## Seminar Series | Fall 2017

**Location:** Public Health Research Center, Auditorium Room 107  
**Time:** 3:30pm - 4:30pm (unless otherwise noted)

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<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>PRESENTED BY</th>
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<tr>
<td>Aug. 25</td>
<td>First week of class</td>
<td>No Seminar</td>
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| Sept. 1    | The Good and Bad Cholesterol Myth: FLEX Lab to the Rescue            | Mark Sarzynski, PhD, FACSM  
Assistant Professor, University of South Carolina, Arnold School of Public Health  
Department of Exercise Science |
| Sept. 8    | The Impact of Cardiorespiratory Fitness and Health Outcomes          | Mei Sui, M.D., M.P.H., Ph.D.  
Assistant Professor, Graduate Director &  
Head of the Health Aspects of Physical  
Activity Division, University of South  
Carolina, Department of Exercise Science |
| Sept. 15   | Herbal products as a therapeutic treatment for cancer symptoms: inflammation, pain & cachexia | Kandy Velásquez, PhD, FACSM  
Post-Doctoral Fellow, University of South Carolina, School of Medicine, Department of Pathology, Microbiology & Immunology |
| Sept. 22   | The Faith, Activity, and Nutrition (FAN) Dissemination & Implementation Study: Countywide Adoption, Reach, and Effectiveness | Sara Wilcox, PhD  
Professor, Director of the Prevention  
Research Center, University of South  
Carolina, Arnold School of Public Health,  
Department of Exercise Science |
| Sept. 29   | Development of the 2018 Physical Activity Guidelines for Americans    | Russell R. Pate, PhD  
Professor, Director of Children's Physical  
Activity Research Group, University of South  
Carolina, Arnold School of Public Health,  
Department of Exercise Science |
| Oct. 6     | TBD                                                                   | Chelsea Larson, MS  
PhD Student, University of South Carolina,  
Exercise Science, Health Aspects of  
Physical Activity |
| Oct. 13    | TBD                                                                   | Brian E. Saelens, PhD  
Professor, Psychiatry & Behavioral  
Sciences, Department of Pediatrics,  
University of Washington |
| Oct. 20    | **No Seminar – Fall Break**                                         | **No Seminar – Fall Break**                                                                         |
| Oct. 27    | Identifying and Quantifying Unwanted Variability in the System for Observing Fitness Instruction Time | Michelle Whitfield  
MS Student, University of South Carolina,  
Exercise Science, Health Aspects of  
Physical Activity  
Advisor: Dr. Weaver |
| Nov. 3     | TBD                                                                   | Steve Broglio, PhD, A.T.C  
Associate Professor and Director of Athletic  
Training, Department of Kinesiology,  
University of Michigan  
Advisor: Dr. Weaver |
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| Nov. 10  | TBD                                                                   | Michael Gower, PhD  
Assistant Professor, Chemical Engineering, Biomedical Engineering, College of Engineering and Computing |
| Nov. 17  | Inflammatory Signaling Regulates Eccentric Contraction-induced Protein Synthesis in Cachectic Skeletal Muscle | Justin Hardee  
PhD Student, University of South Carolina, Exercise Science, Applied Physiology  
Advisor: Dr. Carson |
| Nov. 24  | No Seminar – Thanksgiving Break                                      | No Seminar – Thanksgiving Break                                                  |
| Dec. 1   | TBD                                                                   | Lindsay Decker  
PhD Student, University of South Carolina, Exercise Science, Health Aspects of Physical Activity  
Advisor: Dr. Beets |
| Dec. 8   | No Seminar – Last Day of Classes                                     | No Seminar – Last Day of Classes                                                |