presenting concerns and facilitate adjustment for children and adolescents as needed.
- Supervisor: Alana Rawlinson, Ph.D.

UF Psychology Specialties Clinic

July 2019 –
July 2020

Pre-doctoral Intern

- Provided individual and family psychotherapy services to children, adolescents, and their families in an outpatient setting for a variety of mental health concerns, including anxiety, depression, suicidal ideation, posttraumatic reactions, ADHD, externalizing disorders, and social skills deficits.
- Supervisors: David Janicke, Ph.D., Tarrah Mitchell, Ph.D., Alana Rawlinson, Ph.D., Brenda Wiens, Ph.D.

Project CATCH, School-Based Mental Health

July 2019 –
April 2020

Pre-doctoral Intern

- Completed a nine-month rotation in school-based mental health services for pre-doctoral internship.
- Provided evidence-based individual therapy services to children, adolescents, and families in a school-based context in Lake City, Florida.

- Maintained relationships with administrative personnel from the Lake City school district.
- Supervisor: Brenda Wiens, Ph.D.

Interdisciplinary Pediatric Infectious Disease Clinic

January 2020
– April 2020

Pre-doctoral Intern

- Completed a three-month rotation in an infectious disease clinic.
- Engaged in interdisciplinary work conducting brief screenings and consultations to families of children with HIV and other infectious diseases.
- Supervisor: Brenda Wiens, Ph.D.

Interdisciplinary Diabetes Outpatient Clinic

October 2019
– January
2020

Pre-doctoral Intern

- Completed a three-month rotation in a pediatric diabetes outpatient clinic.
- Conducted brief assessments and behavioral treatments to address management and coping in youth and families with diabetes.
- Participated in interdisciplinary treatment team to promote treatment adherence and well-being in youth with diabetes.
- Supervisor: Sarah Westen, Ph.D.

Intensive Treatment of Obsessive-Compulsive Disorder

July 2019 –
January 2020

Pre-doctoral Intern

- Completed a six-month rotation in the intensive outpatient treatment of obsessive-compulsive disorder.
- Participated in the team-based treatment of obsessive-compulsive disorder in children, adolescents, and adults.
- Implemented exposure and response prevention therapy to treat a variety of obsessions and compulsions in clients.
- Supervisor: Joseph McNamara, Ph.D.

**University of South Carolina
Columbia, South Carolina**

LiveWell Kershaw School Mental Health

Graduate Student Clinician and Team Lead

August 2018 –
May 2019

- Employed by a grant-funded program with goals of improving the physical and mental health of community members in Kershaw County, South Carolina.
- Responsible for establishing a school-based mental health center in a high school in Kershaw County.
- Collaborated and built relationships with school faculty and administration to ensure streamlined services and referral processes.
- Provided evidence-based individual therapy services to adolescents for a wide array of presenting concerns.
- Conducted suicide risk assessments and crisis intervention services for students at risk of harm to themselves.

- Provided on-site peer supervision for junior graduate student practicum students working at the mental health center.
- Supervisor: Kate Flory, Ph.D.

Psychology Services Center

Child and Family Therapy Practicum Student

August 2016 –
June 2019

- Provided evidence-based individual and family therapy services to children, adolescents, and their families for a wide array of presenting concerns, including anxiety, depression, trauma, nightmare disorder, behavioral difficulties, and parenting concerns.
- Treated children and families with a variety of evidence-based therapeutic modalities, including Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), skills training modules from Dialectical Behavioral Therapy (DBT), and evidence-based behavioral parent training.
- Conducted assessments to inform therapy; collaboratively developed treatment goals and planned with clients and their families; used regular outcome tracking to inform therapy implementation and adaptation.
- Supervisors: Mark Weist, Ph.D., Kate Flory, Ph.D.

Advanced Adult Assessment Practicum Student

January 2017
– May 2018

- Administered, scored, and wrote integrated reports for a range of psychological and neuropsychological measures assessing a variety of presenting issues (e.g., ADHD, learning disorders, differential diagnosis, autism spectrum disorders) for adult clients.
- Provided feedback to clients and their families.
- Received didactic training on neuropsychological assessments, executive functions, and traumatic brain injury.
- Supervisor: Jeff Schatz, Ph.D.

Advanced Child Assessment Practicum Student

August 2017 –
August 2018

- Administered, scored, and wrote integrated reports for a range of psychological and neuropsychological measures assessing a variety of presenting issues (e.g., ADHD, learning disorders, behavioral and conduct difficulties) for child and adolescent clients.
- Provided feedback to clients and their families.
- Supervisor: Kim Hills, Ph.D.

Group Therapy Practicum Student

January 2017
– December
2017

- Co-led a social skills group for children (ages 4 to 10) experiencing social skills deficits, externalizing behaviors, and internalizing symptoms. Groups utilized a combination of cognitive-behavioral and behavioral therapy techniques.
- Collaborated with a concurrent parenting skills group to help skills generalize to at-home contexts.
- Supervisors: Kim Hills, Ph.D., Kate Flory, Ph.D.

**Comprehensive Psychological Services, LLC.
Columbia, South Carolina**

Clinical Assessment Extern

October 2017
– June 2019

- Participated in team-based administration of psychological evaluations for a wide variety of presenting issues (e.g., ADHD, learning disorders, pre-bariatric surgery evaluations, neuropsychological concerns, depression, anxiety, and other mental health concerns) with clients across the lifespan.
- Conducted clinical interviews, integrate objective assessment data, write assessment reports, and lead feedback sessions with clients and family members.
- Edited and reviewed various clinical, educational, and forensic evaluations.
- Engaged in weekly supervision and received feedback from live observations by psychologist during clinical interviews.
- Supervisors: Marc Harari, Ph.D., Nevelyn Trumpeter, Ph.D.

**Autism Academy of South Carolina
Columbia, South Carolina**

Clinical Assessment Extern

May 2017 –
August 2018

- Conducted psychological evaluations with children suspected of having a neurodevelopmental disorder, such as autism spectrum disorder or ADHD.
- Conducted intake interviews with parents and children.
- Administered, scored, interpreted, and completed integrated reports of measures assessing cognitive ability, symptoms of autism spectrum disorders, executive functioning, adaptive abilities, and other behavioral concerns.
- Received live supervision and feedback from a psychologist during clinical interviews and psychological assessment.
- Provided vertical supervision to graduate student trainees.
- Supervisor: Allison Brazendale, Psy.D.

Camp M.A.T.E.S. (Merging Activities To Enhance Social Skills) Head Counselor

June 2017 –
July 2017;
July 2018 –
August 2018

- Led social skills groups for children and adolescents with social skills deficits related to difficulties with autism spectrum disorder, ADHD, anxiety, developmental disabilities, or other disorders at a theory-driven sports, social skills, nutrition, and academic/life skills summer camp.
- Utilized evidence-based behavioral management techniques to promote positive behavior and utilization of social skills with campers.
- Supervisor: Allison Brazendale, Psy.D.

**Appalachian State University
Boone, North Carolina**

Appalachian State University Psychology Clinic

Clinical Health Psychology Intern

August 2011 –
May 2012

- Administered, scored, interpreted results, and wrote integrated reports of a variety of psychological tests to assess for autism spectrum disorder, ADHD, learning disorders, anxiety, depression, and other psychological disorders.
- Conducted evidence-based individual psychotherapy with children and adults.
- Conducted diagnostic intake interviews for clients seeking out services through the Psychology Clinic.
- Supervised graduate students as they completed a practicum at the Psychology Clinic.
- Responsible for the daily operations of the Psychology Clinic, including scheduling clients, communicating/collaborating with other professionals,

overseeing billing operations, completing peer-reviews and quality assurance checks, and increasing the overall organization of the site.

- Supervisors: Joshua Broman-Fulks, Ph.D., Will Canu, Ph.D.

Assistant Clinic Coordinator

August 2009 –
July 2011

- Completed a 15-hour/week assistantship.
- Administered, scored, interpreted results, and wrote integrated reports of a variety of psychological tests to assess for autism spectrum disorder, ADHD, learning disorders, anxiety, depression, and other psychological disorders.
- Conducted evidence-based individual psychotherapy with children and adults.
- Assisted in the supervision and training of other Master's level students and employees.
- Completed administrative tasks (e.g., scheduling, billing) to ensure efficient operations, as well as assisted in the organization and day-to-day operation of the Psychology Clinic.
- Supervisors: Joshua Broman-Fulks, Ph.D., Hank Schneider, Ph.D.

Watauga High School Assessment, Support, and Counseling (ASC) Center

Clinical Health Psychology Intern/Practicum Student

August 2010 –
May 2012

- Conducted evidence-based individual psychotherapy with an adolescent population for a variety of issues, including generalized anxiety, phobias, depression, adjustment issues, familial conflicts, and behavior problems.
- Conducted family therapy sessions as needed to address conflicts within the family system.
- Participated in a multidisciplinary treatment team to discuss and plan treatment for referred clients.
- Supervisor: Kurt Michael, Ph.D.

Appalachian State University Counseling and Psychological Services Center

Clinical Health Psychology Practicum Student

January 2010
– May 2010

- Conducted evidence-based individual psychotherapy with college students presenting with a variety of concerns, including anxiety, depression, trauma, adjustment issues, and interpersonal conflicts.
- Administered personality assessments.
- Participated in multidisciplinary treatment teams to discuss and process ongoing cases.
- Supervisor: Sheri Clark, Ph.D.

Group Therapy Process Observer

January 2010
– May 2010

- Observed, took notes, and commented on group process for weekly group therapy sessions.
- Prepared weekly therapy notes to be shared during groups.
- Assisted in the administration, scoring, and interpretation of psychological assessments measuring trauma reactions.
- Participated in weekly group supervision and processing meetings to discuss group issues and plan treatment.
- Supervisor: Amber Lyda, Psy.D.

Queens University of Charlotte

Charlotte, North Carolina

Transition to University Group Co-Facilitator

August 2009 –
April 2009

- Served as a group co-facilitator in the Transition to University program.
- Led weekly group meetings and discussions surrounding adjustment, interpersonal issues, and problem-solving
- Assisted in data collection for multi-site research.
- Supervisors: Melinda Harper, Ph.D., Chris Allegretti, Ph.D.

Alexander Youth Network, The Relatives

Charlotte, North Carolina

Activities Coordinator Intern

June 2007 –
August 2007

- Served as an activities coordinator for a youth crisis shelter.
- Received Crisis Counseling training and became certified for properly interacting with and assisting children at permanent-stay facilities at the Alexander Youth Network home campus.
- Supervisor: Linh Le

PROFESSIONAL CLINICAL EMPLOYMENT

Appalachian State University

Boone, North Carolina

Clinical Research Coordinator

July 2014 –
July 2015

- Served as a Licensed Psychological Associate at school-based mental health centers located in three rural K – 12 schools.
- Conducted evidence-based individual psychotherapy with students for a variety of presenting problems (e.g., depression, self-injury, suicidality, anxiety, trauma, anger control difficulties).
- Ran a Dialectical Behavior Therapy group for students with emotional regulation and interpersonal difficulties.
- Conducted crisis assessments and interventions for students presenting with thoughts of self-harm and/or suicide.
- Provided education and support for school faculty, staff, and students in the identification and referral of students experiencing mental health difficulties, especially suicidality.
- Provided on-site supervision junior colleagues and graduate students.
- Built relationships with school staff and administration to develop and strengthen services provided.
- Supervisors: Kurt Michael, Ph.D., John Paul Jameson, Ph.D.

Mélange Health Solutions

Charlotte, North Carolina

Licensed Psychological Associate

September
2012 – June
2014

- Conducted psychological assessments with a culturally- and lifespan-diverse population to assess for a variety of referral questions, including Bipolar Disorder, ADHD, learning disorders, intellectual disability, anxiety, depression, behavior difficulties, and other psychological disorders.
- Performed initial diagnostic assessments with clientele interested in beginning services at the agency, including gathering demographic, treatment, and symptom history.

- Conducted evidence-based individual psychotherapy with a culturally- and lifespan-diverse population for a variety of difficulties, including anxiety, depression, trauma, obsessive-compulsive disorder, and adjustment issues.
- Supervised Master’s-level clinical psychology interns as they conducted psychological assessments and individual therapy, including observation of services they provide and holding weekly supervision.
- Supervisors: Angela Hargrow, Ph.D., Lenore Wilkinson, Ph.D.

**RTC Psychological Associates
Mooreville, North Carolina**

Case Manager

July 2012 –
September
2012

- Performed supervised psychological assessments with children and adults for a variety of presenting issues; assisted in scoring and interpretation of assessments, co-wrote psychological reports.
- Performed case management duties, such as scheduling clients, managing office paperwork, maintaining client files, and other clerical tasks.
- Supervisor: Donna Smith-Hogan, Ph.D.

SUPERVISION EXPERIENCE

University of Connecticut Health Center

2021 –
present

- Provide coaching/consultation services to numerous school nurses as they deliver an evidence-based intervention to children with anxiety
- Train and support nurses as they deliver cognitive-behavioral and relaxation skills to children with anxiety.
- Site supervisor: Kelly Drake, Ph.D.

University of Florida

2019 – 2020

- Supervised three advanced graduate students on the provision of evidence-based therapy for children and adolescents
- Participated in a seminar series aimed at developing and honing supervision skills
- Tiered supervisors: Brenda Wiens, Ph.D., Joy Gabrielli, Ph.D., David Janicke, Ph.D.

University of South Carolina

2018 – 2019

- Provided on-site peer supervision to advanced graduate students providing therapy services at a school-based mental health center
- Tiered supervisor: Kate Flory, Ph.D.

Mélange Health Solutions

2013 – 2014

- Served as the clinical supervisor for two graduate students completing practica at a community mental health center
- Supervised students in the area of clinical assessment and psychological testing with children and adolescents

TEACHING EXPERIENCE

Instructor, Child, Adolescent, and Family Practicum
University of South Carolina

Fall 2022 -
present

Instructor, Advanced Child, Adolescent, and Family Practicum University of South Carolina	Fall 2022 - present
Instructor, Child Assessment Practicum University of South Carolina	Fall 2022 - present
Instructor, Survey of Social Psychology University of South Carolina	Fall 2017 – Spring 2018
Teaching Assistant, Cognitive Psychology University of South Carolina Supervisor: Robin Morris, Ph.D.	Spring 2017
Teaching Assistant, Research Methods in Psychology University of South Carolina Supervisor: Elizabeth Myers, Ph.D.	Fall 2016
Teaching Assistant, Survey of Learning and Memory University of South Carolina Supervisor: Elizabeth Myers, Ph.D.	Fall 2016
Teaching Assistant, Cognitive Assessment Appalachian State University Supervisor: Joshua Broman-Fulks, Ph.D.	Fall 2010 – Spring 2012
Lab Assistant, Experimental Psychology Queens University of Charlotte Supervisor: Cherie Clark, Ph.D.	Fall 2009 – Spring 2009

PEER-REVIEWED PUBLICATIONS

- Orlando, C. M.**, Caron, E. B., Smith, I. C., Harrison, T. J., Ginsburg, G., & Pella, J. E. (2022, in print). Therapist and therapy-related predictors of outcomes in a randomized controlled trial of school-based treatments for pediatric anxiety. *Journal of Behavioral and Cognitive Therapy*.
- Michael, K., Jameson, J. P., Sale, R., **Orlando, C.**, Schorr, M., Brazille, M., Stevens, A., & Massey, C. (2015). A revision and extension of the Prevention of Escalating Adolescent Crisis Events (PEACE) Protocol. *Children and Youth Services Review, 59*, 57-62.
- Orlando, C. M.**, Broman-Fulks, J. J., Whitlock, J., Curtin, L., & Michael, K.D. (2015). Non-suicidal self-injury and suicidal self-injury: A taxometric investigation. *Behavior Therapy, 46*, 824 – 833.
- Longely, S. J., Broman-Fulks, J. J., Calamari, J. E., Noyes, R., Wade, M., & **Orlando, C. M.** (2010). A taxometric study of hypochondriasis tendencies. *Behavior Therapy, 41*, 505 - 514.
- Orlando, C.**, Latulipe, C. (2009). The Tone-Range Rectangle as a memory cue: An investigation of SymTone, a bimanual image manipulation program. *The Undergraduate Journal of Psychology, 22*, 44 – 49.

OTHER PUBLICATIONS

Orlando, C., Johnson, L., Farrell, A., Miranda-Needham, E., Draham, L., Karydi, A., & Weist, M. D. (2018). *A guide for effective school mental health programs*. Columbia, SC: South Carolina Department of Mental Health, and the University of South Carolina.

Orlando, C. M., Bradley, W., Collier, T. A., Ulie-Wells, J., Miller, E., & Weist, M. D. (2018). What works in school-based mental health service delivery? In A. D. Leschied, D. Saklofske, & G. Flett (eds.), *The Handbook of School-Based Mental Health Promotion: An Evidence Informed Framework for Implementation*. New York, NY: Springer.

Orlando, C. M., Bode, A. A., & Michael, K. D. (2017). Depression and rural school mental health: Best practices (pp. 161-182). In K. D. Michael & J. P. Jameson (eds.), *The Handbook of Rural School Mental Health*. New York, NY: Springer.

Latulipe, C., Youngblood, M., Bell, I., & **Orlando, C.** (2009). ToneZone: Image exploration with spatial memory cues. *Proceedings of The Seventh ACM Conference on Creativity and Cognition*, 427-428. doi: 10.1145/1640233.1640335

MANUSCRIPTS SUBMITTED FOR PUBLICATION

Harrison, T.J., Ginsburg, G.S., Smith, I.S. & **Orlando, C. M.** (2021). *Stress generation among offspring of parents with anxiety disorders*. Manuscript submitted to Anxiety, Stress, and Coping (revised and resubmitted).

MANUSCRIPTS IN PREPARATION

Orlando, C. M., Smith, I. C., DeVito, A., Harrison, T., Drake, K., & Ginsburg, G. S. (2022). *What affects child outcomes? Investigating additional factors in a school nurse-delivered intervention for anxious youth*. Manuscript in preparation.

Orlando, C. M., Michael, K. D., Swan, S., Prinz, R., & Weist, M. D. (2022). *Peer intervention with suicidal disclosures on social media: Does the bystander effect play a role?* Manuscript in preparation.

Orlando, C. M., Michael, K. D., & Weist, M., (2022). *Peers as gatekeepers for the identification and response to suicidal ideation within adolescents: What is known and what can be improved?* Manuscript in preparation.

TECHNICAL AND EVALUATION REPORTS

Orlando, C., Jameson, J. P., Michael, K. (2015). *2015 Youth Risk Behavior Survey: Alleghany High School*. Report submitted to the Watauga County Health Department, Boone, North Carolina.

Orlando, C., Jameson, J. P., Michael, K. (2015). *2015 Youth Risk Behavior Survey: Alleghany County Middle Schools*. Report submitted to the Watauga County Health Department, Boone, North Carolina.

Michael, K., **Orlando, C.**, Toomey, K., Kirk, A., Schorr, M., Van Sant, W., Lichiello, S. (2015). *The Assessment, Support, and Counseling (ASC) Center: Ashe County High School, 2014 – 2015*

University-School Partnership. Executive summary report presented to the Ashe County Board of Education, West Jefferson, North Carolina.

Jameson, J. P., **Orlando, C.**, & Toomey, K. (2015). *The Assessment, Support, and Counseling (ASC) Center: Alleghany County Schools, 2014 – 2015 University-School Partnership*. Executive summary report submitted to Alleghany County Board of Education, Sparta, North Carolina.

Jameson, J. P., **Orlando, C.**, & Toomey, K. (2014). *The Assessment, Support, and Counseling (ASC) Center: Alleghany County Schools, 2013 – 2014 University-School Partnership*. Executive summary report submitted to Alleghany County Board of Education, Sparta, North Carolina.

INVITED TALKS AND TRAININGS CONDUCTED

Orlando, C. (2018, September). *Best practices in SC Behavioral Health*. Invited talk at South Carolina Department of Mental School Mental Health Training Summit, Columbia, South Carolina.

Orlando, C. (2017, August). *Best practices in SC Behavioral Health*. Invited talk at South Carolina Department of Mental Health Enhancing Skills to Promote Wellness in Schools & Communities clinician training, Columbia, South Carolina.

Michael, K., Jameson, J. P., **Orlando, C.** (2017, January). *Evidence-based and culturally-responsible treatment of depression and suicide in a school mental health context*. Invited training for East Carolina University's graduate program in school psychology, Greenville, North Carolina.

Orlando, C., & Toomey, K. (2015, June). *Suicide and self-injury: What it is and how to help*. Invited training conducted with Upward Bound program, Watauga, North Carolina.

Orlando, C., & Jameson, J. P. (2015, February). *Self-injurious behavior*. Invited training conducted with school counselors and social workers in Alleghany County, North Carolina.

Michael, K., **Orlando, C.** (2010, November). *Stop the bleeding: The nature and treatment of self-injury in adolescents*. Invited talk at the North Carolina School Counselors Association, Greensboro, North Carolina.

CONFERENCE PRESENTATIONS

Orlando, C. M., Smith, I. S., DeVito, A. J., Harrison, T. J., Drake, K., & Ginsburg, G. S. (2021, November). *What affects child outcomes? Investigating additional factors in a school nurse-delivered intervention for anxious youth*. Poster presented at the 55th annual Association for Behavioral and Cognitive Therapies conference, New Orleans, LA.

Harrison, T.J., Ginsburg, G.S., Smith, I.S. & **Orlando, C. M.** (2021, November). *Stress generation among offspring of parents with anxiety disorders*. Poster presented at the 55th annual Association for Behavioral and Cognitive Therapies conference, New Orleans, LA.

Orlando, C., Smith, I., DeVito, A., Harrison, T., Drake, K., & Ginsburg, G. (2021, September). *What affects child outcomes? Investigating additional factors in a school-nurse delivered intervention for anxious youth*. Talk given and poster presented at the Fifth Annual UConn Health/Jackson Laboratory Postdoc Research Day, West Hartford, CT.

- Orlando, C.**, Miller, E., Bradley, J., Weist, M., Halliday-Boykins, C., & Splett, J. (2018, January). *Discrepancies in teacher rating of student conduct by race and gender: Does history of disciplinary actions for aggressive behavior play a role?* Presentation at the 13th bi-annual Carolina Network for School Mental Health conference, Greenville, South Carolina.
- Orlando, C.**, Johnson, L., & Farrell, A. (2018, January). *New E-Book on Effective SBMH*. Presentation at the 13th bi-annual Carolina Network for School Mental Health conference, Greenville, South Carolina.
- Orlando, C. M.**, Splett, J., Halliday-Boykins, C., Miller, E., Bradley, W., & Weist, M. D. (2017, October). *Discrepancies in teacher rating of student aggression by race and gender: Does history of aggressive behavior play a role?* Poster presented at the 22nd annual Conference on Advancing School Mental Health, Washington, DC
- Splett, J., Perales, K., Moss, D., **Orlando, C.**, & Quell, A. (2016, September). *An overview and case example of the Interconnected Systems Framework-Implementation Inventory*. Conference session at the 21st annual Conference on Advancing School Mental Health, San Diego, California.
- Thibodaux, L., K., **Orlando, C.**, Garzona, M., Cilchrest, C., Gibson, N., & Splett, J. (2016, September). *Usability of the Interconnected Systems Framework Implementation Inventory*. Poster presented at the 21st annual Conference on Advancing School Mental Health, San Diego, California.
- Orlando, C.**, & Michael, K. D. (2016, August). *The Preventing Escalating Adolescent Crisis Events (PEACE) Protocol: An update and extension*. Presentation at the 11th bi-annual Carolina Network for School Mental Health conference, Jefferson, North Carolina.
- Orlando, C.** (2016, August). *Self-injury and suicide: Connections and risk factors*. Presentation at the 11th bi-annual Carolina Network for School Mental Health conference, Jefferson, North Carolina.
- Iachini, A., Barr, B., Bowen, M., Vaughn, H., Rhodes, K. & **Orlando, C.** (2016, April). *Implementation of an early intervention program for high school students at-risk for a mood disorder*. Breakout session presentation at the 3rd annual South Carolina School Behavioral Health Conference, Myrtle Beach, South Carolina.
- Orlando, C. M.**, Quell, A., Splett, J., & Weist, M. (2015, September). *Review and comparison of tools to support implementation of the Interconnected Systems Framework*. Poster presented at the 9th annual World Congress on the Promotion of Mental Health & the Prevention of Mental & Behavioural Disorders, Columbia, South Carolina.
- Orlando, C.**, Toomey, K., Jameson, J.P., & Michael, K. D. (2015, January). *Teacher burnout*. Presentation and discussion at the ninth bi-annual Carolina Network for School Mental Health conference, Beaufort, South Carolina.
- Orlando, C.**, Campbell, H., Schorr, M., Van Sant, W., Kirk, A., Toomey, K., Lichiello, S., Brazille, M., Jameson, J. P., Michael, K. (2014, November). *How to keep the good feeling going: Factors affecting sustainability of school mental health programs*. Presentation at the Fall 2014 meeting of the Mental Health-Education Integration Consortium, Columbia, South Carolina.
- Schorr, M., Jameson, J. P., Kirk, A., **Orlando, C.**, Michael, K. (2014, November). *School problems and adolescent depression: Identifying students in need*. Poster presented at the 48th annual Association for Behavioral and Cognitive Therapies Conference, Philadelphia, Pennsylvania.

- Jameson, J. P., Massey, C., **Orlando, C.** (2014, August). *Using cloud storage to facilitate multi-site research and information sharing*. Roundtable presentation at the eighth bi-annual Carolina Network for School Mental Health conference, Sylva, North Carolina.
- Orlando, C. M.**, Canu, W. H., Broman-Fulks, J. J., A., Stevens, A. E. (2013, November). *The latent structure of ADHD in adults: A taxometric analysis*. Poster presented at the 47th annual Association for Behavioral and Cognitive Therapies conference, Nashville, Tennessee.
- Orlando, C. M.** (2011, November). *Nonsuicidal self-injury and suicidal self-injury: A taxometric investigation*. Poster presented at the 45th annual Association for Behavioral and Cognitive Therapies conference, Toronto, Canada.
- Michael, K. D., Murphy, M., Austin, K., **Orlando, C.**, Renkert, L., & Winek, J. (2011, September). *Collaborative, multi-system case discussion in school mental health: A live demonstration of the ASC (Assessment, Support, & Counseling) model*. Demonstration presented at the 16th annual Conference in Advancing School Mental Health, Charleston, South Carolina.
- Stone, J., Murphy, M., Mullis, L., **Orlando, C.**, Wandler, J., Austin, K., Albright, A., Campbell, H., Bernstein, S., Attallah, T., & Michael, K. (2011, May). *Turf wars: The stereotypes strike back*. Group case study presented at the Spring 2011 meeting of the Mental Health-Education Integration Consortium, Columbia, South Carolina.
- Orlando, C. M.**, Zawilinski, L. L., Kusper, M., Broman-Fulks, J. J., Daniel, R., Quentin, L., & Amstadter, A. B. (2010, November). *Computerized and internet-based interventions for the treatment of panic disorder: A review*. Poster presented at the 44th annual Association for Behavioral and Cognitive Therapies conference, San Francisco, California.
- Zawilinski, L., **Orlando, C. M.**, Broman-Fulks, J. J. (2010, March). *Effects of a single bout of aerobic exercise on anxiety sensitivity*. Poster presented at the 30th annual Anxiety Disorders Association of America conference, Baltimore, Maryland.
- Orlando, C. M.**, Zawilinski, L., Fagge, E., Broman-Fulks, J., Canu, W., & Nieman, D. (2009, November). *Anxiety sensitivity across the lifespan*. Poster presented at the Aging Special Interest Group at the 43rd annual Association for Behavioral and Cognitive Therapies conference, New York, New York.
- Orlando, C.**, Weathers, L. (2009, April). *Contextual-dependent olfactory memory on memory decay in word recall tasks*. Poster presented at the North Carolina Psychological Association Undergraduate Research conference, Chapel Hill, North Carolina.
- Orlando, C.** (2009, February). *Deviation from the group personality of Greek organizations and its effects on an individual's feelings of isolation and group cohesion*. Poster presented at the Southeastern Psychological Association conference, New Orleans, Louisiana.
- Orlando, C.** (2008, May). *Deviation from the group personality of Greek organizations and its effects on an individual's feelings of isolation and group cohesion*. Poster presented at the North Carolina Psychological Association Undergraduate Research conference, Chapel Hill, North Carolina.
- Orlando, C.** (2008, March). *The Tone-Range Rectangle as a memory cue: An investigation of Symtone, a bimanual image manipulation program*. Poster presented at the 17th Annual Central Carolinas

Conference, Charlotte, North Carolina.

Orlando, C. (2007, March). *The psychoanalytic theory of mate selection*. Poster presented at the 16th Annual Central Carolinas Conference, Charlotte, North Carolina.

RESEARCH EXPERIENCE

University of Connecticut Health Center West Hartford, Connecticut

CALM Team

August 2020
– August
2022

Postdoctoral Fellow

- Assist in the coordination of the Maryland site of a Department of Education-funded randomized controlled trial to train school nurses in an intervention aimed to reduce childhood anxiety.
- Train nurses in evidence-based interventions for childhood anxiety, including cognitive-behavioral treatment and relaxation skills.
- Conduct evaluations with child participants, including the administration of the ADIS and WJ-IV Tests of Achievement and Cognitive Abilities.
- Coach trained nurses in the session-by-session delivery of study interventions for anxious youth.
- Communicate with and recruit study participants.
- Collect data from participants, teachers, and schools.
- Develop and implement procedures for a wide variety of study tasks.
- Coordinate with investigators at other study sites.
- Coordinating with institutional review boards at primary study site and all recruited schools.
- Disseminate information through manuscripts and conference presentations.
- Primary investigators: Golda Ginsburg, Ph.D., Kelly Drake, Ph.D.

University of South Carolina Columbia, South Carolina

School Mental Health Team

Research Assistant

August 2015
– August
2020

- *Primary investigator*: Led research project investigating the impact of the bystander intervention in peer-to-peer suicide intervention behaviors on social media.
 - Responsible for project design, literature review, participant solicitation, data collection, statistical analysis, and manuscript preparation.
- *Primary investigator*: Led comprehensive review aimed at evaluating the quality of the literature of suicide gatekeeper programs for adolescents.
 - Responsible for project design, literature review, and manuscript preparation.
- *Primary investigator*: Led a project that investigates teacher ratings of student aggressive behavior.
 - Responsible for project design and literature review, data collection and analysis, and manuscript preparation.

- *Co-investigator*: Assisted on a qualitative research project assessing facilitators and barriers to school mental health services in South Carolina.
 - Responsible for analysis of themes from focus group transcriptions and manuscript preparation.
- *Co-investigator*: Collaborated with the University of Florida to obtain psychometric and feasibility data of two assessments measuring readiness and implementation fidelity of the Interconnected Systems Framework.
 - Assisted in data collection and analysis, partnered with participating K-12 school leaders nationwide, development of data reports for participating schools, and manuscript preparation.
- Supervisor: Mark Weist, Ph.D.

Substances and HIV-Transgenic Rat Lab

Research Assistant

July 2016 –
August 2016

- Completed a Behavioral-Biomedical Interface Program research rotation.
- Observed research conducted regarding exposure to substances and brain functioning in HIV-transgenic rats.
- Gained exposure to surgical and neuroimaging techniques in HIV-transgenic rats.
- Supervisor: Steven Harrod, Ph.D.

Parenting and Family Research Center

Research Assistant

June 2016 –
July 2016

- Completed a Behavioral-Biomedical Interface Program research rotation.
- Observed trained clinicians implementing the Triple P parenting program in a randomized control trial.
- Reviewed training materials for the online version of the Triple P parenting program.
- Supervisor: Ron Prinz, Ph.D.

School of Social Work

Research Assistant

January 2016
– May 2016

- Completed a Behavioral-Biomedical Interface Program research rotation.
- Assisted with implementation of an early intervention treatment program for high school students at risk for mood disorders.
- Involved with data collection, entry, and analysis, as well manuscript preparation.
- Assisted in presentation of research findings to regional and national conferences.
- Supervisor: Aidyn Iachini, Ph.D.

Appalachian State University Boone, North Carolina

Clinical Research Coordinator

July 2014 –
August 2015

- Employed via a Title V Grant to establish behavioral health programs in K-12 schools in three counties in western North Carolina, aimed at reducing the rates of teen pregnancies, increasing high school graduation rates, and decreasing out-of-home placements. Additional outcomes assessed include a decrease in mental health symptoms, suicidality, and crisis prevention.

- Assisted in project development, literature review, data collection, and manuscript preparation pertaining to treatment outcomes of a school-based treatment center (the ASC Center) based on client and parent's perception of adolescent mental health.
- Involved in the presentation of research findings to national conferences and submitting research to peer reviewed journals.
- Supervisors: Kurt Michael, Ph.D., John Paul Jameson, Ph.D.

Co-Investigator, Taxometric Analysis

February
2012 – July
2012

- Conducted taxometric analyses for a study investigating the latent structure of ADHD in a college and community population.
- Conducted data analysis, interpreted results, and assisted in manuscript preparation.
- Supervisor: Joshua Broman-Fulks, Ph.D., William Canu, Ph.D.

Co-Investigator, Taxometric Analysis

January 2012
– May 2012

- Conducted taxometric analyses for a study investigating the latent structure of personality as measured by the NEO PI-R.
- Conducted data analysis, interpreted results, and assisted in manuscript preparation.
- Supervisor: Joshua Broman-Fulks, Ph.D.

Data Collection, Assessment, Support, and Counseling (ASC) Center

August 2010
– May 2012

- Assisted in data collection pertaining to treatment outcomes of a school-based treatment center based on client and parent's perception of adolescent mental health.
- Contributed to the development of unique presentations modeling aspects of the ASC Center at school-based mental health conferences.
- Supervisor: Kurt Michael, Ph.D.

Primary Investigator, Master's Thesis

August 2009
– May 2012

- Conducted original research pertaining to a taxometric investigation of self-injurious behavior.
- Conducted a literature review, organized the experimental design, ran a data analysis utilizing the taxometric method, interpreted results, and prepared a manuscript.
- Supervisor: Joshua Broman-Fulks, Ph.D.

Research Assistant, Anxiety and Exercise Research Lab

August 2009
– December
2012

- Assisted in research pertaining to the effects of aerobic exercise on anxiety sensitivity.
- Solicited participants, created a database using statistical software, supervised undergraduate lab members, collected data, and compiled results into poster presentations.
- Supervisor: Joshua Broman-Fulks, Ph.D.

**Queens University of Charlotte
Charlotte, North Carolina**

Primary Investigator, Honors Thesis

August 2008
– April 2009

- Conducted original research pertaining to group dynamics in Greek organizations.
- Ran a literature review, organized the experimental design, ran a data analysis involving multiple campuses, interpreted results, and prepared a manuscript.
- Supervisor: Melinda Harper, Ph.D.

Research Assistant, Transition 2 University Program

August 2008

- Assisted in data collection and management for a longitudinal examination of the impact of a group program on adjustment to university life in freshmen. – April 2009
- Supervisors: Melinda Harper, Ph.D., Christine Allegretti, PhD.

Primary Investigator, Experimental Psychology Project

August 2006

- Designed an original study of relationship selection in college students. – April 2007
- Conducted literature review, solicited participants, collected and analyzed data, and prepared a manuscript.
- Supervisor: Cheri Clark, PhD.

**University of North Carolina at Charlotte
Charlotte, North Carolina**

Human Computer Interaction Lab Research Assistant

August 2007

- Worked as a student investigator on a project pertaining to image manipulation with a novel bimanual manipulation program, symTone. – August 2008
- Conducted literature review, collaborated on the experimental design, assisted in data collection, and prepared a manuscript.
- Supervisor: Celine Latulipe, Ph.D.

PROFESSIONAL ACTIVITIES

- Ad-hoc reviewer:
 - Journal of Rural Mental Health
 - International Journal of Mental Health Promotion
- Member of the Carolina Network for School Mental Health, 2014 – present.
- Society of Clinical Child and Adolescent Psychology (APA Division 53), 2018 – present.
- Member of the Association for Behavioral and Cognitive Therapies, (ABCT) 2009 – 2021.
 - Member of the ABCT Suicide and Self-Injury Special Interest Group, 2010 – 2021.
 - Member of the ABCT School Mental Health Special Interest Group, 2014 – 2015.
- Member of Center for School Mental Health, 2016 – 2020.
- Member of the Mental Health-Education Integration Consortium, 2011 – 2020.
- Member of the Mecklenburg Psychological Association, 2012 – 2015.
- Member of the Anxiety Disorders Association of America, 2010 – 2011.