Habitudes: Images that Form Leadership Habits and Attitudes

Aftershock: Responding to the Cultural Shifts in First Year Students


“One primary problem schools face is they teach from a Gutenberg world, with textbooks and syllabus. Our students enter college from a Google world, with technology and images.” (Dr. Leonard Sweet, Futurist)

The State of Students Today

Every generation of youth share some common characteristics. However, each generation is defined by some specific shared elements that differentiate them from past generations. Primary elements tend to be:

1. Shared music
2. Shared experiences
3. Shared crises
4. Shared television programs
5. Shared celebrities (people of influence)
6. Shared new technology

Let’s take a look at this new generation of students on campus, and compare them to the previous four generations who walked through the doors of our schools.

FIVE GENERATIONS

<table>
<thead>
<tr>
<th>THE PEOPLE &amp; ISSUES</th>
<th>SENIORS</th>
<th>BUILDERS</th>
<th>BOOMERS</th>
<th>BUSTERS</th>
<th>MILLENNIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Era they were born</td>
<td>Greatest Generation</td>
<td>1900-1928</td>
<td>1929-1945</td>
<td>1946-1964</td>
<td>1965-1983</td>
</tr>
<tr>
<td>Life paradigm</td>
<td>Manifest destiny</td>
<td>Be grateful you have a job</td>
<td>You owe me</td>
<td>Relate to me</td>
<td>Life is a cafeteria</td>
</tr>
<tr>
<td>Attitude to authority</td>
<td>Respect them</td>
<td>Endure them</td>
<td>Replace them</td>
<td>Ignore them</td>
<td>Choose them</td>
</tr>
<tr>
<td>Market</td>
<td>Commodities</td>
<td>Goods</td>
<td>Services</td>
<td>Experiences</td>
<td>Transformations</td>
</tr>
<tr>
<td>View of future</td>
<td>Uncertain</td>
<td>Seek to stabilize</td>
<td>Create it!</td>
<td>Hopeless</td>
<td>Optimistic</td>
</tr>
</tbody>
</table>

Changes Over Time…

1. With each new generation, time becomes more valuable.
2. With each new generation, expectations of convenience and service rise.
3. With each new generation, the demand for work to have meaning intensifies.
4. With each new generation, the hunger for options grows.
5. With each new generation, the sense of entitlement increases.
6. With each new generation, the need for speed and space goes up.
7. With each new generation, the desire for customization expands.
Meet Generation iY
I now call thr students born since 1990: Generation iY—because of the impact of iTunes, iPhones, iChat, iPods, iMovies, iBooks, iPhotos…and that fact that life for them is pretty much about: “I”. The first five years of research on Generation Y turned up different results than the last five years.

For a little more than five years, social scientists were elated with their findings on this new generation of kids—Generation Y, the Millennial Generation. The stats on them were very positive:

• Teen pregnancy was down
• Drug abuse was lower than their parents
• Violent crime was at its lowest in twenty years
• Education and civic involvement was at a record high
• The students were optimistic about their prospects of changing the world.

Life in Neverland
Like Rip Van Winkle, we have slumbered through a revolution. Adults have created a different world, a sort of “Neverland,” like the one we saw in the story of Peter Pan. It’s a place where the “lost boys” lived. Do you remember their characteristics?

Seven reasons for this phenomenon in the U.S. are:

1. Video games
2. Damaging Parenting Styles
3. Prescription drugs
4. The Media: Television, Movies and Music
5. Endocrine disruptors
6. Teaching Methods
7. Affluence and social liberation (Over the last fifteen years).

In Short, We Have a Paradox
By the time students reach their adolescent years, they are a picture of paradox. Students transition in four basic categories as they move from childhood to adolescence:

1. Biological
2. Cognitive
3. Social
4. Emotional

Emotional intelligence is the number one need of students today.
A Generation of Paradox in First Year Students

PARADOX ONE: They are sheltered…yet pressured.

PARADOX TWO: They are self-absorbed…yet generous.

PARADOX THREE: They are social…yet isolated by technology.

PARADOX FOUR: Adventurous…yet protected.

PARADOX FIVE: They are team oriented…yet diverse.

PARADOX SIX: They are visionary…yet vacillating.

PARADOX SEVEN: Their orientation is high achievement…yet high maintenance.

The Need of the Hour in First Year Students

To summarize, the greatest needs in this generation (overall) are:

1. Emotional Intelligence
2. Character Development
3. Leadership Perspective

This is why we believe an effective leadership program must include: building robust values, strong character, positive attitudes and leadership habits.

Why Teach Character-based Leadership to Students?

There are thousands of schools attempting to cover hundreds of issues each year with their students. So—why teach character and leadership? Research done by the Higher Education Research Institute at UCLA tells us there a case can be built for its importance. Here are some of the conclusions from their research:

1. Every student has leadership potential.
2. Leadership can no longer be the possession of the exclusive few.
3. Character and ethics are the foundation of any successful venture.
4. We cannot separate leadership from values.
5. Moral intelligence can be developed through repeated exposure.
6. In today’s world, every student will need leadership skills.
Connecting with an EPIC Generation

According to futurist Leonard Sweet, this generation of students are EPIC:

<table>
<thead>
<tr>
<th>THE TRUTH</th>
<th>OUR APPLICATION</th>
</tr>
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<tbody>
<tr>
<td>E – EXPERIENTIAL</td>
<td>(Offer lab experiences for them to observe, explore and learn from)</td>
</tr>
<tr>
<td>P – PARTICIPATORY</td>
<td>(Let them discover truth through discussion and participate in outcomes)</td>
</tr>
<tr>
<td>I – IMAGE-DRIVEN</td>
<td>(Provide images through narratives, symbols and metaphors)</td>
</tr>
<tr>
<td>C – CONNECTED</td>
<td>(Utilize technology and furnish a safe environment for community)</td>
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</tbody>
</table>

The Disconnect:
These are right-brain, “upload” students attending left-brain “download” schools.

Habitudes aids in student engagement and student success. It engages them with HOW they learn, and covers WHAT they need.

HABITUDES®: Images That Form Leadership Habits and Attitudes
The Habitudes series is a simple, profound way to connect with students and teach them character and leadership. Within the series, they cover self-leadership, connecting with others in community, leading others and changing organizational culture. They’re being used by a number of corporations across the U.S. and internationally, but their greatest potential for impact lies in next-generation leaders. Here is why…

1. Habitudes enables you to teach leadership in a simple and brief period of time.
2. Habitudes can spark discussion that goes as deep as the maturity of your students.
3. Habitudes provides an image, relational discussion and an exercise to participate in together.
4. Habitudes offer you a set of transferable concepts that students can teach as well.
5. Habitudes is a series of four discussion guides based on a 360-degree leadership proposition.
6. Habitudes furnishes you with a shared language for your leadership culture.