

# **Educational Opportunities Manual**

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**Purpose:** The purpose of this manual is to assist chapters in providing quality programs and opportunities to its members. While this manual is not exhaustive of what the University of South Carolina offers as an educational opportunity, this manual does highlight a few options for students and student organizations. This manual covers a variety of topics that may be useful for chapters, members, and leadership. This manual is also aligned with the Annual Chapter Expectations Program (ACE) expectations that are outlined. Highlighted portions are directly linked to a variety of the ACE expectations.

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# Fraternity and Sorority Life

- **Fraternity and Sorority Life**: More than 6,500 USC students are a part of fraternity and sorority life — a community that was founded on the values of scholarship, leadership, friendship and service.
  - **Contact:**
    - **Phone:** 803-777-3506
    - **Location:** Russell House 115
    - **Email:** [sagreeks@mailbox.sc.edu](mailto:sagreeks@mailbox.sc.edu)
  - **Staff:**
    - **Jarod Holt, Director of Fraternity and Sorority Life**
      - Strategic planning and vision for fraternity and sorority growth
      - Staff, Budgeting and operations
      - Data for Community Assessments
    - **Camille Darby, Associate Director of Fraternity and Sorority Housing**
      - Greek Village projects
      - Onboard and training Property Managers
      - Health and Safety Inspections
    - **Carli Mercer, Associate Director of Fraternity and Sorority Life**
      - Panhellenic Organizations, recruitment and extension
      - Greek Programming Board
      - Public Relations: website, social media, and weekly newsletter
    - **Josh Schuman, Associate Director of Fraternity and Sorority Life**
      - IFC Organizations, recruitment and extension
      - Oversees risk reduction efforts
    - **Nelda B. Bailey, Assistant Director of Fraternity and Sorority Life**
      - MGC Organizations, recruitment and expansion
      - NPHC Organizations, recruitment and expansion
      - Order of Omega
    - **Bethany Yost, Assistant Director of Greek Leadership Development and Training**
      - Leadership Programming
      - Annual Women’s and Men’s Leadership Conferences
      - Chapter Roster
    - **Tad Derrick, Assistant Director of Harm Reduction and Compliance**
      - Hazing Concerns
      - Event Planning
      - Risk Management
    - **Elizabeth Longmire, Graduate Assistant of Fraternity and Sorority Life**
      - Greek Ambassadors Program
      - Annual Recognition and Awards
      - Greek Report Data
    - **Mikayla D. Morris, Graduate Assistant of Fraternity and Sorority Life**
      - Alcohol Event Registration
      - Substitute Property Managers
      - Risk Programming

- **Key Points:**
  - **Calendar:** Stay up to date with Greek leadership, service, and programming events!
  - **Event Notification:** Make sure your chapter has completed all the steps to get your event formally notified and placed on the fraternity and sorority life calendar.
    - **Alcohol Event Notification Form** must be submitted no later than 10 days prior to the event.
  - **Annual Chapter Expectations:** The Annual Chapter Expectations Program (ACE) was developed to improve the management of, inspire the growth and development of, and evaluate the quality of fraternity and sorority chapters at the University of South Carolina.
  - **Forms:** Forms and applications for fraternities and sororities.
  - **Newsletter Request:** Submit your ad request by Friday at 5 p.m. to appear in Wednesday's newsletter to highlight member/chapter achievement, chapter program/event, and community-wide interests.
  - **Housing:** The USC Greek Village features 20 facilities and houses approximately 700 students, and has some of the premier fraternity and sorority houses in the country.
- **Request a Presentation:**
  - Hazing Presentation
  - Social Event Registration
  - Cultural-Based Organizations Review
  - Fraternity and Sorority Life here at UofSC
  - Other

# Leadership Development

- **Leadership and Service Center:** The Leadership and Service Center's mission is to equip students to positively impact their communities through involvement, leadership development, service, and civic engagement. We work toward our vision that students will be engaged, lifelong leaders committed to positive change in the world.
  - **Contact:**
    - **Phone:** 803-777-7130
    - **Location:** Russell House 227
    - **Email:** [lsc@sc.edu](mailto:lsc@sc.edu)
  - **Leadership Development:**
    - **Coaching:** The Leadership and Service Center offers students a unique opportunity to meet one-on-one with a leadership coach. Our coaches can help you no matter where you are in your college career.
    - **Leader Assessment:** Today's employers seek employees with effective leadership skills. Learn about your personal leadership skills and style with our free, two-part leader assessment.
    - **CarolinaLEAD:** CarolinaLEAD is a comprehensive leadership education initiative designed to help students explore, define and practice leadership development.
    - **LEAD Cohort:** The Leadership Enrichment and Development (LEAD) Cohort will be a group of student leaders committed to advancing the student experience beyond the classroom on the UofSC campus.
    - **Women's Leadership:** Creating rewarding experiences for female undergraduate students as well as the professionals who take them under their wing.
  - **Student Leadership and Diversity Conference:** This one-day regional conference features more than 30 educational sessions and keynote speakers which explore issues in diversity and student leadership. Held in the spring, the conference is open to students and staff from institutions across the Southeast.
    - **What is the cost to attend?**
      - Your registration includes a continental breakfast, lunch, conference padfolio and other materials you'll need for the day.
      - USC-Columbia Cost: \$25 for early-bird
      - USC-Columbia Cost: \$35 for regular
  - **Momentum Series:** This series is designed to catalyze conversations for a better world, connecting students to collaborative opportunities for conversations around important issues and topics locally, nationally, and globally.
  - **Service Opportunities:** Whether you're interested in an alternative spring break or service-learning that's connected to your academic studies, we have a service project that's perfect for you.
    - **Find a way to help others.**
      - **Volunteering:** Whether you have a few hours or a whole week to give, we can connect you with a meaningful service opportunity. Find a program or an event that'll help you assist people in need locally and in other areas of the nation.
      - **Service Leadership:** If you're ready to take your community volunteerism to a higher level, consider becoming a service leader. Your

leadership is a key ingredient in making a number of university service opportunities possible.

- **Service-Learning:** In service-learning, your education is connected to meaningful, hands-on community service. This rewarding method of learning can prepare you for life as part of a greater community.
- **Civic Engagement:** The LSC equips students to positively impact their communities through self-exploration and connections. We believe that being civically engaged helps students become responsible, educated citizens in local, national and global communities.
- **Service Days and Weeks:** Several times each year, we focus on promoting awareness and completing service events as part of a national week of recognition around a specific issue.
- **Service Travel Grant:** Students can receive partial funding for service trips that encourage spiritual development while helping those in need. For the purposes of this program, spiritual means having to do with God or religious matters apart from any particular faith.

# Risk Management and Education

- **Substance Abuse Prevention and Education:** We work to create a diverse campus environment that engages students in healthy, low-risk behaviors related to the use of alcohol and other drugs.
  - **Contact:**
    - **Location:** Strom Thurmond Wellness & Fitness Center, 3rd floor  
Columbia, SC 29208
    - **Phone:** 803-777-3933
    - **Email:** [sape@sc.edu](mailto:sape@sc.edu)
  - **Get Involved:**
    - **Peer Educators:** Our peer educators are a diverse group of students selected to provide education on alcohol, drugs and addiction to other UofSC students. They encourage healthy decisions, promote low-risk use and help reduce stigma.
    - **Greeks for SAPE:** These UofSC fraternity and sorority members encourage healthy decisions and responsible use of drugs and alcohol for members of their chapters and the Greek community. In addition to educational outreach, they offer advice for sound risk management.
    - **Student Advisory Board:** The board meets monthly to discuss campus substance use, offer insight and analyze feedback concerning substance use education and related topics.
  - **Request a Presentation:**
    - Alcohol Policy Workshop/Risk Management Workshop – for students, faculty, or staff planning events with alcohol
    - Alcohol Culture at USC: What’s Your Role?
    - Alcohol 101
    - Cannabis: What Every College Student Should Know
    - Marijuana Trivia
    - Turn Up Tips – Can be customized for specific events such as Halloween, Carolina Cup, Spring Break, tailgates and formals
    - Trends in Alcohol and Drug Use Among USC Students
    - What’s the Risk? A Conversation for Chapters, Teams and other Groups
  - **Alcohol at Campus Events:**
- **Sexual Assault Violence and Interpersonal Prevention:** The university strives to prevent interpersonal violence and support anyone who has experienced or been affected by it. We encourage you to seek help from the resources available to you. Together we can stop sexual assault and other forms of interpersonal violence.
  - **Contact:** [Jason Halterman](#)
    - **Location:** Thomson Building (1409 Devine St.)
    - **Phone:** 803-777-8248
    - **Advocate Hours:**
      - Drop in or Call 803.777.8248
      - Students, faculty and staff can talk to a trained interpersonal violence advocate 24/7.
    - **After Hours:** **After Hours:** Call USC Police at 803-777-4215 and ask to speak with an SAVIP advocate. You won't have to give any identifying information to the police

○ **Request a Program:**

- **Healthy Masculinity Series:** This four-part series builds a foundational understanding of what a masculine identity is and how it can impact the campus community; the impact of pop culture on the development of masculinity; how masculinity plays into the development of healthy relationships, communication and consent; and how to be an effective ally and active bystander within the Carolina community. The series is designed to be inclusive of anyone, not just men.
- **Healthy Relationships, Communication, and Consent:** Designed for University 101 classes, this presentation covers consent and healthy relationship characteristics; warning signs of unhealthy relationships, definitions of the three types of interpersonal violence (sexual assault, relationship/intimate partner violence and stalking); the relationship between alcohol and sexual assault; and resources on campus for interpersonal violence survivors.
- **How to Support a Survivor:** This presentation teaches participants about the impact of interpersonal violence (sexual assault, relationship/intimate partner violence and stalking), how to implement strategies to support and assist survivors and resources for survivors.
- **LGBTQ+ and IPV:** This training describes the impact of interpersonal violence within the LGBTQ+ community. It's particularly relevant for students who plan to work in "helping professions" such as social work, education, counseling and medical fields, however the content is important for anyone who is interested.
- **Stand Up Carolina Bystander Intervention Training:** This training presents participants an array of intervention strategies to use in their everyday lives and engages them in a group discussion about overcoming personal and societal barriers to bystander intervention. Information about on and off-campus resources is provided.
- **Trauma 101:** This three-session workshop series aims to provide a different and more comprehensive way to think about trauma as the process of becoming flooded with overwhelming stress from a variety of causes. The modules focus on the effects of trauma, why it's hard to talk about, and how to cope with it or help others who have experienced it.
- Email [safe@sc.edu](mailto:safe@sc.edu) to sign up for any workshop
  - Self-Defense
  - Anti-Stalking Self Defense Workshop
  - Women's Self-Defense Workshops
  - Awareness Workshop/Programming
- **Student Conduct and Academic Integrity:** This office empowers Carolinians to be responsible citizens and uphold the core values of our academic community. We hold every Carolinian to a high standard of ethical behavior.
  - **Contact:**
    - **Location:** Byrnes Building, Suite 201  
Columbia, SC 29208
    - **Phone:** 803-777-4333
    - **Email:** [saosc@mailbox.sc.edu](mailto:saosc@mailbox.sc.edu)
  - **Make a Report:** All members of our academic community are accountable for maintaining the behavioral standards established by the university.



- **Code of Conduct Violation:** Our reputation is built by the actions of the people who live, work and study on our campus. Violations of our code of conduct may result in educational intervention.
- **Honor Code Violation:** A student who violates, or assists another in violating the Honor Code, will be subject to university sanctions. Honesty and integrity are integral to academic success at USC.
- **Hazing:** Every individual deserves to pursue their education at our university in a safe environment. Hazing is never permitted.
- **Off-Campus Incident:** We will intervene when an off-campus offense has the potential to adversely affect the university community or its mission.
- **Behavioral Intervention Team (BIT) Referral:** We all play a vital role in ensuring campus safety. If you feel a student is a threat to themselves or the community, submit a [BIT Incident Report](#) or contact the BIT Team at 803-777-4333.

○ **Request a Presentation:**

- Behavioral Intervention (concerning behaviors/suicidal ideation)
- Carolinian Creed
- Conduct (classroom disruption, behavioral expectations, non-academic misconduct)
- Academic Integrity

# Diversity and Inclusion

- **Office of Multicultural Student Affairs:** It is our mission to build a supportive environment across multiple dimensions of diversity through services that promote social justice and student success.
  - **Contact:**
    - **Location:** Russell House, Lower West Wing
    - **Phone:** 803-777-7716
    - **Email:** saomsa@mailbox.sc.edu
  - **Calendar of Events:**
    - **Signature Events:**
      - Black History Month
      - Civil Rights Tour
      - Diversity Retreat
      - Pridechella
      - OMSA CommUNITY Welcome
      - Transgender Day of Remembrance
  - **Request a Presentation: (Four Weeks Notice)**
    - **Sticks and Stones: Social Media, Macroaggressions, and Freedom of Speech:** We have all heard the phrase sticks and stones . . . but how does this translate to a world in which these stones are now virtual? Come explore issues related to living and engaging in an ever evolving multicultural world. This interactive workshop will discuss the issues of social media, college students and freedom of expression as it pertains to the lived experiences students today.
    - **LGBTQ+ 101 – Understanding Inclusive Communities:** This presentation provides basic information about the LGBTQ+ community, including terminology, a discussion of homophobia, and tips on creating an inclusive community. The presentation lasts approximately one hour, but can be tailored to fit a longer or shorter time period.
    - **Shaping What’s Good:** Fraternities and sororities have a strong sense of purpose that leads them to contribute to the civic and social good of their communities. With this purpose, Greek letter members have the opportunity to be leaders of the campus community shaping the culture and climate that actively promote respect, inclusivity, and social responsibility. This session will discuss how Greek letter members can be leaders within the campus community and harness their influence to be change agents on campus and within their community. *Presentation note: This presentation can also be tailored to student organizations and student leaders on campus.*
    - **The Power of Privilege:** Privilege is hard to see for those of us who were born with access to power and resources. The “access” comes from an unearned advantage that is not available to everyone, but to those that belong to a specific identity group such as racial privilege, gender privilege, ethnic privilege, and cultural/language privileges. This presentation explores those multiple aspects of identity and how those identities grant or deny access to power and resources throughout their lives. We will also explore the different forms of oppression our society has constructed and how to combat them.
    - **Lifting As We Climb: Concepts to Understanding Diversity and Social Justice:** Join us for a conversation about the basics of identity and diversity so

we can understand how to progress to creating an inclusive environment for all. Finally, learn how to practice what you've learned by engaging in a conversation with your peers and facilitators about any questions you've ever wanted to know about issues of diversity and social justice.

- **Safe Zone Ally Training (Mandatory three hours):** Safe Zone is a campus wide program designed to visibly identify students, staff, and faculty who support the LGBTQ population, understand some of the issues facing LGBTQ individuals, and are aware of the various LGBTQ resources. The Safe Zone workshop is a three hour training that provides a foundation of knowledge needed to be an effective ally to LGBTQ students. Campus wide trainings are offered multiple times every semester, but training sessions can be arranged for other groups if requested.
- **Trans Advocacy Workshop (Mandatory two hours):** The Trans Advocacy Workshop is designed to further examine issues of sexual identity and gender expression. This workshop narrowly focuses on transgender identities, issues, and experiences. All interested participants in the Trans Advocacy Workshop are required to complete the LGBT Safe Zone Workshop before registering for the session.
- **Difficult Conversations/Diversity and Intergroup Dialogue:** Having difficult conversations with your peers is hard. Often you feel like you're running in circles, going over and over the same issues and not being heard. When the conversation turns to race, gender and sexual orientation, discussions become especially difficult. This presentation will give you the tools to have difficult conversations using the framework of intergroup dialogues.
- **The Equity Conversation: Using Inclusive Language:** Inclusive language is the language that is free from words, phrases or assumptions that reflect prejudiced, stereotyped or biased views of people in specific identity groups. The purpose of this presentation is your current understanding of language and how we can practice using inclusive language.

# Mental Health Initiatives & Overall Wellbeing

- **Student Health Services:** We provide comprehensive physical and mental health care services right on campus. Our professional and compassionate providers are committed to evidence-based, patient-centered care to help contribute to your success and overall well-being.
  - **Contact:**
    - **Phone:** 803-777-3175
    - **Location:** Center for Health and Well-Being (1401 Devine St.) and Thomson Building (1409 Devine St.)
  - **Preventive Services:**
    - **Programs:**
      - Suicide Prevention Training
      - Stress Management Consultations
      - Resilience Workshops
      - C.A.L. M Oasis Mediation Space
        - The offerings of the C.A.L.M. Oasis can help develop, enhance, and solidify your mindfulness practices.
    - **Online Mental Health Resources:**
      - Therapist Assisted Online (TAO)
      - Online Mental Health Screening
    - **Request a Presentation:**
  - **Counseling & Psychiatry**
    - **Monday-Thursday 8 a.m.- 6:30 p.m.**
    - **Friday 8 a.m.-5 p.m.**
  - **Wellness & Prevention**
    - **Sexual Health Presentations:**
      - **Sex in a Fishbowl:** Interactive safer sex and relationship communication program with Q&A session in which students anonymously place questions into a bowl for the presenter to answer. This presentation creates a safe place for students to ask questions about sex, sexuality and other tough subjects without the fear of embarrassment.
      - **Keep Cocky Covered: HIV, STD/Is and Protection:** An overview of transmission and prevention of HIV and STD/Is. We will discuss testing for the most common STD/I's, dispel HIV myths and demonstrate protection techniques, including challenge and personal reflection activities.
      - **Contraceptive Talk:** Discussion of current birth control and emergency contraceptive options, how to access, their effectiveness, talking with a partner and how to choose one that's right for you.
    - **Nutrition Presentations:**
      - **Nutrition University:** This 40-minute interactive class focuses on developing lifelong healthy eating practices including the "what" and the "how" to healthy eating. Topics covered by your Campus Wellness Health Educator include basic nutrition, meal planning, mindful eating, body image and weight management.

- **The Body Project:** Do you want increased self-confidence to feel more comfortable in your body? The Body Project is a conversation about body image and the influences of cultural and social interactions. This small group is a two-part workshop led by the Changing Carolina Peer Leaders designed to encourage the spread of body positivity and allow women on campus to move toward self-confidence and self-fulfillment. Begin to make healthy choices because you love your body!  
*Note:* The workshop consists of two-hour to two-and-a-half hour segments with a group size of eight to twelve students. The Body Project is currently a female-only program.
- **Feeding Minds: Food Insecurity Awareness Training:** Food insecurity is a lack of reliable access to sufficient quantities of affordable nutritious food, and it's happening right here at USC. This training is a collaboration between Student Health Services and the Leadership and Service Center. It will highlight awareness of food insecurity among college students, ways to identify, respond and refer to on and off campus resources available for food insecurity relief.
- **Overall Wellness Presentations:**
  - **Healthy Gamecocks:** This 50-minute presentation will cover three major areas related to a college student's health and wellbeing. The students will have a chance to move about the classroom as they discuss common dining options at the university. Students will have an opportunity to work in small groups to build their very own healthy plate based on the proper serving size for each major food group. Students will work independently to build their own personalized workout plan, and will have a chance to discuss the tobacco-free USC policy.
  - **Wellness Wheel Jeopardy:** This interactive presentation will test your students' knowledge in various areas of their wellbeing. It will cover many dimensions of wellness including emotional, environmental, physical and intellectual wellness. The gameshow-based workshop will have questions that cover on-campus services, definitions of the various dimensions of wellness and programs on campus for the students.
- **[Student Success Center](#):** A comprehensive one-stop-shop for academic support services on campus. All of our programs and initiatives are free to undergraduate students at USC.
  - **Contact:** Thomas Cooper Library, Mezzanine  
**Phone:** 803-777-1000  
**Email:** [sassc@mailbox.sc.edu](mailto:sassc@mailbox.sc.edu)
  - **[Tutoring](#):** Our Peer Tutors are undergraduate students who have excelled in the course they tutor. They have been trained to facilitate discussions on course content and to guide undergraduate students at the University of South Carolina as they improve their academic habits. *Requires prior registration.*
    - Sessions for students based on an academic course
  - **[Study Skills](#):** We facilitate partnerships between peer leaders and undergraduate students who are committed to developing the tools needed to succeed.
  - **[Supplemental Instruction \(SI\)](#):** In these peer-led study sessions, trained undergraduate leaders attend classes with USC students and encourage them to

- explore course concepts. Sessions are open to all undergraduate students who are looking to enhance their understanding of the material and improve their grades.
- **Schedule a Success Consultation:** We strive to ensure that the time of our tutors and consultants is used wisely and that all students have fair access to the support we provide.
  - **Request a Workshop:**
    - **Mindset for Success:** Students respond to challenges, setbacks, or constructive feedback in different ways and this is primarily because of their mindset on their growth. This workshop will have students look at their goals and role models to understand and plan for how much work and effort it takes to succeed, and how academic ability is not static, but rather a product of their time, effort, and interest in the goals they set for themselves.
    - **Preparing for Exams:** Students will build a practical study plan for their final exams by exploring personal study strategies and practicing how to break exam materials down into smaller study units.
    - **What's "App-ening":** This workshop presents beneficial academic and financial-based mobile applications for students to use in their everyday lives. The apps focus on studying effectively, managing time, staying on task, as well as maintaining a budget or savings plan, learning about credit, minimizing frivolous spending, and investing.
  - **Beyond Your Courses:**
    - **Academic Workshops:** Enhance your academic experience by attending or requesting a workshop. You'll gain a fresh perspective from exploring and discussing concepts with your fellow peers, and you'll leave with new tools to apply to your academics.
    - **Take an Instructor to Lunch:** You can't build a network overnight. Start with lunch. Take your professor out for a meal and gain a personal perspective on your course or your major, and even what lies beyond academia.
    - **Sophomore Success:** Fortify your freshman experience and keep the momentum going into your second year with these events and helpful information, designed just for sophomores.
    - **National Student Exchange:** Study away and experience new places, ideas and cultures. You will challenge your perceptions and create memories that last a lifetime.
  - **Manage My Finances:**
    - **Budgeting 101:** Are you interested in setting financial goals but unsure where to start? Learn how to develop a budget and get tips for long-term budget maintenance.
    - **Get Smart About Credit:** Explore the basics of credit and discuss credit reports and credit scores. We will help you determine whether or not you're ready for a credit card and take next steps with you from there.
    - **How to Pay the Bills:** Moving off-campus for the first-time? Have a tighter budget than last year? This is an interactive workshop designed to give you tools to pay the bills and balance a budget.
    - **How to Prepare for Student Loan Repayment:** Learn more about the student loan process and prepare for successful repayment.
    - **Planning Your Finances for Study Abroad:** Allocate funds for every stage of your trip by taking into account your needs before departure, during your stay and upon your return.

- **Start Smart Salary Negotiation for College Students:** Combat the gender wage gap by approaching the job market armed with the knowledge and skills to negotiate salaries and benefits and receive fair and realistic compensation. This two-hour workshop, developed to empower college women starting out in their careers, can also be broadened to include men.
- **Career Center:** We educate and empower students and alumni in their development of lifelong career management skills, build mutually-beneficial networking relationships between job seekers and employers and serve as a planning resource for university faculty.
  - **Contact:** Thomas Cooper Library or Satellite Office in Swearingen Engineering Center  
**Phone:** 803-777-7280  
**Email:** [career@sc.edu](mailto:career@sc.edu)
  - **Plan a Career:** Analyze your major or career decision by using our tools and tips.
  - **Gain Experience:** Discover what it's like to work in your field of study with an internship, co-op, or part-time job.
  - **Write a Resume:** Attract employers by creating a standout resume. We can assist, with resume samples and reviews.
  - **Prep for Interviews:** Make the most of your interview by being prepared. We offer practical advice and practice interviews, online, and in-person.
  - **Search for Jobs:** Connect with employers through our online search engines, or in person, at one of our career fairs.
  - **Explore Graduate School:** Decide if an advanced degree is the right choice for you by talking with our staff. We also offer tools for research and self-analysis.
  - **Handshake:** Handshake is the Career Center's online career management platform where you can search for a variety of tools and internships, conduct employer research, register for on-campus interviews and more.
  - **Request a Workshop:**
    - How to Choose a Major
    - Resume/Letter Writing
    - How to Find a Summer Job or Internship
    - Interviewing Skills
    - Making the Most of a Career Fair
    - Dress for Success
    - What Employers are Really Looking For
    - Networking
    - Work Values
    - Job Search Strategies (internet included)
    - Market Trends/Job Outlook
    - Employer Research
    - Other/Customized