

Men's & Women's Programs: Creating Meaningful Experiences for Student Success

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First-Year Programs & Leadership Education

Impetus for Creation

- ❶ WASC focus groups identified the difference between engaged and disengaged freshmen.
- ❷ Engaged students were connected to a specific program or person while others felt unimportant and invisible. Engaged students were more likely to seek out support and utilize programs.
- ❸ The disengaged students felt detached from the campus community and therefore were more likely to engage in problematic behavior such as misuse alcohol, damage property, disrespect peers, etc.
- ❹ We wanted to find a way to reach the disengaged students – the ones who would not join a program or seek a connection with mentors.

Why Men?

- ❶ The percent of men attending college has been declining nationally. At UCSB, males represent 46% of total enrollment, but only 42% of freshman enrollment.
- ❷ However, males represent the majority of students found guilty of conduct issues such as property damage, etc.
- ❸ A study of Washington colleges and universities found that men failed academically at twice the rate of women.
- ❹ At UCSB, alcohol abuse and male-initiated violence continue to plague our community -- especially troubling are the battery, assault, and fight statistics involving men, 18-25.
- ❺ Flacks & Thomas (2000) found that male students are more likely to be disengaged from their university experience.
- ❻ Psychologists speculate that our culture's traditional male socialization process contributes to a host of ills, including young men's tendencies to externalize their internal distress through substance abuse and violence toward others.
- ❼ Men are not as likely to show the typical signs of depression as women. Men are four to six times more likely to commit suicide than women.
- ❽ Our society lacks a "coming of age" ritual that helps young males transition to adulthood and to be introduced to adult responsibility by older male mentors.

The Planning Process

- ❶ Planning committee of several male staff members across campus.
- ❷ Read many articles and studies on gender, gender identity development, and masculinity.
- ❸ Began weekly discussions to design the program. This process took over a year.
- ❹ The men had many different beliefs about and experiences with gender and masculinity. They identified their own challenges of working in a highly feminized environment and how masculinity in general is blamed for problematic male behavior.
- ❺ As a result, We did NOT want to create a program that "shamed and blamed" men or that purported one acceptable way to behave.
- ❻ We desired to create a program that allowed young men to explore the idea of masculinity and their own beliefs and behaviors as well as the impact these choices have on others.

Mission Statement

- ❶ The goal of the UCSB Men's Program, started in 2002, is to provide opportunities for first-year men to explore, define and express their masculinity in ways that challenge restrictive and oppressive sex role stereotypes, with the ultimate goal of fostering a positive connection with men, women and the communities in which they live and work. Masculinity is viewed as an inherently positive identity that requires a respectful blend of support and challenge as well as accountability. We foster discussion among men and between men and women about issues of masculinity, gender, sex role stereotypes, college success, sexual violence, communication, self-esteem, adult responsibility, and relationships.
- ❷ Students are provided with formal and informal mentoring with positive male role models from both the campus and community, as well as engaging activities and educational experiences. Students are connected to campus staff and services that promote both academic and personal success.

Challenges & Solutions

- ❶ C=We wanted to find a way to capture the disengaged students, the ones who would not choose to sign up for a program.
 - ❶ S=We randomly selected a floor of men in a residence hall for the program (now two).
- ❷ C=We were concerned with giving attention and resources to a group that is privileged in society (i.e., males) and we faced criticism on this issue.
 - ❶ S=We addressed issues of privilege in our educational programs and the responsibility that came along with this special program.
- ❸ C=We wanted to expose students to a variety of men, at different stages in their lives, and who had not all chosen careers in education.
 - ❶ S=We invited campus and community members to serve as mentors.

The Role of the Mentors

- 1 We offer young men the opportunity to engage with a diverse group of older men at different stages in their lives. We have a wide range of ages, ethnicities, careers, sexual orientations, and religious expressions.
- 2 Several staff members in key positions (academic advisors, career counselors, etc.) participate.
- 3 Mentors are invited to join the program and given options for their time commitment. Each quarter, there are weekly events, educational workshops, fun activities and overnight retreats.
- 4 Mentors are provided with training on the mission of the program, ways to engage with young men, strategies for facilitating discussion, and how/when to confront problematic behavior.
- 5 We prioritize bonding in the first quarter with increasingly challenging discussions and activities about gender as the year progresses.
- 6 We actively challenge typical forms of male interaction such as teasing based on sexism or homophobia with discussions about how this impacts themselves and others.

The Men's Program

- 1 See handouts. Mentors attend and participate in all events.
- 2 Past move-in activities have included BBQ, meeting with Vice Chancellor, ropes course and bonfire, as well as a special post-Convocation event.
- 3 Educational programs on gender identity, alcohol use, media messages, safety in Isla Vista, etc.
- 4 Overnight retreats with both educational and social programming.
- 5 Environmental awareness programs such as hiking and kayaking.
- 6 Sporting events such as goaltimate frisbee competitions, surfing classes, and hoop games.
- 7 Access to and direct support from key staff such as academic advisors, health educators, and career counselors.
- 8 Budget is \$5,000/year equally shared by Student Life and Housing.
- 9 The Resident Assistants keep the planning committee apprised of any issues that need to be addressed or students who need additional attention.

Positive Results

Recent years have yielded significant results. These include:

- 1 Participants had **high levels of campus engagement**, averaging 7.5 on a 10-point scale of campus engagement (n=27).
- 2 Participants had a first-year **retention rate of 94%**, which well exceeds the national norm of 74%. UCSB's typical first-year retention rate for young men is 90%.
- 3 Participants had **higher than average first-year grade point averages**. Participants also had lower academic probation rates than the campus norm.
- 4 Participants took decidedly better care of their residence hall, as evidenced by decreases in damages from \$280 worth of damages in 2002 (control year), to only \$127 worth of damages in 2004 (program year 2). **Damages decreased by 55%** from the control year to the end of program year 2. In 2005, one floor had 63% less damages than other male floors and our second floor had **no damages** at all!
- 5 Participants were more likely to seek out **leadership positions** such as participating on hall council, being a resident assistant, or serving on the conduct committee.

Positive Results

- 1 Results of the Gender Role Conflict Scale (GRCS), administered at the beginning and end of the year, indicate that men's group participants **became less fearful** of expressing affection toward other men during the course of the program.
- 2 Participants also exhibited better behavior as measured by decreases in the number of conduct cases from 42 in 2002 (control year), to 35 in 2003 (program year 1), to 16 in 2004 (program year 2). **Conduct cases decreased by 62%** from the control year to the end of program year 2.
- 3 The men's group hall **compared favorably to other residence halls**. Only UCSB's substance-free hall had less damage and fewer conduct cases than the men's program. This is significant given that the young men **randomly assigned** to the men's program compare favorably with the **self-selected members** of the substance-free hall who were looking for a more controlled environment.

Adding the Women's Program

- 1 In 2007-07, we added the Women's Program.
- 2 At this time, it has a similar mission statement and structure but we anticipate it will change over time.
- 3 Mentors are currently female staff and faculty, again from a wide range of backgrounds and experiences.
- 4 Ideas for events have come from the residents and committee and are different from the men's program in tone and nature. See handout.
- 5 Budget is also \$5,000/year.

Both the Men's and Women's Programs receive \$3K from First-Year Programs, \$2K from Housing) Each program has 2 floors for a total of 200 residents (100 in each program).

Implications for Student Success

- 1 Although students are initially surprised that their hall was chosen for the program, most are excited about the benefits. Parents have been very pleased with these programs.
- 2 Both programs have seen positive relationships formed between the students and the mentors. These relationships have led to individual students seeking help or support including mental health issues.
- 3 The Men's Program has consistently seen several male students "coming out" to mentors and peers, as well as students seeking help or advice if they have gotten in trouble, both on and off campus.
- 4 Students have consistently credited the program with positively affecting their first-year experience (see brochure).
- 5 Educational programs allow us to directly address issues of safety and wellness.
- 6 Many students have stayed in contact with the mentors even beyond graduation.

THE MEN'S PROGRAM

*Calendar of Events
Fall 2005*



Saturday, Sept. 17th 2:00-11:30pm

Move-In Activities: Underground Tour, Burritos in I.V., Ropes Course, Bonfire

Friday, Sept. 23rd, 4:30-6:30pm

Santa Cruz Patio

Kick-off BBQ for all the residents and participants in The Men's Program. Also, meet Dr. Michael Young, Vice Chancellor for Student Affairs at UCSB.

Big Tuna Tuesdays, 3:00-4:00pm

Floor Lounges (alternating each week)

Join your Floor Mentors, LaDonte, Maka & Mark for some food. You're welcome to attend any of them, regardless of location.

Santa Cruz = 9/27, 10/11, 10/25, 11/8, 11/22 -- Anacapa = 10/4, 10/18, 11/1, 11/15, 11/2

Saturday, Oct 8th, 10:00am-2:00pm, Campus Point

Surf Camp with Rich Powell from Exercise & Sports Science. Wetsuits, boards and instruction will be provided. If you already surf, bring your board and join us.

Tuesday, Oct. 18th, 7:00-8:00pm, Santa Cruz Lounge

Workshop: Halloween & I.V. with Police Officer Mark Signa. Come learn about how to have fun and be safe in Isla Vista, on any weekend but also during Halloween.

November, 19-20th

Overnight camping trip with Floor Mentors at El Capitan State Beach.

Tuesday, Nov. 15th, 7:00-8:00pm, Anacapa Lounge

Workshop: Come meet with the Mentors to talk about what it means to "be a man".

Monday, Nov. 28th, 12:00-1:00pm, Rob Gym

Hoop games with the Mentors—aka taking on "the old guys." Just so you know, "the old guys" are undefeated for 3 years now...so bring it!

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THE MEN'S PROGRAM

*Calendar of Events
Winter 2007*



Goaltimate Games & Tournament, first meeting Jan. 12th, 8:00pm, RecCen

Santa Cruz and Anacapa men & MANTors...meet up with Rick Martz on the RecCen field to play Goaltimate throughout the quarter (weekly game times still TBA). The heart-pounding action of Goaltimate is—no doubt—the best way to kick off your first weekend back at UCSB and the start of the winter quarter! NO experience or mad skills required! Come for the FREE Gatorade. Stay for the game.

Friday Night Hangouts, 5:00-6:00pm, Rec Rooms

Join the residents and MANTors for some food and laid back recreation. You're welcome to attend any of them, regardless of location. Free food.

Santa Cruz = 1/12, 1/26, 2/9, 2/23, 3/9 – Anacapa = 1/19, 2/2, 2/16, 3/2

Retreat at Pismo Beach, Saturday-Sunday, January 27-28th

Overnight retreat at two awesome beach houses in Pismo Beach (check them out at www.guitonrealty.com; units #14 & #15). We'll hangout with the ladies of the Women's Program on Sat. afternoon. Then, we'll watch football, surf, play Goaltimate, and have a great time away from UCSB. We'll leave UCSB at 12noon on Saturday and return by 5pm Sunday. Sign up with your RA. Hurry because space is limited. Great eats all weekend!

Gauche Basketball, Saturday, Feb. 10th, 7:00pm, Thunderdome

Come support the UCSB Men's Team and watch them play (crush?) Long Beach State.

Mixer with the Women's Program, Sunday, Feb. 25th, 6:30pm, Anacapa Formal Lounge

Come meet the women in the Women's Program and have an interesting discussion about gender—you won't believe what you will learn! Then enjoy a social gathering with some great food and prizes.

Watch MANTors Get Drunk, Tuesday, March 13th, 7:00pm, Santa Cruz Formal Lounge

Come see some of the MANTors get drunk and learn what Blood Alcohol Content *really* means. Don't miss this opportunity to see some hilarity and get some good info about I.V. Free food.

Friday, March 16th, 5:30pm, Rob Gym

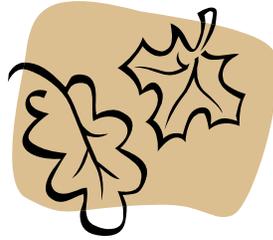
Hoop game with Dr. Michael Young and the MANTors—aka taking on "the old guys." So you finally broke the 5 year losing streak fall quarter. Are you ready for a rematch?

If you have other ideas for programs, tell your RAs. Also, don't forget that all of the mentors are available to help you with anything. Feel free to call or email them anytime.

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The Women's Program



Calendar of Events for Fall 2006

Winter Advising Sessions

Monday, October 30, 12-2pm, FT Dining Commons

Tuesday, October 31, 4:30-6:00pm, San Nicolas Hall Lobby

It's already time to register for winter classes! Drop in and talk with your mentor Regina Fletcher, Academic Advisor for the College of Letters & Science, about registering for winter classes. Regina also coordinates the Honors Program. She is joined by a student peer advisor as well as Micael Kemp, Director of Career Services and Viviana Marsano, Associate Director of the MultiCultural Center.

Friday Afternoon Tea

Join your mentors for afternoon tea and delicious cookies. Get to know each other and some of the folks who are here to support your success.

4:00-5:00pm

- Friday, Nov. 3rd, simultaneously at FT Linda Vista Room and San Nicolas 8th Floor Lounge
If your family is visiting for Parents and Family Weekend, they are welcome to attend.
- Friday, Nov. 17th, FT Linda Vista Room (open to both floors—come meet new people)
- Friday, Dec. 1st, San Nicolas 8th Floor Lounge (open to both floors—come meet new people)

Sluts, Slut Bashing & I.V. Culture

Monday, November 13th, 7:30-8:30pm, San Nicolas 8th Floor Lounge (open to both floors)

A group of students from the honors section of Women's Studies 150: Sex, Love, and Romance, will share some of what they learned from Leora Tanenbaum's book, *SLUT!*, about who gets labeled a slut and why. And they'll talk about how slut-bashing plays out in I.V. culture. Come discuss what goes on out there and enjoy delicious homemade cookies.

Dead Week Spa Day

Sunday, December 3, 1:00-4:00pm, Cliff House (shuttles leave at 12:45 & 1:15)

Come join us for this spa day that will not only help prepare you for finals but will help you relieve some stress as well. We will have writing and math tutors on hand to help you with those last minute questions as well as faculty who can talk about how they create final exams. We'll also have fun spa treatments, snacks, and a lovely place to study and rejuvenate that's right on the ocean (5 minutes from campus). Sign up with your RA.

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The Women's Program



Calendar of Events for Winter 2007

Friday Afternoon Tea, 4:00-5:00pm

Join your mentors for afternoon tea and delicious snacks. Get to know each other and some of the folks who are here to support your success.

Francisco Torres: 1/12, 1/26, 2/9, 2/23 San Nicolas: 1/19, 2/2, 2/16, 3/2

Retreat at Pismo Beach, Friday-Saturday, January 26-27th

Overnight retreat at two awesome beach houses in Pismo Beach (check them out at www.guitonrealty.com; units #14 & #15). We'll hangout with the men of the Men's Program on Sat. afternoon. We'll enjoy fun activities and have a great time away from UCSB. We'll leave UCSB at 3pm on Friday and return by dinner on Saturday. Sign up with your RA. Hurry because space is limited.

Trip to Price is Right with the Men's Program (TBA)

Talk to your RAs about signing up for this road trip to The Price is Right. Meet some of the men from the Men's Program. Hopefully win the Showcase Showdown!

Lady Gaucho Basketball, Saturday, Feb. 24th, 2:00pm, Thunderdome

Come support the UCSB Women's Team and watch them play (crush?) UC Riverside.

Mixer with the Men's Program, Sunday, Feb. 25th, 6:30pm

Anacapa Formal Lounge

Come mingle with the men in the Men's Program and have an interesting discussion about gender—you won't believe what you'll learn! Then enjoy a social gathering with some great food and prizes. Shuttles from FT (ask Jessie for info).

If you have other ideas for programs, tell your RAs. Also, don't forget that all of the mentors are available to help you with anything. Feel free to call or email them anytime.

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Men's Program

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Students are provided with formal and informal mentoring with positive male role models from both the campus and community, as well as engaging activities and educational experiences. Students are connected to campus staff and services that promote both academic and personal success.



Surf Camp

Goaltimate

Camping at Jalama

Dodger Game

Services include:

- One-on-one discussion and support by campus staff in key positions (e.g., academic advisors, career advisors, freshman counselors, student health educators, etc.).
- Workshops on a variety of topics about what it means to be a man in today's world, masculinity in the media, skills for college success, relationships, communication, stress reduction, and more.
- Men's discussion groups with men of all ages and backgrounds.
- Male/female dialogs with other UCSB students.
- Fun activities such as surfing and ocean kayaking lessons, camping trips, field trips to events in Los Angeles, movies, frosh vs. "old guys" basketball games, and more.

Chris Stanton

Programs Offered

Mentor Bios

Visit our website:

<http://www.sa.ucsb.edu/OSL/fye/MensProgram/index.aspx>

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Women's Program

This program is new to UCSB in Fall 2006 so is still under development. A dynamic group of women faculty, staff, and students will work together to design the format and activities for the 2006-07 year.

The overall goals of the Women's Program will be to foster a wonderful learning community among two floors of first-year women as well as to provide these women with mentoring to assist in their growth and development as young adults. We also hope to provide opportunities for first-year women to explore, define and express their gender identity in ways that challenge restrictive and oppressive sex role stereotypes, with the ultimate goal of fostering a positive connection with women, men, and the communities in which they live and work.

Students will be provided with formal and informal mentoring with positive female role models from both the campus and community, as well as engaging activities and educational experiences. Students are connected to campus staff and services that promote both academic and personal success.

Services Include:

- One-on-one discussion and support by campus staff in key positions (e.g., academic advisors, career advisors, freshman counselors, student health educators, etc.).
- Workshops on a variety of topics about what it means to be a woman in today's world, femininity in the media, skills for college success, relationships, communication, stress reduction, and more.
- Women's discussion groups with women of all ages and backgrounds.
- Male/female dialogs with other UCSB students.
- Leadership training and development.
- Fun activities and social events.

Staff & Faculty Bios

Visit our website:

<http://www.sa.ucsb.edu/OSL/fye/WomensProgram/index.aspx>

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THE MEN'S PROGRAM

A Mentoring Group for College Men at UCSB

What is the Men's Program?

Started in 2002, the Men's Program at UCSB is an innovative, and effective, approach to helping young men transition to college life and adulthood.

What is the goal of the Men's Program?

The goal is to help young men entering the university establish positive relationships with staff, faculty, and peers. These mentor relationships, formed and strengthened through the group's informal activities, assist the young men in making responsible choices around issues—such as drinking and relationships—which many young males use to define their manhood. The group provides a supportive community within which young men can examine and act on issues relating to leadership, community involvement, masculinity, and gender roles.

Who developed the Men's Program?

A group of concerned UCSB professionals came together in 2001, to discuss ways to support first-year students, and specifically male students. The group met weekly for a year to design, develop, and staff the program. Departments included Housing and Residential Services, the Office of Student Life, Student Health Service, Adventure Programs, the College of Letters & Science, Admissions, and the Office of Judicial Affairs. Currently the program consists of a Planning Committee, eight men who serve as Floor Mentors, four Peer Advisors (past participants), and the Resident Assistants for the halls.

Why was the Men's Program developed?

The program was developed in response to some disturbing trends that pointed to the need for mentoring and support of young men. For example:

- ▼ The percent of men attending college has been declining nationally. At UCSB, males represent 46% of total enrollment, but only 42% of freshman enrollment.
- ▼ A study of Washington colleges and universities found that men failed academically at twice the rate of women.
- ▼ At UCSB, alcohol abuse and male-initiated violence continue to plague our neighboring community of Isla Vista. The Isla Vista Foot Patrol reports around 3,000 arrests and citations each year. This represents an average of eight to nine crimes per day taking place in a community of less than one square mile. The majority of these (66%) were alcohol- and drug-related offenses. Especially troubling are the battery, assault, and fight statistics involving young men between the ages of 18 and 25, many of whom visit Isla Vista on the weekend from out of the area. We know this kind of crime is influenced by heavy alcohol use, and we believe that UCSB's men's program can help our young male students learn to make responsible choice about alcohol use that will help them, in turn, to exert a positive influence on their peers and the environment in Isla Vista.

What should we know about your experiences in the Men's Program?

Responses from past participant evaluations

"The Men's Program is what I needed to transition—thanks."

"I look back on this year and want to express how grateful I am that I was part of this program. It was a memorable and valuable experience."

"This enriched my college experience. It was awesome!"

Did you like being part of the Men's Program?

"As an Eagle Scout, I've been part of numerous programs and this was one of the best."

"Yes, it made it easy to connect with people from different backgrounds."

"Hell, yeah! The Men's Program made me a more social, and better, person."



The Men's Program at UCSB: A Mentoring Group for College Men

Feedback about the Men's Program?

Responses from past participant evaluations

"I felt connected to other guys in the group . . . because of the events that we all participated in throughout the year, especially move-in day."

"Early move-in was a great way to start college and the extra programs were lots of fun."

"The Men's Program helped me to meet new people and make connections on campus."

"It was nice to see so many staff have a personal interest in us."

Results of student focus groups conducted during UCSB's Western Association of Schools and Colleges (WASC) self-study gave us insight into these statistics. Focus groups revealed that many of our young men have little interest in the university's mission and have few group associations. Their sense of belonging to the university is tenuous and their affiliations with peers can lead to anti-social and personally destructive behaviors.

Adding further to our understanding was research conducted by UCSB Professor of Sociology, Dr. Richard Flacks, and his colleague Dr. Scott Thomas. As reported in the *New York Times* (January 9, 2000) Flacks and Thomas examined issues surrounding the ways in which young college men disengage from their university experiences. Their data support psychologists' speculations that our culture's traditional male socialization process contributes to a host of ills, including young men's tendencies to externalize their internal distress through substance abuse and violence toward others. *We believe that young men entering institutions of higher education, particularly large residential colleges like UCSB, face a developmental crisis. With limited opportunities for positive interactions, young college men become isolated or increasingly enmeshed in the drinking culture that pervades the first-year college experience.* By fostering positive interactions, the men's group integrates young men into the institution from move-in day forward.

What does the Men's Program do?

To date, we have implemented the program each year with 100 young men living in two different resident halls. Instead of inviting students to join (and thereby capturing students who already take initiative), a hall of men is selected and its residents are automatically part of the program. This allows us to work with a diverse group of men in their home environment. The Men's Program is a highly proactive, residential experience that provides for frequent interactions with older male mentors. Each fall, the program is kicked off with a special two-day "early move-in" event where students:

- ▼ Meet up close and personal with the Vice Chancellor for Student Affairs, Dr. Michael Young.
- ▼ Tour campus and meet with key staff at campus service departments, as well as hidden campus treasures.
- ▼ Participate in a team-building ropes course led by UCSB's Adventure Programs.
- ▼ Have dinner in Isla Vista followed by a supervised late-night beach bonfire.
- ▼ Participate in the volunteer Move-In Crew helping other new students to get settled at UCSB.



Because of the success of the Men's Program, there are hopes to expand it to include even more students.

This 100-strong cohort of young men call themselves "the gentlemen's club." They participated in over 20 different events over the academic year, including:

- ▼ Several workshops on gender issues, performance enhancement, and leadership development.
- ▼ "Surf camp" to enjoy UCSB's natural beauty.
- ▼ Weekly Tuesday afternoon "hang out" sessions with the Floor Mentors.
- ▼ A series of basketball games with the "old guys" (*i.e.*, administrators and staff mentors)...the old guys won!
- ▼ Overnight camping retreats with the Mentors each quarter.
- ▼ A beach barbecue and ocean kayak adventure during spring.

The Men's Program at UCSB: A Mentoring Group for College Men

How has the Men's Program helped?

Each year, we have found that young men in the program were more likely to apply for leadership positions, such as Resident Assistant positions and Residence Hall Judicial Committee membership, than were young men not in the program. This suggested that the Men's Program helped young men to become actively involved on campus in positive ways.

Recent years have yielded more significant results. These include:

- ▲ Men's group participants had *high levels of campus engagement*, averaging 7.5 on a 10-point scale of campus engagement (n=27).
- ▲ Men's group participants had a first-year *retention rate of 94%*, which well exceeds the national norm of 74%. UCSB's typical first-year retention rate for young men is 90%.
- ▲ Men's group participants had *higher than average first-year grade point averages*. Participants also had lower academic probation rates than the campus norm.
- ▼ Men's group participants took decidedly better care of their residence hall, as evidenced by decreases in damages from \$280 worth of damages in 2002 (control year), to only \$127 worth of damages in 2004 (program year 2). *Damages decreased by 55%* from the control year to the end of program year 2. In 2005, one floor had 63% less damages than other male floors and our second floor had *no damages* at all!
- ▼ Results of the Gender Role Conflict Scale (GRCS), administered at the beginning and end of the year, indicate that men's group participants *became less fearful* of expressing affection toward other men during the course of the program.
- ▼ Men's group participants also exhibited better behavior as measured by decreases in the number of conduct cases from 42 in 2002 (control year), to 35 in 2003 (program year 1), to 16 in 2004 (program year 2). *Conduct cases decreased by 62%* from the control year to the end of program year 2. In 2005, this trend has continued with both floors having significantly fewer conduct cases than all other male floors.
- ▲ The men's group hall *compared favorably to other residence halls*. Only UCSB's substance-free hall had less damage and fewer conduct cases than the men's group hall. This is significant given that the young men *randomly assigned* to the men's group compare favorably with the *self-selected members* of the substance-free hall who were looking for a more controlled environment. Even the self-selecting multicultural hall suffered more damage and had a greater number of conduct cases than the men's group.



What should the Men's Program do differently this year?

Responses from past participant evaluations

"It would be cool to have more events, such as a trip to the islands or a Lakers game."

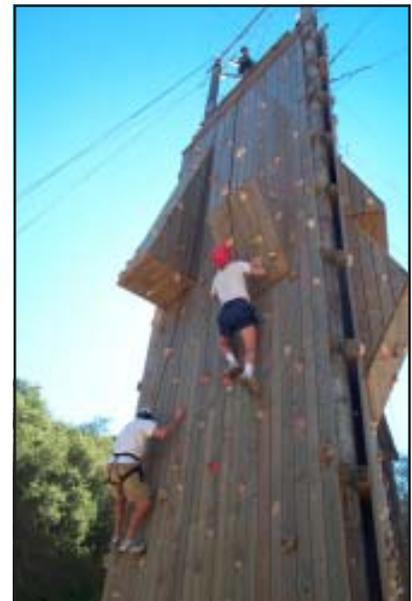
"Just continue being there as living resources from the start. I felt the enthusiasm to get involved the day I moved in."

"More barbecues and different sporting events."

"Keep this up for sure—this makes the transition awesome! Being in the Men's Program made me a part of UCSB. It would be great to offer this to even more guys."



"I enjoyed watching the guys interact with my daughters. It was nice to share another aspect of being a man, fatherhood."



The Men's Program at UCSB: A Mentoring Group for College Men

How can I support the Men's Program?

Because UCSB staff members donate their time to the Men's Program, the program succeeds with a budget of only \$3,000 per year, much of which comes from the Chris Stanton Memorial Fund (see below). Your gifts in any amount will maintain the fund and sustain—or hopefully expand—the program. You may direct your gifts to unrestricted Men's Program support, to a specific event (for example, fall move-in day or the winter retreat), or to a particular field trip (such as a field trip to the Museum of Tolerance in Los Angeles). You also may volunteer to meet with the young men to talk about your career or to serve as a mentor.

What does the Men's Program at UCSB add up to?

- ▲ Greater campus involvement
- ▲ Higher grade point averages
- ▼ Lower academic probation rates
- ▼ Reduced damages
- ▼ Fewer conduct cases

It all adds up to success for our young college men.

For further information:

If you would like more information about this dynamic new program, or if you would like to make a donation, please contact:

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What contributed most to your sense of belonging at UCSB?

Responses from past participant evaluations

"The Men's Program—loved it! It helped me become a part of the campus and make my best friends."

"The sense of community throughout the Men's Program hall."

"The Men's Program. I felt blessed to have this opportunity."

"All of the projects and activities that the men's group hall and UCSB conducted."

"Attitude—I don't drink, but being positive was enough to fit in on this floor."

"The mentors really helped me out."

The Chris Stanton Memorial Fund

The men's group was largely realized by the enthusiasm of one of its founding staff members, Christopher J. Stanton. Chris, a judicial affairs coordinator in UCSB's Housing and Residential Services,



had a natural ability to make a positive impact on young men. The young men in the group looked to him for advice and immediately adopted him as a big brother. Near the end of the program's first year, Chris was tragically killed in an automobile accident by a drunk driver. Chris was 33 years old.

Chris's loss created a new spirit within the group, with members committing themselves to sustaining his excellent work. Chris's concern for the future of young men, his desire to help young men have healthy, productive, and satisfying lives, and his willingness to share his own journey to responsible manhood made him a natural and generous role model, mentor, and friend. Donations made in his memory keep alive his dream of helping young men to become thoughtful, dedicated, and humane scholars, leaders, and citizens.

To contribute to the Stanton Memorial fund, simply send a check made payable to UC Regents with "Stanton Memorial Fund" noted on the memo line to the address at left.

"You are all keeping Chris's work alive and I can't thank you enough. I'm so proud of all you've done, but especially of what he started. A mother's pride speaking!" Jo Ann Stanton