Student Health Services
Graduate Assistant (2 positions: 20 hours/week)
Gamecocks LiveWell (Faculty/Staff Wellness)

Under the general supervision of the Associate Director of Faculty/Staff Wellness, the incumbent will work out of the Thomson Building and be responsible for planning, implementing, and evaluating comprehensive health promotion programs for University faculty and staff. The duties for this position include but are not limited to:

Drop-ins, appointment-based services & office management:
- Conduct preventive health screenings such as blood pressure and body fat analysis for individuals. Educate individuals on the meaning of their results and provide referrals as needed
- Schedule, conduct, and maintain follow-up of individual wellness coaching appointments (e.g., nutrition, weight management, exercise, stress management) and assist with the coordination of wellness action plans
- Coordinate and facilitate the State Health Plan Worksite Wellness Screening appointments and provide follow-up health education regarding results
- Develop and post content weekly to Gamecocks LiveWell social media sites (Facebook page and group)

Programs & Presentations:
- Assist with planning, implementing and evaluating evidence-based education and behavior change programs for faculty and staff in health-related areas such as comprehensive weight management programs, disease management and physical activity
- Assist with planning, implementing and evaluating the Wellness Ambassadors program, including development of monthly email communication and online toolkit resources, departmental activities, and building relationships with Ambassadors
- Coordinate and facilitate education workshops, tabling events, and presentations for university departments, Human Resources and staff groups (e.g., B.L.A.S.T., New Employee Orientations, Farmers Market, faculty/staff benefits fair, etc.)
- Assist with planning, implementing and evaluating campus-wide education and awareness campaigns utilizing campus needs assessment data
- Assist with other Healthy Campus Initiatives programs, events and campaigns as needed

Skill Requirements:
- Ability to mentor, lead, and inspire faculty/staff
- Ability to effectively design and deliver group-based nutrition, physical fitness and disease management training programs and facilitate health and wellness workshops and presentations
- Ability to conduct individual wellness coaching and physical fitness assessments and create appropriate goals and wellness action plans
- Effective oral and written communication skills
- Strong interpersonal, programming and organizational skills and ability to work cooperatively on a team
- Ability to maintain confidentiality in working with and advising faculty/staff
- Interest in contemporary health issues

Additional Expectations:
This position may require occasional early morning (7:30 a.m.) and/or evening work, including facilitating health screenings, presentations and workshops to faculty and staff, attendance at meetings as related to outreach, and attendance at awareness/education events sponsored by Healthy Campus Initiatives and/or campus partners.

Stipend and Dates of Employment:
- This position provides in-state tuition rates and an academic year stipend.
- This position is for one academic year, including fall and spring semesters. The start date for this position is August 7, 2019 and the end date is May 1, 2020. For more information about Student Health Services and Gamecocks LiveWell programs visit the web: http://www.sc.edu/gamecockslw

To apply for this position, please submit the online application, a statement of interest (300-500 words), and your current resume/CV on the Student Health Services website https://sc.edu/about/offices_and_divisions/student_health_services/about/staff/index.php. The deadline for application is April 12, 2019.

* Preference will be given to MPH and MSPH graduate students in Exercise Science, Health Promotion, Education, and Behavior or other disciplines such as Sociology, Anthropology, Nursing, or Social Work. Preference will also be given to a candidate with a certified personal training or group fitness certification. However, qualified students in other disciplines will be strongly considered as well. Training and education will be provided to the incumbent. For more information contact Amanda Castles, Associate Director- Faculty/Staff Wellness at (803)777-3579 or castlesa@mailbox.sc.edu.