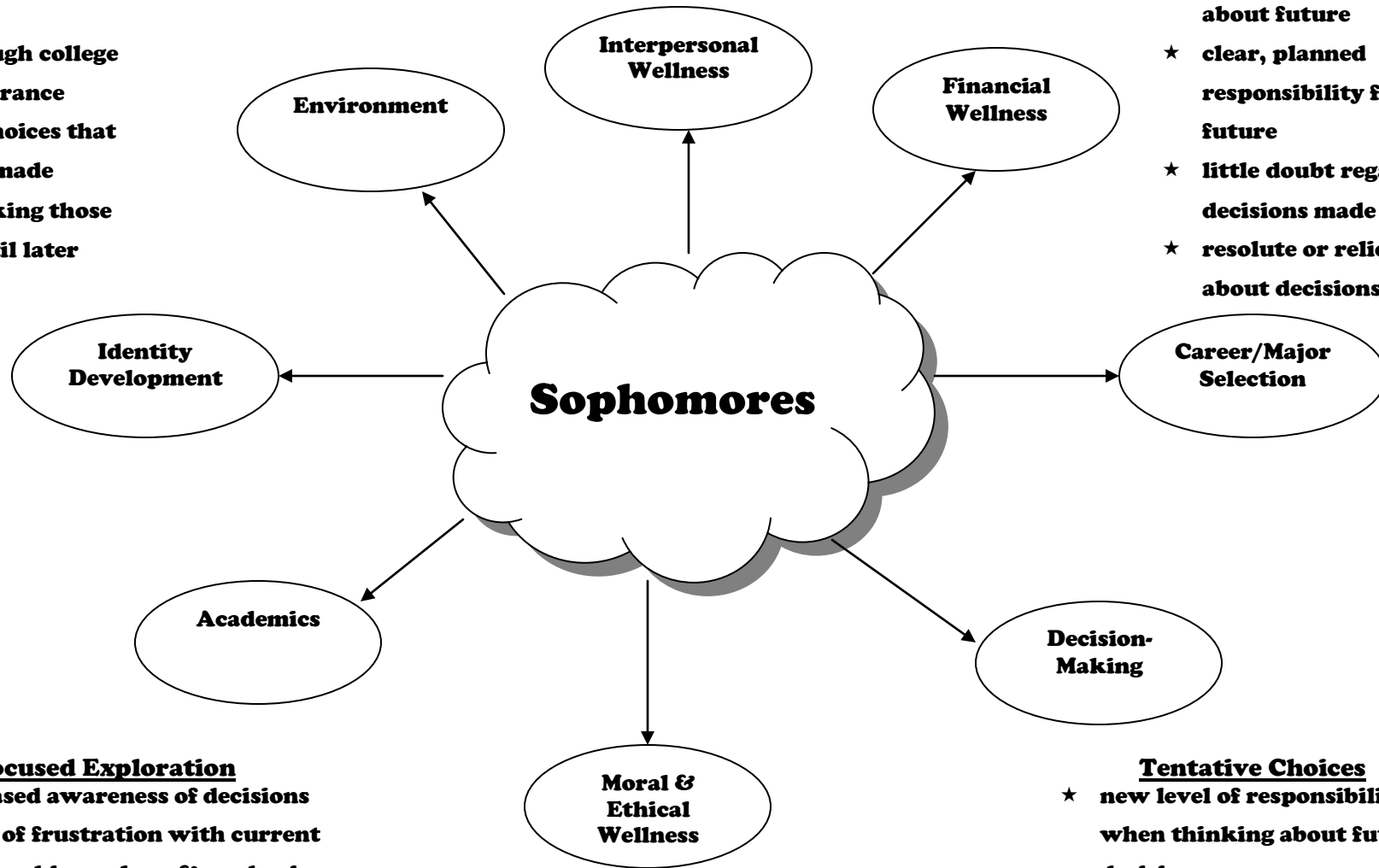


Random Exploration

- ★ lacking personal reflection
- ★ move through college with exuberance
- ★ aware of choices that need to be made
- ★ put off making those choices until later



Commitment

- ★ confident decisions about future
- ★ clear, planned responsibility for secure future
- ★ little doubt regarding decisions made
- ★ resolute or relieved about decisions

Focused Exploration

- ★ increased awareness of decisions
- ★ levels of frustration with current relationships, selves, & academic experience
- ★ question decisions made in Random Exploration
- ★ external forces (parents, peers) play large role in decision-making

Tentative Choices

- ★ new level of responsibility when thinking about future decisions
- ★ process for making choices is integral
- ★ start making decisions based on personal values

Sophomore Development

Source: Schaller, M.A. (2005) Wandering and wondering: Traversing the uneven terrain of the second college year. *About Campus*, July/August, pp. 17-24.