



My SophoMORE Action Plan

Name: _____

Major: _____

Minor: _____

By completing your personalized sophomore action plan you are reflecting on where you are in your college career, brainstorming what you may want to do, and making a plan for what you want to do in the future.

The best thing about making an action plan is that it can adapt and grow as you progress in your college career. Revise and set new goals as you accomplish one!



REFLECTION

It is helpful to reflect on when you are at the moment and your motivations as you begin to develop a plan for success in your second year at USC.

I was motivated to pursue a college degree because:

I selected my major/minor (area of study) because:

This is how I am planning to use my college degree:

Things I am enjoying about college are:

Things I find challenging in college are:

I currently spend my time outside of class doing (jobs, campus involvement, etc.):

Opportunities I am looking for during my time at the University of South Carolina:



BRAINSTORMING

Any good plan involves a good brainstorming session. Think about all the possibilities before you and which ones get you excited?!

**Classes I need to take - What am I excited about? What am I nervous about? Why do I feel that way?
Who/what can assist me with these?**

How can I get more connected and engaged with my academic unit? What events, opportunities, or mentoring is available to me?

Do I want to study abroad? In the U.S. or internationally? What will fit with my major? What options are available to me?

What am I interested in? Are there student groups on campus for that interest? How can I get connected?

How prepared am I for a future career? What do I need to do to be more prepared to enter the world of work after graduation? What resources can help me?

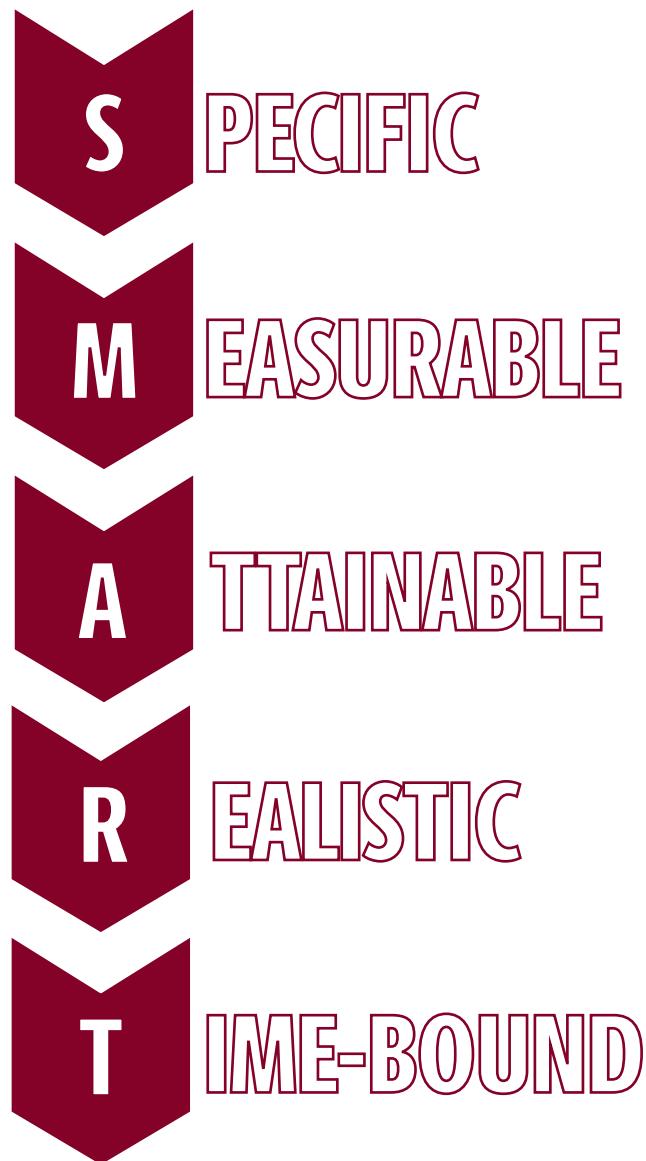
What things am I wondering about? What am I worried about? What is available in the USC community to help me with these?

Other thoughts:



GOAL SETTING

You've reflected, you've brainstormed, now it is time to make an action plan. Remember a good goal should be a S.M.A.R.T. goal!



As you work toward achieving your goals you may face challenges along the way. Therefore, it is important to think about any challenges you might face, and the resources or alternatives that exist if you are unable to achieve your goals as originally planned. Perhaps you will discover you need to adjust your goals to meet evolving interests, or once you complete a goal you'll realize it leads to another goal for that same interest area that will take you to the next level of your action plan.



Goal 1:

Available Campus Resources

Action Steps	Deadline	Check when completed
1.		
2.		
3.		
4.		
5.		

Possible obstacles I may face in trying to reach my goals:



Goal 2:

Available Campus Resources

Action Steps	Deadline	Check when completed
1.		
2.		
3.		
4.		
5.		

Possible obstacles I may face in trying to reach my goals:



Goal 3:

Available Campus Resources

Action Steps	Deadline	Check when completed
1.		
2.		
3.		
4.		
5.		

Possible obstacles I may face in trying to reach my goals: