

# UNIVERSITY HEALTH SERVICES

An Accredited Patient-Centered Medical Home

sc.edu/healthservices

# LOCATION

#### In the Center of Campus:

- Behind the Russell House student union
- Next to Thomas-Cooper Library
- Close to Residence Halls and the Horseshoe
- Close to Academic Buildings
- Next to Bull Street Parking Garage



### HOURS OF OPERATION



#### **Spring & Fall Semesters:**

Monday – Friday 8 a.m. – 5 p.m.

Sunday 2 – 8 p.m.

#### **Summer & Breaks:**

Monday – Friday 8:30 a.m. – 4:30 p.m.



# AFTER HOURS CARE

- Sexual Assault and Violence Intervention & Prevention advocates are on-call 24/7
- 24/7 access to counseling
- Three Doctor's Care locations within 4 miles of campus – all are open nights and weekends
- Three hospitals located within 3 miles of campus



## MEDICAL CARE

- Primary Care
- Women's Health
- Sports Medicine
- Physical Therapy
- Radiology
- Immunizations
- Health & Wellness
- Lab Tests
- Travel Clinic



University Health Services is an Accredited Patient-Centered Medical Home

## MENTAL HEALTH

- Triage Appointments
- Individual Counseling
- Group Counseling
- Walk-in Assessments
- Psychiatric Evaluations & Medication Management
- Campus Crisis Response
- Therapist Assisted Online (TAO)
- Preventive Programming
- 24/7 Access to Counseling



## MENTAL HEALTH

- Students should consult campus mental health resources before small issues affect academic performance.
- Any campus community member can call the counseling office if concerned about a student.
- Before medical appointments, students are screened for symptoms of depression.
- Triage counselor in Primary Care clinic.

# WELLNESS AND PREVENTION

- Stress Management
- Nutrition/Healthy Eating
- Sexual Health
- Positive Body Image
- Wellness Coaching

- Cooking Demonstrations
- Tobacco Cessation Treatment



# ADVOCACY & OUTREACH

## Sexual Assault and Violence Intervention & Prevention:

- 24/7 Access to Confidential Advocates
- Crisis Intervention
- Academic Assistance
- Hospital Accompaniment
- Safety Planning
- Hearing/Meeting Accompaniment
- Housing assistance

#### **Outreach:**

- Gamecocks Stand Up
- Healthy Relationships programs



## **PHARMACY**



- Great prices for prescriptions
  - In-network with most health insurance plans
- Over-the-Counter medicines
- Easy to refill:
  - Online at uhsrx.com
  - On the PocketRX App
  - By calling 803-777-4890
- Visit uhsrx.com to easily transfer your prescriptions to our pharmacy

# **MYHEALTHSPACE**

Your patient portal during your time at UofSC

- Upload medical forms and insurance cards
- Complete medical clearance forms
- Schedule appointments
- Review and print immunizations
- Communicate with your providers at University Health Services with secure messages



# **REQUIRED IMMUNIZATIONS**

- Two MMR Vaccines (Measles, Mumps, Rubella)
  - Acceptable evidence of immunity against measles includes at least one of the following:
    - Written documentation of adequate vaccination (two doses)
    - Laboratory evidence of immunity (titers)
    - Laboratory confirmation of measles

#### **Exemptions:**

- A documented medical exemption from a healthcare provider (allergic)
- A signed notarized statement of religious exemption
- Philosophical exemptions DO NOT meet this requirement
- Meningococcal Vaccine (Menevo or Menactra)
- TB Risk Screening (sc.edu/myhealthspace)

### **HEALTH INSURANCE**

- Students must have health insurance
- All students enrolled in 6+ credit hours must show proof of health insurance
  - Purchasing the Student Health Insurance Plan
  - Waiving plan and providing proof of your own health insurance at sc.myahpcare.com
    - Students must waive or enroll each semester
- Failure to show proof of health insurance will result in automatic enrollment in the Student Health Insurance Plan.
- Premium is due with fall and spring tuition
  - Fall 2021: \$1,097
  - Spring/Summer 2021: \$1,494



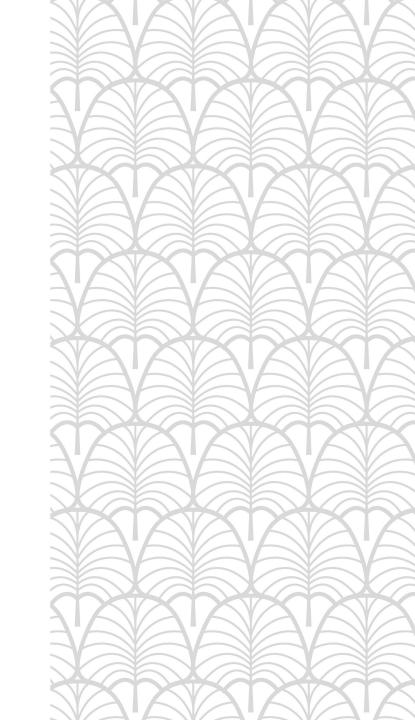
# **HEALTH INSURANCE**

- University-sponsored Student Health Insurance Plan is only in-network plan at University Health Services
- Our pharmacy is in-network with most insurance plans
- Provide the health center your insurance and prescription cards now or during your first visit
  - Upload to <u>sc.edu/myhealthspace</u>
- Must give permission to file claims
- All claims will be filed electronically
- All claims are subject to copays, deductibles
- If you have questions about cost, insurance or billing, please call 803-777-3174

## STUDENT HEALTH FEE

#### **\$190** per semester includes:

- Primary Care office visits
- Women's Health office visits
- Access to individual counseling visits
- Group counseling
- Support groups and workshops
- Preventive screenings
- Wellness coaching
- Clinical nutrition, stress management or sexual health consultations



## STUDENT HEALTH FEE

#### **Billed to your health insurance:**

- Radiology (X-rays, EKGs)
- Laboratory services
- Prescriptions
- Physical therapy
- Psychiatric services
- Allergy shots and other vaccines
- Travel consultations
- Services received at any other hospital or clinic
- Charges for no-show appointments

Students are responsible for any applicable deductibles, copays and coinsurance.



# RELEASES FOR FAMILIES

- Students are considered adults. Your medical information cannot be released without your written consent.
- Students must give permission to the provider to release information to parents or guardians for each individual issue, per HIPAA and UofSC policy.
- Parent or emergency medical contact will be notified if there is a medical emergency.

# COVID-19 CAMPUS PROTOCOL

#### **Testing**

Return to campus Required testing

#### Proof of vaccination

Upload a copy of your vaccine card in your MyHealthSpace account by going to Messages – Send a New Message and select the option to upload your COVID Vaccination Record.

#### Vaccine Clinic on Campus

Visit our COVID Vaccine Clinic on-campus on Day 2 of your orientation in the Center for Health and Well-Being. No appointment necessary. Must be 18. Janssen vaccine will be available.

Continue to watch the University's COVID website for further updates.



### **CHECKLIST**

- Waive or enroll with the Student Health Insurance Plan by September 10, 2021 <a href="mailto:sc.myahpcare.com">sc.myahpcare.com</a>
- 2. Upload your immunization record form online <a href="mailto:sc.edu/myhealthspace">sc.edu/myhealthspace</a>
- 3. Fill out the Health History Form sc.edu/myhealthspace
- 4. Transfer prescriptions to our pharmacy uhsrx.com



# STAY IN TOUCH



@UofSCshs

@HealthyCarolina



@UofSC\_shs

@HealthyCarolina



@UofSC\_shs

@healthycarolina\_uofsc

