



This course plan is a recommended sequence for this major. Courses designated as critical (!) may have a deadline for completion and/or affect time to graduation. Please see the Program Notes section for details regarding "critical courses" for this particular Program of Study.

| Critical | Course Subject and Title | Credit Hours | Min. Grade ¹ | Major GPA ² | Code | Prerequisites | Notes |
|---|---|--------------|-------------------------|------------------------|------------------|--|-------|
| Semester One (15 Credit Hours) | | | | | | | |
| | ENGL 101 Critical Reading and Composition | 3 | C | | CC-CMW | | |
| | Carolina Core ARP Requirement ³ | 3 | C | | CC-ARP | | |
| | BIOL 101 & 101L Biological Principles I <i>or</i> BIOL 110 General Biology <i>or</i> BIOL 120 & 120L Human Biology | 4 | C | | CC-SCI | | |
| | PEDU 232 Philosophy & Prin. of P.E. (<i>offered fall only</i>) | 3 | C | | MR | | |
| | Psychomotor Skills Courses ⁴ | 2 | C | | MR | | |
| Semester Two (16 Credit Hours) | | | | | | | |
| | ENGL 102 Rhetoric and Composition | 3 | C | | CC-CMW CC-INF | C or better in ENGL 101 | |
| | Carolina Core ARP Requirement ³ | 3 | C | | CC-ARP | | |
| | PSYC 101 Intro. to Psychology | 3 | | | CC-GSS | | |
| | PHYS 101 & 101L The Physics of How Things Work I <i>or</i> PHYS 201 & 201L General Physics I <i>or</i> CHEM 102 Fundamental Chemistry II <i>or</i> CHEM 111 & 111L General Chemistry I | 4 | C | | CC-SCI | See listing in Bulletin. | |
| | PEDU 190 Intro. to the Description & Analysis of Human Movement (<i>offered spring only</i>) | 2 | C | | MR | | |
| | Psychomotor Skills Course ⁴ | 1 | C | | MR | | |
| Progression: Prepare for and take Praxis Core exams if SAT or ACT minimum score not met ⁵ | | | | | | | |
| Semester Three (15 Credit Hours) | | | | | | | |
| | PEDU 515 Physical Ed. for Inclusion (<i>offered fall only</i>) | 3 | C | | MR | | |
| | PEDU 300 First Aid and CPR | 3 | C | | MR | | |
| | Psychomotor Skills Courses ⁴ | 2 | C | | MR | | |
| | EXSC 223 & 223L Anatomy & Physiology I <i>or</i> BIOL 243 & 243L Human Anatomy & Physiology I | 4 | C | | PR | EXSC 223: ENGL 102, BIOL 102, CHEM 111, & MATH 122 <i>or</i> 141 | |
| | Carolina Core AIU Requirement ³ | 3 | | | CC-AIU | | |
| Progression: Take and pass the EEDA Assessment on Blackboard | | | | | | | |
| Semester Four (17 Credit Hours) | | | | | | | |
| | PEDU 650 The Art & Sci. of Coaching (<i>offered spring only</i>) | 3 | C | | MR | | |
| | PEDU 420 Motor Learning in P.E. (<i>offered spring only</i>) | 3 | C | | MR | | |
| | HPEB 321 Personal & Community Health <i>or</i> HPEB 511 Health Problems in a Changing Society <i>or</i> EXSC 191 Physical Activity & Health | 3 | C | | MR | | |
| | Psychomotor Skills Course ⁴ | 1 | C | | MR | | |
| | EXSC 224 & 224L Anatomy & Physiology II <i>or</i> BIOL 244 & 244L Human Anatomy & Physiology II | 4 | C | | PR | EXSC 224: C or better in EXSC 223 & 223L; BIOL 244: BIOL 243 | |
| | SOCY 101 Introductory Sociology | 3 | | | PR | | |
| Semester Five (15 Credit Hours) | | | | | | | |
| ! | PEDU 340 Practicum in the Instr. Aspects of P.E. | 1 | C | | MR | Overall 2.5 GPA; Coreq: PEDU 360 | |
| ! | PEDU 360 Instructional Aspects of Phys. Ed. | 3 | C | | MR | Overall 2.5 GPA; Coreq: PEDU 340 | |
| | EXSC 303 Perceptual-Motor Development <i>or</i> PEDU 570 Human Child/Adol. Growth (<i>offered fall only</i>) | 3 | C | | MR | C or better in EXSC 224 & 224L | |
| | PEDU 520 Observational Analysis of Sports Tech. & Tactics (<i>offered fall only</i>) | 3 | C | | MR | PEDU 190, EXSC 223 & 224 <i>or</i> BIOL 243, 244; PHYS 101 | |
| | EDPY 401 Learners and the Diversity of Learning | 3 | C | | MR | | |
| | Psychomotor Skills Courses ⁴ | 2 | C | | MR | | |
| Progression: Apply for Professional Program (all requirements for Professional Program must be met by deadline prior to sixth semester) | | | | | | | |
| Semester Six (17 Credit Hours) | | | | | | | |
| ! | PEDU 341 Practicum in Instruction of Young Learners in Movement Settings⁶ | 1 | C | | MR | Cumulative 2.75 GPA, PEDU 340 & 360; Coreq: PEDU 361 | |
| ! | PEDU 361 Instr. of Young Learners in Movement Settings⁶ | 3 | C | | MR | Cumulative 2.75 GPA, PEDU 340 & 360; Coreq: PEDU 341 | |
| ! | PEDU 226 Physical Education for Primary Grades⁶ | 3 | C | | MR | PEDU 190 | |
| | PEDU 445 Measurement & Eval. in P.E. (<i>offered spring only</i>) | 3 | C | | MR | | |
| | EDRD 500 Content Area Literacy PK-12 | 3 | C | | MR | | |
| | Psychomotor Skills Course ⁴ | 1 | C | | MR | | |
| | Carolina Core GHS Course | 3 | | | CC-GHS | | |
| Progression: Apply for Directed Teaching and SC Teacher Licensure (including fingerprinting) | | | | | | | |

| Semester Seven (14 Credit Hours) | | | | | | | |
|----------------------------------|---|---|---|--|------------------|---|--|
| ! | PEDU 440 Practicum in Secondary School P.E. ⁶ | 1 | C | | MR | Overall 2.75 GPA, Adm. to Prof. Prog. & PEDU 341; Coreq: PEDU 462 | |
| ! | PEDU 462 Instruction in Secondary School P.E. ⁶ | 3 | C | | MR | Cumulative 2.75 GPA, Adm. to Prof. Prog., PEDU 341 & 361; Coreq: PEDU 440 | |
| | PEDU 510 Teaching Health Related Physical Fitness <i>(offered fall only)</i> | 3 | C | | MR | EXSC 223/224 <i>or</i> BIOL 243/244 | |
| | PEDU 451 Teaching Physical Education <i>(offered fall only)</i> | 3 | C | | MR | Prereq <i>or</i> Coreq: PEDU 462 & 440 | |
| | Psychomotor Skills Course ⁴ | 1 | C | | MR | | |
| | Carolina Core CMS/VSR Requirement ³ | 3 | | | CC-CMS CC-VSR | | |

Progression: Take required Praxis Certification exams during senior year

| Semester Eight (15 Credit Hours) | | | | | | | |
|----------------------------------|---|----|---|--|--------------|---|--|
| ! | PEDU 479 Directed Teaching in Physical Education ⁶ | 12 | C | | MR | Cumulative 2.75 GPA & Adm. to Directed Teaching | |
| ! | PEDU 446 Physical Education Curriculum ⁶ | 3 | C | | MR CC-INT | Cumulative 2.75 GPA & Adm. to Directed Teaching | |

Graduation Requirements Summary

| Minimum Total Hours | Minimum Major Requirements Hours | College & Program Requirements Hours | Carolina Core Hours ³ | Minimum Institutional GPA |
|---------------------|----------------------------------|--------------------------------------|----------------------------------|---------------------------|
| 124 | 81 | 11 | 32 | 2.75 |

- Regardless of individual course grades, students must maintain a minimum 2.75 cumulative GPA.
- Some colleges require a minimum GPA for major courses. Courses indicated in this column are included in the major GPA for this program of study.
- The [Carolina Core](#) provides the common core of knowledge, skill and academic experience for all Carolina undergraduate students. Although students may take up to 43 hours to meet all Carolina Core requirements, students in the P.E. program must complete two Carolina Core approved “overlay-eligible” courses in order to graduate on time and avoid summer courses or taking more than five courses in some semesters. The Carolina Core requires either two approved courses in one foreign language or a score of 2 or higher on the placement test. If a student in the P.E. program is not exempted from the foreign language requirement through the placement test, additional courses may be required to meet all Carolina Core components.
- Students must complete 10 hours in Psychomotor Skills, as described below.

| Choose from the following: | |
|------------------------------------|---------------------------------------|
| PEDU 105 – Weight Training (1) | PEDU 173 – Folk/Square Dance (1) |
| PEDU 126 – Badminton/Gold (1) | PEDU 194 – Educational Gymnastics (1) |
| PEDU 131 – Basketball/Soccer (1) | PEDU 195 – Educational Games (1) |
| PEDU 138 – Softball/Volleyball (1) | PEDU 196 – Educational Dance (1) |
| PEDU 139 – Tennis/Track (1) | Motor Skills Elective (1) |

- Information for the Praxis Core exam can be found on the College of Education, Office of Student Services [website](#).
- Must meet all professional program and internship admissions requirements by set deadlines prior to participation in these courses. Professional program and internship admission requirements can be found on the Bulletin.

Program Notes:

- Courses designated as “critical” (!) must be taken in the semester in which they are listed.
- If a student majoring in P.E. has two consecutive semesters of grade point averages below 2.75 and a cumulative GPA below 2.75, the student will be suspended from academic programs in the Dept. of Physical Education.
- Upon completion of 60 hours of course work, including courses specified by the Physical Education Program, the candidate may apply for admission to the Professional Program in P.E. For admission requirements to the Professional Program, please visit the Bulletin.
- Students in the Department of Physical Education may attempt to earn a satisfactory grade in a major course no more than two times.
- All initial teacher licensure programs in the College of Education require extensive field experiences in P-12 schools. All students must read and understand the rules and expectations outlined in the Preservice Teacher Education Clinical Experiences Manual. Prior to participating in school field experiences, students must have been cleared through a criminal background check and must have a negative test for TB on file with the College of Education.

University Requirements: Bachelor’s degree-seeking students must meet Carolina Core (general education) requirements. For more information regarding these requirements, please visit the [Carolina Core](#) page on the University website.

| Codes: | | | |
|--------|--|--------|---|
| CC | Carolina Core | CC-INF | Carolina Core – Information Literacy |
| CC-AIU | Carolina Core-Aesthetic and Interpretive Understanding | CC-INT | Carolina Core – Integrative Course |
| CC-ARP | Carolina Core-Analytical Reasoning and Problem-Solving | CC-SCI | Carolina Core – Scientific Literacy |
| CC-CMS | Carolina Core-Effective, Engaged, and Persuasive Communication: Spoken Component | CC-VSR | Carolina Core – Values, Ethics, and Social Responsibility |
| CC-CMW | Effective, Engaged, and Persuasive Communication: Written Component | CR | College Requirement |
| CC-GFL | Carolina Core-Global Citizenship and Multicultural Understanding: Foreign Language | MR | Major Requirement |
| CC-GHS | Carolina Core – Historical Thinking | PR | Program Requirement |
| CC-GSS | Carolina Core – Social Sciences | | |

Disclaimer: Major maps are only a suggested or recommended sequence of courses required in a program of study. Please contact your academic advisor for assistance in the application of specific coursework to a program of study and course selection and planning for upcoming semesters.