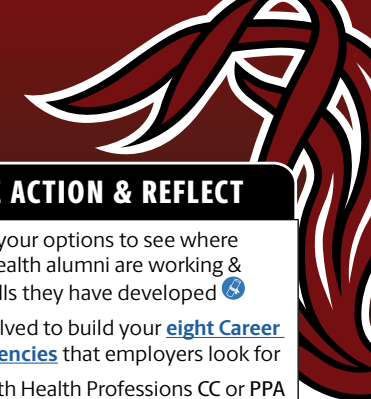


# 4-YEAR STUDENT CAREER PLAN

B.S./B.A. Public Health



	KNOW YOURSELF
<b>1ST YEAR: BUILD FOUNDATIONS</b>	<ul style="list-style-type: none"> <li>Identify your career goals and take <a href="#">career &amp; personality assessments</a> to understand your skills, interests, values and strengths</li> <li>Know your <a href="#">area of study</a> and review academic bulletin for <a href="#">B.S./B.A.</a></li> <li>Determine career path based on social and lab science ability and requirements</li> <li>Check out the <a href="#">Office of Student Advocacy</a></li> </ul>
<b>2ND YEAR: EXPLORE POSSIBILITIES</b>	<ul style="list-style-type: none"> <li>Consider new experiences, clubs, <a href="#">part-time on-campus jobs</a>, <a href="#">undergraduate research</a> and <a href="#">leadership roles</a> to gain experience &amp; new skills</li> <li>Check in with your CC and update documents</li> </ul>
<b>3RD YEAR: FIND FOCUS</b>	<ul style="list-style-type: none"> <li>Check in with your CC and update documents in Career Studio</li> <li>Assess previous involvement &amp; participate in leadership roles</li> <li>Join a new major-related club or organization to network &amp; enhance skills</li> <li>Start looking early to secure a summer internship</li> </ul>
<b>4TH YEAR: PREPARE FOR LAUNCH</b>	<ul style="list-style-type: none"> <li>Solidify references &amp; recommendations</li> <li>Join professional groups and set job alerts for your search</li> <li>Use any relevant resources to network &amp; reach out to contacts</li> </ul>

EXPLORE OPTIONS
<ul style="list-style-type: none"> <li>Explore <a href="#">potential career paths</a> for job shadowing in career fields</li> <li>Explore <a href="#">Undergraduate Programs</a> to understand your goals &amp; decide on industry vs. medical/grad school</li> <li>Explore <a href="#">Education Abroad</a> for future opportunities</li> <li>Explore <a href="#">What Can I Do With This Major?</a> and <a href="#">O*Net</a> for Public Health career options</li> </ul>
<ul style="list-style-type: none"> <li>Join <a href="#">Mentorship Hub</a> and <a href="#">LinkedIn</a> to connect with USC Alumni</li> <li>Explore the <a href="#">Career Center Toolbox</a> for additional career readiness resources</li> </ul>
<ul style="list-style-type: none"> <li>Start looking for and secure a summer <a href="#">internship/co-op</a></li> <li>Attend panels, workshops, <a href="#">job shadowing on-site</a> and <a href="#">informational interviews</a> to gain confidence &amp; grow connections</li> </ul>
<ul style="list-style-type: none"> <li>Research online to know more about the companies and positions you are interested in and explore career paths, job titles and salaries</li> <li>Confirm your path for applications and track your searches to stay organized</li> <li>Verify graduation requirements and complete <a href="#">Graduation with Leadership Distinction</a></li> </ul>

ENGAGE & EXPERIENCE
<ul style="list-style-type: none"> <li>Visit <a href="#">Garnet Gate</a> &amp; the August Student Org Fair to explore and join clubs or orgs for your major</li> <li>Check out the <a href="#">Leadership and Service Center</a>, <a href="#">Graduation with Leadership Distinction in Community Service</a>, <a href="#">Center for Integrative and Experiential Learning</a> and <a href="#">Sustainability</a> for options of engaging as you <a href="#">Create Your Plan</a></li> <li>Discuss shadowing opportunities with your Health Professions CC</li> <li>Engage with an <a href="#">ASPH Ambassador</a></li> <li>Attend the <a href="#">Part-Time Job Fair &amp; Health Professions Fair</a> in the fall/spring</li> </ul>
<ul style="list-style-type: none"> <li>Investigate <a href="#">Research</a> as a core experiential education path</li> <li>Job shadow for career options</li> <li>Follow trends online and the ASPH Listserv for current opportunities</li> </ul>
<ul style="list-style-type: none"> <li>Review past career assessments to see your top work values and skills sets</li> <li>Engage with related professors or past employers for networking and assistance</li> <li>Attend Career Center and PPA information sessions in Handshake</li> </ul>
<ul style="list-style-type: none"> <li>Review &amp; update your professional documents and online profiles</li> <li>Review your top skills &amp; experiences from the last four years that are most relevant to a professional career</li> <li>Practice verbal and physical skill sets in practicum sequence</li> </ul>

TAKE ACTION & REFLECT
<ul style="list-style-type: none"> <li>Explore your options to see where public health alumni are working &amp; what skills they have developed</li> <li>Get involved to build your <a href="#">eight Career Competencies</a> that employers look for</li> <li>Meet with Health Professions CC or PPA to develop a customized career plan and resume</li> </ul>
<ul style="list-style-type: none"> <li>Start looking and apply early for summer and fall opportunities</li> <li>Explore companies related to your field at the <a href="#">Health Professions Fair</a></li> </ul>
<ul style="list-style-type: none"> <li>Continue to connect with alumni and employers online</li> <li>Maintain strong relationships with <a href="#">ASPH Faculty</a></li> <li>Visit <a href="#">Pre-Professional and Graduate School Advising</a> to update clinical hours, schedule testing, and prepare to apply to professional school</li> </ul>
<ul style="list-style-type: none"> <li>Meet with a CC or PPA to create a plan for your job search or GAP year</li> <li>Engage in interview preparation &amp; practice — create a document with your most relevant experiences and apply the STAR method</li> <li>Complete the graduation survey to share your post-grad plans</li> </ul>

## GAMECOCK GRADSTATS DATA

Average Annual Salary of USC B.S./B.A. Public Health Graduates\*

**\$69,033**

\* 5-10 years after graduation



### Skills Employers Look for

(in no particular order)

- |                             |                 |                           |
|-----------------------------|-----------------|---------------------------|
| Customer Service            | Microsoft Excel | Social Networking Service |
| Event Management            | Public Health   | Team Management           |
| Health Care                 | Public Speaking | Teamwork                  |
| Interpersonal Communication | Research        |                           |
| Leadership                  | Sales           |                           |
| Management                  | Social Media    |                           |



Legend	
CC	Career Coach
PPA	Pre-Professional Advisor
	Handshake
	Big Interview
	Gamecock GradStats



# DON'T FORGET THESE IMPORTANT TASKS!

- Build & update your [Handshake](#) profile.
- Create & update [professional documents](#) (resume, CV, references, etc.).
- [Schedule an appointment](#) with Career Coaches and/or Pre-Professional & Graduate School Advising staff.

## »» [DISCOVER EMPLOYERS HIRING YOUR MAJOR](#)

# CAREER CENTER TOOLS

Follow the links provided to explore all of the tools that the Career Center has to offer.

## [BIG INTERVIEW](#) »»

Big Interview is the Career Center's online practice interview resource that allows students & alumni to conduct a mock interview on their own time, accessing thousands of questions that are broken out into general, behavioral & technical questions.

## [CANDID CAREER](#) »»

Candid Career is the premier provider of thousands of informational video interviews featuring industry professionals. Students & alumni can get the inside scoop on careers, as well as advice that will provide an edge in the job search.

## [CAREERSHIFT](#) »»

CareerShift is an online tool that allows students to search, select and store job listings from all job boards and all company job postings. Students & alumni can also find up-to-date contact information for millions of companies.

## [GAMECOCK GRADSTATS](#) »»

Explore the possibilities! Search & view USC students' post graduation career paths: where they work, skills they use, & how much they earn.

## [HANDSHAKE](#) »»

Handshake is the Career Center's online resource for jobs, internships, events and employer connections. Handshake is also where students can find resources and make appointments with a career coach.

## [INTERSTRIDE](#) »»

Interstride is a one-stop-shop that empowers students to thrive internationally.

## [MENTORSHIP HUB](#) »»

Mentorship Hub is an online platform that connects the USC community. The platform provides career support, career resources, and an opportunity to mentor or seek mentorship.

## Other Campus Resource Links:

- [Academic Advising](#)
- [Center for Integrative and Experiential Learning](#)
- [Leadership and Service Center](#)
- [Office of Undergraduate Studies](#)
- [Undergraduate Research](#)

*The Career Center realizes that every student has a unique journey during their time here at the University of South Carolina. All students move at different paces along different paths. We acknowledge your individual needs and will meet you at whatever stage you are in. This document is meant to serve as a milestones guide to help you plan your future and your goals.*