



MICHIGAN STATE
UNIVERSITY

**22nd International
Conference on
The First-Year Experience
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***Transitional Adjustment
Tools***

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Advising and Retention

Quotes

- 1) Academic advising is the only structured service on the campus in which all students have the opportunity for on-going, one-to-one contact with a concerned representative of the institution.
- Habley, W.R. (1994). **Key Concepts in Academic Advising**. In *Summer Institute on Academic Advising Session Guide* (p.10).
- 2) In an address to the 1988 NACADA Convention, **Dr. Vincent Tinto** of Syracuse University stressed that "all effective retention programs have effective advising at their very core."

Advising Quotes Con't

- 3) "Academic advising should be an integral part of the first-year experience, not an adjunct to it. Advising should be woven into the fabric of the freshman year."
- Tinto, Vincent.(1999). Taking Retention Seriously: Rethinking the First Year of College. *NACADA Journal*, 19(1): 5-9.

Advising Quotes Con't

- 4) The cost of recruiting one new student to college approximates the cost of retaining 3-5 already enrolled students.
- **Noel, Levitz, & Saluri. (1985); Rosenberg & Czepiel. (1983); Tinto. (1975).**
- **Astin, A.W. (1993). What matters in college? San Francisco: Jossey Bass.**
- **Pascarella, E. T., & Terenzini, P. T. (1991). How college affects students: Findings and insights from twenty years of research. San Francisco: Jossey-Bass.**
- **Tinto, V. (1993). Leaving college: Rethinking the causes and cures for student attrition (2nd ed.). Chicago: University of Chicago Press.**

Student

- Institutional Goals
- The Noel and Randi Levitz's Assessment
- Student Satisfaction vs Retention
- What constitutes Student Satisfaction

□ ACADEMIC ACHIEVEMENT
AND A SENSE OF INDEPENDENCE



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AFFIRMING ENVIRONMENT



Support to Achieve Student Satisfaction

- **Advising Model: Strength Based Advising**
- **Strength is a specific quality that enables and empowers a person to do certain things very well.**
- **The key to building a strength is to identify your dominant themes or talents, then refine them with knowledge and skills.**

Qualities that are Considered Strengths

- 1. Behavior patterns that make you effective
- 2. Thought patterns that make you efficient
- 3. Beliefs that empower you to succeed
- Attitudes that sustain your efforts toward achievement and excellence
- Motivation that propel you to take action and maintain the energy needed to achieve

Strength Based Advising

- **Establish Rapport**
 - **Always speak to students strengths**
 - **Identify strengths using**
 - **StrengthsFinder**
 - **Use strengths to grow strengths**
 - **Discuss ways to use strengths**
 - **Can support major or career choice**
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Advising Tools

- **Advising Syllabus**
 - **State the purpose**
 - **Rewards**
 - **Description**
 - **Attendance policy**
 - **Materials**

Advising Tools cont'd

- **Task Oriented Advising**
 - **Take notes/folder**
 - **Meet with professors**
 - **Learning Resource Center, Counseling Center, etc.**
 - **Read supplemental text**
 - **Tutor**
 - **Help rooms**
 - **Etc.**

Advising Tools cont'd

- **Course Tracking Form**
 - **Course, GPA goal, # of credits**
 - **Professor and contact info**
 - **Test dates**
 - **HW, Paper, Journals, Projects, Quizzes, Exams**
 - **Anticipated semester GPA**

Advising Tools cont'd

- **Academic Engagement Rubric**
 - **Four Tiers**
 - **Tier 1-4**
 - **Least engaged students' attitudes and behaviors to**
 - **Highest level of engagement**
 - **Check applicable attitudes and actions**
 - **Record beginning and change dates**

Advising Tools cont'd

- **Biblio-Advising**

- **Assign readings that help the student acquire valuable information**
- **A teaching tool**
- **Reinforces messages**
- **Provides a voice other than the familiar support system**

Informational Motivational

Bibliography

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 - Earls, J. M., (January/February 1991), The Black Collegian. If You Think You Can or Think You Can't.
 - Rodriguez, J., (April-May 2005), [IcarambaU, www.ICARAMBAU.COM](http://www.ICARAMBAU.COM).
 - CNN's Soledad O'Brien Reveals secrets to college and career success.
 - Walker, M. A., (June 1, 2006) Diverse. Is Six the New Four-Year Plan?
 - Sanders, T., (May 30, 2005), Newsweek, My Turn. Becoming 'Real' Men at Last.
 - Phillips, C., (April 1990), Reader's Digest. Ben Carson: Man of Miracles, A surgeon's long journey from knife-wielding street fighter to master of the scalpel.
 - Horwedel, D. M., (November 3, 2005) Diverse. How They Beat the Odds, Chicana scientists share stories of overcoming obstacles to achieve professional success.
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Q & A and

GROUP TALK

**Share your success
stories**

Appendix

- StrengthsFinder Quick Reference Card
 - Course Tracking Form
 - Academic Engagement Rubric
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**Many Thanks for sharing
this Workshop**

**I hope that you walk
away with**

**TOOLS
To USE!**