

What should I do if I've been in close contact with someone ...

What counts as "CLOSE CONTACT?"

- You were within 6 feet of them for 15 minutes or more.
- You had **DIRECT PHYSICAL CONTACT** with the person (e.g., kissing, hugging).
- You **SHARED** eating or drinking utensils with them.
- You came into contact with their **RESPIRATORY SECRETIONS** (e.g., they coughed on you).

... who has tested positive for COVID-19?

... who is being tested due to symptoms of COVID-19?

... who is experiencing symptoms of COVID-19?

Self-quarantine & enhanced self monitor

... who has been exposed to someone that tested positive for COVID-19?

... but is not experiencing any symptoms?

Continue enhanced self monitoring and physical distancing

... who has been in close contact with someone else who might have been exposed?

Continue to practice physical distancing

How do I ...

... self-quarantine?

- **STAY HOME** for 14 days from the day you had contact with a person who tested positive for COVID-19; is being tested due to symptoms of COVID-19; or is experiencing symptoms of COVID-19.
- **AVOID CONTACT** with other people.
- **DON'T SHARE** household items.

[Learn more at UofSC Student Health Services](#)

... self monitor?

- **BE ALERT** for symptoms of **COVID-19**, especially a cough or shortness of breath.
- **TAKE YOUR TEMPERATURE** every morning and night, and write it down.
- **CALL** your doctor if you have a fever (temperature of 100°F or 38°C or higher)
- **CALL 911** if you have difficulty breathing or other medical emergencies.
- **CALL** ahead for guidance when seeking medical treatment.

[Learn more at UofSC COVID-19 Basics](#)

... practice physical distancing?

- **WEAR** a face covering or mask.
- **DON'T** physically get close to people; try to stay at least 6 feet away.
- **DON'T** hug or shake hands.
- **AVOID** groups of people and frequently touched surfaces.

[Learn more at UofSC Physical Distancing](#)

Wear a Face Covering • Practice Physical Distancing • Get Tested
WASH your hands frequently • **AVOID TOUCHING** your face • **WIPE DOWN** frequently touched surfaces regularly

[Learn more at UofSC COVID-19 Safety Guidelines](#)

What if I have symptoms?

If you experience symptoms, such as fever, chills, cough, loss of sense of smell or taste, headache, or sore throat, call **UofSC's Coronavirus Phone Bank: 803-576-8511**, or contact your health care provider.