

SARA WILCOX

Department of Exercise Science & Prevention Research Center
Arnold School of Public Health
University of South Carolina
921 Assembly Street (PHRC), 1st Floor
Columbia, SC 29208
Tel: (803) 777-8141
E-mail: wilcox@mailbox.sc.edu

EDUCATION AND TRAINING

- 1996-1998 *Postdoctoral Fellow in Cardiovascular Disease Epidemiology and Prevention*
Stanford Center for Research in Disease Prevention
Stanford University School of Medicine, Palo Alto, CA
Primary advisor: Abby C. King, PhD
- 1995-1996 *Predoctoral Clinical Psychology Intern in Geropsychology*
Veterans Affairs Palo Alto Health Care System, Palo Alto, CA
Primary advisor: Larry W. Thompson, PhD
- 1991-1996 *Doctoral Training Program in Clinical Psychology*
Specialty Track: Adult Development and Aging
Washington University, St. Louis, MO
MA: December, 1993; PhD: August, 1996
Primary advisor: Martha Storandt, PhD
Full stipend and tuition remission
- 1987-1991 *Undergraduate Major in Psychology*
Northwestern University, Evanston, IL
BA with honors: June, 1991

PROFESSIONAL POSITIONS

- 2025-present *Interim Associate Dean for Faculty Affairs, Arnold School of Public Health, University of South Carolina*
- 2012-present *Director, Prevention Research Center, Arnold School of Public Health, University of South Carolina (Interim Director, 2011-2012)*
- 2010-present *Professor, Department of Exercise Science, Arnold School of Public Health, University of South Carolina*
- 2010-present *Adjunct Professor, Department of Psychology, University of South Carolina*
- 1999-present *Faculty Affiliate, Department of Women's and Gender Studies, University of South Carolina*

2004-2010	<i>Associate Professor</i> , Department of Exercise Science, Arnold School of Public Health, University of South Carolina
2004-2010	<i>Adjunct Associate Professor</i> , Department of Psychology, University of South Carolina
1999-2004	<i>Assistant Professor</i> , Department of Exercise Science, Arnold School of Public Health, University of South Carolina
2000-2004	<i>Adjunct Assistant Professor</i> , Department of Psychology, University of South Carolina
1999-2003	<i>Adjunct Assistant Professor</i> , Section on Social Sciences and Health Policy, Department of Public Health Sciences, Wake Forest University School of Medicine,
1998-1999	<i>Assistant Professor</i> , Section on Social Sciences and Health Policy, Wake Department of Public Health Sciences, Forest University School of Medicine

LICENSURE

2000-present	<i>Licensed Clinical Psychologist</i> , South Carolina (license #775)
1998-2000	<i>Licensed Psychologist and Health Services Provider Psychologist</i> , North Carolina (license #2466)

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

- American College of Sports Medicine (Fellow)
- American Psychological Association
- American Public Health Association
- National Academy of Kinesiology (Fellow)
- Society of Behavioral Medicine (Fellow)

HONORS, AWARDS, & RECOGNITIONS

2022	Breakthrough Leadership in Research Award, University of South Carolina Office of the Vice President for Research
2018-2021	Board of Trustees, American College of Sports Medicine (elected)
2018	“Face of South Carolina,” SC Thrive, selected for the work I’ve done with the faith-based community in Fairfield County, SC
2016	Fellow, Society of Behavioral Medicine

- 2015 Fellow, National Academy of Kinesiology (Fellow #555)
- 2014-2015 Southeastern Conference (SEC) Academic Leadership Development Program Fellow (1 of 4 faculty at the University of South Carolina selected by the Provost)
- 2010 Recipient of the University of South Carolina Educational Foundation Faculty Research Award for Health Sciences
- 2009 Article nominated by the Robert Wood Johnson Foundation (RWJF) as 1 of 25 that “had major policy impact, affected our work and thinking, or stood out in some other way.” Article was then chosen to be in the top 10 list of most influential RWJF research articles (2008: The Year in Research) based on open votes and by the Vice President for Research and Education of the RWJF (article: *Wilcox et al., 2008, Am J Prev Med*).
- 2007 Nominated by University of South Carolina President Sorenson for the 2008 Governor’s Young Researcher Award for Excellence in Scientific Research
- 2007 Recipient of the Arnold School of Public Health Faculty Research Award, University of South Carolina
- 2006 Fellow, American College of Sports Medicine
- 2006-2007 President, Delta Omega Society, Mu Chapter (national honorary public health society), University of South Carolina
- 2003 Inducted into Delta Omega Society, Mu Chapter (national honorary public health society), University of South Carolina
- 2003 Physical-e-Fit was the recipient of the 2003 Faith-Based Award from the South Carolina Governor’s Council on Physical Fitness (program developed collaboratively with the 7th Episcopal District of the AME church and MUSC)
- 2001 Recipient of the Fellowship Fund for Epidemiological Research on Physical Activity (Ralph S. Paffenbarger, Jr. award). Recognized at the annual ACSM meeting in Baltimore, MD.
- 1998 Recipient of the Katharine McCormick Fund for Women travel grant (bequest to Stanford University School of Medicine).
- 1997 Recipient of the National Institute on Aging Summer Institute on Aging Research Fellowship.
- 1995 Recipient of the American Psychological Association Science Directorate Student Travel Award.
- 1994 Received the American Psychological Association Division 20 (Adult Development and Aging) Award for Student Research.
- 1994 Received honors on doctoral subject matter oral examinations.

- 1992-1994 National Institute on Aging Training Fellowship
- 1992 Received honors on doctoral qualifying examinations.
- 1991-1996 Full Tuition Remission Awards, School of Arts and Sciences,
Washington University, St. Louis, MO
- 1991 Graduated with honors in psychology, Northwestern University, Evanston, IL

RESEARCH INTERESTS

- Translation, dissemination, and implementation of evidence-based health behavior change programs in community settings
- Community-based interventions to increase physical activity and promote healthy eating in older adults, women, and persons of color
- Faith-based health promotion interventions
- Factors influencing physical activity and healthy eating in diverse populations

H-INDEX

Google Scholar h-index as of 02/22/2026: 76

(https://scholar.google.com/citations?view_op=list_works&hl=en&user=GJXTre8AAAAJ&gmla=AJsN-F6Y-IglKNbi8JCa4uoHpoKmgZqlUUSISVWC2xf006evwbxTkJf_AXWS7R5tX4AkRQ19R-JbLkaHRIjBPBihvJevwdHNoO8QdK2Ke8o-6acIDBCIwcQfav_y4kM_fMBDxjwxiBXf)

Web of Science h-index as of 08/01/2025: 51

Number of times cited: 9,804

WOS ResearcherID: GXV-7647-2022

(<https://www.webofscience.com/wos/author/record/GXV-7647-2022>)

PUBLICATIONS

Peer-Reviewed Publications

** Author was a student or post-doctoral fellow at the time of submission or resulted from the work the student did while at USC. Sara Wilcox was the student's primary mentor or dissertation chair (or co-mentor or co-chair) or mentored the student on this paper.

* Author was a student or post-doctoral fellow at the time of submission or resulted from the work the student did while at USC. Sara Wilcox was *not* the student's primary mentor or primary mentor for this paper.

In press

1. Bernhart, J.A., Bell, A., **WILCOX, S.**, Rudisill, A.C., Etheredge, J., Alexander, G., Day, D., Turner-McGrievy, G.M. (in press). Nutritious Eating with Soul Dissemination and Implementation Study: Design and methods of a type II hybrid effectiveness trial implemented in vegan restaurants. Contemporary Clinical Trials.
DOI: 10.1016/j.cct.2026.108313
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41980660>
2. Guzman, J., Soto, Y., Aguiñaga, S., Aguirre, K., Marques, I.G., Vásquez, P.M., **WILCOX, S.**, & Marquez, D.X. (in press). Cultural threads of memory: Barriers and motivations for brain health, physical activity, and nutrition among middle-aged and older Latinos. Ethnicity & Health. Note: Guzman and Soto are co-first authors.
DOI: 10.1080/13557858.2026.2635589
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41771054>
3. Rudisill, A.C., *Chupak, A.L., WILCOX, S., Saunders, R.P., Kaczynski, A.T. (in press). Implementation costs and relationships between costs and outcomes in the Faith, Activity, and Nutrition program: a church-based intervention. Implementation Science Communications.
DOI: 10.1186/s43058-026-00911-4
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41904582>
4. Saunders, R.P., **WILCOX, S.**, Rudisill, A.C., Kaczynski, A.T., **Parker-Brown, J. (in press). Transitioning from the Consolidated Framework for Implementation Research (CFIR) to the updated CFIR for quantitative measurement of influences on implementation outcomes in a faith-based walking intervention. Implementation Science Communications. Note: S Wilcox is the corresponding author.
DOI: 10.1186/s43058-026-00903-4
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41851822>
5. Pellegrini, C.A., **WILCOX, S.**, Kennerley, C., Lee, J., Turner-McGrievy, G., Regan, E., Wessinger, P., Chen, B., Davis, H.T., Jamieson, S., Horn, K., Stansbury, M., Jackson III, J.B. (in press). Weight loss and physical activity after total knee replacement: study protocol for the Healthy Living randomized controlled trial. Osteoarthritis and Cartilage Open.
DOI: 10.1016/j.ocarto.2026.100760
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41809760>
6. *Karim, S., Liu, J., Cai, B., Merchant, A.T., WILCOX, S. (in press). Trajectories of perinatal depressive symptoms in women with overweight and obesity. Journal of Behavioral Medicine. E-pub ahead of print, February 9, 2026.
DOI: 10.1007/s10865-026-00635-9
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41663869>
7. Pasha, A., Qiao, S., **WILCOX, S.**, Olatosi, B., Li, X. (in press). Resilience, social support, and coping strategies in mitigating psychological distress among rural African American women in South Carolina during the COVID-19 pandemic: A mediation moderation analysis. Journal of Racial and Ethnic Health Disparities. Epub ahead of print September 19, 2025.
DOI: 10.1007/s40615-025-02645-w

Abstract: <https://pubmed.ncbi.nlm.nih.gov/40971130/>

8. Garrett, C., Aggarwal, A., Xia, H., Tam, C.C., Olatosi, B., **WILCOX, S.**, Li, X., Qiao, S. (in press). Resilience mediates the association between discrimination and psychological distress among rural, Black women in South Carolina: A structural equation model. Journal of Racial and Ethnic Health Disparities. Epub ahead of print, July 29, 2025. DOI: 10.1007/s40615-025-02559-7
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40731191/>
9. **WILCOX, S.**, Saunders, R.P., **Parker-Brown, J., Kaczynski, A.T., Stucker, J., Kinnard, D., Day, K.R., Rudisill, C. (in press). Church committee engagement in and evaluation of a faith-based online training: a national implementation study. Health Promotion Practice. Epub ahead of print August 8, 2025. DOI: 10.1177/15248399251362162
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40776786/>
10. *Keseko, E.A., Turner-McGrievy, G.M., Bernhart, J.A., *Bell, A., *Bailey, S., Kim, Y.S., *Okpara, N., **WILCOX, S.**, Frongillo, E.A. (in press). Connections between diet and mental health: Comparing participants randomized to vegan and omnivorous diets in the Nutritious Eating With Soul (NEW Soul) study. American Journal of Lifestyle Medicine. Epub ahead of print, September 9, 2025. DOI: 10.1177/15598276251377720.
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40937322/>
11. Baruth, M., **WILCOX, S.**, Liu, J., Schlaff, B. (in press). Psychosocial mediators of a physical activity and dietary intervention in pregnant women with overweight or obesity. BMC Pregnancy and Childbirth. DOI: 10.1186/s12884-025-07780-0
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/41942901>
12. *DeVivo, K., **WILCOX, S.**, Kim, Y., Heidtke, D., *Jamieson, S., Pellegrini, C. (in press). Effective recruitment strategies for underrepresented adults with arthritis in a telephone-delivered Walk With Ease program. Health Promotion Practice. Epub ahead of print, May 1, 2025. DOI: 10.1177/15248399251337026
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40312918/>

2026

13. Turner-McGrievy, G.M., Monroe, C.M., Delgado-Díaz, D.C., *Aydin, H.Z., *DuBois, K.E., Kim, Y., Valafar, H., **WILCOX, S.** (2026). Incentivizing social support in the randomized mobile Lifestyle Intervention for Food and Exercise (mLIFE) study: The impact of gamification on social support perceptions, provision, and receipt. Translational Behavioral Medicine, 16(1), 2026, ibaf086. DOI: 10.1093/tbm/ibaf086
Abstract: <https://pubmed.ncbi.nlm.nih.gov/41498406/>
14. *Jamieson, S., **WILCOX, S.**, Yang, C., Kim, Y., Pellegrini, C. (2026). Physical function and pain as predictors of movement behaviors in adults with arthritis. American Journal of Health Promotion, 40(3), 278-284. Epub ahead of print September 4, 2025. DOI: 10.1177/08901171251375974

Abstract: <https://pubmed.ncbi.nlm.nih.gov/40905386/>

2025

15. *Zhu, X., Liu, J., Frongillo, E.A., Merchant, A., Cai, B., **WILCOX, S.** (2025). Maternal postpartum depressive symptoms and complementary feeding practices of infants during the first twelve months of life. The Journal of Nutrition, 155(11), 4006-4015.
DOI: 10.1016/j.tjnut.2025.09.008
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40976479/>
16. **Day, K.R., **WILCOX, S.**, **Parker-Brown, J., Kaczynski, A., Pellegrini, C., Armstrong, B. (2025). Shared use to promote physical activity and healthy eating in rural South Carolina United Methodist Churches: Opportunities and pastor beliefs. Health Promotion Practice, 26(6), 1142-1150. Epub ahead of print, January 30, 2025.
DOI:10.1177/15248399241311589
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39884841>
17. *Bailey, S., Turner-McGrievy, G.M., *Keseko, E.A., Duncan, T., Ward-Johnson, D., Davis, B., **WILCOX, S.**, Friedman, D.B., Sarzynski, M.A., Liese, A.D. (2025). The Diet Guidelines: 3 Diets (DG3D) study protocol of a behavioral teaching kitchen intervention for type-2 diabetes prevention among African American adults. Contemporary Clinical Trials, 159, December 2025, 108109.
DOI: 10.1016/j.cct.2025.108109
Abstract: <https://pubmed.ncbi.nlm.nih.gov/41077220/>
18. *Aydin, H.Z., *Okpara, N., DuBois, K.E., Wilson, M.J., Carswell, J., **WILCOX, S.**, Friedman, D.B., Liese, A.D., Turner-McGrievy, G.M. (2025). Perceptions of the three dietary patterns of the 2020-2025 United States Dietary Guidelines among African American adults after a 12-week type 2 diabetes risk reduction randomized intervention trial: A qualitative study. Nutrients, 17(21), 3453.
DOI: 10.3390/nu17213453
Abstract: <https://pubmed.ncbi.nlm.nih.gov/41228525/>
19. Yeary, K.H.K., Allen, J.D., Arredondo, E., Atemnkeng, J., Buzcu-Guven, B., Day, R., DiCarlo, E., Formagini, T., Kwon, S.C., McElfish, P., McNeill, L.H., Newton Jr., R.L., Park, C.L., **WILCOX, S.**, Williams, L.B., Yusuf, Y., Zoellner, J. (2025). Cancer interventions with faith-based organizations: a scoping review. Cancer Causes and Control, 36(8), 765-779. Epub ahead of print, March 4, 2025.
Note: Authors beyond the first are listed in alphabetical order and not in order of contribution.
DOI: 10.1007/s10552-025-01977-6
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/40038170>
20. Turner-McGrievy, G.M., Delgado-Diaz, D.C., DuBois, K.E., Aydin, H.Z., Monroe, C.M., Kim, Y., Hardin, J., **WILCOX, S.**, Valafar, H. (2025). The mLife randomized trial examining the impact of gamifying social support provision for weight loss. Obesity, 33(8), 1447-1456. Epub ahead of print, July 8, 2025.
DOI: 10.1002/oby.24330
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/40629523>
Editor's Choice article for August, 2025 issue.

21. *Lee, J, West, D., Pellegrini, C., Wei, J., **WILCOX, S.**, Neils-Strunjuas, J, Rudisill, C., Friedman, E., Marquez, D., *Dzwierzynski, J., Balls-Berry, J., Gajadhar, R. Yang, C. (2025). Walking interventions and cognitive health in older adults: A systematic review of randomized controlled trials. American Journal of Health Promotion, 39(7), 1051-1067.
DOI: 10.1177/08901171251328858
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40165427/>
22. **WILCOX, S.**, Saunders, R.P., Kaczynski, A.T., Rudisill, A.C., Kim, Y.S., **Parker-Brown, J., Day, K.R. (2025). Implementation outcomes and associated constructs from the Consolidated Framework for Implementation Research (CFIR) among churches trained online to implement Faith, Activity, and Nutrition (FAN) in a national implementation study. Translational Behavioral Medicine, 15(1), ibafa015.
DOI: 10.1093/tbm/ibafa015
Abstract: <https://pubmed.ncbi.nlm.nih.gov/40440472/>
Note: This article was designated as an “Editors Choice” article for the issue.
23. Pellegrini, C., **WILCOX, S.**, Kim, Y., *Jamieson, S., *DeVivo, K., *Heidtke, D. (2025). Effectiveness of a telephone-delivered Walk With Ease Program on arthritis-related symptoms, function, and physical activity: a randomized trial. Arthritis Care and Research, 77(7), 928-938.
DOI: 10.1002/acr.25515
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/40026069>
24. **Day, K.R., **WILCOX, S.**, **Decker, L., **Bernhart, J., Baruth, M., Kaczynski, A., Pellegrini, C. (2025). Church leaders’ health behaviors and program implementation in the Faith, Activity, and Nutrition program in the United States. Journal of Preventive Medicine and Public Health, 58(2), 146-155.
DOI: 10.3961/jpmph.24.384
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39638297>
25. Bernhart, J.A., Turner-McGrievy, G.M., Davey, M., *Okpara, N., Harrell, E.G., *Bailey, S., **WILCOX, S.** (2025). The NEW Soul study: implementation and evaluation impact from the secular trend of the COVID-19 pandemic. Journal of Public Health Management and Practice. 31(3), 406-413.
DOI: 10.1097/PHH.0000000000002071
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39446575>
26. **Bernhart, J.A., **WILCOX, S.**, McKeever, B.W., Ehlers, D.K., O’Neill, J.R. (2025). A Self-Determination Theory application to physical activity in charity sports events. American Journal of Lifestyle Medicine, 19 (2), 242-252.
DOI: 10.1177/15598276221077204
Article: <https://journals.sagepub.com/doi/full/10.1177/15598276221077204>
27. *DuBois, K.E., Delgado-Diaz, D.C., McGrievy, M., Valafar, H., Turner-McGrievy, G., Monroe, C., **WILCOX, S.**, Turner-McGrievy, G. (2025). The Mobile Lifestyle Intervention for Food and Exercise (mLife) Study: protocol of a remote behavioral weight loss randomized clinical trial for type 2 diabetes prevention. Contemporary Clinical Trials, 148, 107735.
DOI: <https://doi.org/10.1016/j.cct.2024.107735>
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39522630>

2024

28. **WILCOX, S.**, Liu, J., *Sevoyan, M., **Parker-Brown, J., Turner-McGrievy, G.M. (2024). Effects of a behavioral intervention on physical activity, diet, and health-related quality of life in postpartum women with elevated weight: results of the HIPPP randomized controlled trial. BMC Pregnancy and Childbirth, 24, 808.
DOI: 10.1186/s12884-024-07007-8
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39627794>
29. **WILCOX, S.**, Saunders, R.P., Kaczynski, A.T., Rudisill, A.C., Stucker, J., Kinnard, D., McKeever, B.W., **Day, K.R., **Parker-Brown, J., Kim, Y.S. (2024). Constructs from the Consolidated Framework for Implementation Research associated with church enrollment and intervention adoption in a national implementation study of a faith-based organizational change intervention. BMC Public Health, 24, 2401.
DOI: 10.1186/s12889-024-19832-9
Open Access Article: <https://doi.org/10.1186/s12889-024-19832-9>
30. Turner-McGrievy, G.M., **WILCOX, S.**, Frongillo, E.A., Murphy, E.A., Kim, Y., *Hu, E.A., *Okpara, N., *Baily, S. (2024) Impact of diet adherence on weight and lipids among African American participants randomized to vegan or omnivorous diets. Obesity Science and Practice, 10 (5), e70009.
DOI: 10.1002/osp4.70009
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39345782>
31. Turner-McGrievy, G., Wirth, M.D., *Okpara, N., Jones, M., Kim, Y., **WILCOX, S.**, Friedman, D.B., Sarzynski, M.A., Liese, A.D. (2024) Similar changes in diet quality indices, but not nutrients, among African American participants randomized to follow one of the three dietary patterns of the US Dietary Guidelines: A secondary analysis. Nutrition Research, 131, 27-38.
DOI: 10.1016/j.nutres.2024.09.005
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/39366028>
32. **Day, K.R., **Bernhart, J.A., **WILCOX, S.** (2024). Barriers and facilitators to 24-month maintenance of the Faith, Activity, and Nutrition program in the U.S. Journal of Religion and Health, 63(4), 3134-3157. E-pub ahead of print March 25, 2024.
DOI: 10.1007/s10943-024-02012-9
Abstract: <https://pubmed.ncbi.nlm.nih.gov/38528275/>
33. *Hu, E.A., Turner-McGrievy, G.M., Wilson, M.J., Davey, M., *Bailey, S., *Okpara, N., Frongillo, E.A., **WILCOX, S.** (2024). Adherence to culturally adapted soul food vegan diet among African American adults increases diet quality compared to an omnivorous diet in the NEW Soul Study. Nutrition Research, 128, 1-13.
DOI: 10.1016/j.nutres.2024.01.010
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/38981142>
34. Jones, D.L., Robinson, M., Selfe, T.K., Barnes, L., Dierkes, M., Shawley-Brzoska, S., Myers, D.J., **WILCOX, S.** (2024). Prepandemic feasibility of tele-exercise as an alternative delivery mode for an evidence-based, Tai Ji Quan fall-prevention intervention for older adults. Journal of Aging and Physical Activity, 2024, 1-12. E-pub ahead of print April 10, 2024.

DOI: 10.1123/japa.2023-0226

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/38604606>

35. Turner-McGrievy, G.M., **WILCOX, S.**, Frongillo, E.A., Kim, Y., *Okpara, N., Wilson, M. (2024). Differences in dietary acceptability, restraint, disinhibition, and hunger among African American participants randomized to either a vegan or omnivorous soul food diet. *Appetite*, 196, 107280. E-pub ahead of print May 1, 2024.
DOI: 10.1016/j.appet.2024.107280
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/38373534>
36. Yang, CH., *Lee, J., **WILCOX, S.**, Rudisill, A.C., Friedman, D.B., Hakun, J.G., Neils-Strunjas, J.G., Wei, J., Miller, M.C., & Byers, M.D. (2024). Implementation and evaluation of a community-based mindful walking randomized controlled trial to sustain cognitive health in older African Americans at risk for dementia. *BMC Geriatrics*, 24(1), 579.
DOI: 10.1186/s12877-024-05090-2
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/38965464>
37. Bernhart, J.A., Turner-McGrievy, G.M., Dubois, K.E., Sentman, C., Rudisill, C., *Okpara, N., **WILCOX, S.**, Clemons, B.D. (2024). Community health worker implementation and cost analysis of a plant-based nutrition program. *Journal of Nutrition Education and Behavior*, 56(4), 256-264. Epub ahead of print February 2, 2024.
DOI: 10.1016/j.jneb.2023.12.009
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/38310498>
38. *Karim, S., Cai, B., Merchant, A.T., **WILCOX, S.**, Zhao, X., Alston, K., Liu, J. (2024). Antenatal depressive symptoms and adverse birth outcomes in Healthy Start Participants: the modifying role of utilization of mental health services. *Midwifery*, 132, 103985.
DOI: 10.1016/j.midw.2024.103985
Abstract: <https://pubmed.ncbi.nlm.nih.gov/38581969/>
39. Lane, A., Jiles, M., Ramey, K., *McLean, M., Whitney, J.A., Brunson, A., Cardaci, T., Liu, J., **WILCOX, S.**, Catov, J., Fernhall, B. (2024). Adverse pregnancy outcomes and renal-vascular function in the early years after delivery. *American Journal of Physiology – Heart and Circulatory Physiology*, 326(1), H82-H88.
DOI: 10.1152/ajpheart.00641.2023
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/37921666>
40. *Karim, S., Liu, J., **WILCOX, S.**, Cai, B., Merchant, A.T. (2024). Association between physical activity during pregnancy and perinatal depressive symptoms in pregnant women with overweight and obesity. *Women's Health Issues*, 34(1), 72-79.
DOI: 10.1016/j.whi.2023.09.002
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/37940507>

2023

41. *Bernhart, J.A., Turner-McGrievy, G.M., Eustis, S., Wilson, M.J., Hutto, B., **WILCOX, S.** (2023). Physical activity assessment in African Americans participating in a dietary weight loss trial focused on soul food. *Journal of Public Health*, 31, 1373-1380. Epub ahead of print November 13, 2021.

DOI: 10.1007/s10389-021-01666-z

42. Jones, D.L., Selfe, T.K., **WILCOX, S.**, Cosner, C.T., Mitchell, J., Ray, B.D, Stipeck, C., Switay, D., Mancinelli, C.A. (2023). Falls and fall-related injuries in an evidence-based Tai Ji Quan intervention in rural West Virginia churches. Topics in Geriatric Rehabilitation, 39 (3), 170-178.
DOI: 10.1097/TGR.0000000000000398
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/37605786>
43. Pellegrini, C.A., **WILCOX, S.**, *DeVivo, K.E., *Jamieson, S. (2023). Recruitment and retention strategies for underrepresented populations and adults with arthritis in behavioral interventions: a scoping review. Arthritis Care & Research, 75 (9), 1996-2010. Note: First two authors contributed equally to paper. Epub ahead of print February 8, 2023.
DOI: doi.org/10.1002/acr.25098
Abstract: <https://pubmed.ncbi.nlm.nih.gov/36752353/>
44. Pellegrini, C.A., Brown, D., *DeVivo, K.E., Lee, J., **WILCOX, S.** (2023) Promoting physical activity via physical therapist following knee replacement: A pilot randomized controlled trial. PM&R: The Journal of Injury, Function and Rehabilitation, 15 (8), 965-975.
DOI:10.1002/pmrj.12895
Abstract: <https://pubmed.ncbi.nlm.nih.gov/36106651/>
45. Qiao, S., **WILCOX, S.**, Olatosi, B., Li, X. (2023). COVID-19 challenges, responses, and resilience among rural Black women: A study protocol. Frontiers in Public Health. 11, 1156717.
DOI: 10.3389/fpubh.2023.1156717
<https://www.ncbi.nlm.nih.gov/pubmed/37333566>
46. **WILCOX, S.**, Saunders, R.P., Stucker, J., Kaczynski, A.T., **Day, K.R., Kinnard, D., **Decker, L., **Bernhart, J.A. (2023). A process for converting an in-person training to increase church capacity to implement physical activity and healthy eating practices and policies to an online format. Translational Behavioral Medicine, 13(4), 226-235.
DOI: 10.1093/tbm/ibac102
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36688468>
47. Liu, J., Zhao, L.G., Zhao, X., Bawa, E.M., Alston, K., Karim, S., Merchant, A.T., Tang, J., **WILCOX, S.** (2023). Impact of a large Healthy Start program on perinatal outcomes, South Carolina, 2009-2019. American Journal of Public Health, 113(5), 509-513.
DOI: 10.2105/AJPH.2023.307232
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36893369>
48. *Bernhart, J.A., Turner-McGrievy, G.M., Wilson, M.J., Sentman, C., **WILCOX, S.**, Rudisill, C. (2023). NEW Soul in the Neighborhood – Reach and effectiveness of a dissemination and implementation feasibility study. Translational Behavioral Medicine, 13(3), 123-131. Epub ahead of print January 23, 2023.
DOI: <https://doi.org/10.1093/tbm/ibaco80>
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36689305>

49. Turner-McGrievy, G.M., Wilson, M.J., Carswell, J., *Okpara, N., *Aydin, H., Bailey, S., Davey, M., Hutto, B., **WILCOX, S.**, Friedman, D.B., Sarzynski, M.A., Liese A.D. (2023). A 12-week randomized intervention comparing the Healthy US, Mediterranean, and Vegetarian dietary patterns of the US Dietary Guidelines for changes in body weight, hemoglobin A1c, blood pressure, and dietary quality among African American adults. Journal of Nutrition, 153(2), 579-587.
DOI: 10.1016/j.tjn.2022.11.020
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36894249>
50. **Day, K.R., **WILCOX, S.**, Liu, J., Zahnd, W. (2023). Associations between neighborhood crime and physical activity among pregnant women in South Carolina. Preventing Chronic Disease, 20, E29.
DOI: 10.5888/pcd20.220239
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/37079752>
51. Lane, A., **WILCOX, S.**, Wingard, E., *McLean, M.K., Liu, J. (2023). Association of a lifestyle intervention with blood pressure trajectories during pregnancy and postpartum in women with pre-pregnancy overweight and obesity. Maternal and Child Health Journal, 27(8), 1407-1415.
DOI: 10.1007/s10995-023-03709-1
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/37266858>
52. *Lewis, A.F., Bohnenkamp, R., Johnson, L., den Ouden, D.B., **WILCOX, S.**, Fritz, S.L., Stewart, J.C. (2023). Effects of positive social comparative feedback on motor sequence learning and performance expectancies. Frontiers in Psychology, 13. Published online January 24, 2023.
DOI: 10.3389/fpsyg.2022.1005705
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36760911>
53. Jones, D.L., Selfe, T.K., Wen, S., Eicher, J.L., **WILCOX, S.**, Mancinelli, C. (2023). Implementation of an evidence-based, Tai Ji Quan fall prevention exercise program in rural West Virginia churches: a RE-AIM evaluation. Journal of Aging and Physical Activity, 31(3), 33-47. Epub ahead of print June 10, 2022.
DOI: [10.1123/japa.2021-0274](https://doi.org/10.1123/japa.2021-0274)
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/35690393>
54. Turner-McGrievy, G.M., **WILCOX, S.**, Frongillo, E.A., Murphy, E.A., Hutto, B., Wilson, M., Davey, M., Bernhart, J., *Okpara, N., Bailey, S., *Hu, E. (2023). Effect of a plant-based vs omnivorous soul food diet on weight and lipid levels among African American adults. A randomized clinical trial. JAMA Open, 6(1), e2250626.
DOI: 10.1001/jamanetworkopen.2022.50626
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36633848>
55. *Alamilla, R.A., Keith, N.R., Hasson, R.E., Welk, G.J., Riebe, D., **WILCOX, S.**, Pate, R.R. (2023). Future directions for transforming kinesiology implementation science into society. Kinesiology Review, 12(1), 98-106. Epub ahead of print January 14, 2023.
DOI: <https://doi.org/10.1123/kr.2022-0042>
Article: <https://journals.humankinetics.com/view/journals/krj/12/1/article-p98.xml>
56. Mathias, W., Nichols, K.A., Golden-Wright, J., Fairman, C.M., Felder, T.M., Workman, L., Wickersham, K.E., Flicker, K.J., Sheng, J., Noblet, S.B., Adams, S.A., Eberth, J.M.,

Heiney, S.P., **WILCOX, S.**, Hebert, J.R., & Friedman, D.B. (2023). Implementation during a pandemic: Findings, successes, and lessons learned from community grantees. Journal of Cancer Education, 38(3), 957-962. Epub ahead of print September 3, 2022. DOI: 10.1007/s13187-022-02213-4
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/36056185>

2022

57. **WILCOX, S.**, Liu, J., Turner-McGrievy, G., *Boutté, A., Wingard, E. (2022). Effects of a behavioral intervention on physical activity, diet, and health-related quality of life in pregnant women with elevated weight: Results of the HIPP randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 19(1), 145. DOI: 10.1186/s12966-022-01387-w PMID: 36494702. PMCID: PMC9733107
Abstract: <https://pubmed.ncbi.nlm.nih.gov/36494702/>
Article: <https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-022-01387-w>
58. **WILCOX, S.**, *Dahl, A.A., *Boutte, A.K., Liu, J., **Day, K., Turner-McGrievy, G., Wingard, E. (2022). Process evaluation methods and results from the Health in Pregnancy and Postpartum (HIPP) randomized controlled trial. BMC Pregnancy and Childbirth, 22, 794. DOI: 10.1186/s12884-022-05107-x PMCID: PMC9607747
Abstract: <https://pubmed.ncbi.nlm.nih.gov/36289464/>
Article: <https://rdcu.be/cYBgF>
59. Saunders, R.P., **WILCOX, S.**, Hutto, B. (2022). Influence of implementation strategies on implementation outcomes in a statewide dissemination of Faith, Activity, and Nutrition (FAN). Health Education Research, 37(6), 420-433. Epub ahead of print September 23, 2022. DOI: 10.1093/her/cyac025
Abstract: <https://pubmed.ncbi.nlm.nih.gov/36149635/>
60. *Lewis, A.F., Bohnenkamp, R., Johnson, L., den Ouden, D.B., **WILCOX, S.**, Fritz, S.L., Stewart, J.C. (2022). Effects of positive social comparative feedback on motor sequence learning and performance expectancies. Frontiers in Psychology, 13, 1005705.
61. *Walker, A.Q., Blake, C.E., Moore, J.B., **WILCOX, S.**, DuBois, K., Watkins, K.W. (2022). Experiences of midlife and older African American men living with type 2 diabetes. Ethnicity and Health, 27 (6), 1256-1270. Epub ahead of print April 8, 2021 DOI: 10.1080/13557858.2021.1910206
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33830823>
62. Liu, J., **WILCOX, S.**, Hutto, B., Turner-McGrievy, G., Wingard, E. (2022). Effects of a lifestyle intervention on postpartum weight retention among women with elevated weight. Obesity, 30(7), 1370-1379. DOI: 10.1002/oby.23449
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/35722816>
63. **Wende, M.E., **WILCOX, S.**, Kinnard, D., Turner-McGrievy, G., McKeever, B.W., Kaczynski, A.T. (2022) Developing criteria for research translation decision-making in community settings: A systematic review and thematic analysis informed by the

Knowledge to Action Framework and community input. Implementation Science Communications, 3(1), 76.

DOI: 10.1186/s43058-022-00316-z

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/35850778>

64. **Bernhart, J.A., *Dunn, C.G., **WILCOX, S.**, Stucker, J., Kinnard, D. (2022) The FAN Program Plan: Creating a healthy church environment for physical activity and healthy eating. Dialogues in Health, 1 (December 2022), 100019. E-pub ahead of print May 30, 2022.
DOI: 10.1016/j.dialog.2022.100019
Article: <https://doi.org/10.1016/j.dialog.2022.100019>
65. **Bernhart, J.A., *Wende, M.E., Kaczynski, A.T., **WILCOX, S.**, *Dunn, C.G., Hutto, B. (2022). Assessing the walkability environments of churches in a rural southeastern county of the United States. Journal of Public Health Management & Practice, 28(1), E170-E177. Epub ahead of print October 31, 2019.
DOI: 10.1097/PHH.0000000000001076 PMCID: PMC7190400
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31688738>
66. **Bernhart, J.A., **WILCOX, S.**, **Decker, L., Ehlers, D.K., McKeever, B.W., O'Neill, J.R. (2022) "It's having something that you've done it for" – Applying Self-Determination Theory to participants' motivations in a for-cause physical activity event. Journal of Health Psychology, 27(1), 119-134. Epub ahead of print August 6, 2020.
DOI: 10.1177/1359105320947811
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32757667/>
67. **WILCOX, S.**, **Day, K.R., Saunders, R.P., Jake-Schoffman, D.E., Kaczynski, A.T., Stucker, J., Dunn, C.G., *Bernhart, J.A. (2022). The Faith, Activity, and Nutrition (FAN) dissemination and implementation study: changes in and maintenance of organizational practices over 24 months in a statewide initiative. International Journal of Behavioral Nutrition and Physical Activity, 19(1), 23.
DOI: 10.1186/s12966-022-01253-9 PMCID: PMC8889739
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/35236373>
68. Botchway, M., Turner-McGrievy, G.M., Crimarco, A., Wilson, M.J., Davey, M., **WILCOX, S.**, Frongillo, E.A. (2022). "They eat what they eat, I eat what I eat." Examining the perspectives and experiences of African Americans who adopt plant-based diets. American Journal of Lifestyle Medicine, 16(3), 363-373. Epub ahead of print March 6, 2020
DOI: 10.1177/1559827620908850 PMCID: PMC9189578
Abstract: <https://pubmed.ncbi.nlm.nih.gov/35706596/>

2021

69. Hutto, B., Saunders, R.P., **WILCOX, S.**, Jake-Schoffman, D.E., Bernhart, J.A., Dunn, C.G., Kaczynski, A.T., James, K.L. (2021). Pathways of influences leading to adoption of the Faith, Activity and Nutrition (FAN) program in a statewide initiative. Evaluation and Program Planning, 87, 101941. Epub ahead of print March 16, 2021.
DOI: 10.1016/j.evalprogplan.2021.101941
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33773182>

70. Pellegrini, C.A., Lee, J., *DeVivo, K.E., Harpine, C.E., Del Gaizo, D.J., **WILCOX, S.** (2021). Reducing sedentary time using an innovative mHealth intervention among patients with total knee replacement: Rationale and study protocol. Contemporary Clinical Trials Communications, 22, 100810.
DOI: 10.1016/j.conctc.2021.100810 PMCID: PMC8239442
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/34195473>
71. Lane-Cordova, A.D., **WILCOX, S.**, Fernhall, B., Liu, J. (2021). Agreement between blood pressure from research study visits versus electronic medical records and associations with hypertensive disorder diagnoses in pregnant women with overweight/obesity. Blood Pressure Monitoring Research, 26(5), 314-347. Epub ahead of print May 7, 2021.
DOI: 10.1097/MBP.0000000000000542 PMCID: PMC8419020
Abstract: <https://pubmed.ncbi.nlm.nih.gov/34001756/>
72. *Boulté, A.K., Turner-McGrievy, G.M., **WILCOX, S.**, Liu, J., Eberth, J.M., Kaczynski, A.T. (2021). Stress and depressive symptoms are not associated with overall diet quality, but are associated with aspects of diet quality in pregnant women in South Carolina. Journal of the Academy of Nutrition and Dietetics, 121(9), 1785-1792.
DOI: 10.1016/j.jand.2021.02.025 PMCID: PMC8373624
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33858775>
73. **Bernhart, J.A., **WILCOX, S.**, Saunders, R.P., Hutto, B., Stucker, J. (2021) Program implementation and church members' health behaviors in a countywide study of the Faith, Activity, and Nutrition program. Preventing Chronic Disease, 2021; 18:200224.
DOI: 10.5888/pcd18.200224 PMCID: PMC7845546
Full article: <http://dx.doi.org/10.5888/pcd18.200224>
Abstract: <https://pubmed.ncbi.nlm.nih.gov/33444524/>
74. *Wende, M.E., Liu, J., McClain, A.C., **WILCOX, S.** (2021). Gestational weight gain disparities in South Carolina: Temporal trends, 2004-2015. Paediatric and Perinatal Epidemiology, 35(1), 37-46. Epub ahead of print July 28, 2020.
DOI: 10.1111/ppe.12706
Abstract: <https://pubmed.ncbi.nlm.nih.gov/33196107/>
75. Liese, A.D., Sharpe, P.A., Bell, B.A., Hutto, B., Stucker, J., **WILCOX, S.** (2021). Persistence and transience of food insecurity and predictors among residents of two disadvantaged communities in South Carolina. Appetite, 161, 105128. Epub ahead of print January 26, 2021.
DOI: 10.1016/j.appet.2021.105128 PMCID: PMC7987735
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33513414>
76. *Boulté, A. K., Turner-McGrievy, G. M., **WILCOX, S.**, Liu, J., Eberth, J. M., Kaczynski, A. T. (2021). Associations of maternal stress and/or depressive symptoms with diet quality during pregnancy: A narrative review. Nutrition Reviews, 79(5), 495-517. Epub ahead of print June 29, 2020.
DOI: 10.1093/nutrit/nuaa019 PMCID: PMC8025349
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32529223/>
77. Turner-McGrievy, G.M., Wilson, M., Bailey, S., *Bernhart, J.A., **WILCOX, S.**, Frongillo, E.A., Murphy, E.A., Hutto, B. (2021). Effective recruitment strategies for African

- American men and women: The Nutritious Eating with Soul study. Health Education Research, 36(2), 206-211. Epub ahead of print February 13, 2021.
DOI: 10.1093/her/cyab003 PMCID: PMC8041456
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33582788>
78. Liu, J., **WILCOX, S.**, Wingard, E., Turner-McGrievy, G.M., Hutto, B., Burgis, J.A. (2021). A behavioral lifestyle intervention to limit gestational weight gain in pregnant women with overweight and obesity. Obesity, 29(4), 672-680. Epub ahead of print February 22, 2021.
DOI: 10.1002/oby.23119
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33619910>
79. **WILCOX, S.**, **Jake-Schoffman, D.E., Saunders, R.P., Kinnard, D., Kaczynski, A.T., Hutto, B., James, K.L. (2021). Predictors of implementation in the Faith, Activity, and Nutrition dissemination and implementation study: Application of the Consolidated Framework for Implementation Research (CFIR) in a statewide initiative. Translational Behavioral Medicine, 11(2), 419-429. Epub ahead of print 3/28/2020.
DOI: 10.1093/tbm/ibaa025 PMCID: PMC8496554
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/32221601>
80. *Boutté, A.K., Turner-McGrievy, G.M., Eberth, J.M., **WILCOX, S.**, Liu, J., Kaczynski, A.T. (2021). Healthy food density is not associated with diet quality among pregnant women with overweight/obesity in South Carolina. Journal of Nutrition Education and Behavior, 53(2), 120-129.
DOI: 10.1016/j.jneb.2020.11.014 PMCID: PMC7888703
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33573765>
81. *Regan, E.W., Handlery, R., Stewart, J.C., Pearson, J.L., **WILCOX, S.**, Fritz, S., (2021). Feasibility of integrating survivors of stroke into cardiac rehabilitation: A mixed methods pilot study. PLoS One, 16(3), e0247178.
DOI: 10.1371/journal.pone.0247178 PMCID: PMC8007047
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33780477>
82. *Regan, E.W., Handlery, R., Stewart, J.C., Pearson, J.L., **WILCOX, S.**, Fritz, S. (2021). Integrating survivors of stroke into exercise-based cardiac rehabilitation improves endurance and functional strength. Journal of the American Heart Association, 10(3), e017907. Epub ahead of print January 27, 2021.
DOI: 10.1161/JAHA.120.017907 PMCID: PMC7955427
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/33499647>
83. Whitaker, K.M., Becker, C., Healy, H., **WILCOX, S.**, Liu, J. (2021). Women's report of health care provider advice and gestational weight gain: A systematic review. Journal of Women's Health (Larchmt), 30(1), 73-89. Epub ahead of print 4/29/2020.
DOI: 10.1089/jwh.2019.8223
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32343926/>
84. Sharpe, P.A., Stucker, J., **WILCOX, S.**, Liese, A.D., Bell, B.A. (2021). Recruitment and retention for the evaluation of a healthy food initiative in economically disadvantaged, majority African American communities. Family and Community Health, 44(1), 43-51.
DOI: 10.1097/FCH.000000000000259 PMCID: PMC7682748
Abstract: <https://pubmed.ncbi.nlm.nih.gov/33214409/>

85. **Dunn, C.G., **WILCOX, S.**, Saunders, R.P., Kaczynski, A.T., Blake, C.E., Turner-McGrievy, G.M. (2021). Healthy eating and physical activity interventions in faith-based settings: A systematic review using the Reach, Effectiveness/Efficacy, Adoption, Implementation, Maintenance framework. American Journal of Preventive Medicine, 60(1), 127-135.
DOI: 10.1016/j.amepre.2020.05.014
Abstract: <https://pubmed.ncbi.nlm.nih.gov/33341177/>

2020

86. Turner-McGrievy, G.M., *Crimarco, A., **WILCOX, S.**, *Boutté, A., Hutto, B.E., Muth, E.R., Hoover, A. (2020). The role of self-efficacy and information processing in weight loss during an mHealth behavioral intervention. Digital Health, 6, 2055207620976755. DOI: 10.1177/2055207620976755 PMID: PMC7708700
Abstract: <https://pubmed.ncbi.nlm.nih.gov/33294209/>
87. *Bernhart, J.A., Turner-McGrievy, G.M., Eustis, S., Wilson, M.J., Hutto, B., Wilcox, S., Frongillo, E.A., Murphy, E.A. (2020). Sensor-measured physical activity is associated with decreased cardiovascular disease risk in African Americans. Lifestyle Medicine, 1(2), e16. Epub ahead of print December 17, 2020.
DOI: 10.1002/lim2.16
Abstract: <https://onlinelibrary.wiley.com/doi/full/10.1002/lim2.16>
88. **Boyd, J.M., **WILCOX, S.** (2020). Mediation analysis of the relationships between God locus of control and health behaviors in college students. Review of Religious Research, 62, 273-288. Epub ahead of print 3/17/2020.
DOI: 10.1007/s13644-020-00406-1
Abstract: <https://link.springer.com/article/10.1007/s13644-020-00406-1>
89. Liu, J., **WILCOX, S.**, Wingard, E., Burgis, J.T., *Schneider, L., *Dahl, A. (2020). Strategies and challenges in recruiting pregnant women with elevated body mass index for a behavioral lifestyle intervention. Women's Health Reports, 1(1), 556-565.
DOI: 10.1089/whr.2020.0089 PMID: PMC7785065
Abstract: <https://www.liebertpub.com/doi/abs/10.1089/whr.2020.0089>
90. Whitaker, K.M., Baruth, M., Schlaff, R.A., Connolly, C.P., Liu, J., **WILCOX, S.** (2020). Association of provider advice and gestational weight gain in twin pregnancies: a cross-sectional electronic survey. BMC Pregnancy and Childbirth, 20(1), 417.
DOI: 10.1186/s12884-020-03107-3 PMID: PMC7376962
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32703169/>
91. Sharpe, P.A., Bell, B.A., Liese, A.D., **WILCOX, S.**, Stucker, J., Hutto, B.E. (2020). Effects of a food hub initiative in a disadvantaged community: A quasi-experimental evaluation. Health and Place. 63 (2020), 102341. Epub ahead of print April 24, 2020.
DOI: 10.1016/j.healthplace.2020.102341 PMID: PMC7357735
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32543428/>
92. *McDonald, S.M., Yeo, S., Liu, J., **WILCOX, S.**, Sui, X., Pate, R.R. (2020). Associations between change in maternal physical activity during pregnancy and infant size, in a sample overweight or obese women. Women & Health, 60(8), 929-938.

DOI: 10.1080/03630242.2020.1779904 PMCID: PMC6066610

Abstract: <https://pubmed.ncbi.nlm.nih.gov/32588785/>

93. *Wende, M.E., Kaczynski, A.T., *Bernhart, J.A., *Dunn, C.G., **WILCOX, S.** (2020). Objective church environment audits and attendee perceptions of healthy eating and physical activity supports within the church setting. International Journal of Environmental Research and Public Health, 17(10), 3598.
DOI: doi:10.3390/ijerph17103598 PMCID: PMC7277806
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32443819/>
Full article: <https://www.mdpi.com/1660-4601/17/10/3598>
94. **WILCOX, S.**, Saunders, R.P., Jake-Schoffman, D., Hutto, B. (2020). The Faith, Activity, and Nutrition (FAN) Dissemination and Implementation Study: 24-Month organizational maintenance in a countywide initiative. Frontiers in Public Health, 8, 171.
DOI: 10.3389/fpubh.2020.00171 PMCID: PMC7247868
Abstract: <https://pubmed.ncbi.nlm.nih.gov/32528919/>
Full article: <https://www.frontiersin.org/articles/10.3389/fpubh.2020.00171/full>
95. **Dunn, C.G., **WILCOX, S.**, **Bernhart, J.A., Blake, C.E., Kaczynski, A.T., Turner-McGrievy, G.M. (2020). Church leaders' views of obesity prevention efforts for children and youth. Journal of Nutrition Education and Behavior, 52(3), 259-269. Epub ahead of print October 2019.
DOI: 10.1016/j.jneb.2019.09.019 PMCID: 7064414
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31677941>
96. **Bernhart, J.A., La Valley, E.A., Kaczynski, A.T., **WILCOX, S.**, Jake-Schoffman, D.E., **Peters, N., *Dunn, C.G., Hutto, B. (2020). Investigating socioeconomic disparities in the potential healthy eating and physical activity environments of churches. Journal of Religion and Health. 59(2), 1065-1079. Epub ahead of print 8/21/2018.
DOI: 10.1007/s10943-018-0687-y PMCID: 6384145
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30132179>
97. **Boyd, J.M., **WILCOX, S.** (2020). Examining the relationship between health locus of control and God Locus of Health Control: Is God an internal or external source? Journal of Health Psychology, 25(7), 931-940. Epub ahead of print November 2017.
DOI: 10.1177/1359105317739099
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29115175>
98. Lane-Cordova, A.D., Schneider, L.R., Tucker, W.C., Cook, J.W., **WILCOX, S.**, Liu, J. (2020). Dietary sodium, potassium, and blood pressure in normotensive pregnant women: the National Health and Nutrition Examination Survey. Applied Physiology, Nutrition, and Metabolism, 45(2), 155-160. Epub ahead of print June 28, 2019.
DOI: 10.1139/apnm-2019-0186 PMCID: PMC7456746
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31251883>
99. Turner-McGrievy, G.M., **WILCOX, S.**, Frongillo, E.A., Murphy, A., Hutto, B., Williams, K., Crimarco, A., Wilson, M.J., Davey, M. (2020). The Nutritious Eating with Soul (NEW Soul) Study: Study design and methods of a two-year randomized trial comparing culturally adapted soul food vegan vs. omnivorous diets among African American adults at risk for heart disease. Contemporary Clinical Trials, 88(2020), 105897. Epub ahead of print November 16, 2019.

DOI: 10.1016/j.cct.2019.105897 PMCID: 6952545
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31743793>

100. Sharpe, P.A., **WILCOX, S.**, Stucker, J., Kinnard, D., **Bernhart, J., James, K.L. (2020). Community health advisors' characteristics and behaviors, role performance, and volunteer satisfaction in a church-based healthy eating and physical activity intervention. Journal of Community Health, 45(1), 88-97. Epub ahead of print August 9, 2019. DOI:10.1007/s10900-019-00722-w PMCID: 6957697
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31399893>
101. *Regan, E., *Middleton, A., Stewart, J.C., **WILCOX, S.**, Pearson, J.L., Fritz, S. (2020). The six-minute walk test as a fall risk screening tool in community programs for persons with stroke: a cross-sectional analysis. Topics in Stroke Rehabilitation, 27(2), 118-126. DOI: 10.1080/10749357.2019.1667657 PMCID: PMC7108500
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31622172>
102. **WILCOX, S.**, Sharpe, P.A., Liese, A.D., **Dunn, C., Hutto, B. (2020). Socioeconomic factors associated with diet quality and meeting dietary guidelines in disadvantaged neighborhoods in the Southeast United States. Ethnicity and Health, 25(8), 1115-1131. Epub ahead of print 7/2/2018. DOI: 10.1080/13557858.2018.1493434 PMCID: PMC6314910
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29966432>

2019

103. Whitaker, K.M., Baruth, M., Schlaff, R.A., Halbot, H., Connolly, C.P., Liu, J., **WILCOX, S.** (2019). Provider advice on physical activity and nutrition in twin pregnancies: a cross-sectional electronic survey. BMC Pregnancy and Childbirth, 19(1), 418. DOI: 10.1186/s12884-020-03107-3 PMCID: PMC6854797
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31727013>
104. *Olscamp, K., Tang, W., Choi, S.K., *Kannaley, K., **WILCOX, S.**, Friedman, D.B. (2019). Physical activity and brain health: An analysis of messages from organizations and caregiver perceptions. Gerontology and Geriatric Medicine, 5, 1-8. Epub ahead of print June 28, 2019. DOI: 10.1177/2333721419855794 PMID: 31236428 PMCID: PMC6572898
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31236428>
105. *Boutté, A.K., Turner-McGrievy, G.M., **WILCOX, S.**, Hutto, B., Muth, E., Hoover, A. (2019). Comparing changes in diet quality between two technology-based tracking devices. Journal of Technology in Behavioral Science, 4, 25-32. DOI: 10.1007/s41347-018-0075-1
Abstract: <https://doi.org/10.1007/s41347-018-0075-1>
106. Turner-McGrievy, G.M., *Dunn, C.G., **WILCOX, S.**, *Boutté, A.K., Hutto, B., Hoover, A., Muth, E. (2019). Defining adherence to mobile dietary self-monitoring and assessing tracking over time: Tracking at least two eating occasions per day is best marker of adherence within two different mHealth randomized weight loss interventions. Journal of the Academy of Nutrition and Dietetics, 119, 1516-1524. DOI: 10.1016/j.jand.2019.03.012 PMCID: PMC6856872
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31155473>

107. *Dunn, C.G., Turner-McGrievy, G.M., **WILCOX, S.**, Hutto, B. (2019). Dietary self-monitoring through calorie tracking but not digital photography is associated with significant weight loss: The 2SMART pilot study, a six-month randomized trial. Journal of the Academy of Nutrition and Dietetics, 119, 1525-1532.
DOI: 10.1016/j.jand.2019.03.013
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/31155474>
108. Saunders, R.P., **WILCOX, S.**, **Jake-Schoffman, D.E., Kinnard, D., Hutto, B., Forthofer, M., Kaczynski, A.T. (2019). The Faith, Activity, and Nutrition (FAN) Dissemination and Implementation Study, Phase 1: Implementation monitoring methods and results. Health Education and Behavior, 46(3), 388-397. Epub ahead of print December 21, 2018.
DOI: 10.1177/1090198118818235 PMCID: PMC7199798
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30577714>
109. **Bernhart, J.A., **Dunn, C.G., **WILCOX, S.**, Saunders, R.P., Sharpe, P.A., Stucker, J. (2019). Church leaders' barriers and facilitators before and after implementing a physical activity and nutrition intervention. Health Education Research, 34(2), 188-199. Epub ahead of print January 2, 2019.
DOI: 10.1093/her/cyy051
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30601982>
110. *Tang, W., Friedman, D.B., *Kannaley, K., Davis, R.E., **WILCOX, S.**, Levkoff, S.E., Hunter, R.H., Gibson, A., Logsdon, R.G., Irmiter, C., & Belza, B. (2019). Experiences of caregivers by care recipient's health condition: A study of caregivers for Alzheimer's disease and related dementias versus other chronic conditions. Geriatric Nursing, 40(2), 181-184. Epub ahead of print October 23, 2018.
DOI: 10.1016/j.gerinurse.2018.09.012
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30366611>
111. Turner-McGrievy, G., **Jake-Schoffman, D.E., Singletary, C., Wright, M., Crimarco, A., Wirth, M.D., Shivappa, N., Mandes, T., West, D.S., **WILCOX, S.**, Drenowatz, C., Hester, A., McGrievy, M.J. (2019). Using commercial physical activity trackers for health promotion research: Four case studies. Health Promotion Practice, 20(3), 381-389. Epub ahead of print April 1, 2018.
DOI: 10.1177/1524839918769559
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29618233>
112. Forthofer, M., **WILCOX, S.**, Kinnard, D., Hutto, B., Sharpe, P. (2019). Sumter County on the Move!: Evaluation of a walking group intervention to promote physical activity within existing social networks. Journal of Physical Activity and Health, 16(1), 22-28.
DOI: 10.1123/jpah.2017-0603
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30518302>
113. *McDonald, S.M., Liu, J., **WILCOX, S.**, Sui, X., Pate, R.R. (2019). Maternal physical activity prior to and during pregnancy does not moderate the relationship between maternal body mass index and infant macrosomia. Journal of Science and Medicine in Sport, 22(2), 186-190. Epub ahead of print 7/21/18.
DOI: 10.1016/j.jsams.2018.07.013
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30055958>

114. McGough, E.L., Lin, S.Y., Belza, B., **Becofsky, K.M., Jones, D.L., Liu, M., **WILCOX, S.**, Logsdon, R.G. (2019). A scoping review of physical performance outcomes measures used in exercise interventions for older adults with Alzheimer disease and related dementias. Journal of Geriatric Physical Therapy, 42(1), 28-47. Epub ahead of print November 2017. DOI: 10.1519/JPT.000000000000159
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29210934>

2018

115. *Jake-Schoffman, D.E., Turner-McGrievy, G., **WILCOX, S.**, Moore, J.B., Hussey, J.R., Kaczynski, A.T. (2018). The mFIT (Motivating Families with Interactive Technology) Study: A randomized pilot to promote physical activity and healthy eating through mobile technology. Journal of Technology in Behavioral Sciences, 3, 179-189. epub ahead of print 3/21/2018.
DOI: 10.1007/s41347-018-0052-8
116. Sharpe, P.A., Liese, A.D., Bell, B.A., **WILCOX, S.**, Hutto, B.E., Stucker, J. (2018) Household food security and use of community food sources and food assistance programs among food shoppers in neighborhoods of low income and low food access. Journal of Hunger and Environmental Nutrition, 13 (4), 482-496.
DOI: 10.1080/19320248.2017.1364188
Abstract: <https://www.tandfonline.com/doi/full/10.1080/19320248.2017.1364188>
117. *Besenyi, G.M., Schooley, B.L., Turner-McGrievy, G., **WILCOX, S.**, Wilhelm Stanis, S.A., Kaczynski, A.T. (2018). The electronic community Park Audit Tool (eCPAT) Project: Exploring the use of mobile technology for youth empowerment and advocacy for healthy community policy, systems, and environmental change. Frontiers in Public Health, Digital Health, 6, Article 332.
DOI: 10.3389/fpubh.2018.00332
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30515373>
Article: <https://doi.org/10.3389/fpubh.2018.00332>
118. Kaczynski, A.T., **Jake-Schoffman, D.E., **Peters, N.A., **Dunn, C.G., **WILCOX, S.**, Forthofer, M. (2018). Development and testing of the Church Environment Audit Tool in faith-based settings. American Journal of Health Behavior, 42(3), 17-26.
DOI: 10.5993/AJHB.42.3.2
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29663977>
119. *McDonald, S.M., Yeo, S., Liu, J., **WILCOX, S.**, Sui, X., Pate, R.R. (2018). Associations between maternal physical activity and fitness during pregnancy and infant birthweight. Preventive Medicine Reports, 11, 1-6.
DOI: 10.1016/j.pmedr.2018.04.019 PMID: 30065908 PMCID: PMC6066610
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30065908>
120. Sharpe, P.A., **WILCOX, S.**, Kinnard, D., Condrasky, M.D. (2018). Community health advisors' participation in a dissemination and implementation study of an evidence-based physical activity and healthy eating program in a faith-based setting. Journal of Community Health, 43(4), 694-704. Epub ahead of print February 2018.
DOI: 10.1007/s10900-018-0473-5 PMID: 29427128
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29427128>

121. **Jake-Schoffman, D.E., **WILCOX, S.**, Kaczynski, A.T., Turner-McGrievy, G., Friedman, D.B., West, D.S. (2018). E-media use and preferences for physical activity and public health information: Results of a web-based survey. Journal of Public Health Management and Practice, 24(4), 385-391. E-pub ahead of print July 2017.
DOI: 10.1097/PHH.0000000000000638 PMID: 28763431
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28763431>
122. **Warren, T.Y., **WILCOX, S.**, St. George, S.M., Brandt, H.M. (2018). African American women's perceived influences on and strategies to reduce sedentary behavior. Qualitative Health Research, 28(7), 1112-1122. Epub ahead of print January 2018.
DOI: 10.1177/1049732317748605 PMID: 29291686
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29291686>
123. **WILCOX, S.**, Saunders, R.P., Kaczynski, A.T., Forthofer, M., Sharpe, P.A., Goodwin, C., Condrasky, M., Kennedy, Sr., V., **Jake-Schoffman, D.E., Kinnard, D., Hutto, B. (2018). Faith, Activity, and Nutrition Randomized Dissemination and Implementation Study: Countywide adoption, reach, and effectiveness, American Journal of Preventive Medicine. 54(6), 776-785. Epub ahead of print April 2018.
DOI: 10.1016/j.amepre.2018.02.018 PMID: 29656913
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29656913>
Note: Based on this publication, the Rural Health Information hub (RHIhub) included FAN as an intervention with a “promising evidence” ranking:
<https://www.ruralhealthinfo.org/project-examples/1011>
124. *Paluch, A.E., Shook, R.P., Hand, G.A., O'Connor, D.P., **WILCOX, S.**, Drenowatz, C., Baruth, M., Burgess, S., Blair S.N. (2018). The influence of life events and psychological stress on objectively measured physical activity: A 12-month longitudinal study. Journal of Physical Activity and Health, 15(5), 374-382
DOI: 10.1123/jpah.2017-0304 PMID: 29485924
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29485924>
125. **WILCOX, S.**, Liu, J., Addy, C.L., Turner-McGrievy, G., Burgis, J.T., Wingard, E., *Dahl, A.A., Whitaker, K.M., *Schneider, L., *Boutté, A.K. (2018). A randomized controlled trial to prevent excessive gestational weight gain and promote postpartum weight loss in overweight and obese women: Health In Pregnancy and Postpartum (HIPP). Contemporary Clinical Trials, 66, 51-63.
DOI: 10.1123/jpah.2017-0304 PMID: 29485924
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29485924>
126. Baruth, M., **WILCOX, S.**, **Schoffman, D.E., Schlaff, R.A., Goldufsky, T.M. (2018). Effects of a self-directed nutrition intervention among adults with chronic health conditions. Health Education & Behavior, 45(1), 61-67. Epub ahead of print June 2017.
DOI: 10.1177/1090198117709317
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28580795>

2017

127. *Hales, S., Turner-McGrievy, G.M., **WILCOX, S.**, Davis, R.E., Fahim, A., Huhns, M., Valafar, H. (2017). Trading pounds for points: Engagement and weight loss in a mobile intervention. Digital Health, 3, 1-9.
DOI: 10.1177/2055207617702252

Abstract: <https://journals.sagepub.com/doi/abs/10.1177/2055207617702252>

128. *Ma, X., Liese, A.D., Hibbert, J., Bell, B.A., **WILCOX, S.**, Sharpe, P.A. (2017). The association between food security and store-specific and overall food shopping behaviors. Journal of the Academy of Nutrition and Dietetics, 117 (12), 1931-1940.
DOI: 10.1016/j.jand.2017.02.007 PMID: 28366811
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28366811>
129. Liese, A.D., *Ma, X., Hutto, B., Sharpe, P.A., Bell, B.A., **WILCOX, S.** (2017). Food shopping and acquisition behaviors in relation to BMI among residents of low-income communities in South Carolina. International Journal of Environmental Research and Public Health, 14(9), 1075.
DOI: 10.3390/ijerph14091075 PMID: 28926937
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28926937>
130. Turner-McGrievy, G.M., *Boutté, A., Crimarco, A., **WILCOX, S.**, Hutto, B.E., Hoover, A., Muth, E.R. (2017). Byte by Bite: Use of a mobile Bite Counter and weekly behavioral challenges to promote weight loss. Smart Health (Amst), 3-4, 20-26. E-pub ahead of print 4/26/17.
DOI: 10.1016/j.smhl.2017.03.004 PMID: 29104905
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29104905>
131. Monroe, C.M., Turner-McGrievy, *Larsen, C.A., G., Magradey, K., Brandt, H.M., **WILCOX, S.**, Sundstrom, B., West, D.S. (2017) College freshmen students' perspectives on weight gain prevention in the digital age: Web-based survey. J Med Internet Res, 3(4), e71.
DOI: 10.2196/publichealth.7875 PMID: 29025698
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29025698>
132. Turner-McGrievy, G.M., Hales, S.B., **Schoffman, D.E., Valafar, H., Brazendale, K., Weaver, R.G., Beets, M.W., Wirth, M.D., Shivappa, N., Mandes, T., Hebert, J.R., **WILCOX, S.**, Hester, A., McGrievy, M.J. (2017). Choosing between responsive-design websites versus mobile apps for your mobile behavioral intervention: Presenting four case studies. Translational Behavioral Medicine: Practice, Policy and Research, 7(2), 224-232.
DOI: 10.1007/s13142-016-0448-y PMID: 27812798
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27812798>
133. **Banda, J.A., Hooker, S.P., **WILCOX, S.**, Colabianchi, N., Kaczynski, A.T., Hussey, J. (2017). Effects of a park awareness campaign on rural park use and physical activity. Journal of Public Health Management and Practice, 23 (5), e25-328. Epub ahead of print December 16, 2016.
DOI: 10.1097/PHH.0000000000000471 PMID: 27997474
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27997474>
134. Turner-McGrievy, G.M, **WILCOX, S.**, *Boutté A., Hutto, B.E., Singletary, C., Muth, E.R., Hoover, A.W. (2017). The Dietary Intervention to Enhance Tracking with mobile (DIET Mobile) study: A 6-month randomized weight loss trial. Obesity, 25(8), 1336-1342. Erratum 25(12), 2156-2157.
DOI: 10.1002/oby.21889 PMID: 28600833
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28600833>

135. *Soltani, S.N., *Kannaley, K., *Tang, W., *Gibson, A., *Olscamp, K., Friedman, D.B., Khan, S., Houston, J., **WILCOX, S.**, Levkoff, S.E., Hunter, R.H. (2017). Evaluating community-academic partnerships of the South Carolina Healthy Brain Research Network. Health Promotion Practice, 18(4), 607-614.
DOI: 10.1177/1524839917700086 PMID: 28363264
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28363264>
136. *Tang, W., *Kannaley, K., Friedman, D.B., Edwards, V.J., **WILCOX, S.**, Levkoff, S.E., Hunter, R.H., Irmiter, C., Belza, B. (2017). Concern about developing Alzheimer's disease or dementia and intention to be screened: An analysis of national survey data. Archives of Gerontology and Geriatrics, 71, 43-49.
DOI: 10.1016/j.archger.2017.02.013 PMID: 28279898
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28279898>
137. **Falck, R., **WILCOX, S.**, Best, J.R., Chandler, J., Liu-Ambrose, T. (2017). The association between physical performance and executive function in a sample of rural older adults from South Carolina, United States. Experimental Aging Research, 43(2):192-205.
DOI: 10.1080/0361073X.2017.1276379 PMID: 28230419
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28230419>
138. Sharpe, P.A., **WILCOX, S.**, **Schoffman, D.E., Baruth, M. (2017). Participation, satisfaction, perceived benefits, and maintenance of behavioral self-management strategies in a self-directed exercise program for adults with arthritis. Evaluation and Program Planning, 60, 143-150.
DOI: 10.1016/j.evalprogplan.2016.11.002 PMID: 27863325
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27863325/>

2016

139. Turner-McGrievy, G.M., **WILCOX, S.**, Kaczynski, A.T., Spruijt-Metz, D., Hutto, B.E., Muth, E.R., Hoover, A. (2016). Crowdsourcing for self-monitoring: Using the Traffic Light Diet and crowdsourcing to provide dietary feedback. Digital Health, 2, 1-7. Epub ahead of print July 12, 2016.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29942561>
140. Turner-McGrievy, G.M., Leach, A.M., **WILCOX, S.**, Frongillo, E.A. (2016). Differences in environmental impact and food expenditures of four different plant-based diets and an omnivorous diet: Results of a randomized, controlled intervention. Journal of Hunger and Environmental Nutrition, 11(3), 382-395. E-pub ahead of print April 25, 2016.
141. **Whitaker, K., **WILCOX, S.**, Liu J, Blair S, Pate R (2016). Provider advice and women's intentions to meet weight gain, physical activity, and nutrition guidelines during pregnancy. Maternal and Child Health Journal, 20(11), 2309-2317. E-pub ahead of print July 11, 2016.
DOI: 10.1007/s10995-016-2054-5 PMID: 27400917
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27400917>
142. *Hales, S.B., Turner-McGrievy, G.M., **WILCOX, S.**, Davis, R.E., Fahim, A., Huhns, M., Valafar, H. (2016). Social networks for improving healthy weight loss behaviors for overweight and obese adults: A randomized clinical trial of the Social Pounds Off Digitally (Social POD) mobile app. International Journal of Medical Informatics, 94, 81-90.
DOI: 10.1016/j.ijmedinf.2016.07.003 PMID: 27573315

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27573315>

143. *Child, S.T., **Schoffman, D.E., Kaczynski, A.T., Forthofer, M., **WILCOX, S.**, Baruth, M. (2016). Neighborhood attributes associated with the social environment. American Journal of Health Promotion, 30(8), 634-637. Epub ahead of print Aug 25, 2015.
DOI: 10.4278/ajhp.140307-ARB-99 PMID: 26305608
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26305608>
144. *McDonald, S.M., Liu, J., **WILCOX, S.**, *Lau, E., Archer, E. (2016). Does dose matter in reducing gestational weight gain in exercise interventions? A systematic review of literature. Journal of Science and Medicine in Sport, 19(4), 323-335. Epub ahead of print. March 26, 2015
DOI: 10.1016/j.jsams.2015.03.004 PMID: 25846125
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25846125>
145. *Besenyi, G.M., Diehl, P., Schooley, B., Turner-McGrievy, G.M., **WILCOX, S.**, Wilhelm Stanis, S.A., Kaczynski, A.T. (2016). Development and testing of mobile technology for community engagement in park improvements: Validity and reliability of the eCPAT application with youth. Translational Behavioral Medicine, 6, 519-532. E-pub ahead of print 5/4/2016.
DOI: 10.1007/s13142-016-0405-9 PMID: 27146276
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27146276>
146. Baruth, M., **WILCOX, S.**, **Schoffman, D.E., **Becofsky, K. (2016). Understanding the effects of a self-directed exercise program on depressive symptoms among adults with arthritis through serial mediation analyses. Mental Health and Physical Activity, 11, 13-18.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/>
147. Jones, D.L., Starcher, R.W., Eicher, J.L, **WILCOX, S.** (2016). Adoption of a Tai Chi intervention: Tai Ji Quan: Moving for Better Balance, for fall prevention by rural faith-based organizations, 2013-2014. Preventing Chronic Disease, 13:160083.
DOI: 10.5888/pcd13.160083 PMID: 27418214
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27418214>
148. Forthofer, M., Burroughs-Girardi, E., Stoisor-Olsson, L., **WILCOX, S.**, Sharpe, P.A., Pekuri, L.M. (2016). Use of formative research and social network theory to develop a group walking intervention: Sumter County on the Move! Evaluation and Program Planning, 58, 28-34.
DOI: 10.1016/j.evalprogplan.2016.05.004 PMID: 27268867
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27268867>
149. West, D.S., *Monroe, C.M., Turner-McGrievy, G., Sundstrom, B., *Larsen, C., Magradery, K., **WILCOX, S.**, Brandt, H.M. (2016). A technology-mediated behavioral weight gain prevention intervention for college students: Controlled, quasi-experimental study. Journal of Medical Internet Research, 18(6), e133.
DOI: 10.2196/jmir.5474 PMID: 27296086
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27296086>
150. *Hales, S., *Dunn, C., **WILCOX, S.**, Turner-McGrievy, G.M. (2016). Is a picture worth a thousand words? Few evidence-based features of dietary interventions included in photo

- diet tracking mobile apps for weight loss. Journal of Diabetes Science and Technology, 1-7. E-pub ahead of print May 31, 2016.
DOI: 10.1177/1932296816651451 PMID: 27251127
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27251127>
151. Friedman, D.B., **WILCOX, S.**, Hebert, J.R. (2016). Proposing an interdisciplinary, communication-focused agenda for cancer and aging researchers. Journal of Cancer Education, 31(2), 218-220. Epub ahead of print April 18, 2015.
DOI: 10.1007/s13187-015-0822-3 PMID: 25893924
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25893924>
152. Sharpe, P.A., *Whitaker, K., Alia, K.A., **WILCOX, S.**, Hutto, B. (2016). Dietary intake, behaviors and psychosocial factors among women from food-secure and food-insecure households in the United States. Ethnicity and Disease, 26(2), 139-146.
DOI: 10.18865/ed.26.2.139 PMID: 27103763
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27103763>
153. **Whitaker, K., M., **WILCOX, S.**, Liu, J, Blair, S.N., Pate, R.R. (2016). African American and White women's perceptions of weight gain, physical activity, and nutrition during pregnancy. Midwifery, 34, 211-220. E-pub ahead of print Nov 11, 2015.
DOI: 10.1016/j.midw.2015.11.005 PMID: 26612000
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26612000>
154. Baruth, M., **WILCOX, S.**, McClenaghan, B., **Becofsky, K., **Schoffman, D.E. (2016). Clinically meaningful changes in functional performance resulting from self-directed interventions in individuals with arthritis. Public Health, 133, 116-123.
DOI: 10.1016/j.puhe.2016.01.004 PMID: 26874892
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26874892>
155. **Becofsky, K., Baruth, M., **WILCOX, S.** (2016). Physical activity mediates the relationship between program participation and improved mental health in older adults. Public Health, 132, 64-71. Epub ahead of print June 12, 2015.
DOI: 10.1016/j.puhe.2015.07.040 PMID: 26318601
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26318601>
156. *Hales, S., Turner-McGrievy, G., Fahim, A., Freix, A., **WILCOX, S.**, Davis, R. E., Huhns, M., Valafar, H. (2016). A mixed-methods approach to the development, refinement, and pilot testing of social networks for improving healthy behaviors. Journal of Medical Internet Research Human Factors, 3(1), e8.
DOI: 10.2196/humanfactors.4512 PMID: 27026535
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27026535>
157. Kaczynski, A.T., Schipperijn, J., Hipp, J.A., Besenyi, G.M., Wilhelm Stanis, S.A., *Hughey, S. M., **WILCOX, S.** (2016). ParkIndex: Development of a standardized metric of park access for research and planning. Preventive Medicine, 87, 110-114.
DOI: 10.1016/j.ypmed.2016.02.012 PMID: 26868092
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26868092>
158. **WILCOX, S.** (2016). Behavioral interventions and physical activity in older adults: Gains and gaps. Kinesiology Review, 5, 57-64.
Abstract: <https://journals.humankinetics.com/doi/10.1123/kr.2015-0053>

159. **Whitaker, K.M., **WILCOX, S.**, Liu, J., Blair, S.N., Pate, R.R. (2016). Patient and provider perceptions of weight gain, physical activity, and nutrition counseling during pregnancy: a qualitative study. Women's Health Issues, 26(1), 116-122. E-pub ahead of print Nov 24, 2015.
DOI: 10.1016/j.whi.2015.10.007 PMID: 26621605
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/pubmed/26621605>
160. **Whitaker, K.M., **WILCOX, S.**, Liu, J., Blair, S.N., Pate, R.R. (2016). Pregnant women's perceptions of weight gain, physical activity, and nutrition using Theory of Planned Behavior constructs. Journal of Behavioral Medicine, 39(1), 41-54. Advanced online publication, September 3, 2015.
DOI: 10.1007/s10865-015-9672-z PMID: 26335313
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26335313>
161. Sharpe, P.A., **WILCOX, S.**, **Schoffman, D.E., Hutto, B., Ortaglia, A. (2016). Association of complementary and alternative medicine use with symptoms and physical functional performance among adults with arthritis. Disability Health Journal, 9, 37-45. E-pub ahead of print, June 27, 2015.
DOI: 10.1016/j.dhjo.2015.06.006 PMID: 26232355
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26232355>

2015

162. Baruth, M., Sharpe, P.A., Magwood, G., **WILCOX, S.**, Schlaff, R.A. (2015). Body size perceptions among overweight and obese African American women. Ethnicity and Disease, 25(4), 391-398.
DOI: 10.18865/ed.25.4.391 PMID: 26674119
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26674119>
163. **Becofsky, K.M., Shook, R.P., Sui, X., **WILCOX, S.**, Lavie, C.J., Blair, S.N. (2015). Influence of the source of social support and size of social network on all-cause mortality. Mayo Clinic Proceedings, 90(7), 895-902. Epub ahead of print June 5, 2015.
DOI: 10.1016/j.mayocp.2015.04.007. PMID: 26055526.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26055526>
164. Baruth, M., **WILCOX, S.** (2015). Psychosocial mediators of physical activity and fruit and vegetable consumption in the Faith, Activity, and Nutrition programme. Public Health Nutrition, 18(12), 2252-2250. Epub ahead of print: Dec 8: 1-9.
DOI: 10.1017/S1368980014002808 PMID: 25483830
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25483830>
165. *Schoffman D.E., Kaczynski A.T., Forthofer M., **WILCOX S.**, Hutto B., *Child S.T., *Hughey S.M. (2015). Longitudinal associations with changes in outdoor recreation area use for physical activity during a community-based intervention. Preventive Medicine, 67, 29-32. DOI: 10.1016/j.ypmed.2015.06.005 PMID: 26096192
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26096192>
166. **Marr, J.D., **WILCOX, S.** (2015). Self-efficacy and social support mediate the relationship between internal health locus of control and health behaviors in college students. American Journal of Health Education, 46(3), 122-131.

Abstract: <https://www.tandfonline.com/doi/full/10.1080/19325037.2015.1023477>

167. *Child, S., Kaczynski, A.T., Sharpe, P.A., **WILCOX, S.**, **Schoffman, D.E., Forthofer, M., Mowen, A.J., Barr-Anderson, D.J. (2015). Demographic differences in perceptions of outdoor recreation areas across a decade. Journal of Park and Recreation Administration, 33(2), 1-19.
Abstract: <https://js.sagamorepub.com/jpra/article/viewFile/5160/5148>
168. **Kyriliuk, R., Baruth, M., **WILCOX, S.** (2015). Predictors of weight loss for African-American women in the Faith, Activity, and Nutrition (FAN) study. Journal of Physical Activity and Health, 12(5), 659-665. Epub ahead of print June 4, 2014.
DOI: 10.1123/jpah.2013-0220 PMID: 24905567
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24905567>
169. **WILCOX, S.**, Forthofer, M., Sharpe, P.A., Hutto, B. (2015). Characteristics of walking group leaders as compared with walking group members in a community-based study. Journal of Physical Activity and Health, 12 (Suppl 1), S26-S30.
DOI: 10.1123/jpah.2014-0149 PMID: 26083073
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26083073>
170. Baruth, M., **WILCOX, S.**, Der Ananian, C., Heiney, S. (2015) Effects of home-based walking on quality of life and fatigue on outcomes in early stage breast cancer survivors: A 12-week pilot study. Journal of Physical Activity and Health, 12 (Suppl 1), S110-S118.
DOI: 10.1123/jpah.2012-0339 PMID: 23963636
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23963636>
171. Sharpe, P.A., Flint, S., Burroughs-Girardi, E., Pekuri, L., **WILCOX, S.**, Forthofer, M. (2015). Building capacity in disadvantaged communities: Development of the Community Advocacy and Leadership Program. Progress in Community Health Partnerships: Research, Education, and Action, 9(1), 113-127.
DOI: 10.1353/cpr.2015.0003 PMID: 25981431
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25981431>
172. Liu, J., **WILCOX, S.**, **Whitaker, K., Blake, C., Addy, C. (2015). Preventing excessive weight gain during pregnancy and promoting postpartum weight loss: A pilot lifestyle intervention for overweight and obese African American women. Maternal and Child Health Journal, 19(4), 840-849. Epub ahead of print July 23, 2014.
DOI: 10.1007/s10995-014-1582-0 PMID: 25051907
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25051907>
173. *Harris, S.T., Liu, J., **WILCOX, S.**, Moran, R., Gallagher, A. (2015). Exercise during pregnancy and its association with gestational weight gain. Maternal and Child Health Journal, 19 (3), 528-537. Epub ahead of print June 10, 2014.
DOI: 10.1007/s10995-014-1534-8 PMID: 25204768.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24912945>
174. Turner-McGrievy, G.M., Wirth, M.D., Shivappa, N., Wingard, E.E., Fayad, R., **WILCOX, S.**, Frongillo, E.A., Hébert, J. (2015). Randomization to plant-based dietary approaches leads to larger short-term improvements in Dietary Inflammatory Index scores and macronutrient intake compared to diets that contain meat. Nutrition Research, 35(2), 97-106.

DOI: 10.1016/j.nutres.2014.11.007 PMID: 25532675
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25532675>

175. **Becofsky, K.M., Sui, X., Lee, D.C., **WILCOX, S.**, Zhang, J., & Blair, S.N. (2015). A prospective study of fitness, fatness, and depressive symptoms. American Journal of Epidemiology, 181 (5), 311-320. Epub ahead of print, February 17, 2015.
DOI: 10.1093/aje/kwu330 PMID: 25693775
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25693775>
176. **Becofsky, K.M., Sui, X., Lee, D.C., **WILCOX, S.**, & Blair, S.N. (2015). Becofsky et al. respond to “misclassifying fitness and depression.” American Journal of Epidemiology, 181(5), 325-326. Epub ahead of print, February 17, 2015.
DOI: 10.1093/aje/kwu329 PMID: 25693771
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25693771>
177. Turner-McGrievy, G.M., Davidson, C.R., Wingard, E.E., **WILCOX, S.**, Frongilo, E.A. (2015). Comparative effectiveness of plant-based diets for weight loss: A randomized controlled trial of five different diets. Nutrition, 31(2), 350-358.
DOI: 10.1016/j.nut.2014.09.002 PMID: 25592014
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25592014>
178. **WILCOX, S.**, McClenaghan, B., Sharpe, P.A., Baruth, M., Hootman, J.M., Leith, K., Dowda, M. (2015). The Steps to Health randomized trial for arthritis: A self-directed exercise versus nutrition control program. American Journal of Preventive Medicine, 48(1), 1-12. DOI: 10.1016/j.amepre.2014.08.006 PMID: 25441237. PMCID: PMC4732708
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25441237>
Note: Article was a finalist for the American Journal of Preventive Medicine 2015 Paper of the Year.
- 2014**
179. **Whitaker, K., Young-Hyman, D., Vernon, M., **WILCOX, S.** (2014). Maternal stress predicts postpartum weight retention. Maternal and Child Health Journal, 18(9), 2209-2217. Epub ahead of print April 24, 2014.
DOI: 10.1007/s10995-014-1470-7 PMID: 24760321.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24760321>
180. **Schoffman, D.E., **WILCOX, S.**, Kaczynski, A.T., *Child, S., Barr-Anderson, D.J., Sharpe, P.A., Forthofer, M. (2014). Predicting outdoor recreation area use in a Southeastern U.S. county: a signal detection analysis. Journal of Community Health, 39(6), 1101-1108. E-pub ahead of print published March 14, 2014.
DOI: 10.1007/s10900-014-9860-8 PMID: 24627153
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24627153>
181. **Banda, J.A., **WILCOX, S.**, Colabianchi, N., Hooker, S.P., Kaczynski, A.T., Hussey, J. (2014). The associations between park environments and park use in southern US communities. Journal of Rural Health, 30(4), 369-378. Epub ahead of print published April 9, 2014.
DOI: 10.1111/jrh.12071 PMID: 24717017. PMCID: PMC4395031
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24717017>

182. Baruth, M., **WILCOX, S.**, Sharpe, P.A., Schoffman, D.E., **Becofsky, K. (2014). Baseline predictors of physical activity in a sample of adults with arthritis participating in a self-directed exercise program. Public Health, 128(9), 834-841.
DOI: 10.1016/j.puhe.2014.06.018 PMID: 25204768
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25204768>
183. **Becofsky, K., Baruth, M., **WILCOX, S.** (2014). Psychosocial mediators of two community-based physical activity programs. Annals of Behavioral Medicine, 48, 125-129. Epub ahead of print December 18, 2013. PMID: 24347407.
DOI: 10.1007/s12160-013-9578-3 PMID: 24347407
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24347407>
184. Baruth, M., Sharpe, P.A., Parra-Medina, D., **WILCOX, S.** (2014). Perceived barriers to exercise and healthy eating among women from disadvantaged neighborhoods: Results from a focus groups assessment. Women and Health, 54(4), 336-353.
DOI: 10.1080/03630242.2014.896443 PMID: 24617795. PMCID: 4058907.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24617795>
185. **WILCOX, S.**, **Schoffman, D.E., Dowda, M., Sharpe, P.A. (2014). Psychometric properties of the 8-item English Arthritis Self-Efficacy Scale in a diverse sample. Arthritis, 2014, Article ID 385256.
DOI:10.1155/2014/385256 PMID: 25215233. PMCID: 4158258.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25215233>
186. Baruth, M., **Becofsky, K., **WILCOX, S.**, *Goodrich, K. (2014). Health characteristics and health behaviors of African American adults according to self-rated health status. Ethnicity and Disease, 24(1), 97-103.
PMID: 24620455. PMID: 24620455
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24620455>
187. Liu, J., Gallagher, A.E., Carta, C.M., Torres, M.E., Moran, R., **WILCOX, S.** (2014). Racial differences in gestational weight gain and pregnancy-related hypertension. Annals of Epidemiology, 24(6), 441-447.
DOI: 10.1016/j.annepidem.2014.02.009 PMID: 24685832. PMCID: 4029921.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24685832>
188. **Whitaker, K.M., Sharpe, P.A., **WILCOX, S.**, Hutto, B.E. (2014). Depressive symptoms are associated with dietary intake but not physical activity among overweight and obese women from disadvantaged neighborhoods. Nutrition Research, 34, 294-301.
DOI: 10.1016/j.nutres.2014.01.007 PMID: 24774065. PMCID: 4004962.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24774065>
189. Baruth, M., **WILCOX, S.** (2014). Predictors of physical activity 6-months postintervention in the Active for Life initiative. Journal of Physical Activity and Health, 11(2), 256-265.
DOI: 10.1123/jpah.2011-0405 PMID: 23364218.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23364218>
190. Baruth, M., **WILCOX, S.**, Evans, R. (2014). The health and health behaviors of a sample of African American pastors. Journal of Health Care for the Poor and Underserved, 25(1), 229-241.
DOI: 10.1353/hpu.2014.0041 PMID: 245092023.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24509023>

191. Saunders, R.P., **WILCOX, S.**, Baruth, M., Dowda, M. (2014). Process evaluation methods, implementation fidelity results and relationship to physical activity and healthy eating in the Faith, Activity, and Nutrition (FAN) study. Evaluation and Program Planning, 43, 93-102. DOI: 10.1016/j.evalprogplan.2013.11.003 PMID: 24394548. PMCID: 4022598. Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24394548>
192. Turner-McGrievy, G.M., Davidson, C.R., **WILCOX, S.** (2014). Does the type of weight loss diet affect who participates in a behavioral weight loss intervention? A comparison of participants for a plant-based diet versus a standard diet trial. Appetite, 73, 156-162. Epub ahead of print published November 20, 2013. DOI: 10.1016/j.appet.2013.11.008 PMID: 24269507 PMCID: 3932532. Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24269507>

2013

193. Baruth, M., **WILCOX, S.** (2013). Multiple behavior change among church members taking part in the Faith, Activity, and Nutrition program. Journal of Nutrition Education and Behavior, 45(5), 428-434. DOI: 10.1016/j.jneb.2013.03.002 PMID: 23769297 PMCID: PMC3770824 Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23769297>
194. Baruth, M., **WILCOX, S.**, **Schoffman, D.E., **Becofsky, K. (2013). Factors associated with disability in a sample of adults with arthritis. Disability and Health Journal, 6(4), 377-384. DOI: 10.1016/j.dhjo.2013.04.008 PMID: 24060261 Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24060261>
195. Hebert, J.R., Wirth, M., Davis, L., Davis, B., Harmon, B.E., Hurley, T.G., Drayton, R., Murphy, E.A., Shivappa, N., **WILCOX, S.**, Adams, S.A., Brandt, H.M., Blake, C.E., Armstead, C.A., Steck, S.E., Blair, S.N. (2013) c-reactive protein levels in African Americans: a diet and lifestyle randomized community trial. American Journal of Preventive Medicine, 45(4), 430-440. DOI: 10.1016/j.amepre.2013.05.011 PMID: 24050419 PMCID: PMC3779347 Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24050419>
196. **Schoffman, D.E., **WILCOX, S.**, Baruth, M. (2013). Association of body mass index with physical function and health-related quality of life in adults with arthritis. Arthritis, 2013, Article ID 190868. PMID: 24392226 Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24392226>
197. **Baruth, M., **WILCOX, S.**, Saunders, R.P., Hooker, S.P., Hussey, J.R., Blair, S.N. (2013). Perceived environmental church support and physical activity among black church members. Health Education and Behavior, 40(6), 712-720. DOI: 10.1177/1090198113477110 PMID: 23463792 Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23463792>
198. *Schoffman, D.E., Turner-McGrievy, G., Jones, S.J., **WILCOX, S.** (2013). Mobile apps for pediatric obesity prevention and treatment, healthy eating, and physical activity promotion:

- Just fun and games? Translational Behavioral Medicine: Practice, Policy, and Research, 3, 320-325.
DOI: 10.1007/s13142-013-0206-3 PMID: 24073184
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24073184>
199. **Becofsky, K., Baruth, M., **WILCOX, S.** (2013). Physical functioning, perceived disability, and depressive symptoms in adults with arthritis. Arthritis, 2013, Article ID 525761.
<http://dx.doi.org/10.1155/2013/525761>
DOI: 10.1155/2013/525761 PMID: 24093063
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24093063>
200. **WILCOX, S.**, Altpeter, M., Anderson, L.A., Belza, B., Bryant, L., Jones, D.L., Leith, K.H., Phelan, E.A., Satariano, W.A. (2013). The Healthy Aging Research Network: Resources for building capacity for public health and aging practice. American Journal of Health Promotion, 28(1), 2-6.
Note: Author order beyond first two is alphabetic.
DOI: 10.4278/ajhp.121116-CIT-564 PMID: 24000962
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24000962>
201. **WILCOX, S.**, Sharpe, P.A., Turner-McGrievy, G., Granner, M., Baruth, M. (2013). Frequency of consumption at fast-food restaurants is associated with dietary intake in overweight and obese women recruited from financially disadvantaged neighborhoods Nutrition Research, 33, 636-646.
DOI: 10.1016/j.nutres.2013.05.007 PMID: 23890353 PMCID: PMC3758906
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23890353>
202. Baruth, M., Sharpe, P.A., Hutto, B.E., **WILCOX, S.**, *Warren, T.Y. (2013). Patterns of sedentary behavior in overweight and obese women. Ethnicity and Disease, 23, 336-342.
PMID: 23914420 PMCID: PMC3761397
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23914420>
203. *Jaggers, J.R., Dudgeon, W.D., Blair, S.N., Sui, X., Burgess, S., **WILCOX, S.**, Hand, G.A. (2013). A home-based exercise intervention to increase physical activity among people living with HIV: study design of a randomized clinical trial. BMC Public Health, 13, 502.
DOI: 10.1186/1471-2458-13-502 PMID: 23706094. PMCID: PMC3668143.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23706094>
204. Condrasky, M.D., Baruth, M., **WILCOX, S.**, *Carter, C. (2013). Predictors of change in fruit and vegetable consumption in a faith-based intervention with African American adults. Family and Community Health, 36(3), 236-247.
DOI: 10.1097/FCH.0b013e318293159b PMID: 23718959
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23718959>
205. Baruth, M., **WILCOX, S.**, Saunders, R.P. (2013). The role of pastor support in a faith-based health promotion intervention. Family and Community Health, 36(3), 204-214.
DOI: 10.1097/FCH.0b013e31828e6733 PMID: 23718956
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23718956>
206. **WILCOX, S.**, Parrott, A., Baruth, M., Laken, M., Condrasky, M., Saunders, R., Dowda, M., Evans, R., Addy, C., **Warren, T., Kinnard, D., Zimmerman, L. (2013). The Faith, Activity,

and Nutrition Program. A randomized controlled trial in African American churches. American Journal of Preventive Medicine, 44(2), 122-131.

DOI: 10.1016/j.amepre.2012.09.062 PMID: 23332327 PMCID: PMC3884828

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23332327>

Note: Based on this publication, the National Cancer Institute indexed FAN it it's Research-Tested Intervention Programs (RTIPs):

<https://rtips.cancer.gov/rtips/programDetails.do?programId=10977999>

207. **Goodrich, K., **Cregger, M., **WILCOX, S.**, Liu, J. (2013). A qualitative study of factors affecting pregnancy weight gain in African American women. Maternal and Child Health Journal, 17(3), 432-440. Epub ahead of print April 22, 2012.
DOI: 10.1007/s10995-012-1011-1 PMID: 22527762
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22527762>
208. Condrasky, M.D., Baruth, M., **WILCOX, S.**, *Carter, C., Jordan, J.F. (2013) Cooks training for Faith, Activity, and Nutrition project with AME churches in SC. Evaluation and Program Planning, 37, 43-39.
DOI: 10.1016/j.evalprogplan.2012.11.002 PMID: 23352927 PMCID: PMC3594548
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/pubmed/23352927>
- 2012**
209. Hooker, S.P., Courtenay, W.H., Burroughs, E., Rheame, C., **WILCOX, S.** (2012). The potential influence of masculine identity on health-improving behavior in midlife and older African American men. Journal of Men's Health, 9(2), 79-88. Epub ahead of print April 2012.
DOI: 10.1016/j.jomh.2012.02.001 PMID: 23459337 PMCID: PMC3580856
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23459337>
210. Friedman, D.B., Hooker, S.P., **WILCOX, S.**, Burroughs, E.L., Rheame, C.E. (2012). African American men's perspectives on promoting physical activity: "We're not that difficult to figure out!" Journal of Health Communication, 17(10), 1151-1170.
DOI: 10.1080/10810730.2012.665424 PMID: 22808914 PMCID: 3504165
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22808914>
211. Sharkey, J.R., Locher, J., Sahyoun, N., **WILCOX, S.** (2012). Nutrition and Aging: Nutritional Health Inequity. Journal of Aging Research, vol 2012, Article ID 164106, 1 page.
DOI:10.1155/2012/164106 PMID: 23119162 PMCID: PMC3479997
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23119162>
212. Baruth, M., Addy, C.L., **WILCOX, S.**, Dowda, M. (2012). Clustering of risk behaviors among African American adults. Health Education Journal, 71(5), 565-575.
Abstract: <http://journals.sagepub.com/doi/abs/10.1177/0017896911411761>
213. *Archer, E., Groessl, E.J., Sui, X., McClain, A.C., **WILCOX, S.**, Hand, G.A., Merriwether, R.A., Blair, S.N. (2012). An economic analysis of traditional and technology-based approaches to weight loss: LEAN study cost-effectiveness. American Journal of Preventive Medicine, 43(2), 176-182.
DOI: 10.1016/j.amepre.2012.04.018 PMID: 22813682
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22813682>

214. **Warren, T.Y., **WILCOX, S.**, Dowda, M., Baruth, M (2012). Independent association of waist circumference with hypertension and diabetes in African American women, South Carolina, 2007-2009. Preventing Chronic Disease, May, 9:E105.
PMID: 22632742
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22632742>
215. Dunn, A.L., Buller, D.B., Dearing, J.W., Cutter, G., Guerra, M., **WILCOX, S.**, Bettinghaus, E.P. (2012). Adopting an evidence-based lifestyle physical activity program: Dissemination study design and methods. Translational Behavioral Medicine, 2, 199-208.
DOI: 10.1007/s13142-011-0063-x PMID: 23181147 PMCID: PMC3503455
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23181147>
- 2011**
216. **Lattimore, D. **WILCOX, S.**, Saunders, R., Griffin, S., Fallon, E., Hooker, S., Durstine, J.L. (2011). Self-reported barriers of older adults entering a home-based physical activity program. Californian Journal of Health Promotion, 9(2), 15-28.
Abstract: <https://journals.calstate.edu/cjhp/article/view/1433>
217. Hooker, S.P., **WILCOX, S.**, Rheume, C.E., Burroughs, E.L., Friedman, D.B. (2011). Factors related to physical activity and recommended intervention strategies as told by midlife and older African American men. Ethnicity and Disease, 21(3), 261-267.
PMID: 21942156
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21942156>
218. Parra-Medina, D., **WILCOX, S.**, Salinas, J., Addy, C., Fore, E., Poston, M.B., Wilson, D.K. (2011). Results of the Heart Healthy and Ethnically Relevant Lifestyle Trial: A cardiovascular risk reduction intervention for African American women attending community health centers. American Journal of Public Health, 101, 1914-1921.
DOI: 10.2105/AJPH.2011.300151 PMID: 21852629
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21852629>
219. **WILCOX, S.**, Sharpe, P.A., Parra-Medina, D., Granner, M., Hutto, B. (2011). A randomized trial of a diet and exercise intervention for overweight and obese women from economically disadvantaged neighborhoods: Sisters Taking Action for Real Success (STARS). Contemporary Clinical Trials, 32, 931-945.
DOI: 10.1016/j.cct.2011.08.003 PMID: 21864718
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21864718>
220. **Baruth, M. & **WILCOX, S.** (2011). Effectiveness of two evidence-based programs in participants with arthritis: Findings from the Active for Life initiative. Arthritis Care and Research (Hoboken), 63(7), 1038-1047.
DOI: 10.1002/acr.20463 PMID: 21425245
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21425245>
221. Hooker, S.P., Harmon, B., Burroughs, E.L., Rheume, C.E., **WILCOX, S.** (2011). Exploring the feasibility of a physical activity intervention for midlife African American men. Health Education Research, 26(4), 732-738.
DOI: 10.1093/her/cyro34 PMID: 21597100
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21597100>

222. *Sieverdes, J.C., Sui, X., Hand, G.A., Barry, V.W., **WILCOX, S.**, Meriwether, R.A., Hardin, J.W., McClain, A.C., Blair, S.N. (2011) Cardiometabolic results from an armband-based weight loss trial. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, 4, 187-194.
DOI: 10.2147/DMSO.S18649 PMID: 21760735
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21760735>
223. Sharpe, P.A., **WILCOX, S.**, *Rooney, L.J., Strong, D., Hopkins-Campbell, R., Butel, J., Ainsworth, B., Parra-Medina, D. (2011). Adherence to accelerometer protocols among women from economically disadvantaged neighborhoods. Journal of Physical Activity and Health, 8(5), 699-706.
PMID: 21734316
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21734316>
224. **Baruth, M., **WILCOX, S.**, Egan, B.M., Dowda, M., Laken, M., Warren, T.Y. (2011). Cardiovascular disease risk factor clustering among African American adults. Ethnicity & Disease, 21, 129-134.
PMID: 21749014
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21749014>
225. **Umstattd, R.M., **WILCOX, S.**, Dowda, M. (2011). Predictors of change in satisfaction with body appearance and body function in mid-life and older adults: Active for Life ®. Annals of Behavioral Medicine, 41(3), 342-352.
DOI: 10.1007/s12160-010-9247-8 PMID: 21136223
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21136223>
226. **Baruth, M., **WILCOX, S.**, Condrasky, M. (2011). Perceived environmental church support is associated with dietary practices among African-American adults. Journal of the American Dietetic Association, 111, 889-893.
DOI: 10.1016/j.jada.2011.03.014 PMID: 21616203
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21616203>
227. *Barry, V.W., McClain, A.L., *Shuger, S., Sui, X., Hardin, J.W., Hand, G.A., **WILCOX, S.**, Blair, S.N. (2011). Using a technology-based intervention to promote weight loss in sedentary overweight or obese adults: a randomized controlled trial study design. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, 4, 67-77.
DOI: 10.2147/DMSO.S14526 PMID: 21448324
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21448324>
228. *Shuger, S.L., *Barry, V.W., Sui, X., McClain, A., Hand, G.A., **WILCOX, S.**, Meriwether, R.A., Hardin, J.W., Blair, S.N. (2011). Electronic feedback in a diet- and physical activity-based lifestyle intervention for weight loss: a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 8, 41.
DOI: 10.1186/1479-5868-8-41
PMID: 21592351
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21592351>
229. Estabrooks, P.A., Smith-Ray, R.L., Dzewaltowski, D.A., Dowdy, D., *Lattimore, D., Rheaume, C., Ory, M.G., Bazzarre, T., Griffin, S.F., **WILCOX, S.** (2011). Sustainability of evidence-based community-based physical activity programs for older adults: lessons from Active for Life. Translational Behavioral Medicine, 1, 208-215.

DOI: 10.1007/s13142-011-0039-x PMID: 24073045
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24073045>

230. **Baruth, M., Lee, D.C., Sui, X., Church, T.S., Marcus, B.H., **WILCOX, S.**, Blair, S.N. (2011). Emotional outlook on life predicts increases in physical activity among initially inactive men. Health Education and Behavior, 38 (2), 150-158.
DOI: 10.1177/1090198110376352 PMID: 21368240
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21368240>
231. **Baruth, M., **WILCOX, S.**, Sallis, J.F., King, A.C., Marcus, B.H., Blair, S.N. (2011). Changes in CVD risk factors in the Activity Counseling Trial. International Journal of General Medicine, 4, 53-62.
DOI: 10.2147/IJGM.S15686 PMID: 21403793
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/21403793>
232. **Baruth, M., **WILCOX, S.**, Wegley, S., Buchner, D.M., Ory, M.G., Phillips, A., Schwamberger, K., Bazzarre, T.L. (2011). Changes in physical functioning in the Active Living Every Day program of the Active for Life Initiative®. The International Journal of Behavioral Medicine, 18(3), 199-208. Published online 6/30/2010.
DOI: 10.1007/s12529-010-9108-7 PMID: 20589488
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20589488>
- 2010**
233. **WILCOX, S.**, Parra-Medina, D., Felton, G., Poston, M.B., McClain, A. (2010). Adoption and implementation of physical activity and dietary counseling by community health center providers and nurses. Journal of Physical Activity and Health, 7(5), 602-612.
PMID: 20864755
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20864755>
234. **Baruth, M., **WILCOX, S.**, Dunn, A.L., King, A.C., Marcus, B.H., Rejeski, W.J., Sallis, J.S., Blair, S.N. (2010). Psychosocial mediators of physical activity and fitness changes in the Activity Counseling Trial. Annals of Behavioral Medicine, 39(3), 274-289.
DOI: 10.1007/s12160-010-9178-4 PMID: 20431975
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20431975>
235. **Baruth, M., **WILCOX, S.**, Blair, S., Hooker, S., Hussey, J., Saunders, R. (2010). Psychosocial mediators of a faith-based physical activity intervention: implications and lessons learned from null findings. Health Education Research, 25(4), 645-655.
DOI: 10.1093/her/cyq007 PMID: 20147429
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20147429>
236. **Lattimore, D., Griffin, S.F., **WILCOX, S.**, Rheume, C., Dowdy, D.M., Leviton, L.C., Ory, M.G. (2010). Understanding the challenges encountered and adaptations made by community organizations in translation of evidence-based behavior change physical activity interventions: A qualitative study. American Journal of Health Promotion, 24(6), 427-434.
DOI: 10.4278/ajhp.081024-QUAL-252 PMID: 20594099
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20594099>
237. Parra-Medina, D., **WILCOX, S.**, Wilson, D.K., Addy, C.L., Felton, G., Poston, M.B. (2010). Heart Healthy and Ethnically Relevant (HHER) Lifestyle trial for improving diet and

- physical activity in underserved African American women. Contemporary Clinical Trials, 31, 92-104. DOI: 10.1016/j.cct.2009.09.006 PMID: 19781665
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19781665>
238. **WILCOX, S.**, Laken, M., Parrott, A.W., Condrasky, M., Saunders, R., Addy, C.L., Evans, R., **Baruth, M., Samuel, M. (2010). The Faith, Activity, and Nutrition (FAN) Program: design of a participatory research intervention to increase physical activity and improve dietary habits in African American churches. Contemporary Clinical Trials, 31, 323-335. DOI: 10.1016/j.cct.2010.03.011 PMID: 20359549
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20359549>
239. Griffin, S.F., **WILCOX, S.**, Ory, M.G., **Lattimore, D., Leviton, L., Castro, C., Carpenter, R.A., Rheaume, C. (2010). Results from the Active for Life process evaluation: program delivery fidelity and adaptations. Health Education Research, 25(2), 325-342. DOI: 10.1093/her/cyp017 PMID: 19325031
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19325031>
240. Sharpe, P.A., Burroughs, E.L., Granner, M.L., **WILCOX, S.**, Hutto, B.E., Bryant, C.A., Peck, L., Pekuri, L. (2010). Impact of a community-based prevention marketing intervention to promote physical activity among middle-aged women. Health Education and Behavior, 37(3), 403-423. DOI: 10.1177/1090198109341929 PMID: 19875639
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19875639>
241. Hales, D., Evenson, K.R., Wen, F., **WILCOX, S.** (2010). Postpartum physical activity: measuring theory of planned behavior constructs. American Journal of Health Behavior, 34(4), 387-401. PMID: 20218751
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20218751>
242. *Mathews, A.E., Laditka, S.B., Laditka, J.N., **WILCOX, S.**, Corwin, S.J., *Liu, R., Friedman, D.B., Hunter, R., Tseng, W., Logsdon, R.G. (2010). Older adults' perceived physical activity enablers and barriers: A multicultural perspective. Journal of Aging and Physical Activity, 18, 119-140. PMID: 20440026
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20440026>
- 2009**
243. **WILCOX, S.**, Dowda, M., Wegley, S., Ory, M.G. (2009). Maintenance of change in the Active for Life initiative. American Journal of Preventive Medicine, 37(6), 501-504. DOI: 10.1016/j.amepre.2009.07.016 PMID: 19944915
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19944915>
244. **Umstatted, M.R., Motl, R.W., **WILCOX, S.**, Saunders, R., Watford, M. (2009). Measuring physical activity self-regulation strategies in older adults. Journal of Physical Activity and Health, 6(Suppl 1), S105-112. PMID: 19998856
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19998856>

245. **Bopp, M., **WILCOX, S.**, Laken, M., & McClorin, L. (2009). Physical activity participation in African American churches. Journal of Cultural Diversity, 16(1), 26-31. PMID: 20669400
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/20669400>
246. Youngstedt, S.D., *Kline, C.E., *Zelinki, M.R., Kripke, D.F., *Devlin, T.M., Bogan, R.K., **WILCOX, S.**, Hardin, J.W. (2009). Tolerance of chronic 90-minute time-in-bed restriction in older long sleepers. Sleep, 32(11), 1467-1479. PMID: 19928386
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19928386>
247. Corwin, S.J., Laditka, J.N., Laditka, S.B., **WILCOX, S.**, *Liu, R. (2009). Attitudes on aging well among older African Americans and whites in South Carolina. Preventing Chronic Disease, 6(4). [serial online]
Abstract: http://www.cdc.gov/pcd/issues/2009/oct/08_0169.htm.
248. **Bopp, M., **WILCOX, S.**, Laken, M., Hooker, S.P., Parra-Medina, D., Saunders, R., *Butler, K., **Fallon, E.A., McClorin, L. (2009). 8 Steps to Fitness: a faith-based, behavior change physical activity intervention for African Americans. Journal of Physical Activity and Health, 6, 568-577. PMID: 19953833
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19953833>
249. **WILCOX, S.**, Sharkey, J., *Matthews, A.E., Laditka, J.N., Laditka, S.B., Logsdon, R.G., Sahyoun, N., Robare, J., *Liu, R. (2009). Perceptions and beliefs about the role of physical activity and nutrition on brain health in older adults. The Gerontologist, 49(S1), S61-S71. DOI: 10.1093/geront/gnp078 PMID: 19525218
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19525218>
250. Laditka, S.B., Corwin, S.J., Laditka, J.N., *Liu, R., Friedman, D.B., *Matthews, A.E., **WILCOX, S.** (2009). Methods and management of the Healthy Brain Study: A large multisite qualitative research project. The Gerontologist, 49(S1), S18-S22. DOI: 10.1093/geront/gnp076 PMID: 19525212
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/19525212>
251. **WILCOX, S.**, Dowda, M., Dunn, A., Ory, M.G., Rheaume, C., King, A.C. (2009). Predictors of increased physical activity in the Active for Life program. Preventing Chronic Disease, 6(1). [serial online]
Abstract: http://www.cdc.gov/pcd/issues/2009/jan/07_0244.htm.

2008

252. **WILCOX, S.**, Dowda, M., Leviton, L.C., Bartlett-Prescott, J., Bazzarre, T., Campbell-Voytal, K., Carpenter, R.A., Castro, C.M., Dowdy, D., Dunn, A.L., Griffin, S.F., Guerra, M., King, A.C., Ory, M.G., Rheaume, C., Tobnick, J., Wegley, S. (2008). Active for Life – Final results from the translation of two physical activity programs. American Journal of Preventive Medicine, 35(4), 340-351. DOI: 10.1016/j.amepre.2008.07.001 PMID: 18779028
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18779028>

253. **Baruth, M., **WILCOX, S.**, Laken, M., Bopp, M., Saunders, R. (2008). Implementation of a faith-based physical activity intervention: Insights from church health directors. Journal of Community Health, 33(5), 304-312.
DOI: 10.1007/s10900-008-9098-4 PMID: 18473154
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18473154>
254. **Der Ananian, C.A., **WILCOX, S.**, Watkins, K., Saunders, R., Evans, A.E. (2008). Factors associated with exercise participation in adults with arthritis. Journal of Aging and Physical Activity, 16(2), 125-143.
PMID: 18483438
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18483438>
255. **Umstattd, M.R., **WILCOX, S.**, Saunders, R., Watkins, K., Dowda, M. (2008). Self-regulation and physical activity: The relationship in older adults. American Journal of Health Behavior, 32(2), 115-124.
DOI: 10.5555/ajhb.2008.32.2.115 PMID: 18052852
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18052852>
256. *Vrazel, J., Saunders, R.P., **WILCOX, S.** (2008). An overview and proposed framework of social-environmental influences on the physical activity behavior of women. American Journal of Health Promotion, 23(1), 2-12.
DOI: 10.4278/ajhp.06070999 PMID: 18785368
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18785368>
257. Griffin, S., Wilson, D.K., **WILCOX, S.**, Buck, J., Ainsworth, B.E. (2008). Physical activity influences in a disadvantaged African American community and the communities' proposed solutions. Health Promotion Practice, 9(2), 180-190.
DOI: 10.1177/1524839906296011 PMID: 17728204
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17728204>
258. King, A.C., **WILCOX, S.** (2008). Exploring physical activity preferences. Annals of Behavioral Medicine, 35(1), 123-124.
DOI: 10.1007/s12160-007-9012-9 PMID: 18347913
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18347913>
259. Sharpe, P.A., Granner, M.L., Hutto, B.E., **WILCOX, S.**, Peck, L., Addy, C.L. (2008). Correlates of physical activity among African American and White women. American Journal of Health Behavior, 32(6), 701-713.
DOI: 10.5555/ajhb.2008.32.6.701 PMID: 18442349
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/18442349>

2007

260. **WILCOX, S.**, Laken, M., **Bopp, M., Gethers, O., Huang, P., McClorin, L., Parrott, A.W., Swinton, R., & Yancey, A. (2007). Increasing physical activity among church members: community-based participatory research. American Journal of Preventive Medicine, 32(2), 131-138.
DOI: 10.1016/j.amepre.2006.10.009 PMID: 17234487
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17234487>

261. **WILCOX, S.**, Laken, M., Anderson, T., **Bopp, M., Bryant, D., Carter, R., Gethers, O., Jordan, J., McClorin, L., O'Rourke, K., Parrott, A.W., Swinton, R., Yancey, A. (2006). The Health-e-AME Faith-Based Physical Activity Initiative: Description and baseline findings. Health Promotion Practice, 8(1), 69-78.
DOI: 10.1177/1524839905278902 PMID: 16885511
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16885511>
262. **Bopp, M., **Lattimore, D., **WILCOX, S.**, Laken, M., McClorin, L., Swinton, R., Gethers, O., Bryant, D. (2007) Understanding physical activity participation in members of an African American church: A qualitative study. Health Education Research, 22(6), 815-826.
DOI: 10.1093/her/cyl149 PMID: 17138614
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17138614>
263. **Bopp, M., **WILCOX, S.**, Laken, M., Hooker, S., Saunders, R., Parra-Medina, D., *Butler, K., McClorin, L. (2007). Using the RE-AIM framework to evaluate a physical activity intervention in churches. Preventing Chronic Disease, 4(4). [serial online]
Abstract: http://www.cdc.gov/pcd/issues/2007/oct/06_0155.htm.
264. Granner, M.L., Sharpe, P.A., Hutto, B., **WILCOX, S.**, Addy, C.L. (2007). Perceived individual, social and environmental factors for physical activity and walking. Journal of Physical Activity and Health, 4(3), 278-29.
PMID: 17846457
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17846457>
265. Meriwether, R.A., **WILCOX, S.**, Parra-Medina, D. (2007). Physical activity interventions in clinical settings. Current Cardiovascular Risk Reports, 1(3), 237-246.
Abstract:
https://www.researchgate.net/publication/225766487_Physical_activity_interventions_in_clinical_settings
266. Matthews, C.E., **WILCOX, S.**, Hanby, C.L., **Der Ananian, C., Heiney, S.P., Gebretsadik, T., Shintani, A. (2007). Evaluation of a 12-week home-based walking intervention for breast cancer survivors. Supportive Care in Cancer, 15(2), 203-211.
DOI: 10.1007/s00520-006-0122-x PMID: 17001492
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17001492>
267. Laken, M., **WILCOX, S.**, Swinton, R. (2007). Working across faith and science to improve the health of African Americans. Ethnicity and Disease, 17(S1), 23-26.
PMID: 17598313
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17598313>

2006

268. **WILCOX, S.**, Dowda, M., Griffin, S.F., Rheume, C., Ory, M.G., Leviton, L., King, A.C., Dunn, A., Buchner, D.M., Bazzarre, T., Estabrooks, P.A., Campbell-Voytal, K., Bartlett-Prescott, J., Dowdy, D., Castro, C.M., Carpenter, R.A., Dzewaltowski, D.A., Mockenhaupt, R. (2006). Results of the first year of Active for Life: translation of two evidence-based physical activity programs for older adults into community settings. American Journal of Public Health, 96(7), 1201-1209.
DOI: 10.2105/AJPH.2005.074690 PMID: 16735619
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16735619>

269. **WILCOX, S.**, **Der Ananian, C., Abbott, J., *Vrazel, J., *Ramsey, C., Sharpe, P.A., Brady, T. (2006). Perceived exercise barriers, enablers, and benefits among exercising and non-exercising adults with arthritis: results from a qualitative study. Arthritis and Rheumatism, 55(4), 616-627.
DOI: 10.1002/art.22098 PMID: 16874785
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16874785>
270. **WILCOX, S.**, Castro, C.M., King, A.C. (2006). Outcome expectations and physical activity participation in two samples of older women. Journal of Health Psychology, 11(1), 65-77.
DOI: 10.1177/1359105306058850 PMID: 16314381
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16314381>
271. **Bopp, M., **WILCOX, S.**, Laken, M., *Butler, K., Carter, R.E., McClorin, L., Yancey, A. (2006). Factors associated with physical activity among African-American men and women. American Journal of Preventive Medicine, 30(4), 340-346.
DOI: 10.1016/j.amepre.2005.11.007 PMID: 16530622
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16530622>
272. **Der Ananian, C., **WILCOX, S.**, Saunders, R., Watkins, K., Evans, S. (2006). Factors that influence exercise among non-exercisers, insufficiently active individuals and regular exercisers with arthritis. Preventing Chronic Disease [serial online]. July.
Abstract: <http://www.cdc.gov/pcd/issues/2006/july/05-0220.htm>.
273. **Der Ananian, C.A., **WILCOX, S.**, Abbott, J., *Vrazel, J., *Ramsey, J., Sharpe, P.A., Brady, T (2006). The exercise experience in adults with arthritis: A qualitative approach. American Journal of Health Behavior, 30(6), 731-744.
DOI: 10.5555/ajhb.2006.30.6.731 PMID: 17096629
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17096629>
274. **Fallon, E.A., **WILCOX, S.**, Laken, M. (2006). Health care provider advice for African American adults not meeting health behavior recommendations. Preventing Chronic Disease [serial online]. April.
Abstract: http://www.cdc.gov/pcd/issues/2006/apr/05_0103.htm.
275. **Umstattd, M.R., Saunders, R., **WILCOX, S.**, Valois, R.F., Dowda, M. (2006). Correlates of self-regulation for physical activity among older adults. American Journal of Health Behavior, 30(6), 710-719.
DOI: 10.5555/ajhb.2006.30.6.710 PMID: 17096627
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17096627>
276. Dye, C. J., **WILCOX, S.** (2006). Beliefs of low-income and rural older women regarding physical activity: You have to want to make your life better. Women and Health, 43(1), 115-134.
DOI: 10.1300/J013v43n01_07 PMID: 17050488
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/17050488>
277. Prohaska, T., Belansky, E., Belza, B., Buchner, D., Marshall, V., McTigue, K., Satariano, W., & **WILCOX, S.** (2006). Physical activity, public health, and aging: Critical issues and research priorities. Journal of Gerontology: Social Sciences, 61B(5), S267-273.
PMID: 16960240

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/16960240>

Note: Author order beyond 1st is alphabetical by last name.

278. The Healthy Aging Research Network Writing Group. The Prevention Research Centers Healthy Aging Research Network. (2006) Preventing Chronic Disease [serial online]. January.

Abstract: http://www.cdc.gov/pcd/issues/2006/jan/05_0054.htm.

Note: S. WILCOX was a member of the writing group.

2005

279. **WILCOX, S.**, Sharpe, P.A., Hutto, B., & Granner, M.L. (2005). Psychometric Properties of the Self-Efficacy for Exercise Questionnaire in a Diverse Sample of Men and Women. Journal of Physical Activity and Health, 2(3), 285-297.

Abstract:

https://scholarcommons.sc.edu/sph_physical_activity_public_health_facpub/331/

280. **WILCOX, S.**, **Oberrecht, L., **Bopp, M., Kammermann, S.K., McElmurray, C.T. (2005). A qualitative study of exercise in older African American and White Women in Rural South Carolina: Perceptions, Barriers, and Motivators. Journal of Women and Aging, 17 (1/2), 37-53.

DOI: 10.1300/Jo74v17n01_04 PMID: 15914418

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15914418>

281. **WILCOX, S.**, **Der Ananian, C., Sharpe, P.A., *Robbins, J., Brady, T. (2005). Correlates of physical activity in persons with arthritis: Review and recommendations. Journal of Physical Activity and Health, 2, 230-252.

Abstract: <https://journals.humankinetics.com/doi/10.1123/jpah.2.2.230>

282. **WILCOX, S.**, **Bopp, M., Wilson, D.K., *Fulk, L.J., Hand, G.A. (2005). Race differences in cardiovascular and cortisol responses to an interpersonal challenge in women who are family caregivers. Ethnicity & Disease, 15(1), 17-24.

PMID: 15720045

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15720045>

283. **Fallon, E., **WILCOX, S.**, Ainsworth, B.E. (2005). Correlates of self-efficacy for physical activity in African American women. Women and Health, 41(3), 47-62.

DOI: 10.1300/Jo13v41n03_03 PMID: 15970575

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15970575>

2004

284. **WILCOX, S.**, King, A.C. (2004). The effects of life events and interpersonal loss on adherence to home- and class-based exercise sessions in older adults. Journal of Aging and Physical Activity, 11, 117-130.

PMID: 15223881

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15223881>

285. **Bopp, M., **WILCOX, S.**, **Oberrecht, L., Kammermann, S.K., McElmurray, C.T. (2004). Correlates of strength training in older rural African American and Caucasian women. Women and Health, 40(1), 1-20.

DOI: 10.1300/J013v40n01_01 PMID: 15778129
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15778129>

286. Parra-Medina, D., **WILCOX, S.**, Thompson-Robinson, M., Sargent, R., Will, J.C. (2004). A replicable process for redesigning ethnically relevant educational materials. Journal of Women's Health, 13(5), 579-588.

DOI: 10.1089/1540999041281124 PMID: 15257849
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/15257849>

2003

287. **WILCOX, S.**, Evenson, K.R., Aragaki, A., Wassertheil-Smoller, S., Mouton, C.P., Loevinger, B.L. (2003). The effects of widowhood on physical health, mental health, and health behaviors: the Women's Health Initiative. Health Psychology, 22 (5), 513-522.

DOI: 10.1037/0278-6133.22.5.513 PMID: 14570535
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14570535>

288. **WILCOX, S.**, **Bopp, M., **Oberrecht, L., Kammermann, S.K., McElmurray, C.T. (2003). Psychosocial and environmental correlates of physical activity in rural and older African American and White women. Journal of Gerontology: Psychological Sciences, 58B(6), P329-P337

PMID: 14614117
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14614117>

289. Tudor-Locke, C., Henderson, K.A., **WILCOX, S.**, Cooper, R.S., Durstine, J.L., & Ainsworth, B.E. (2003). In their own voices: Definitions and interpretations of physical activity. Women's Health Issues, 13, 194-199.

PMID: 14583168
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14583168>

290. *Sellers, D.B., *Thompson-Robinson, M., Parra-Medina, D., **WILCOX, S.**, Thompson, N.L., Will, J.C. (2003). Readability of educational materials targeting CVD risk factors in African Americans and women. American Journal of Health Studies, 18(4), 188-194.

Abstract: http://thompson-robinson.faculty.unlv.edu/bio_info/publications/10885662.pdf

291. Ainsworth, B.E., **WILCOX, S.**, Thompson, W.W., Richter, D.L., Henderson, K.A. (2003). Personal, social, and physical environmental correlates of physical activity in African-American women in South Carolina. American Journal of Preventive Medicine, 25 (3Si), 23-29.

PMID: 14499806
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14499806>

292. Eyler, A.A., Matson-Koffman, D., Young, D.R., **WILCOX, S.**, Wilbur, J., Thompson, J.L., Sanderson, B., Evenson, K.R. (2003). Quantitative study of correlates of physical activity in women from diverse racial/ethnic groups. Women's Cardiovascular Health Network Project. Introduction and Methodology. American Journal of Preventive Medicine, 25 (3Si), 5-14.

PMID: 14499804
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14499804>

Note: Author order beyond 1st 2 is reverse alphabetical.

293. Eyler, A.A., Matson-Koffman, D., Young, D.R., **WILCOX, S.**, Wilbur, J., Thompson, J.L., Sanderson, B., Evenson, K.R. (2003). Quantitative study of correlates of physical activity in women from diverse racial/ethnic groups. Women's Cardiovascular Health Network Project. Summary and conclusions. American Journal of Preventive Medicine, 25 (3Si), 93-103.
PMID: 14499804
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14499804>
Note: Author order beyond 1st 2 is reverse alphabetical.

294. Evenson, K.R., Eyler, A.A., **WILCOX, S.**, Thompson, J.L., Burke, J.E. (2003). Test-retest reliability of a questionnaire on physical activity and its correlates among women from diverse ethnic and racial groups. American Journal of Preventive Medicine, 25 (3Si), 15-22.
PMID:14499805
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/14499805>

295. McTiernan, A., Kooperberg, C., White, E., **WILCOX, S.**, Coates, R., Adams-Campbell, L.L., Woods, N., & Ockene, J. (2003). Recreational physical activity and the risk of breast cancer in postmenopausal women. The Women's Health Initiative cohort study. Journal of the American Medical Association, 290(10), 1331-1336.
DOI: 10.1001/jama.290.10.1331 PMID: 12966124
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12966124>

2002

296. **WILCOX, S.**, Richter, D.L., Henderson, K.A., *Greaney, M.L., & Ainsworth, B.E. (2002). Perceptions of physical activity and perceived barriers and enablers in African-American women. Ethnicity and Disease, 12, 353-362.
PMID: 12148706
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12148706>

297. **WILCOX, S.**, Ainsworth, B.E., *LaMonte, M.J., & *DuBose, K.D. (2002). Worry regarding major diseases among African American, Native American, and Caucasian women. Women and Health, 36(3), 83-99.
DOI: 10.1300/J013v36n03_06 PMID: 12539794
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12539794>

298. **WILCOX, S.** (2002). Physical activity in older women of color. Topics in Geriatric Rehabilitation, 18(1), 21-33.
Abstract: <https://insights.ovid.com/topics-geriatric-rehabilitation/tgere/2002/09/000/physical-activity-older-women-color/5/00013614>

299. Castro, C.M., **WILCOX, S.**, O'Sullivan, P., Bauman, K., & King, A.C. (2002). An exercise program for women who are caring for relatives with dementia. Psychosomatic Medicine, 64(3), 458-468.
PMID: 12021419
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12021419>

300. Eyler, A.E., **WILCOX, S.**, Matson-Koffman, D., Evenson, K., Rohm-Young, D., Sanderson, B., Thompson, J., Wilbur, J. (2002). Correlates of physical activity among

women from diverse racial/ethnic groups: A review. Journal of Women's Health and Gender-Based Medicine, 11(3), 239-253.

DOI: 10.1089/152460902753668448 PMID: 11988134

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11988134>

301. *Jamieson, M., **WILCOX, S.**, Webster, W., Blackhurst, D., Valois, R.F., Durstine, J.L. (2002). Factors influencing health-related quality of life in cardiac rehabilitation patients. Progress in Cardiovascular Nursing, 17(3), 124-131.

PMID: 12091761

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12091761>

302. Evenson, K.R., **WILCOX, S.**, Pettinger, M., Brunner, R., King, A.C., & McTiernan, A. (2002). Vigorous leisure activity through women's adult life: the Women's Health Initiative observational cohort study. American Journal of Epidemiology, 156(10), 945-953.

PMID: 12419767

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12419767>

303. Richter, D.L., **WILCOX, S.**, *Greaney, M.L., Henderson, K.A., & Ainsworth, B.E. (2002). Environmental, policy, and cultural factors related to physical activity in African American women. Women and Health, 36(2), 91-109.

PMID: 12487145

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12487145>

Also printed in:

Richter, D.L., **WILCOX, S.**, *Greaney, M.L., Henderson, K.A., & Ainsworth, B.E. (2002). Environmental, policy, and cultural factors related to physical activity in African American women. In A.A. Eyler (Ed.). Environmental, Policy, and Cultural Factors Related to Physical Activity in a Diverse Sample of Women: The Women's Cardiovascular Health Network Project (pp. 91-109). New York: Haworth Medical Press.

304. Eyler, A.A., Matson-Koffman, D., Vest, J.R., Evenson, K., Sanderson, B., Thompson, J., Wilbur, J., **WILCOX, S.**, Young, D.R. (2002). Environmental, policy, and cultural factors related to physical activity in a diverse sample of women: The Women's Cardiovascular Health Network Project – Summary and discussion. Women and Health, 36(2), 123-134.

PMID: 12487145

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12487145>

Note: Author order beyond 1st 3 is alphabetical

Also printed in:

Eyler, A.A., Matson-Koffman, D., Vest, J.R., Evenson, K., Sanderson, B., Thompson, J., Wilbur, J., **WILCOX, S.**, Young, D.R. (2002). Environmental, policy, and cultural factors related to physical activity in a diverse sample of women: The Women's Cardiovascular Health Network Project – Summary and discussion. In A.A. Eyler (Ed.). Environmental, Policy, and Cultural Factors Related to Physical Activity in a Diverse Sample of Women: The Women's Cardiovascular Health Network Project (pp. 123-134). New York: Haworth Medical Press. **Note: Author order beyond 1st 3 is alphabetical**

305. Eyler, A.A., Matson-Koffman, D., Vest, J.R., Evenson, K., Sanderson, B., Thompson, J., Wilbur, J., **WILCOX, S.**, Young, D. R. (2002). Environmental, policy, and cultural factors related to physical activity in a diverse sample of women: The Women's Cardiovascular

Health Network Project – Introduction and methodology. Women and Health, 36(2), 1-15.

Note: Author order beyond 1st 3 is alphabetical.

DOI: 10.1300/J013v36n02_01 PMID: 12487137

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/12487137>

Also printed in:

Eyler, A.A., Matson-Koffman, D., Vest, J.R., Evenson, K., Sanderson, B., Thompson, J., Wilbur, J., **WILCOX, S.**, Young, D. R. (2002). Environmental, policy, and cultural factors related to physical activity in a diverse sample of women: The Women's Cardiovascular Health Network Project – Introduction and methodology. In A.A. Eyler (Ed.).

Environmental, Policy, and Cultural Factors Related to Physical Activity in a Diverse Sample of Women: The Women's Cardiovascular Health Network Project (pp. 1-15). New York: Haworth Medical Press. **Note: Author order beyond 1st 3 is alphabetical.**

306. King, A.C., Baumann, K., O'Sullivan, P., **WILCOX, S.**, & Castro, C. (2002). Effects of moderate-intensity exercise on physiological, behavioral, and emotional responses to family caregiving: A randomized controlled trial. Journal of Gerontology: Medical Sciences, 57, M26-M36.

PMID: 11773209

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11773209>

2001

307. **WILCOX, S.**, Irwin, M., *Addy, C., Ainsworth, B.E., Stolarczyk, L., *Whitt, M., Tudor-Locke, C. (2001). Agreement between participant-rated and compendium-coded intensity of daily activities in a tri-ethnic sample of women 40 years and older. Annals of Behavioral Medicine, 23(4), 253-262.

DOI: 10.1207/S15324796ABM2304_4 PMID: 11761342

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11761342>

308. **WILCOX, S.**, Parra-Medina, D., Thompson-Robinson, M., & Will, J. (2001). Nutrition and physical activity interventions to reduce cardiovascular disease risk in health care settings: a quantitative review with a focus on women. Nutrition Reviews, 59(7), 197-215.

PMID: 11475446

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11475446>

309. **WILCOX, S.**, Shumaker, S.A., Bowen, D.J., Naughton, M.J., Rosal, M.C., Ludlam, S.E., Dugan, E., Hunt, J.R., & Stevens, S. (2001). Promoting adherence and retention to clinical trials in special populations: A Women's Health Initiative workshop. Controlled Clinical Trials, 22 (3), 279-289.

PMID: 11384790

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11384790>

310. **WILCOX, S.**, O'Sullivan, P., King, A.C. (2001). Caregiver coping strategies: wives versus daughters. Clinical Gerontologist, 23(1/2), 81-97.

Abstract: https://www.tandfonline.com/doi/abs/10.1300/J018v23n01_08

311. Atienza, A.A., Henderson, P., **WILCOX, S.**, & King, A.C. (2001). Gender differences in cardiovascular response to dementia caregiving. The Gerontologist, 41(4), 197-215.

PMID: 11490047

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11490047>

312. Espeland, M.A., Kumanyika, S., Wilson, A.C., **WILCOX, S.**, Chao, D., Bahnson, J., Reboussin, D.M., Easter, L., & Zheng, B. (2001). Lifestyle interventions influence relative errors in self-reported diet intake of sodium and potassium. Annals of Epidemiology, 11, 85-93.

PMID: 11164124

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11164124>

2000

313. **WILCOX, S.**, King, A.C., Vitaliano, P.P., & Brassington, G.S. (2000). Anger expression and natural killer cell activity in family caregivers participating in a physical activity trial. Journal of Health Psychology, 5(4), 431-440.

DOI: 10.1177/135910530000500403 PMID: 22049187

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22049187>

314. **WILCOX, S.**, & King, A.C. (2000). Self-favoring bias for physical activity in middle-aged and older adults. Journal of Applied Social Psychology, 30(9), 1773-1789.

Abstract: <https://onlinelibrary.wiley.com/doi/pdf/10.1111/j.1559-1816.2000.tb02467.x>

315. **WILCOX, S.**, Brenes, G.A., Levine, D., Sevick, M., Shumaker, S.A., & Craven, T. (2000). Factors related to sleep disturbance in older adults experiencing knee pain or knee pain with radiographic evidence of knee osteoarthritis. Journal of the American Geriatrics Society, 48(10), 1241-1251. PMID: 11037011

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/11037011>

316. **WILCOX, S.**, Castro, C., King, A.C., Housemann, R., & Brownson, R. (2000). Determinants of leisure time physical activity in rural compared with urban older and ethnically diverse women in the United States. Journal of Epidemiology and Community Health, 54, 667-672. PMID: 10942445

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/10942445>

317. **WILCOX, S.**, & King, A.C. (2000). Alcohol consumption in older adults: A comparison of two assessment methods. Journal of Applied Gerontology, 19, 170-180.

Abstract: <http://journals.sagepub.com/doi/abs/10.1177/073346480001900204>

318. **WILCOX, S.**, King, A.C., Castro, C., & Bortz II, W. (2000). Do changes in physical activity lead to dietary changes in middle and older age? American Journal of Preventive Medicine, 18(4), 276-283.

PMID: 10788729

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/10788729>

319. King, A.C., Castro, C., **WILCOX, S.**, Eyler, A.A., Sallis, J.F., Brownson, R.C. (2000). Personal and environmental factors associated with physical inactivity among different racial-ethnic groups of U.S. middle-aged and older-aged women. Health Psychology, 19(4), 354-364.

PMID: 10907654

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/10907654>

1999

320. **WILCOX, S.**, King, A.C., Brassington, G.S., & Ahn, D.K. (1999). Physical activity preferences in middle-aged and older adults: A community analysis. Journal of Aging and Physical Activity, 7, 386-399.
Abstract: <https://journals.humankinetics.com/doi/abs/10.1123/japa.7.4.386>
321. **WILCOX, S.**, & Stefanick, M.L. (1999). Knowledge and perceived risk of major diseases in middle-aged and older women. Health Psychology, 18, 346–353.
PMID: 10431935
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/10431935>
322. **WILCOX, S.**, & King, A.C. (1999). Sleep complaints in older women who are family caregivers. Journal of Gerontology: Psychological Sciences, 54B, P189-P198.
PMID: 10363041
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/10363041>

1998 and earlier

323. King, A.C., Kiernan, M., Ahn, D.K., & **WILCOX, S.** (1998). The effects of marital transitions on physical activity levels: Results from a 10-year community study. Annals of Behavioral Medicine, 20, 64-69.
DOI: 10.1007/BF02884450 PMID: 9989310
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/9989310>
324. **WILCOX, S.** (1997) Age and gender in relation to body attitudes: Is there a double standard of aging? Psychology of Women Quarterly, 21, 549-565.
Abstract: <http://journals.sagepub.com/doi/10.1111/j.1471-6402.1997.tb00130.x>
325. **WILCOX, S.**, & Storandt, M. (1996). Relations among age, exercise, and psychological variables in a community sample of women. Health Psychology, 15, 110-113.
PMID: 8681918
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/8681918>
326. LaBarge, E., & **WILCOX, S.** (1995). Emotional effects of cognitive testing in demented vs. non-demented healthy older people [Letter]. Journal of the American Geriatrics Society, 43, 838-839.
PMID: 7602051
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/7602051>

Chapters in Textbooks

1. **WILCOX, S.**, & King, A.C. (2018). Goal Setting and Behavioral Management. D.J. Rose (Ed). Physical Activity Instruction of Older Adults, 2nd edition. Champaign, IL: Human Kinetics Publishers.
2. **WILCOX, S.** & Baruth, M. (2018). Behavioral Theories and Strategies for Promoting Exercise. In D. Riebe, Senior Ed and J.K. Ehrman, G. Liguori, & M. Magal, Associate Eds. ACSM's Guidelines for Exercise Testing and Prescription (10th ed., pp. 377-404). Philadelphia: Wolters Kluwer.
Note: authors contributed equally to this chapter.

3. **WILCOX, S.**, & Shepard, D. (2010). Informational Approaches to Promoting Physical Activity: Community-wide Campaigns. In D.R. Brown, G. W. Heath, & S. L. Martin, Eds.. Promoting Physical Activity: A Guide to Community Action – Second Edition. Champaign, IL: Human Kinetics Publishers.
4. **WILCOX, S.**, & Ainsworth, B.E. (2008). The measurement of physical activity. In S.A. Shumaker, J.K. Ockene, & K.A. Riekert (Eds.). The Handbook of Health Behavior Change (3rd ed., pp. 327-346). New York: Springer.
5. **WILCOX, S.**, & King, A.C. (2005). Goal setting and behavioral management. C.J. Jones & D.J. Rose (Eds). Physical Activity Instruction of Older Adults (pp. 111-127). Champaign, IL: Human Kinetics Publishers.
6. **WILCOX, S.**, & King, A.C. (2003). Health behaviors and adherence. W.R. Hazzard, J.P. Blass, J.B. Halter, J.G. Ouslander, & M.E. Tinetti (Eds). Principles of Geriatric Medicine and Gerontology (5th ed., pp. 265-283). New York: McGraw-Hill.
7. **WILCOX, S.**, Tudor-Locke, C.E., & Ainsworth, B.E. (2002). Physical activity patterns, assessment, and motivation in older adults. R. Shephard (Ed.). Physical Activity and Gender Differences in the Aging Process (pp. 13-39). Boca Raton, FL: CRC Press.
8. **WILCOX, S.**, & King, A.C. (2000). Type, frequency, and correlates of sleep complaints in older women caring for a family member with dementia. B. Vellas & L.J. Fitten (Eds). Research and Practice in Alzheimer's Disease (Vol. 3, pp. 315-322). New York: Springer.
9. **WILCOX, S.**, & King, A.C. Health behaviors and aging. (1999). W.R. Hazzard, J.P. Blass, W.H. Ettinger, J.B. Halter, & J.G. Ouslander (Eds). Principles of Geriatric Medicine and Gerontology (4th ed., pp. 287-302). New York: McGraw-Hill.

Unrefereed Publications or Reports

1. Rheume, C., Abbott, J., **WILCOX, S.** (2006). Active For Life®: Community Organization Interviews. Report submitted to the Robert Wood Johnson Foundation.
2. **WILCOX, S.**, Sharpe, P.A., DerAnanian, C., Vrazel, J., Abbott, J., Ramsey, C. (2004). Factors Influencing Physical Activity in People with Arthritis. Final Report. Submitted to the Centers for Disease Control and Prevention. Distributed to the South Carolina State Plan for Arthritis.
3. **WILCOX, S.** (1999). Regular physical activity may help promote sleep. ADVANCE for Managers of Respiratory Care, 8, 48-49.

CURRENTLY FUNDED GRANTS

Principal Investigator

Agency: Centers for Disease Control and Prevention

Title: The USC PRC: Community-Based Participatory Research to Study Church Implementation of an Evidence-Based Social Support Intervention to Increase Physical Activity among Older African American Adults

Principal Investigator: Sara Wilcox (35%)

Co-Investigators: Andrew Kaczynski, Brooke McKeever, Courtney Monroe, Caroline Rudisill, Ruth Saunders, Jennifer Trilk

Total Costs: \$4,992,232 (Direct: \$3,482,506)

Granting Period: 9/30/2024 – 9/29/2029

Co-Investigator

Agency: Centers for Disease Control and Prevention

Title: Optimizing and Projecting Lifestyle Behavioral Interventions to Sustain Long-term Health Behaviors and Outcomes in Focus Populations - Lifestyle Change Implementation Research Network (SIP 25-004)

Principal Investigators: Chih-Hsiang (Jason) Yang and Brian Chen

Co-Investigators: Sara Wilcox (10%), Courtney Monroe, Delia West, Christine Pellegrini, Brie Turner-McGrievy

Total Costs: \$1,991,554 (Direct: \$1,484,768)

Proposed Granting Period: 9/30/2025 – 9/29/2029

Status: Funded

Agency: Centers for Disease Control and Prevention

Title: Examination of the Dose Response Relationship Between Physical Activity and Arthritis-Attributable Outcomes

Principal Investigator: Christine Pellegrini

Co-Investigators: Sara Wilcox (5%), Chih-Hsiang (Jason) Yang

Total Costs: \$1,247,498 (Direct: \$847,990)

Proposed Granting Period: 9/30/2024 – 9/29/2029

Status: Funded

Agency: National Institutes of Health

Title: Expanding the Reach of the Nutritious Eating with Soul (NEW Soul) Program: A Type 2 Hybrid Effectiveness-Implementation Trial (R01)

Principal Investigator: Gabrielle Turner-McGrievy

Co-Investigators: Sara Wilcox (8.3-10% academic year), Caroline Rudisill, Christina Chauvenet, John Bernhart, Brent Hutto

Total Costs: \$3,627,355 (Direct: \$2,498,864)

Granting Period: 04/15/2022 – 03/31/2027

Agency: National Institutes of Health

Title: Administrative Supplement to Physical Activity and Weight Loss to Improve Function and Pain after Total Knee Replacement (R01)

Principal Investigator: Christine Pellegrini

Co-Investigators: **Sara Wilcox (2%),** Chih-Hsiang (Jason) Yang

Granting Period: 01/01/2023 – 12/31/2026

Total Costs: \$280,796

Agency: National Institutes of Health

Title: Physical Activity and Weight Loss to Improve Function and Pain After Total Knee Replacement (R01)

Principal Investigator: Christine Pellegrini

Co-Investigators: **Sara Wilcox (12%)**, Gabrielle Turner-McGrievy, Brian Chen, Elizabeth Regan

Granting Period: 7/15/2021 – 6/30/2026 (NCE to 2027)

Total Costs: \$3,358,537

Agency: National Institutes of Health (NIDDK)

Title: Targeting Important Behaviors for Weight Loss Through the Use of Social Gaming and Points: The Social Pounds Off Digitally (Social POD) Study (R01)

Principal Investigator: Gabrielle Turner-McGrievy

Co-Investigators: **Sara Wilcox (10% academic year)**, Marco Geraci, Courtney Monroe, Homayoun Valafar

Granting Period: 7/01/2021-12/31/2025 (NCE to 2026)

Total Costs: \$2,367,084

Agency: National Institutes of Health (NIDDK)

Title: Ensuring the Cultural Relevance of Dietary Guidelines Diet Patterns Among African Americans: Increasing Dietary Quality and Reducing Type 2 Diabetes Risk (R01)

Principal Investigator: Gabrielle Turner-McGrievy

Co-Investigators: **Sara Wilcox (10% academic year)**, Daniela Friedman, Angela Liese, Mark Sarzynski

Total Costs: \$3,548,283 (Direct: \$2,434,673)

Granting Period: 07/01/2021-03/31/2026

Other

Agency: National Institutes of Health (NIA) (K07)

Title: NIA Academic Leadership Career Award

Principal Investigator: Daniela Friedman

My Role: Program Faculty (in kind)

Granting Period: 09/01/2024 – 05/31/2029

COMPLETED FUNDED GRANTS

Principal Investigator

Agency: Centers for Disease Control and Prevention

Title: USC PRC Center and Core Research Project: National Implementation Study of the Faith, Activity, and Nutrition (FAN) Program

Principal Investigator: Sara Wilcox (25-35%)

Co-Investigators: Andrew Kaczynski, Ruth Saunders, Patricia A. Sharpe, Caroline Rudisill, Brooke McKeever

Total Costs: \$3,750,000 (Direct: \$2,979,452)

Granting Period: 09/30/2019 – 09/29/2024 (no cost extension to 09/29/2025)

Agency: National Institutes of Health (NICHD) (R01)
Title: Promoting Healthy Weight in Pregnancy and Postpartum among Overweight/Obese Women

Principal Investigators: Sara Wilcox (15-30%) & Jihong Liu (Multiple PIs)

Co-Investigators: Gabrielle Turner-McGrievy, Cheryl Addy, Judith Burgis

Total Costs: \$2,901,888 (Direct: \$2,003,203)

Granting Period: 08/06/2014 – 04/30/2022

Agency: Prisma Health

Title: Integrating a Healthy Lifestyle Curriculum into Midlands Healthy Start Program for Low-Income Pregnant and Postpartum Women in South Carolina

Principal Investigators: Jihong Liu and Sara Wilcox (in kind effort)

Total Costs: \$20,000 (all direct costs)

Granting Period: 04/01/2020 – 08/31/2021

Agency: Centers for Disease Control and Prevention

Title: Health Promotion and Disease Prevention Research Center, Core Research Project: Faith, Activity, and Nutrition – Dissemination in Underserved Communities

Principal Investigator: Sara Wilcox (25-35%)

Co-Investigators: Margaret Condrasky, Andrew Kaczynski, Ruth Saunders, Patricia A. Sharpe

Total Costs: \$3,682,431

Granting Period: 09/30/2014 – 09/29/2019

Agency: National Institutes of Health (NICHD) (R01)

Title: Supplement to Promoting Healthy Weight in Pregnancy and Postpartum among Overweight/Obese Women (Research Supplements to Promote Diversity in Health-Related Research for Ms. Alycia Boutté, doctoral student in the Department of Health Promotion, Education, and Behavior)

Principal Investigator: Sara Wilcox (in kind effort)

Total Costs: \$103,714

Granting Period: 02/01/2017 – 04/30/2019

Agency: National Institutes of Health (NCI) (R01)

Title: Evaluating a Food Hub's Impact on Food Access, Diet and Weight in a Food Desert

Principal Investigator: Patricia A. Sharpe, Sara Wilcox (since 8/1/2016)

Co-Investigators: Sara Wilcox (prior to 8/1/2016) (10%), Angela Liese, Bethany Bell,

Total Costs: \$2,742,375

Granting Period: 03/01/2013 – 07/31/2019

Agency: Centers for Disease Control and Prevention

Title: SIP 09-028: Evaluation of a Self-Directed, Packaged Physical Activity Program for Adults with Arthritis

Principal Investigator: Sara Wilcox

Co-investigators: Patricia Sharpe, Bruce McClenaghan, Katherine Leith, Robert Moran

Total Costs: \$824,741

Granting Period: 09/30/2009 – 09/28/2012 (no-cost extension through 2014)

Agency: Centers for Disease Control and Prevention

Title: Health Promotion and Disease Prevention Research Centers

Principal Investigator: Sara Wilcox (as of 5/2011; Co-Investigator before that date)

Co-investigators: Patricia Sharpe, Melinda Forthofer
Total Costs: \$3,421,250
Granting Period: 09/30/2009 – 09/28/2014

Agency: Centers for Disease Control and Prevention
Title: SIP 09-027: Healthy Aging Research Network Collaborating Center
Principal Investigator: Sara Wilcox, Katherine Leith
Co-investigators: Daniela Friedman
Total Costs: \$368,885
Granting Period: 09/30/2009 – 09/28/2014

Agency: National Institutes of Health (NHLBI)
Title: A Partnership to Promote Physical Activity and Healthy Eating in AME Churches (R01)
Principal Investigator: Sara Wilcox
Co-Investigators (USC): Ruth Saunders, Cheryl Addy, Marsha Dowda
Co-Investigators (MUSC): Marilyn Laken
Co-Investigators (Clemson): Margaret Condrasky
Total Costs: \$3,302,379
Granting Period: 07/10/2006 – 03/31/2011 (no-cost extension to 2013)

Agency: National Institutes of Health (NHLBI)
Title: Supplement to a Partnership to Promote PA and Healthy Eating in AME Churches (Research Supplements to Promote Diversity in Health-Related Research for Ms. Tatiana Warren, doctoral student in the Department of Exercise Science)
Principal Investigator: Sara Wilcox
Total Costs: \$174,773
Granting Period: 01/01/2008 – 12/31/2011 (no-cost extension to 2013)

Agency: National Institutes of Health (NICHD)
Title: Promoting Healthy Weight in Pregnancy and Postpartum among Overweight/Obese Women (R21 – 1 year funded under ARRA mechanism)
Principal Investigators: Jihong Liu & Sara Wilcox
Co-Investigators: Cheryl L. Addy, Christine Blake, Anthony Gregg
Total Costs: \$ 181,250
Granting Period: 09/13/2010 – 08/31/2011 (no-cost extension to 2013)

Agency: Centers for Disease Control and Prevention
Title: SIP 13-04: PRC's Healthy Aging Research Network
Principal Investigator: Sara Wilcox (9/30/04 – 9/29/06), Delores Pluto (9/30/06 – 9/29/08), Steven Hooker (9/30/08 – 9/29/08)
Co-Principal Investigator: Delores Pluto (9/30/04 – 9/29/06), **Sara Wilcox (9/30/06 – 9/29/09)**
Co-Investigators: Steven Hooker, Katherine Leith, Delores Pluto, Ken Watkins, Harriet Williams
Total Costs: \$248,795
Granting Period: 09/30/2004 – 09/29/2009

Agency: Robert Wood Johnson Foundation
Title: Evaluation of the Active for Life® Program
Principal Investigator: Sara Wilcox

Co-Investigators: Sarah Griffin, Marsha Dowda
Total Costs: \$971,283
Granting Period: 02/01/2004 – 01/31/2009

Agency: Centers for Disease Control and Prevention
Title: Health-e-AME Faith-Based Physical Activity Initiative (Subcontract from MUSC)
Principal Investigator: Marilyn Laken
Principal Investigator of USC subcontract: Sara Wilcox
Total Costs: \$610,506 to USC (\$1,257,640 for the entire project)
Granting Period: 9/30/2002 – 09/30/2005 (extension through 9/30/06)

Agency: Centers for Disease Control and Prevention & Association of Schools of Public Health
Title: Factors Influencing Physical Activity in People with Arthritis
Principal Investigator: Sara Wilcox
Co-Principal Investigator: Patricia A. Sharpe
Total Costs: \$149,819
Granting Period: 09/30/2002 – 09/29/2004 (includes one-year extension)

Agency: Department of Defense
Title: The Effect of a Home-Based Walking Intervention on Quality of Life, Body Composition, and Estrogen Metabolism in Post-Menopausal Cancer Survivors
Principal Investigators: Charles Matthews & Sara Wilcox
Total Costs: \$72,250
Granting Period: 09/01/2001 – 08/31/2002 (due to delays from the Army, this project began 10/04 and ended 9/06)

Agency: Centers for Disease Control and Prevention
Title: Creation of a Prevention Research Center Network for Healthy Aging
Principal Investigator: Sara Wilcox
Co-Principal Investigator: Kenneth Watkins
Co-Investigators: Harriet Williams, Thomas Brown, Jr., Delores Pluto
Total Costs: \$96,810
Granting Period: 09/30/2001 – 09/29/2004

Agency: The National Council on the Aging
Title: Healthy Aging Network: NCOA Supplement
Principal Investigator: Sara Wilcox
Total Costs: \$11,700 (for supplement to the above grant)
Granting Period: 09/01/2002 – 12/31/2003

Agency: Robert Wood Johnson Foundation
Title: Evaluation of the Active for Life® Program
Principal Investigator: Sara Wilcox (4/2003 +)
Co-Investigators: Sarah Griffin, Russell Pate, Barbara Ainsworth, Dennis Shepard
Total Costs: \$747,146
Granting Period: 02/01/2002 – 01/31/2004

Agency: American College of Sports Medicine
Title: Physical Activity in Rural African American and White Women
Principal Investigator: Sara Wilcox

Total Costs: \$14,998
Granting Period: 07/01/2001 – 06/30/2002

Agency: University of South Carolina, Research and Productive Scholars Award
Title: Ethnic Differences in Stress Responses to Family Caregiving

Principal Investigator: Sara Wilcox

Total Costs: \$14,000
Granting Period: 4/01/2001 – 6/30/2002

Co-Principal Investigator

Agency: National Institutes of Health
Title: The HHER Lifestyle Program for CVD Risk Reduction (R01)
Principal Investigator: Deborah Parra-Medina

Co-Principal Investigator: Sara Wilcox

Co-Investigators: Cheryl Addy, Barbara Ainsworth, Gwen Felton, Dawn Wilson, Mary Beth Poston

Total Costs: \$2,152,232
Granting Period: 06/01/2004 – 05/31/2008 (no-cost extension through 5/31/2009)

Agency: U.S. Army
Title: A Diet, Physical Activity, and Meditation Intervention in Men with Rising Prostate-Specific Antigen (PSA)

Principal Investigator: James Hebert

Co-Principal Investigator: Sara Wilcox

Co-Investigators: Charles Matthews, Jane Teas, William JM Hrushesky, David Blask, Sue Heiney

Granting Period: 05/01/2003 – 07/01/2004 (project funded through 2006, but due to other grants, I transitioned off this project)

Agency: Centers for Disease Control and Prevention and the Robert Wood Johnson Foundation

Title: The Women's Cardiovascular Health Network Project: Identifying Environment, Policy, and Psychosocial Factors Important for Designing Culturally-Appropriate Physical Activity Programs for Women

Principal Investigator: Barbara E. Ainsworth

Co-Principal Investigator: Sara Wilcox

Co-Investigators: Donna Richter, Karla Henderson

Total Costs: \$119,474 (CDC); \$50,000 (RWJF)
Granting Period: 09/30/1999 – 08/29/2001 (CDC); 01/01/02 – 12/31/02 (RWJF)

Agency: Centers for Disease Control and Prevention

Title: Heart Healthy and Ethnically Relevant Lifestyle (HHER Lifestyle) Pilot

Principal Investigator: Deborah Parra-Medina

Co-Principal Investigator: Sara Wilcox

Co-Investigators: Alexandra Evans, Kenneth Watkins

Total Costs: \$64,307
Granting Period: 09/30/2000 – 08/29/2001

Agency: South Carolina Cancer Center

Title: The Effect of a Walking Program on Estrogen Metabolism in Overweight Postmenopausal Women

Principal Investigators: Charles Matthews, **Sara Wilcox**, Jay Fowke

Total Costs: \$14,919

Granting Period: 06/01/2000 – 07/31/2001

Co-Investigator

Agency: Centers for Disease Control and Prevention

Title: Evaluation of a Phone-Based Walk with Ease Program in Adults with Arthritis (SIP 21-003)

Principal Investigator: Christine Pellegrini

Co-Investigator: Sara Wilcox (15%)

Total Costs: \$1,193,244 (Direct: \$814,647)

Granting Period: 09/30/2021 – 09/29/2024 (no cost extension to 09/29/2025)

Agency: Centers for Disease Control and Prevention

Title: Evaluation of An Outdoor Mindful Walking Program for Sustaining Cognitive Function in Older African Americans at Risk for Dementia (SIP 22-006)

Principal Investigator: Chih-Hsiang (Jason) Yang

Co-Investigators: Sara Wilcox (4.2%), Daniela Friedman, Jean Neils-Strunjas, Caroline Rudisill, Jingkai Wei

Total Costs: \$595,301 (Direct: \$407,423)

Granting Period: 09/30/2022 – 09/29/2024 (no cost extension to 09/29/2025)

Agency: Centers for Disease Control and Prevention

Title: COVID-19 Challenges, Responses, and Resilience Among Rural Black Women (SIP 22-007)

Principal Investigator: Shan Qiao

Co-Investigators: Sara Wilcox (3.3%), Olatosi Bankole, Xiaoming Li

Total Costs: \$249,935 (Direct: \$190,433)

Granting Period: 09/30/2022 – 09/29/2023 (no-cost extension to 09/29/2025)

Agency: National Institutes of Health (R21)

Title: Reducing Sedentary Time Using an Innovative mHealth Intervention Among Total Knee Replacement Patients

Principal Investigators: Christine Pellegrini

Co-Investigators: **Sara Wilcox (7.5%)**, Julia Lee (Northwestern University)

Total Costs: \$516,091 (Direct: \$378,533)

Granting Period: 04/01/2020 – 01/31/2023 (no cost extension to 01/31/2025)

Agency: National Institutes of Health (Diversity supplement)

Title: A Nutrition-Based Approach to Reduce Heart Disease Risk Among Overweight African Americans: Use of Soul Food Plant-Based or Omnivorous Diets to Address Cardiovascular Disease (Diversity supplement: Dissemination and implementation of Nutritious Eating with Soul)

Principal Investigator: Gabrielle Turner-McGrievy

Student: John Bernhart

Co-Investigators: **Sara Wilcox (10%)**, Caroline Rudisill

Total Costs: \$227,460

Granting Period: 04/01/2020 – 03/31/2022

Agency: National Institutes of Health (R01)
Title: A Nutrition-Based Approach to Reduce Heart Disease Risk Among Overweight African Americans: Use of Soul Food Plant-Based or Omnivorous Diets to Address Cardiovascular Disease (R01)
Principal Investigator: Gabrielle Turner-McGrievy
Co-Investigators: **Sara Wilcox (10%)**, Angela Murphy, Edward Frongilo
Total Costs: \$3,275,411 (Direct: \$2,273,864)
Granting Period: 7/15/2017 – 4/30/2022

Agency: USC, ASPIRE-I
Title: Baseline Evaluation of a Major Park Renovation Natural Experiment to Improve Diverse Health Outcomes in Columbia
Principal Investigator: Andrew Kaczynski
Co-Investigators: **Sara Wilcox**, Spencer Moore, James Hussey
Total Costs: \$14,971
Granting Period: 07/01/2020 – 09/30/2021

Agency: National Institutes of Health (R41)
Title: eCPAT: Advancing Public Park Information and Technology Resources to Diverse Audiences for Healthy Communities
Principal Investigator: Andrew Kaczynski
Co-Investigators: Ben Schooley, Brie Turner-McGrievy, **Sara Wilcox (2.1%)**
Total Costs: \$224,843 (Direct: \$173,276)
Granting Period: 04/15/2018 – 03/31/2019 (no cost extension to 2021)

Agency: USC Office of the Provost
Title: Examining the Efficacy of Theory-Based Persuasive Communications for Promoting Physical Activity in Public Parks: A Pilot Study
Principal Investigators: Andrew Kaczynski
Co-Investigators: Sara Wilcox (in kind), Rachel Davis, Jim Hussey, Sonya Wilhelm Stanis, Aaron Hipp, Morgan Hughey, Stowe
Submitted: 01/31/2017
Total Costs: \$19,945
Granting Period: 07/01/17-06/30/19

Agency: National Institutes of Health (NCI) (R21)
Title: ParkIndex: A Tool for Advancing Parks and Public Health Research and Practice
Principal Investigators: Andrew Kaczynski
Co-Investigators: **Sara Wilcox (2.6%)**, Jim Hussey
Total Costs: \$352,506
Granting Period: 07/07/2016 – 06/30/2018 (extended to 2019)

Agency: Centers for Disease Control and Prevention
Title: Implementing Road Map Actions through a New Healthy Brain Initiative Network (Special Interest Project 14-002; Healthy Brain Initiative Network Collaborating Center)
Principal Investigators: Daniela B. Friedman
Co-Investigators: Sara Wilcox (4%), Sue Levkoff
Total Costs: \$474,998 (Direct Costs: \$331,692)
Granting Period: 09/30/2014 – 09/29/2019

Agency: National Institutes of Health (NCI) (R21)
Title: Increasing Dietary Self-Monitoring and Weight Loss in an mHealth Intervention
Principal Investigator: Gabrielle Turner-McGrievy
Co-Investigators: Sara Wilcox (5%)
Total Costs: \$353,198 (Direct: \$250,388)
Granting Period: 12/01/2014 – 11/30/2016 (extended to 2017)

Agency: USC ASPIRE-I
Title: eCPAT: Advancement and Feasibility Testing of Public Park Information and Technology Resources to Support Healthy Communities
Principal Investigators: Andrew Kaczynski
Co-Investigators: Benjamin Schooley, Sara Wilcox (in kind), Gabrielle Turner-McGrievy
Total Costs: \$14,987
Granting Period: 05/16/2016 – 05/15/2017

Agency: Academy of Nutrition and Dietetics Foundation
Title: Self-monitoring Assessment in Real Time (2-SMART): Improving Dietary Self-Monitoring Through Digital Photography and Crowdsourcing
Principal Investigator: Gabrielle Turner-McGrievy
Co-Investigators: Sara Wilcox (in kind)
Total Costs: \$5,000
Granting Period: 09/01/2015 – 08/31/2016

Agency: University of South Carolina Office of Research
Title: Impact of a Lifestyle Intervention Among Overweight/Obese Pregnant Women on Cardiometabolic Biomarkers
Principal Investigator: Nansi Boghossian & Jihong Liu
Co-Investigators: Sara Wilcox (in kind)
Total Costs: \$15,000
Granting Period: 05/16/2015 – 05/15/2016

Agency: Richland Memorial Hospital Research and Education Foundation, Grant-In-Aid award
Title: Barriers to Exercise in Pregnancy
Principal Investigators: Natalie Buckham
Co-Investigators: Kerry Sims, Jihong Liu, **Sara Wilcox (in kind)**
Granting Period: 11/2015 – 08/2016
Total Costs: \$8,461
Note: served as a mentor to Dr. Buckham and also worked with a doctoral student to code all qualitative survey responses, analyze qualitative data, prepare a report of findings, and contribute to abstract submissions.

Agency: University of South Carolina Office of Research
Title: ParkIndex: Development of a Prototype Tool for Advancing Parks and Public Health Research and Practice
Principal Investigator: Andrew T. Kaczynski
Co-Investigators: Sara Wilcox (in kind), Jim Hussey, Dwayne Porter
Total Costs: \$14,950
Granting Period: 05/16/2015 – 05/15/2016

Agency: USC (ASPIRE I) (Intramural)
Title: Refining and Pilot Testing Social Networks for Modeling Healthy Behaviors: The Social Pounds Off Digitally (Social POD) study
Principal Investigator: Brie Turner-McGrievy
Co-Investigators: Sara Wilcox, Michael Huhns, Homay Valafar, Patrick Malone
Submitted: 01/27/2014
Granting Period: 05/01/2014 – 04/30/2015
Total Costs: \$14,995

Agency: Intramural - USC (ASPIRE)
Title: Neighborhood Physical and Social Environment and Residents' Physical Activity Patterns
Principal Investigator: Andrew Kaczynski
Co-Investigators: Sara Wilcox, Darcy Freedman, Stephanie Child
Submitted: 1/23/13
Granting Period: 06/01/2013 – 05/31/2014
Total Costs: \$14,835

Agency: Intramural - USC/MUSC SCTR Discovery Grant
Title: The Efficacy of Agent-Mediated Social Networks for Modeling Healthy Behaviors
Principal Investigator: Gabrielle Turner-McGrievy
Co-Investigators: Sara Wilcox, Michael Huhns, Patrick Malone, Homay Valafar
Total Costs: \$29,986
Granting Period: 03/01/2013 – 05/30/2014

Agency: Intramural - USC/MUSC SCTR Discovery Grant
Title: eCPAT: Using Mobile Technology to Assess the Acceptability, Feasibility, and Efficacy of the Community Park Audit Tool with Youth
Principal Investigator: Andrew T. Kaczynski
Co-Investigators: Gabrielle Turner-McGrievy, Benjamin Schooley, Sonja A. Wilhelm Stanis, Sara Wilcox, Gina M. Besnyi,
Total Costs: \$30,000
Granting Period: 03/01/2013 – 06/31/2014

Agency: National Institutes of Health (NIDDK)
Title: Behavioral/Support Intervention for Diet and Exercise Among Underserved Women (R01)
Principal Investigator: Patricia A. Sharpe
Co-Investigators: Sara Wilcox
Total Costs: \$2,713,730
Granting Period: 08/01/2007 – 05/31/2012 (one-year no-cost extension)

Agency: National Institutes of Health
Title: Diet & Activity Community Trial: High-Risk Colon Polyps (R24)
Principal Investigator: James Hebert
Co-Investigators: Swann Adams, Cheryl Armstead, Elizabeth Murphy, James Hardin, J. Mark Davis, James Burch, Sara Wilcox
Total Costs: \$2,829,569
Granting Period: 07/01/2008 – 06/30/2013

Agency: National Institutes of Health (NCHMD)

Title: Home-based Exercise for Management of HIV-associated Cardiovascular Disease Risk (R21)

Principal Investigator: Gregory A. Hand

Co-Investigators: Steven Blair, Cheryl Addy, Stephanie Burgess, Xuemei Sui, **Sara Wilcox**

Total Costs: \$ 399,065

Submitted: 5/3/2010 (revised application)

Granting Period: 12/01/2010 – 11/30/2012

Agency: National Institutes of Health (NIDDK)

Title: Supplement to Behavioral/Support Intervention for Diet and Exercise Among Underserved Women (Research Supplements to Promote Diversity in Health-Related Research for Dr. Gayenell Magwood, faculty at MUSC)

Principal Investigator: Patricia Sharpe

Co-Investigators: Sara Wilcox

Total Costs for second year: \$120,047

Granting Period: 07/01/09 – 06/30/12

Agency: Body Media, Inc.

Title: Use of Electronic Feedback on Diet and Physical Activity to Enhance Weight Management

Principal Investigator: Steven N. Blair

Co-Investigators: Gregory Hand, Mei Shui, Rebecca A. Meriwether, **Sara Wilcox**

Total Costs: \$205,515

Granting Period: 11/05/2007 – 04/04/2009

Agency: Centers for Disease Control and Prevention

Title: Prevention Research to Promote and Protect Brain Health

Principal Investigator: Daniela Friedman (current) / James Laditka (previous)

Co-Investigators: Sara Corwin, Sarah Laditka, Robert McKeown, Deborah Parra-Medina, **Sara Wilcox**, Harriet Williams

Total Costs: \$825,863

Granting Period: 09/30/2006– 09/29/2009

Agency: Centers for Disease Control and Prevention

Title: Health Promotion and Disease Prevention Research Centers

Principal Investigator: Steven Hooker

Co-Investigators: Russell Pate, Dennis Shepard, Fran Wheeler, Dawn Wilson, Patricia Sharpe, **Sara Wilcox**, Alexandra Evans

Total Costs: \$4,395,665

Granting Period: 09/30/2004 – 09/29/2009

Agency: National Institutes of Health (NIA)

Title: Factors Influencing Physical Activity in Older African American Men (R21)

Principal Investigator: Steven P. Hooker

Co-Investigator: Sara Wilcox

Total Costs: \$396,000

Granting Period: 07/01/2006 – 06/30/2008 (no cost extension through 6/30/2009)

Agency: Centers for Disease Control and Prevention

Title: Community Based Approaches for Preventing Alzheimer's Disease (Supplement to the Healthy Aging Research Network, PI: Sara Wilcox)

Principal Investigator: James Laditka

Co-Investigators: Carol Cornman, Sara Corwin, Sarah Laditka, Marcia Lane, Robert McKeown, Deborah Parra-Medina, Terry Territo, **Sara Wilcox**, Harriet Williams

Total Costs: \$156,789

Granting Period: 09/30/2005 – 09/29/2006

Agency: Centers for Disease Control and Prevention

Title: Participatory Research for Physical Activity Promotion

Principal Investigator: Patricia Sharpe

Co-Investigators: **Sara Wilcox**, Regina Fields, Barbara Ainsworth

Total Costs: \$1,371,739

Granting Period: 9/30/2002 – 09/30/2005 (extended through 09/30/06)

Agency: Centers for Disease Control and Prevention

Title: Health Promotion and Disease Prevention Research Centers

Principal Investigator: Barbara Ainsworth

Co-Investigators: Russell Pate, Dennis Shepard, Fran Wheeler, Harris Pastides, **Sara Wilcox**, Alexandra Evans

Annual Costs: \$517,621

Granting Period: 09/30/1998 – 09/29/2004

Note: Involvement of S. Wilcox as of 9/30/2001

Agency: Centers for Disease Control and Prevention

Title: Nutrition, Physical Activity, and Obesity Network

Principal Investigator: Alexandra Evans

Co-Investigators: Barbara Ainsworth, Charles Matthews, **Sara Wilcox**

Annual Costs: \$10,000

Granting Period: 09/30/2000 – 09/29/2003

Note: Involvement of S. Wilcox from 9/30/2001-12/31/2002

Agency: Center for Health Promotion & Risk Reduction in Special Populations, USC College of Nursing, National Institute of Nursing Research

Title: Effects of Acupuncture and Nursing Back Rub on Stress-Induced Oral Disease in HIV+ Individuals

Co-Principal Investigators: Gregory Hand, Kenneth Phillips

Co-Investigators: James Carson, J. Mark Davis, Barbara Latham, Michelle Rojas, Bruce Schell, William Skelton, **Sara Wilcox**

Total Costs: \$10,000

Agency: Centers for Disease Control and Prevention

Title: Heart Healthy and Ethnically Relevant Tools (HHER Tools)

Principal Investigator: Deborah Parra-Medina

Co-Principal Investigator: Roger Sargent

Co-Investigators: **Sara Wilcox**, Rose Marie Hendrix, Lynn Thomas

Total Costs: \$99,981

Granting Period: 09/30/1999 – 08/29/2000

Mentor

Agency: American Heart Association

Title: Renin Angiotensin Aldosterone System Components and Vascular Function in Women After an Adverse Pregnancy Outcome
Principal Investigator: Abbi Lane-Cordova
Mentors: **Sara Wilcox**, Jihong Liu, Janet Catov, Bo Fernhall
Granting Period: 07/2018 - 06/2021 (request for no-cost extension)
Total Costs: \$231,000 (Direct Costs: \$210,000)

Consultant

Agency: NIH (National Institute of Diabetes and Digestive and Kidney Diseases) (R01)
Title: Intervention Based in Primary Care to Increase Physical Activity Among Inactive Adults with Prediabetes and Diabetes (Exercise Promotion in Primary Care)
Principal Investigator: Deborah Rohm Young (Kaiser Permanente)
Data Safety and Monitoring Board Members: Sara Wilcox (Chair), Wendy Mack, Tiffany Gary-Webb
Dates of Award: 09/15/2019 – 7/31/2024

Agency: NIH (National Institute of Minority Health and Health Disparities) (R15)
Title: Healthy Living Program for Filipino Lay Leaders
Principal Investigators: Cheryl Albright and Clementina Ceria-Ulep (University of Hawaii at Manoa)
Consultant / Data Safety and Monitoring Board Members: Sara Wilcox, Brook Harmon, Melissa Bopp
Dates of Award: 09/26/2017 – 5/31/2020
Total: \$424,462

Agency: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control
Title: Use of Tele-Exercise as an Alternative Delivery Channel for Translating an Evidence-Based Fall-Prevention Program into Practice for Older Adults in West Virginia
Principal Investigator: Dina Jones (West Virginia University)
Consultant: Sara Wilcox
Dates of Award: 08/01/2017 – 7/31/2019
Total: \$330,000

Agency: Agency: National Institutes of Health (NHLBI R01 HL128666)
Title: Escalating Proportion of Weight-Loss Maintainers Via Modules Prior to Weight Loss (Stanford Healthy Heart Study)
Principal Investigator: Michaela Kiernan (Stanford Prevention Research Center)
Consultant / Data Safety Monitoring Board Members: Sara Wilcox, Stephen Fortmann, Tricia Leahey
Dates of Award: 08/01/2015 – 7/31/2020

Agency: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control
Title: Translation of an Evidence-Based Fall-Prevention Program into Rural West Virginia Churches
Principal Investigator: Dina Jones (West Virginia University)
Consultant: Sara Wilcox
Dates of Award: 09/30/12 – 09/29/15
Total: \$540,669

Agency: National Institutes of Health
Title: Faith in Action (Fe en Acción)
Principal Investigator: Elva Arredondo & John Elder (San Diego State University)
Advisory Board Member: Sara Wilcox
Dates of Award: 12/01/2010 – 10/31/2014

Agency: National Institutes of Health (NHLBI)
Title: Study of the Naturalistic Dissemination Process of an Evidence-based Program
Principal Investigator: Andrea Dunn (Klein Buendel, Inc.)
Consultant: Sara Wilcox
Dates of Award: 12/01/05 – 11/30/09 (no cost extension through 2011)

Agency: National Institutes of Health (NCI)
Title: Promoting Healthy Weight with 'Stability First'
Principal Investigator: Michaela Kiernan (Stanford Prevention Research Center)
Consultant / Data Safety Monitoring Board Member: Sara Wilcox
Dates of Award: 07/11/07 – 05/31/2011

Agency: National Institutes of Health (NCI)
Title: Understanding Change in Physical Activity Postpartum
Principal Investigator: Kelly Evenson (UNC-Chapel Hill)
Consultant: Sara Wilcox
Dates of Award: 09/30/2004 – 02/29/2010

Agency: National Institutes of Health (NHLBI)
Title: Preventing Risks of Long Sleep
Principal Investigator: Shawn Youngstedt
Co-Investigators: Daniel F. Kripke, Richard Bogan
Ombudsperson: Sara Wilcox
Granting Period: 07/01/2003 – 6/30/2006

Agency: National Institutes of Health
Title: Clinical Facilitating Center, Women's Health Initiative
Principal Investigator: Sally Shumaker
Consultant: Sara Wilcox
Dates of Participation: 1999-2003

Agency: National Institutes of Health (NIA)
Title: Teaching Healthy Lifestyles to Caregivers
Principal Investigator: Abby C. King
Consultant: Sara Wilcox
Dates of Participation: 1999-2000

STUDENT- AND TRAINEE-MENTORED FUNDED GRANTS

Funded:

Agency: South Carolina Honors College, Undergraduate Research and Scholars Program
Title: The Implementation and Evaluation of the Faith, Activity, and Nutrition Program

Principal Investigator: Mackenzie Walker (EXSC undergraduate, honors college)

Advisor: Sara Wilcox

Total Costs: \$4,9851

Granting Period: 01/14/2019 – 04/26/2019

Agency: University of South Carolina (SPARC)

Title: Patient and Provider Perceptions of Weight Gain, Nutrition, and Exercise in Pregnancy

Principal Investigator: Kara Goodrich (EXSC doctoral student, BBIP T32 training program)

Advisor: Sara Wilcox

Co-Mentor: Jihong Liu

Total Costs: \$4,770

Granting Period: 05/01/2014 – 07/31/2015

Agency: Intramural - University of South Carolina (SPARC)

Title: An fMRI Investigation of Fitness-Induced Cognitive Reserve in Older Women

Principal Investigator: Katie Becofsky (EXSC doctoral student, BBIP T32 training program)

Mentor: Roger Newman-Norlund

Co-Mentor and Advisor: Sara Wilcox

Total Costs: \$5,000

Granting Period: 05/15/2013 – 07/31/2014

Agency: Intramural – McCausland Center

Title: Neural Implementation of Fitness-Induced Cognitive Reserve in Older Adults

Principal Investigator: Katie Becofsky (EXSC doctoral student, BBIP training program)

Faculty Advisor: Sara Wilcox

Total Costs: Funded for 20 hours of MRI Scans

Agency: American College of Sports Medicine

Title: Evaluation of a Faith-Based Behavior Change PA Program

Principal Investigator: Melissa Bopp (EXSC doctoral student)

Faculty Advisor: Sara Wilcox

Total Costs: \$5000

Granting Period: 07/01/2004 – 06/30/2005

Agency: American College of Sports Medicine

Title: Mediating Effects of Self Regulation on Older Adult's PA

Principal Investigator: Michelle Renee Umstatttdt (HPEB doctoral student)

Faculty Advisor: Sara Wilcox

Total Costs: \$5000

Granting Period: 07/01/2004 – 06/30/2005

TEACHING

Courses Taught

2000 - Department of Exercise Science, Arnold School of Public Health, University of South Carolina

Graduate Courses:

- Selected Topics in Exercise Science (EXSC 755)

- Behavioral Aspects of Physical Activity (EXSC 710 / HPEB 713)
- Research Seminar in Exercise Physiology (EXSC 783)

Undergraduate Courses:

- Current Topics in Exercise Science (EXSC 555)
- Psychology of Physical Activity (EXSC 410 / PSYC 565)
 - From 2004-2015, supervised doctoral student(s) who served as the instructor(s) for the course

- 1995 *Instructor*, Barnes College School of Nursing, St. Louis, MO
Undergraduate Course: Mental Health and Aging
- 1994 - 1995 *Teaching Assistant*, Department of Psychology, Washington University, St. Louis, MO
Graduate Courses: Statistics (two-semester course)
- 1994 & 1995 *Instructor*, Departments of Psychology and Gerontology, University of Missouri in St. Louis, St. Louis, MO
Undergraduate/Graduate Courses: Mental Health and Aging (two courses)
- 1994 *Instructor*, University College, Washington University, St. Louis, MO *Course:*
Undergraduate Course: Psychology of Aging

Postdoctoral Fellows

- 2009 - 2011 Meghan Baruth, The role of positive health on health outcomes and community-based physical activity interventions (Also mentored by Dr. Steven Blair)
(Current position: Associate Professor, Saginaw Valley State University)
- 2004 - 2006 Elizabeth Fallon, Community-based approaches to physical activity promotion
(Current position: American Cancer Society)

Doctoral Students - Major Advisor or Chaired or Co-Chaired Dissertation

- In progress Jasmin Parker-Brown (enrolled 2021) (BBIP T32 program), Examining the feasibility of a walking intervention in underserved public libraries to promote improved physical activity among urban dwelling young and middle-aged adults
- 2023 Kelsey Day (enrolled 2019) (BBIP T32 program), Leveraging church neighborhood environments to promote rural physical activity and healthy eating (Current Position: Postdoctoral Fellow, University of Virginia School of Medicine)
- 2019 John Bernhart, Investigating for-cause physical activity events for physical activity promotion and public health impact: An investigation using Self-Determination Theory (Current Position: Research Assistant Professor, Department of Health Promotion, Education, and Behavior, University of South Carolina)

- 2018 Caroline Dunn (co-chair), Examining faith-based communities as leverage points for the prevention of childhood and adolescent obesity (Completed a Postdoctoral Fellowship at Harvard University; Current Position: Senior Social Science Analyst, United States Department of Agriculture)
- 2016 Danielle Schoffman (co-chair), Enhancing parent-child communication and promoting physical activity and healthy eating through mobile technology: A randomized trial
** Received a USC SPARC (Support to Promote Advancement of Research and Creativity) research award
** 2016 Breakthrough Scholar
** 2016 Arnold School of Public Health Doctoral Achievement Award.
** 2016 Delta Omega Inductee
(Completed a T32 postdoctoral fellowship at the University of Massachusetts School of Medicine; Current Position: Assistant Professor, University of Florida)
- 2015 Kara Whitaker (Goodrich) (BBIP T32 program), Patient and provider perceptions of weight gain, physical activity, and nutrition in pregnancy
**2022, Received the Gerry Sue Arnold Alumni Award (University of South Carolina, Arnold School of Public Health; the award is open to all alumni who graduated less than 10 year prior to the current year)
** Received a USC SPARC (Support to Promote Advancement of Research and Creativity) research award.
** 2015 Delta Omega Inductee.
(Completed a T32 postdoctoral fellowship at the University of Minnesota; Current Position: Associate Professor, University of Iowa)
- 2015 Tatiana Warren, Patterns of sedentary behavior and associations with health risks among African American adults
** Supported on a diversity supplement from my R01.
** Delta Omega Inductee.
- 2014 Katie Potter (Becofsky) (BBIP T32 program), The effects of exercise training on cognitive reserve and cognitive function in healthy older women
** Received a USC SPARC (Support to Promote Advancement of Research and Creativity) research award.
(Completed T32 postdoctoral fellowship at Brown University; Current Position: Associate Professor, University of Massachusetts at Amherst)
- 2014 Joni Marr, Understanding the relationship between health locus of control and God health locus of health control and health behaviors in college students through mediation analysis
(Current Position: Associate Professor, Winthrop University)
- 2012 Jorge Banda, Examining park use in financially disadvantaged, rural communities (ASPH/CDC Prevention Research Center Minority Health Fellow)

** Received the 2012 Arnold School of Public Health Doctoral Achievement Award.
(Completed T32 Postdoctoral Fellow, Stanford University School of Medicine;
Current Position: Clinical Assistant Professor, Purdue University)

- 2009 Meghan Baruth, Social support and physical activity in African Americans
(Current position: Professor, Saginaw Valley State University)
- 2006 Diana Lattimore, Barriers experienced by older adults participating in a telephone-based physical activity program, and relations to outcomes
(Current position: Associate Professor, University of San Francisco)
- 2005 Melissa Bopp, Evaluation of a faith-based physical activity intervention
** Received an American College of Sports Medicine dissertation award.
(Current position: Professor, Pennsylvania State University)
- 2005 Cheryl Der Ananian, Understanding factors that influence exercise in non-exercisers, insufficiently active individuals, and exercisers with arthritis: A quantitative and qualitative approach (Co-Chair of committee)
(Postdoctoral Fellowship at University of Illinois-Chicago, Current position: Associate Professor, Arizona State University)

Doctoral Students – Dissertation Committee Member

- 2024 Xuanxuan (Julia) Zhu, Department of Epidemiology and Biostatistics
Early life factors for infant feeding and growth
- 2022 Sabrina Karim, Department of Epidemiology and Biostatistics
Trajectories, prevention strategies, and health impacts of perinatal depression
- 2022 Allison Lewis, Department of Exercise Science
Effects of social comparative feedback on motor sequence learning and resting state functional connectivity
- 2021 Becky Kyrlyiuk, Department of Exercise Science
Strengthening the evidence-base for youth nutrition programs
** Received a USC SPARC (Support to Promote Advancement of Research and Creativity) research award.
**BBIP T32 program
- 2020 Elizabeth Regan, Department of Exercise Science
Integrating survivors of stroke into cardiac rehabilitation
**BBIP T32 program
- 2019 Alycia Boutté, Health Promotion, Education, and Behavior
Exploring the impact of stress, depressive symptoms, and the nutritional built environment among overweight and obese pregnant women
** Supported on a diversity supplement from my R01.
- 2018 Laura Kurzban, Psychology

Service use among individuals with serious mental illness and physical health problems

**BBIP T32 program

- 2018 Anthony Walker, Department of Health Promotion, Education, and Behavior
Use of the theory of self-determination framework to study the effects of a diabetes self-management education program on motivation in 45 - 65 year-old African American males with Type 2 diabetes
- 2018 Alicia Dahl, Health Promotion, Education, and Behavior
Healthy motivations for moms-to-be (Healthy MoM2B) Study: A mobile health intervention targeting gestational weight gain during first-time pregnancies among overweight and obese women
**Supported on my R01 study for her assistantship
- 2017 Samantha McDonald, Department of Exercise Science
Maternal physical activity and cardiorespiratory fitness during pregnancy and its relation to infant size
- 2015 Sarah Hales, Department of Health Promotion, Education, and Behavior
Refinement and pilot testing social networks for encouraging healthy behaviors: The Social Pounds Off Digitally (Social POD) Study
- 2015 Gina Besenyi, Department of Health Promotion, Education, and Behavior
ECPAT: Development and testing of mobile technology to engage youth in active living policy, systems, and environmental health promotion efforts
- 2014 Amanda Paluch, Department of Exercise Science
Longitudinal evaluations of objectively measured total physical activity. A look beyond the typical recommendations of MVPA
- 2012 John Sieverdes, Department of Exercise Science
Using technology to enhance behavior change
- 2008 Jennifer Gay, Department of Health Promotion, Education, and Behavior
Testing self-determination theory and the roles of social and physical environments in an adult beginning exerciser population
- 2011 Kerry McIver, Department of Exercise Science
The contribution of in-school physical activity to total physical activity in elementary school students
- 2008 Sweta Tewary, College of Social Work
Marital quality and its influence on disease management self-efficacy among people with rheumatoid arthritis
- 2005 Renee Umstattd, Department of Health Promotion, Education, and Behavior
The roles of self-regulation and self-efficacy in physical activity behavior and correlates of self-regulation in an older adult population
** Dissertation was ancillary to study in which I was PI (Active for Life)
**Supported on my study for her assistantship

** Received the 2005 Arnold School of Public Health Doctoral Achievement Award

** Received an American College of Sports Medicine Dissertation Award

- 2004 JoEllen Vrazel, Department of Health Promotion, Education, and Behavior
Using qualitative methods to elicit perspectives from middle-aged women about social environmental influences on their physical activity behavior
- 2004 Julie Stone, Department of Exercise Science
Incidence of menstrual dysfunction in female off-road cyclists
- 2004 Emily Severt, Department of Exercise Science
Characteristics of veterans seeking care for low back pain
- 2003 Colleen Reardon, Department of Psychology
The influence of maternal attitudes and behaviors on the development of weight concern, body dissatisfaction, and the use of weight control methods among first through fifth grade girls
- 2002 Mary Greaney, Department of Health Promotion, Education, and Behavior
Body size perception and physical activity among older, urban, African American women

Masters Students – Thesis, Practicum, or Project Advisor

- 2025- Samiya Antora, MS, Department of Exercise Science
Association between Psoriatic arthritis and lifestyle factors (project)
- 2017 Nathan Peters, MS, Department of Exercise Science
Identifying associations between religious commitment and preventive health behaviors in a southeastern rural community (thesis)
- 2016 Lauren Reid, MPH, Department of Exercise Science
Revision of AHA's Faith in Heart toolkit to include physical activity (practicum)
- 2014 Ryan Falck, MS, Department of Exercise Science
The effects of *Arthritis Foundation's* "Walk With Ease" program on cognitive function (thesis)
- 2011 Kara Goodrich, MPH, Department of Exercise Science
Preventing excessive weight gain in pregnancy (practicum)
- 2009 Mary Cregger, MS, Department of Exercise Science
Barriers to physical activity and healthy eating in pregnancy (thesis)
- 2007 Jennifer DePercin, MS, Department of Exercise Science
Blue Cross / Blue Shield of South Carolina corporate fitness center low usage project (project)
- 2003 Larissa Oberrecht, MS, Department of Exercise Science

The assessment of environmental supports for physical activity in faith-based organizations (project)

- 2001 Amy Skiba, MS, Department of Exercise Science
A pilot evaluation of the effects of a 12-week walking program on quality of life in breast cancer survivors (project)

Masters Students – Committee Member

- 2017 Marilyn Wende, Department of Epidemiology
Trends in gestational weight gain in South Carolina, 2004-2015 (thesis)
- 2014 Noma Louise Mgutshini, Department of Epidemiology
Gestational weight gain and the risk of obesity among preschool children: Is this mediated through birth weight? (thesis)
- 2011 Shericka Harris, Department of Epidemiology
Correlates of physical activity during pregnancy and its association with gestational weight gain during pregnancy (thesis)
- 2003 Jared Reis, Department of Exercise Science
Physical activity assessment during and after phase II cardiac rehabilitation (thesis)
- 2000 Deidre Watson, Department of Exercise Science
Effects of a four-week ingestion of two nutritional supplements on mood, perceived exertion, and performance during strenuous resistance exercise (thesis)
- 2000 Jason Winnick, Department of Exercise Science
Effect of carbohydrate ingestion on physical and mental performance during exercise designed to mimic team sports (thesis)
- 2000 Meredith Jamieson, Department of Exercise Science
Health related quality of life in CVD (thesis)

SERVICE AND LEADERSHIP

Service & Leadership to Profession

Professional Roles

- 2023-present Member, External Advisory Committee, NIH T32 Postdoctoral Fellowship Award
Stanford Prevention Research Center, Department of Medicine, Stanford School of Medicine
- 2023-2025 Co-Chair, CDC PRC Network Steering Committee
Plan and facilitate monthly CDC PRC Network calls (including identifying a topic and speaker); chair and guide Executive Committee meetings to discuss priority PRC Network matters and committee progress; meet monthly with

- Director CDC's Office of the National Prevention Strategy Centers for Disease Control and Prevention to discuss priority PRC Network matters
- 2022 Design Lab Leader, 2022 National Gathering of the Common Table Collaborative, Duke University
Co-facilitated a full-day session as a design lab leader to discuss challenges facing the health of women clergy and possible solutions. Presented findings to larger conference group.
- 2022 Member, Planning Committee, Dissemination and Implementation Related Scientific Retreat, Medical University of South Carolina SCTR
- 2021, 2022, 2023, 2024 Co-Director, Physical Activity & Public Health Postgraduate Course on Research Directions and Strategies (7-day intensive course; all years); Director, Physical Activity & Public Health Practitioner's Course on Community Interventions (4-day intensive course; 2022, 2023, & 2024); Columbia, SC
*Faculty and course participants come from across the US (and several countries outside of the US)
- 2021-2023 Member, Editorial Board, Contemporary Clinical Trials
- 2018-2021 Trustee, Board of Trustees, American College of Sports Medicine
- 2014- present Member, Faith-Based Sector Committee, National Physical Activity Plan, Physical Activity Alliance
- 2013-2014 Member, Planning Committee, SEC Symposium: Prevention of Obesity-Overcoming a 21st Century Public Health Challenge
- 2013 Member, Planning Committee, Implementation Science Retreat, Medical University of South Carolina SCTR
- 2012 Member, Planning Committee, Obesity Retreat, Medical University of South Carolina SCTR
- 2011 Reviewer, Book Chapter, Human Kinetics
- 2008 External Consultant, Participated in site visit to enhance department grant productivity, Met with faculty and department chair and gave presentation, Ball State University
- 2006-2010 Consulting Editor, Health Psychology
- 2006-2007 Member, Conference Planning Committee, Healthy Aging Research Network Symposium: Effective Community-Based Physical Activity Programs for Older Adults
- 2005-2010 Member, Editorial Board, Psychology and Aging
- 2004-2007 Member, Editorial Board, Journal of Physical Activity and Health

2003-2009	Associate Editor, Journal of Aging and Physical Activity
2003	Reviewer, Book Chapter, John Wiley & Sons, Inc
2002-2011	Member, Strategic Health Initiatives (SHI) - Behavioral Strategies Committee, American College of Sports Medicine
2001	Planner and Facilitator, Women's Health Initiative Aging Workshop (NIH funded)
2001	Member, Conference Planning Committee, Southeastern American College of Sports Medicine
2000	Reviewer, Health behaviors chapter (physical activity section), Jacobs Institute on Women's Health Data Book, 3 rd Edition
1998-2000	Co-Convener, Health Promotion and Disease Prevention informal interest group, Gerontological Society of America

Grant & Conference Reviews

Grant reviews (study sections):

- Ad hoc grant reviewer, Centre for Childhood Health, Copenhagen, Denmark (2025)
- Ad hoc grant reviewer, *National Institutes of Health (2010, 2015, 2017, 2020)*
- Standing Member, Psychosocial Risk and Disease Prevention Study Section, National Institutes of Health (6/2006 – 6/2009)
- Temporary Member, Psychosocial Risk and Disease Prevention Study Section, National Institutes of Health (2/2004 - 10/2005; served on 5 review panels)
- Grant Proposal Reviewer, The Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance (2000-2003)

Conference submission reviewer:

- American Public Health Association Susan B. Anthony Aetna Award for Excellence in Research on Older Women – includes reviews of abstracts and papers chosen for possible awards (2013-2017, 2020, 2021, 2022, 2024)
- Healthy Aging Research Network Symposium: Effective Community-Based Physical Activity Programs for Older Adults. From Research to Practice (2006)
- Gerontological Society of America (2000, 2003, 2004)
- American Psychological Association, Division 35 – Psychology of Women (1998, 1999, 2000)

- Society of Behavioral Medicine (1998, 2000, 2003, 2005, 2006, 2008, 2013, 2014, 2018, 2023, 2025)
- American Psychological Association, Division 20 – Adult Development and Aging (1998)
- American Psychological Association, Division 20 Student Awards (1998)

Manuscript Reviews

Ad hoc reviewer - journals:

- ACSM's Health and Fitness Journal (2010, 2011)
- American Journal of Epidemiology (2010)
- American Journal of Lifestyle Medicine (2011)
- American Journal of Preventive Medicine (2001-2003, 2005-2006, 2009-2011, 2014, 2016)
- American Journal of Public Health (2016, 2019)
- Annals of Behavioral Medicine (2001-2004, 2009, 2022)
- Annals of Leisure Research (2014)
- Arthritis Care and Research (2002, 2007-2009, 2011-2014, 2020)
- BMC Public Health (2024, 2025)
- BMJ Nutrition, Prevention & Health (2023)
- Clinical Child and Family Psychology Review (2002)
- Clinical Gerontologist (2004, 2005)
- Community Health Equity Research and Policy (2021)
- Contemporary Clinical Trials (2011, 2012, 2018, 2020-2023)
- Contemporary Clinical Trials-Communications (2022)
- Developmental Review. Perspectives in Behavior and Cognition (1999)
- Ethnicity & Disease (2001, 2003, 2004)
- Evaluation and Program Planning (2013, 2020, 2021)
- Exercise and Sport Sciences Reviews (2003)
- Family and Community Health (2012)
- Health Education & Behavior (2001, 2003-2005)
- Health Education Research (2001, 2002, 2005)
- Health Psychology (2000, 2001, 2003-2005, 2007-2013, 2017, 2018, 2020)
- International Journal of Behavioral Medicine (1998)
- International Journal of Sport Psychology (2002)
- Journal of Aging and Physical Activity (2002-2009)
- Journal of Aging Research (2014)
- Journal of the American Geriatrics Society (2007)
- Journal of Applied Gerontology (2001, 2007, 2009)
- Journal of Behavioral Medicine International (1998)
- Journal of Clinical Rheumatology (2012)
- Journal of Epidemiology and Community Health (2001, 2002)
- Journal of Gerontology: Psychological Sciences (1999-2001)
- Journal of Gerontology: Medical Sciences (2004)
- Journal of Gerontology: Social Sciences (2015, 2016)
- Journal of Nutrition Education and Behavior (2019-2021)
- Journal of Physical Activity and Health (2003- 2011)
- Journal of Public Health Management and Practice (2007)

- Journal of Racial and Ethnic Health Disparities (2016-2018, 2020, 2024)
- Journal of Religion and Health (2014, 2016-2018, 2021-2024)
- Journal of Rural Health (2008)
- Journal of Urban Health (2012)
- Journal of Women's Health (2016)
- Journal of Women's Health and Gender-Based Medicine (2001)
- Medicine and Science in Sports and Exercise (2000, 2003, 2004, 2006, 2007, 2011)
- Obesity (2010-2012)
- PLOS ONE (2015, 2019)
- Patient Education and Counseling (2024)
- Preventing Chronic Disease (2004, 2014, 2016)
- Preventive Medicine (2000, 2001, 2003, 2004, 2011)
- Preventive Medicine Reports (2019, 2020)
- Psychology and Aging (2003-2009)
- Psychology of Women Quarterly (1999)
- Research Quarterly for Exercise and Sport (2001, 2006, 2007, 2013)
- Social Science and Medicine (2001, 2012, 2014, 2017, 2018)
- Translational Behavioral Medicine (2019, 2021, 2022)
- Women and Health (2001, 2002)

Other

- | | |
|--------------|--|
| 2023-2024 | Mentor, Society of Behavioral Medicine Bridging the Gap Research Award
Serve as a mentor for Dr. Cathy Slavik, a young professional at the University of Oregon for her research project, Health Maps as Behavioral Interventions: Bridging Psychological Distance of Environmental Justice. Mentorship included telephone calls and an in-person meeting at the annual conference. |
| 2022 | Reviewed R21 proposal of junior investigator (provided written feedback and participated in telephone mock review), University of South Carolina College of Nursing |
| 2020-2021 | Mentor, American College of Sports Medicine Leadership & Diversity Training Program, Mentor to Doris Morris, Doctoral student at Georgia State University (met via monthly Zoom calls) |
| 2019 | Reviewed RO1 proposal of junior investigator (provided written feedback and participated in telephone discussion), University of California San Diego |
| 2017, 2018 | Served as an "expert" for the Society of Behavioral Medicine Physical Activity Special Interest Group, "Meet the Expert" session for junior investigators (held at the annual meetings of the Society of Behavioral Medicine) |
| 2014 | Reviewed R15 proposal of junior investigator (provided written feedback and participated in mock study section), Georgia Regents University |
| 2006-present | Regularly serve as external reviewer for outside university tenure and/or promotion files: 2006 (1), 2008 (1), 2011 (3), 2012 (1), 2013 (1), 2014 (1), 2015 (2), 2016 (3), 2018 (1), 2019 (1), 2020 (2), 2021 (1), 2022 (1), 2023 (1), 2024 (1), 2025 (1) |

2003 (Jan) Participated (invited) in a CDC Arthritis Conference call to provide input regarding the development of a national telephone survey about arthritis, the Arthritis Conditions Health Effects Survey (ACHES)

Service & Leadership to University

University Level

2022 Member, Research Awards Review Committee, Office of the Vice President for Research, University of South Carolina

2021-2022 Member, Search Committee for Executive Vice President for Academic Affairs and Provost, University of South Carolina

2021 Speaker, STAR Workshop (focused on helping mid-level faculty prepare for developing Center grants), Office of Research, University of South Carolina

2021-2025 Mentor, Propel Program (mentor 3-4 mid-level faculty in preparing NIH R01 applications; monthly meetings and reviews of grant sections & attendance/participation at larger group meetings), Office of Research, University of South Carolina
-Mentored three groups, 2021-2022 (3 faculty), 2022-2023 (3 faculty), 2023-2024 (3 faculty), 2024-2025 (4 faculty)

2020-2021 Member, Ad hoc Promotion Committee, College of Social Work, University of South Carolina

2018-2019 Mentor, Top Scholar Program, McNair Scholars, University of South Carolina

2017-2019 Member, Excellence Initiative (created application form, identified review criteria, and reviewed all phase 1 and phase 2 proposals), Office of the Provost, University of South Carolina

2017- 2020 Member, Faculty Grievance Committee, University of South Carolina

2016 Member, Committee to develop criteria for undergraduate research, Office of Undergraduate Research, University of South Carolina

2015 Member, Fulbright Evaluation Committee (reviewed and interviewed 1 candidate), University of South Carolina

2015 Panelist, New Faculty Academy, "Balancing Research, Teaching, and Service," University of South Carolina

2015 Reviewer, Caravel (undergraduate journal), University of South Carolina

2014, 2015, 2016 Judge, Graduate Student Day, Graduate School, University of South Carolina

- 2013-2015 Member, Active Living Council, Healthy Carolina, Student Health Services, University of South Carolina
- 2011-2014, 2016 Reviewer, Magellan Scholars Program (awards research grants to undergraduates), Office of the Vice President for Research and Health Sciences, University of South Carolina (**Reviewed over 50 proposals**)
- 2011-2013 Member, Internal Research Advisory Board, Office of Research, University of South Carolina
- 2010-2013 Member, Health Sciences Award Committee, University of South Carolina Educational Foundation
- 2008 Member, Community-Based Research Working Group, Biomedical Research Initiative Steering Committee (BRISC IV), University of South Carolina
- 2006-2010 Co-Chair, Magellan Scholars Program (awards research grants to undergraduates), Office of the Vice President for Research and Health Sciences, University of South Carolina (**Reviewed ~150 proposals**)
- 2006-2008 Member, Research Council Committee, Office of the Vice President for Research and Health Sciences, University of South Carolina
- 2004 Member, Research Awards Committee, Women's Studies Program, University of South Carolina
- 2003 Panelist & Mentor, African American Professors Program, University of South Carolina
- 2002 Faculty Trainer, Grant Proposal Writing Workshop for Graduate Students, Graduate School, University of South Carolina
- 2002-2005 Member, Institutional Review Board, University of South Carolina (Alternate Member 2007-2010)
- 2001-2004 Member, Advisory Board, Women's Studies Program, University of South Carolina
- 2001, 2002 Faculty Trainer, Instructional Development Project Workshop for new Graduate Teaching Assistants, Graduate School, University of South Carolina
- 2001 Member, Planning Committee for Faculty Affiliate Retreat, Women's Studies and Department of History, University of South Carolina

School Level – Faculty Mentorship

- 2024 – present Mentor, John Bernhart, Research Assistant Professor, Department of Health Promotion, Education, and Behavior, Arnold School of Public Health
- 2020-2023 Mentor, Gabrielle Turner-McGrievy, Associate Professor, Department of Health Promotion, Education, and Behavior, Arnold School of Public Health

**I have served as an informal research mentor since 2012, reviewing and participating on grant proposals*

2020-2025 Mentor, Andrew Kaczynski, Associate Professor, Department of Health Promotion, Education, and Behavior, Arnold School of Public Health
- Mentorship team mentor since 2024
**I have served as an informal research mentor since 2012, reviewing and participating on grant proposals*

2017-2020 Mentor, Arnold School of Public Health NIH Boot Camp Program (mentor junior faculty in preparing an NIH RO1 application; monthly meetings and reviews of grant sections & attendance/participation at larger group meetings), served in three cycles (mentored 3 faculty in 2017-2018, 4 faculty in 2018-2019, and 2 faculty in 2019-2020)

School Level – Committees & Activities

2025 – present Interim Associate Dean for Faculty Affairs, Arnold School of Public Health, University of South Carolina

2024 – present Member, Research Advisory Council, Arnold School of Public Health, University of South Carolina

2019-2022 Member, Student Selection Committee, Delta Omega, Arnold School of Public Health, University of South Carolina

2017-2018 Member, Tenure and Promotion Criteria Revision Committee, Arnold School of Public Health, University of South Carolina

2015-2017 Chair, Tenure and Promotion Committee, Arnold School of Public Health, University of South Carolina

2014 Member, Search Committee for Associate Dean for Research, Arnold School of Public Health, University of South Carolina

2013-2014 Member, Committee to Evaluate the Dean, Arnold School of Public Health, University of South Carolina

2012 Presenter, Faculty Research Orientation, Arnold School of Public Health, University of South Carolina

2011-2013 Member, Advisory Board, Center for Research in Nutrition and Health Disparities, Arnold School of Public Health, University of South Carolina

2010-2013 Chair, Search Committee, Center of Economic Excellence (CoEE) Endowed Chair (Smart State Program), Arnold School of Public Health, University of South Carolina

2007-2011 Member, Faculty Research Award Committee (Chair 2010-2011), Arnold School of Public Health, University of South Carolina

- 2007-2010 Member, Academic Programs Committee, Arnold School of Public Health, University of South Carolina
- 2007 Member, Committee to Evaluate the Dean, Arnold School of Public Health, University of South Carolina
- 2006-2008 Member, Faculty Search Committee, Faculty Excellence Initiatives in Childhood Obesity, Departments of Exercise Science, Epidemiology & Biostatistics, and Psychology, Arnold School of Public Health, University of South Carolina
- 2004-present Member, Tenure & Promotion Committee (including writing teaching summaries for 3rd year reviews, presenting tenure and promotion files, as well as annual peer teaching reviews), Arnold School of Public Health, University of South Carolina
- 2004-2007 Member, Research Advisory Committee, Arnold School of Public Health, University of South Carolina
- 2004-2007 Member, Coordinating Committee, MPH in Physical Activity and Public Health, Arnold School of Public Health, University of South Carolina
- 2003-2005 Member, Faculty Search Committee, Physical Activity Epidemiologist, Department of Epidemiology & Biostatistics, Arnold School of Public Health, University of South Carolina
- 2003-2004 Member, Faculty Search Committee, Physical Activity and Health in Children and Youth, Arnold School of Public Health, University of South Carolina
- 2003 Chair, Faculty Search Committee, Director of Prevention Research Center, Arnold School of Public Health, University of South Carolina
- 2002 Member, Faculty Search Committee, Office for the Study of Aging, Arnold School of Public Health, University of South Carolina
- 2001-2004 Member, Evaluation Committee, Arnold School of Public Health, University of South Carolina
- 2001-2002 Member, Faculty Search Committee (3 positions), Department of Epidemiology & Biostatistics, Arnold School of Public Health, University of South Carolina
- 2001, 2002 Presenter, New Faculty Orientation, Research & Academic Issues, Arnold School of Public Health, University of South Carolina
- 2001 Member, Faculty Search Committee, Director of Prevention Research Center, Arnold School of Public Health, University of South Carolina
- 2000 Member, Governance Committee, Self-Study for the Council on Education for Public Health Review, Arnold School of Public Health, University of South Carolina

1999-2001 Member, Academic Responsibility Committee, Arnold School of Public Health, University of South Carolina

Department Level – Faculty Mentorship

2017-2024 Mentor, Christine Pellegrini (Associate Professor), Department of Exercise Science, University of South Carolina

2017-2023 Mentor, Abbi Lane-Cordova (Assistant Professor), Department of Exercise Science, University of South Carolina

2017-2018 Mentor, Diane Ehlers (Assistant Professor), Department of Exercise Science, University of South Carolina

Department Level – Committees & Activities

2019-present Member, MPH in Physical Activity and Public Health Committee, Department of Exercise Science, University of South Carolina

2019-2020 Member, Faculty Search Committee for Assistant Professor, Department of Exercise Science, University of South Carolina

2019 Member, MPH in Physical Activity and Public Health Program Review Committee (participated in development of report that evaluated program), Department of Exercise Science, University of South Carolina

2018-2019 Member, Department Chair Search Committee, Department of Exercise Science, University of South Carolina

2015-2016 Member, Faculty Search Committee, Physical Activity and Health, Department of Exercise Science, University of South Carolina

2014-2017 Member, Executive Committee, Department of Exercise Science, University of South Carolina

2013-2014 Member, Department Chair Search Committee, Department of Exercise Science, University of South Carolina

2013-2014 Member, Undergraduate Program Review Committee (participated in development of report evaluating program), Department of Exercise Science, University of South Carolina

2011-2022 Member, Executive Committee, USC Behavioral-Biomedical Interface Program (BBIP). BBIP is supported by a NIH T32 pre-doctoral training grant via the National Institute of General Medical Sciences. It enrolls doctoral students in Epidemiology, Exercise Science, and Psychology.

2010-present Grader, MPH in Physical Activity and Public Health Comprehensive Exams, Department of Exercise Science, University of South Carolina

- 2005, 2007 Member, Website Committee, Department of Exercise Science, University of South Carolina
- 2004-2007 Director, Division of Health Aspects of Physical Activity, Department of Exercise Science, University of South Carolina
- 2002-2003 Member, Faculty Search Committee, Assistant Professor, Department of Exercise Science, University of South Carolina
- 2001 Member, Faculty Search Committee, Doctorate in Physical Therapy Program, Department of Exercise Science, University of South Carolina
- 2000-2003 Member, Undergraduate Committee, Department of Exercise Science, University of South Carolina
- 2000 Member, Faculty Search Committee for Minority Faculty Hire, Department of Exercise Science, University of South Carolina
- 1999-2000, 2004 Member, Graduate Committee, Department of Exercise Science, University of South Carolina
- 1999 Member, Space Planning Committee, Department of Exercise Science, University of South Carolina

Service & Leadership to the Community and to State and Local Organizations

- 2025 (Jan) Presenter, Benefits of physical activity, 7th Episcopal District of the AME church (via Zoom)
- 2021-2024 Regional Coordinator, Females in Action (FiA) Columbia (provides free, peer-led run and boot camp classes for women)
- 2020 (Nov) Presenter, Clergy Meeting of the Columbia District of the South Carolina Conference of the United Methodist Church, Focus on Pastoral Self-Care, "Physical Activity & Healthy Eating: Important Now More Than Ever!" [Note: title the same as October 2020 talk, but content differed]. Via Zoom.
- 2020 (Oct) Presenter, Summit on the Black Church (presented two 60-minute breakout sessions for this statewide virtual conference coordinated by the South Carolina Conference of the United Methodist Church), "Physical Activity & Healthy Eating: Important Now More Than Ever!" Via Zoom.
- 2019-2023 Member, Healthy Palmetto Leadership Council, Charge is to provide strategic direction for healthy eating and active living efforts in South Carolina (also served on evaluation subcommittee and communications subcommittee)
- 2019 Member, SScaleDown Transition Team, Charged to identify ways to continue obesity reduction efforts despite expiration of SScaleDown (South Carolina State Obesity Plan), South Carolina Department of Health and Environmental Control

- 2018-2025* Member, Fairfield Forward (health coalition in Fairfield County; participate in monthly meetings plus committee meetings)
Co-Chair, Data Committee, Fairfield Forward (through 2021, member after 2021)
Co-Chair, Faith-Based Committee, Fairfield Forward (through 2023, member after 2023)
Member, Wholespire - Fairfield County chapter (formerly Eat Smart Move More Fairfield County)
[*Note that prior to these dates, I served in this capacity, but did not consider it as service as this group was our community partner for a research project, but I have continued to serve despite the grant ending in 2019]
- 2018-2021 Local Coordinator, Females in Action (FiA) Columbia, Shandon location (provides free, peer-led runs and boot camps for women)
- 2018-2019 Member, Live Healthy South Carolina Chronic Conditions Workgroup (to guide the 2018-2023 State Health Improvement Plan), South Carolina Department of Health and Environmental Control
- 2017 (Oct) Presenter, United Methodist Women annual conference, Physical activity and healthy eating
- 2017 (March) Presenter and Panelist, Women in STEAM Careers Q&A Symposium, Longleaf Middle School, Columbia, SC
- 2015-2019 Member, Evaluation Committee, SCALEDOWN (South Carolina State Obesity Plan), South Carolina Department of Health and Environmental Control, South Carolina Institute of Medicine and Public Health
- 2015-2019 Member, Action Team (Leadership Team), SCALEDOWN (South Carolina State Obesity Plan), South Carolina Department of Health and Environmental Control, South Carolina Institute of Medicine and Public Health
- 2013-2014 Member, South Carolina Obesity Strategic Planning Committee, Faith Task Force, South Carolina Department of Health and Environmental Control
- 2012-2017 Member, South Carolina Medical Association Childhood Obesity Task Force
- 2009-2012 Member, South Carolina Partnership for Healthy Aging, South Carolina Department of Health and Environmental Control
- 2006-2008 Faculty Advisor, Girls on the Run
- 2005 (March) Presenter, PrimeTimes Seminar Series at Palmetto Health (for older adults in the community)
- 2005 (March) Presenter, Arthritis Foundation kick-off for the Columbia Arthritis Walk

- 2004-2006 Member, Healthy Richland Planning Committee (charged with addressing nutrition & physical activity health promotion for Richland County citizens) (participated in monthly meetings & events)
- 2004 Provided information and education about physical activity on a statewide gospel radio station (95.3, Toni Jamison) every Monday morning (3/29/2004-5/24/2004)
- 2002 (June) Led an Alzheimer's Association support group, "Managing Your Stress" at the Oakleaf Village facility, Lexington, SC
- 2002 (May) Led a cancer support telephone group, "Getting Started on a Physical Activity That's Right for You"
- 2002 (Jan) Moderator, Lymphedema Focus Group, South Carolina Cancer Center

CLINICAL

- 2000-present *Licensed Clinical Psychologist*, South Carolina (license #775)
- 1998-2000 *Licensed Psychologist and Health Services Provider Psychologist*, North Carolina (license #2466)
- 1996-1998 *Postdoctoral Fellow*, Preventive Cardiology Clinic and Stanford Center for Research in Disease Prevention, Stanford University School of Medicine, Stanford, CA
Supervisor: Abby C. King, PhD
Experience: Provided brief psychological assessments and cognitive-behavioral change interventions to patients with multiple risk factors for cardiovascular diseases. Provided psychosocial and health behavior assessments, health behavior change interventions, and psychosocial referrals to older women family caregivers of family members with dementia.
- 1995-1996 *Predoctoral Clinical Psychology Intern*, Veterans Affairs Palo Alto Health Care System, Palo Alto, CA
Director of Training: Jacqueline Becker, PhD & Antonette Zeiss, PhD
Supervisors: Larry Thompson, PhD, Dolores Gallagher-Thompson, PhD, William Lynch, PhD, ABPP, Bruce Linenberg, PhD, Patricia Ashbrook, PhD, & Vicki Ellis, RN
Rotations: Outpatient psychotherapy with older adults, geriatric medical clinic (assessments and brief interventions), inpatient hospice, psychological and neuropsychological assessment, inpatient psychiatry, long-term psychotherapy, and partial hospitalization (day hospital)
- 1992-1995 *Clinical Assistant*, Psychological Service Center, Washington University, St. Louis, MO
Supervisors: Richard Kurtz, PhD, Amy Bertelson, PhD, Rose Boyarsky, PhD, Lois Franklin, PhD, & Dorothy Van Buren, PhD

Experience: Individual and group psychotherapy, personality and neuropsychological assessments. Populations included personality, mood, adjustment, and eating disorders.

- 1991-1995 *Neuropsychological Testing*, Alzheimer's Disease Research Center, St. Louis, MO
Supervisors: Martha Storandt, PhD & Emily LaBarge, EdD
Experience: Neuropsychological testing of community dwelling older adults with Alzheimer's disease, Parkinson's disease, and Multi-Infarct dementia.
- 1994 *Psychotherapy Supervisor*, Psychological Service Center, Washington University, St. Louis, MO
Experience: Provided group psychotherapy supervision for graduate students under the direction of Richard Kurtz, PhD
- 1994 *Clinical Assistant*, St. Louis University Behavioral Medicine Unit (inpatient and day hospital), St. Louis, MO
Supervisor: Sue Ann Bauserman, PhD
Experience: Group psychotherapy. Populations included anxiety (particularly obsessive compulsive disorder), mood, chronic pain, and eating disorders.
- 1993-1994 *Clinical Assistant*, Senior Stress Unit (inpatient), St. Anthony's Psychiatric Center, St. Louis, MO
Supervisors: Lynn Gulick, PhD & Christine Gibson, LCSW
Experience: Individual and group psychotherapy, psychosocial and cognitive assessments. Populations included older adults with mood, anxiety, and psychotic disorders, and dementias.

SPECIALTY TRAINING SEMINARS ATTENDED

- 2003 *10th Annual Teaching Research Ethics Workshop* (4-day training seminar), Poynter Center for the Study of Ethics and American Institutions, Indiana University, Bloomington, IN.
- 1998 *Postgraduate Course on Research Directions and Strategies: Physical Activity and Public Health* (8-day training seminar)
Sponsored by the Centers for Disease Control and Prevention, the University of South Carolina School of Public Health, and the South Carolina Department of Health and Environmental Control.
- 1997 *National Institute on Aging Summer Institute on Aging Research* (7-day training seminar)
Sponsored by the National Institute on Aging and the Brookdale Foundation
- 1997 *23rd Ten-day Seminar on the Epidemiology and Prevention of Cardiovascular Disease*
Sponsored by the American Heart Association and the National Heart, Lung, and Blood Institute

(Updated: 4/15/2026)