

Northwestern University
Supplement to NRC 22nd Annual Conference on Students in Transition Presentation
Providing Institutional Support for First Generation and Lower Socioeconomic Status Students

Transition Programs – Program Listing – Fall 2015

Pre-Enrollment Programs	Description
BioEXCEL	A 5-week academic and leadership development program for in-coming freshmen interested in the biological sciences. In existence since 2010. Serves approx. 20 – 25 students per year.
BRIDGE	A 5-week, all-expense-paid, residential program with intensive instruction in pre-calculus mathematics, chemistry, and economics. In existence since 2009. Approx. 20 students per year.
Dept. of Athletics – Summer courses	28 freshman football players complete 2 six-week courses in the summer. In existence since 1990.
EXCEL	A 5-week summer bridge program to provide academic enrichment and opportunities for building leadership skills and demonstration of a commitment to diversity. In existence since 1978; serves approx. 20 – 30 student per year.
Gates Millennium Scholars	The Gates Millennium Scholars (GMS) Program selects 1,000 talented students each year to receive a good-through-graduation scholarship to use at any college or university of their choice.
Northwestern Academy	A multi-year college preparation and enrichment program for academically talented and motivated students from Chicago public high schools.
QuestBridge	QuestBridge is a national program that helps high-achieving, low-income students apply to top universities. Students apply in the junior year of high school. NU pays a fee to have access to the 5,000 – 6,000 prospective student database and to engage in a matching process. Students form online communities via QuestBridge’s social media channels. In existence since 2008.
Summer Academic Workshop (SAW)	A 2-week workshop to strengthen writing skills across the university curriculum and develop a supportive social network. In existence since 1966. Services approximately 40 students per year.
Post-Enrollment Programs	Description
Academic Mentoring Program	Helps at-risk students be successful in the following introductory courses: macro and micro economics, intro to statistics, intro to psychology, finite math, and social sciences with improved grade performance and

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	improved retention. In existence since 2010. Serves approximately 160 students each year.
Dept. of Athletics – Academic Services	The mission of the office is to offer a comprehensive array of support programs and services, integrated with the university’s resources, which empower all student-athletes to achieve academic success while balancing the demands of athletic participation and everyday college life. All athletes in the 19 varsity sports are assigned one advisor for the 4-year period. In addition to advising, there are many student development programs for career exploration, civic engagement, and leadership opportunities. In existence since 1990. Serves approx. 500 total undergraduate student athletes.
Freshman Study Skills Program	The Freshman Study Skills program is offered by the Dept. of Athletics Academic Services. It is a required program for all 19 varsity sports designed to help all freshman achieve academic success through building a solid foundation of good study habits, advising, and tutoring. In existence since 1990. Services approximately 120 students.
Gateway Science Workshop	A peer-led program designed to enhance students' learning as they successfully complete course sequences in chemistry, organic chemistry, biology, math, physics, and engineering. In existence since 1997. Serves 400 – 600 students per year.
NU Bioscientist Program	NU Bioscientist students take two specially designed courses their freshman year to provide background and preparation for doing research, and work with a laboratory and mentor for independent study during the summer following the freshman year. In existence since 2011. Approx. 30 students per year
Peer-Led Undergraduate Study (PLUS)	PLUS is a collaboration between Student Affairs and Academic Affairs with peer-led academic study. Brad Zakarin (Residential Academic Initiatives) is involved. There is a drop-in study table on Sundays beginning the 4th week of the quarter. There are 4 iterations this year with an average of 40 students each week. New in 2014.
Posse	The Posse Foundation identifies public high school students with extraordinary academic and leadership potential that may be overlooked by traditional college selection processes. Posse extends to these students the opportunity to pursue personal and academic excellence by placing them in supportive, multicultural teams—posses—of 10 students per year. Posse partners with colleges and universities to award Posse

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	Scholars four-year, full-tuition leadership scholarships and provide academic and social support throughout the four years. In existence since 2013.
Ryan Scholars	Provides full scholarship support for academically gifted students. In existence since 2006. Serves approximately 90 students.
Science Research Workshop	The program gives select biology, chemistry and engineering students in their first two years of study an opportunity to join actual science research communities at Northwestern and enables them to play an active role in that research. In existence since 2007. Serves approx. 20 students per year.
Summer Internship Grant Program	Provides low income students internship opportunities relevant to their majors during the summer. Currently 68 students @ \$2,500K.
Undergraduate Program for Advancing Learning (UPAL)	With coaching from peer mentors, UPAL participants enhance their awareness of how they learn best within the Northwestern academic environment, fine-tune their academic skills, and create and carry out individual academic advancement plans. Along the way, they connect with Northwestern faculty, administrators, and staff, and build the networks that are critical to making the most of the Northwestern academic experience. In existence since 2013.