

RECREATION FACILITIES (TO INCLUDE EXERCISE EQUIPMENT) CHECKLIST: ROUTINE CLEANING

NAME: _____

ROOM: _____

TIME: _____

DATE: _____

PREPARATION AND SETUP

- Prepare equipment and load Cleaning Cart with everything needed for the task
 - EPA approved cleaner/detergent
 - EPA approved disinfectant
 - Disposable microfiber cloths
 - Disposable microfiber mop
 - Disposable microfiber duster
 - Disposable microfiber dust mop
 - Extension pole
 - Gloves
 - Anti-microbial soap
 - Hand sanitizer
- Put on the appropriate attire and Personal Protective Equipment (PPE)
 - Eye protection (safety glasses, goggles, or face shield)
 - Disposable gloves

BASIC PROCEDURES

- Perform hand hygiene and put on gloves before entering the room
- Leave cleaning cart in the hall and set up Safety Sign

CROSS CONTAMINATION PREVENTATIVE MEASURES

- New mop heads are also used when mopping common spaces to prevent cross contamination.
- Mop water & mop heads are changed after leaving every space.
- Used mop heads and rags are placed in a "dirty laundry" bag and submitted to laundry service for deep cleaning and drying at the end of the shift.
- Soiled Gloves removed and placed in trash
- Hands cleaned with soap and water or hand sanitizer.
- Eye protection cleaned and sanitized
- Face mask assessed for safe functionality

RECREATION SPACE CLEANING PROCEDURES

- Survey the space, choose direction to clean (clockwise, counterclockwise) straighten and pick up loose debris
 - Towels or towelettes
 - Disposable cups
 - Any objects on the floor
- Empty and line wastecontainers
 - Handle bag from top
 - Clean waste can
- Perform high dusting with Microfiber Flexible Dusting Wand
 - Vents (supply & return)
 - Light fixtures
 - Sprinkler heads
 - High Ledges
- Perform cleaning on all vertical surfaces, walls, wall mounted objects
 - Use extension pole and flat surface mop to clean/disinfect walls (where ceiling and wall meet to floor and wall meet.
 - Baseboards
 - Light switches
 - Thermostat
 - Blinds
 - Door frames

Always use the cleaning chemicals and procedures specified by your supervisor.

RECREATION FACILITIES (TO INCLUDE EXERCISE EQUIPMENT) CHECKLIST: ROUTINE CLEANING

- Perform high-touch surface cleaning in areas such as, but not limited to:
 - Tables
 - Equipment
 - Mirrors and Glass surfaces
 - Damp wipe electronics, phones, TVs, monitors, keyboards, and mice
 - Wipe down chairs (Non-upholstered)
 - Vacuum upholstered areas of furniture and then spray with EPA approved disinfectant (furniture maybe shampooed instead)
 - Handrails

- Perform disinfecting procedure
 - Allow disinfectant to dwell, according to manufactures' instructions
 - complete the disinfecting process on all surfaces cleaned, spraying, and wiping down all areas with disinfectant spray cleaner.

FLOOR CLEANING AND DISINFECTION

- Put safety signs out indicating floor hazard
- Dust mop floor, beginning in the far corner of the room away from exit.
- Vacuum Carpet
- Damp mop floor (non-carpeted areas)
- Dispose of used cloths and mops in "dirty laundry" bag and submit to laundry service for deep cleaning and drying at the end of the shift.
- Use Auto Scrubber on surfaces as needed.

FINAL INSPECTION

- Inspect room and complete quality checklist
 - Remove PPE before leaving the room
 - Perform hand hygiene and put on new gloves
 - Clean all tools and equipment and return to cart
 - Remove gloves and perform hand hygiene
 - Put in work order to have HVAC filter changed

Employee Signature: _____

Supervisor Signature: _____

Always use the cleaning chemicals and procedures specified by your supervisor.