

*TECHNOLOGY TOOLS FOR
PROMOTING SELF-
ACTUALIZED LEARNING*

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Overview

- ▣ Self-Regulated Learning (SRL)
- ▣ Helicopter vs. Scaffolding
- ▣ Some Course Tools for Promoting Ownership
- ▣ Practical Application – Mind Tools
- ▣ Journal Writing Activity Examples
- ▣ Closing Thoughts/Questions

Self-Regulated Learning

- Wei, Wang, & Klausner (2012) define it as “self-control in directing one's learning process.”
- Quince (2013) found that “self-regulated learning strategy intervention ... increas[ed] metacognitive awareness and self-regulated learning skills ... [which] positively contributed to students' efficacy for academic success.”
- Burleson (2005) points out that “flow – optimal learning experience” is tied to intrinsic motivation and “has the contributing elements of matching challenges to skills, a merging of action and awareness, clear goals and feedback, intense concentration and absorption, feeling of control”
- Pink (2009) outlines three important pieces for intrinsic motivation: autonomy, mastery, and purpose.

Helicopter vs. Scaffolding

- ▣ Rise of the helicopter teacher
 - Expectations of older students
 - Expectations of younger students
 - Unhealthy dependency = lost autonomy (Foster, 2008)

- ▣ “The National Association of Colleges and Employers surveyed more than 200 employers about their top 10 priorities in new hires. Overwhelmingly, they want candidates who are team players, problem solvers and can plan, organize and prioritize their work” (as cited in White, 2013).

Helicopter vs. Scaffolding

- ▣ Support , not Co-Dependency
 - “Balance between encouraging... and providing enough context” to help students deal with complexity (Trainor, 2014)
 - Establishing a supportive environment
 - Fading support

- ▣ Ownership via an online environment

Tools to Promote Ownership

- ▣ Static
 - Announcements
 - Document Sharing
 - Webliography (Bibliography of Web Resources)
- ▣ Interactive (Discussions)
- ▣ Self-Assessment Tools

Announcements

books	Email	Live	Doc Sharing	Dropbox	Journal	Webliography	Tech Support
	Week 2 Deadline Reminders						
	Welcome to Week 2 & Week 1 Discussion Grades Have Been Posted						
	Important: Do Not Forget That Week 1 Ends Tonight at Midnight!						
	Week 1 Deadline Reminders						
	Grading Guidelines						
	Upcoming Deadline for the Study Abroad program						
	Important Reminder: Using Web Research and Other Sources						
	THEIHUB - An Important Student Resource						
	eBook Information						
	Threaded Discussion Grading						
	Optional Phone Call						
	Welcome to the July Session of Studies in Literature! (emailed Monday, June 30th)						

Document Sharing

Group C: Group C

Note: Only Custom Categories can be renamed and deleted.

LTRE-421-61388_64345: Studies in Literature

 Upload Document |  Download Documents

<input type="checkbox"/> File Name/Description	Owner	Date/Time* ▼	Size	Share	Downloads
<input type="checkbox"/> Corrected Week 8 Prose Narrative Criticism Essay Grading Guidelines.docx Grading Rubric for the Week 8 Essay	Denise Camin	6/25/2014 8:45:25 PM	14K	Entire Class	5
<input type="checkbox"/> Corrected Week 5 Hamlet Essay Grading Guidelines.docx Grading Rubric for the Week 5 Essay	Denise Camin	6/25/2014 8:44:26 PM	14K	Entire Class	12
<input type="checkbox"/> Corrected Week 3 Grading Guidelines for Poetry Writing Analysis essay.docx Grading Rubric for the Week 3 Essay	Denise Camin	6/25/2014 8:43:59 PM	16K	Entire Class	16
<input type="checkbox"/> Week 1 Reading Greek Essay Grading Guidelines.docx Grading Information for the Week 1 Essay	Denise Camin	6/25/2014 8:43:04 PM	15K	Entire Class	18
<input type="checkbox"/> 50_point_Threaded_Discussion_Grading_Rubric.docx Grading Guidelines for Weekly Discussions	Denise Camin	6/25/2014 8:40:04 PM	18K	Entire Class	4

Discussion Tools

The screenshot shows a web browser window displaying the DeVry University course website. The page title is "Studies in Literature" and the professor is Denise Camin. The course is "Studies in Literature" and the professor is Denise Camin. The page features a navigation menu with options like Course Admin, Gradebook, eBooks, Email, Live, Doc Sharing, Dropbox, Journal, Webliography, Tech Support, and Help. The main content area displays a list of discussion posts under the heading "New Direction: Aesthetics and Emotions?". The posts are organized by week, with Week 5 and Week 6 visible. The posts include titles like "RE: New Direction: Aesthetics and Emotions?" and "Shakespeare as feminist?". The authors of the posts are Professor Camin, Larissa Mejia, Christina Rex, Mark Lung, Becky Rate, Andrew Ortega, and Aminata Johnson. The dates and times of the posts range from 8/5/2014 to 8/9/2014.

Course	Author	Discussion Title	Date and Time
New Direction: Aesthetics and Emotions?	Professor Camin	New Direction: Aesthetics and Emotions?	8/5/2014 11:33:42 PM
	Larissa Mejia	RE: New Direction: Aesthetics and Emotions?	8/6/2014 8:31:37 PM
	Christina Rex	RE: New Direction: Aesthetics and Emotions?	8/6/2014 9:41:17 PM
	Mark Lung	RE: New Direction: Aesthetics and Emotions?	8/6/2014 11:50:59 PM
	Becky Rate	RE: New Direction: Aesthetics and Emotions?	8/7/2014 10:22:23 PM
	Professor Camin	Shakespeare as feminist?	8/9/2014 6:31:59 PM
	Christina Rex	RE: Shakespeare as feminist?	8/9/2014 11:29:46 PM
	Andrew Ortega	RE: New Direction: Aesthetics and Emotions?	8/9/2014 7:56:34 PM
	Aminata Johnson	RE: New Direction: Aesthetics and Emotions?	8/9/2014 11:51:00 PM
	Aminata Johnson	RE: New Direction: Aesthetics and Emotions?	8/9/2014 11:47:43 PM

Self-Assessment Tools

- ▣ Gradebook
- ▣ Tutorials
- ▣ Rubrics
- ▣ Quizzes
- ▣ Journals*

Journal Writing Activity

- ▣ Introduction = “Puzzle of Motivation”
- ▣ Connections to Content and Course
- ▣ Scaffolded Goal-Setting & Self-Motivation
- ▣ Weekly Focused Reflection via Online Journal
- ▣ Dialogue with Instructor
- ▣ Mind Tools
- ▣ Revision & Re-vision

Mind Tools

- ❑ “So, what's the difference between those who never reach their goals, year after year, and those who achieve one goal after another? Often, it's their self-motivation.
- ❑ Self-motivation is the force that keeps pushing us to go on – it's our internal drive to achieve, produce, develop, and keep moving forward. When you think you're ready to quit something, or you just don't know how to start, your self-motivation is what pushes you to go on” (Mindtools, 2015).
- ❑ Take a few minutes to assess your level of self-motivation
- ❑ http://www.mindtools.com/pages/article/newLDR_57.htm

Week 2 Initial Journal Entry

“Why are you taking this course? What specifically are the three top goals you have for this course? Explain why these are important to you. What specifically will you do to achieve these goals? What potential stumbling blocks or challenges do you foresee to successfully completing your goals? What strategies will you need to adopt to overcome or reduce these?”

1. Earning \$185,000 dollars per year that's \$88.94 per hours, that's \$1.48c a minute that's 0247 cent a second. 2018 A Get by Degree some I can apply for any Management jobs on line with no problems or reject because, some form states need a four year degree.
My weakness is technical writing.
2. Great speller March 2015 Start today learn ten new words a day that words
3. Great writer April 2015. Write a paragraphs without stopping to check my spelling
4. Great in excel, words, Power point, January 2015 Practice once a day on the software.
5. Home: My dream house by 2016 Get credit score up, line up a career, understand the housing”

Week 2 Initial Journal Entry

“The reason I’m taking this course is because it’s required to obtain my degree. Unfortunately, I am not a strong writer due to my lack of creativity. My three top goals are as follows; work hard to obtain an A in the class, learn how to cite following the APA guidelines, and become a better writer. I have maintained a GPA of 4.0 so far and would like to keep it at that level. Due to my lack of creativity, it has always been hard for me to write papers. I am hoping to eventually catch on and become a strong writer. Finally, I struggle with the APA format (specially inputting the references correctly) and want to master it someday. The only way for me to achieve these goals is to work hard at it and ask for help when needed (that’s easier said than done for me). The challenges I face are lack of time and my struggles with writing. I work full time (about 10 hrs a day) and have children to attend to. I will have to make time (even if it means sacrificing my weekend time with my children) and work hard to overcome my writing challenges”

Week 4 Journal Entry

- ▣ My goal for week 4 is to finish my annotated bibliography and every assignment on time, no later than Sunday February 1st, by 12:00PM. By completing this (or any) assignment on time will help me stay on track to obtain an A for the class. My goal meets all five characteristics of successful goals based on Locke's Goal Setting Theory (Mind Tools, 2014). It is clear, challenging, committable, there's feedback (track able), and not too complex.
- ▣ According to the self-motivation quiz score, I am a self-motivator. I am usually on time with my assignments but can run into situations that can side track my progress. Having a clear goal that is achievable and measurable will keep me on track. In order to complete my assignment on time, I have to make sure all my required posts are in by Friday night and have a rough draft of the annotated bibliography by Saturday. To be more specific, I will need to post once on both topics no later than Wednesday to get my postings out the way (not that I don't enjoy them Professor Camin). I will schedule homework time from 6:00 PM to 7:30 PM on the weekdays to allow me time to post and start on the bibliography. I will schedule homework time from 9:00 AM to 11:00 AM on the weekends to complete the annotated bibliography. If I have not completed my postings by Friday or miss a day of posting (if I started on Wednesday) I'll know that I'm falling behind and need to put in more time on the weekend to be able to complete the assignment on time.

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- Start working outside of my study area and taking a break after I have finished something (not before). I need a motivating environment, working in a space I am used to can be bad for my creativity and self-confidence.
- Finally I will have to try to stop my negative thinking. Instead of thinking 'I can't' or 'it's not good enough', I will get some work done before upsetting myself.
- I will work towards my goal, though it may be difficult for me.

Sample Week 8 Final Reflection Journal Entries

“This session I have met 2 of the three goals that I have set. I have become much more familiar with writing in APA format and also I have become more comfortable with writing in APA format. The other goal that I did not quite accomplish is me graduating. I have a long way to go before I graduate, but I am now one step closer to completing that long term goal. One of the things that did not work well was my time management at the beginning of the course because I was doing everything at the last minute. In the middle of the course I managed to be more aware of how time consuming this course could be and I started to complete my assignments earlier and ahead of time.”

Closing Thoughts & Questions

Practical Applications

Key Reflections

The Future

Questions?

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