



Take a break in the day
for lunch

...good food that tastes great!

Balanced Way Plate *(BW)*
Salad Bar
Grill * Deli
Fire & Ice
Yogurt Bar
Mongolian Grill
SoupMan

Hours

Monday - Thursday

7:00am – 3:00am

Friday

7:00am - 8:00pm

Saturday

9:00am - 8:00pm

Sunday

9:00am - 9:00pm

Management

Director

Tiffany Bell

Manager

Stephanie Helmick

Chef

Executive Chef

Aquinas Peterson

Don't forget our Fiesta Mondays,
Chicken Finger Wednesdays, and
BBQ Thursdays.

Grand Market Place

Lunch Menus for November 9 – November 15)

Monday, November 9, 2009

Entrees: Picadillo Empanadas
Sicilian Pork Loin *(BW)*
w/Baked Potato, Italian Green Beans, Herb Rstd. Tomato
Vegetarian: Broccoli, Cheese, and Rice Casserole
Sides: Aztec Corn, White Mexican Rice
Fire & Ice: Chicken Nuggets, Curly Fries

Tuesday, November 10, 2009

Entrees: Beer Batter Fried Cod
Savory Turkey London Broil *(BW)*
w/Mashed Potatoes and Green Beans
Vegetarian: Red Beans & Rice
Sides: Seasoned Vegetable Confetti
Sautéed Spinach w/Olive Oil & Garlic
Fire & Ice: Pasta Station & Hot Meatball Sandwich

Wednesday, November 11, 2009

Entrees: Fried Breaded Chicken Tenders (4)
Vegetarian: Black Bean & Cheese Quesadilla
Sides: Curly French Fries, Fresh Green Beans,
Peas, Mushrooms, Bacon & Onion
Fire & Ice: Vegetable Fajitas w/Rice *(BW)*

Thursday, November 12, 2009

Entrees: Carolina Pulled Pork
Golden Fried Catfish
Vegetarian: Ginger & Tofu Lo Mein *(BW)*
w/Snow Peas and Teriyaki Cabbage Slaw
Sides: Hush Puppies, White Rice, Collard Greens
Vegetarian Pinto Beans, Cole Slaw
Fire & Ice: Chicken BLT Honey Mustard Sandwich

Friday, November 13, 2009

Entrees: Beef & Mushroom Sauté *(BW)*
w/Dirty Mashed Potatoes and Baby Carrots
Crusty Herb Fried Chicken
Vegetarian: Broccoli Cheddar Quiche
Sides: White Rice, Buttered Lima Beans, Okra & Tomatoes
Fire & Ice: Taco/Burrito Bar

Saturday, November 14, 2009

Entrees: Breakfast Bar Items
Roast Top Round of Beef w/Gravy
Sides: Roasted Potatoes, Fresh Green Beans

Sunday, November 15, 2009

Entrees: Breakfast Bar Items
BBQ Pork Riblet Sandwich
Sides: Corn on the Cob and Baked Beans