

Carolina **Community Coalition**

University of South Carolina Student Life

MARCH 2, 2017



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What is Recovery?

“A process of change through which individuals improve their health and wellness, live self-directed lives and strive to reach their full potential.” (SAMHSA)

“A voluntarily maintained lifestyle characterized by sobriety, personal health and citizenship” (Betty Ford Institute, JSAT 2007)

Recovery is being honest with myself; being able to enjoy life without drinking or using drugs like I used to; living a life that contributes to society, to your family or to your betterment; being the kind of person that people can count on; about giving back; striving to be consistent with my beliefs & values in activities that take up the major part of my time & energy. (What is Recovery? Project)



What is a Collegiate Recovery Program?

A collegiate recovery program (CRP) is a supportive environment within the campus culture that reinforces the decision to disengage from addictive behavior. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other (ARHE).

“It is hard to imagine a situation that could be more hostile to the abstinence of young adults who are trying to maintain their recovery from substance abuse” (Wiebe, Cleveland, & Harris, 2010, p. 6).



What does a CRP do?

- CRPs effectively promote recovery, prevent relapse, and improve educational outcomes for their participants
- Students in these programs boast a higher rate of retention, a higher graduation rate, and a higher G.P.A. than the student body
- Over 170 campuses have collegiate recovery programs or efforts, including all 14 in the SEC
- Example: [Ohio State](#)

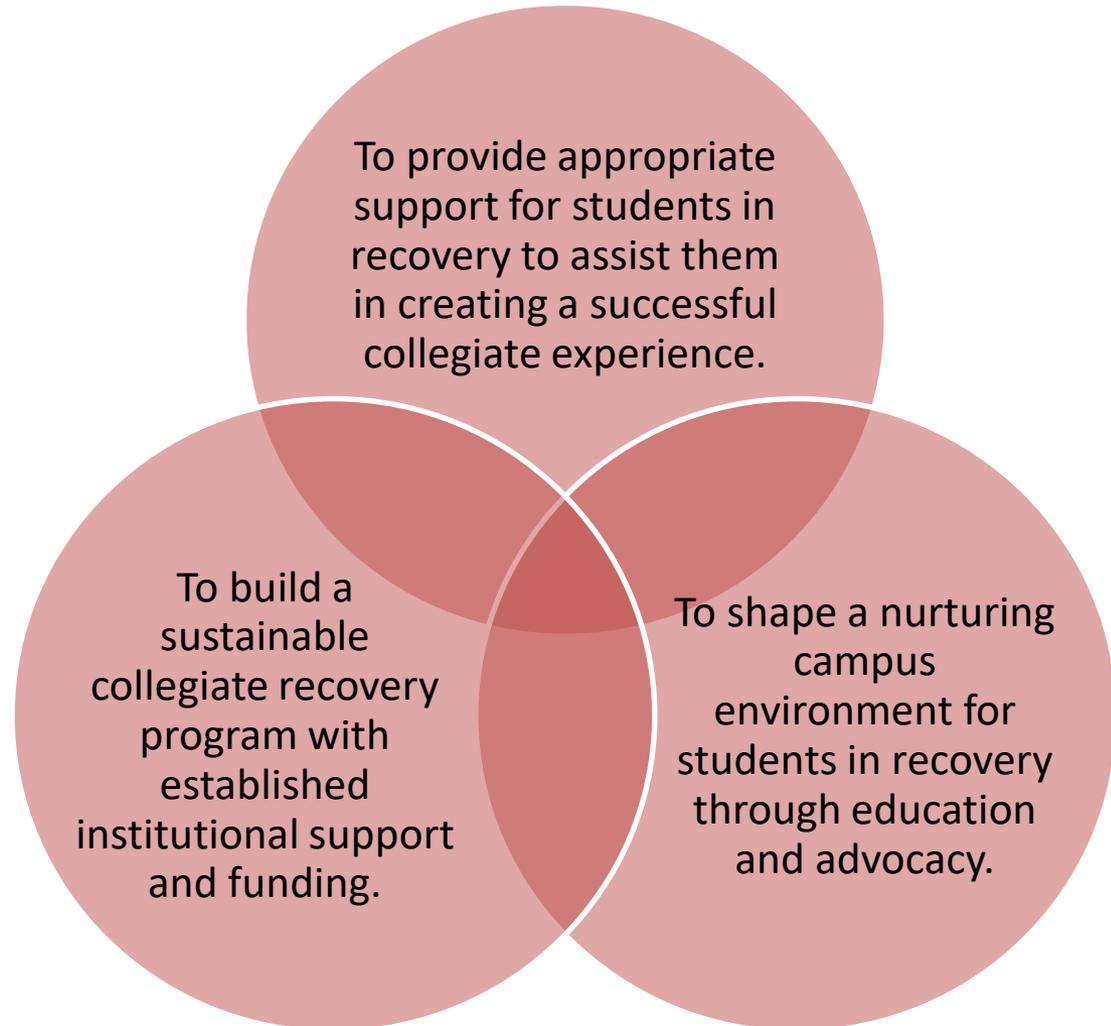




The mission of Gamecock Recovery is to promote a healthy environment and lifestyle for students in recovery at the University of South Carolina. Gamecock Recovery seeks to ensure that all students in recovery can have a satisfying collegiate experience by creating a nurturing campus and community environment.



Program Goals



How many students are impacted?

Nationally, among college students:

- 20% meet diagnostic criteria for alcohol use disorder
- 6% meet diagnostic criteria for alcohol dependency
- 3-5% identify as being in recovery
- 35% report addiction in their immediate family

At USC:

- 2.5% of students report participating in some form of alcohol or drug treatment
- 4.15% of students report being in recovery or have stopped drinking or using drugs
- 3% of students requested more information about recovery support services on campus through AlcoholEdu



FEATURED SPEAKER: BROCK



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Newsletter: <http://eepurl.com/cB2z3X>

Facebook: GamecockRecovery

Twitter: @UofSCRecovery

Instagram: @GamecockRecovery



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Key Updates: Merchant Outreach & Education

- 50+ establishments canvased in the Vista & Five Points
- STSM following up with managers
- Next step: find establishments willing to host joint trainings



Key Updates: Laws & Enforcement

- Compiling state and local alcohol laws info to present to Coalition
- Gathering & analyzing alcohol related data:
 - Drink specials, hospitalizations, conduct cases, last beverage & law enforcement
- Monitoring impact of new city ordinances on high risk behavior in neighborhoods.
- Identifying data collected that could assist law enforcement



Updates & Announcements

- SAPE
- SAVIP
- OSC
- UPD
- Any additions?



Questions & Answers

- Next Meeting:
April 6th @ 4pm
Russell #304
Topic: Marijuana

