



Join us for a  
relaxing lunch

...good food that tastes great  
is your reason!

Balanced Way Entrees *(BW)*  
Salad Bar  
Exhibition Station  
Soft served ice-cream

### Hours

Monday - Friday  
11:20am - 2:00pm

### Management

Director  
Tiffany Bell

### Chef

Executive Chef  
Aquinas Peterson

## PRESTON'S AT NOON

### Monday, November 9, 2009

Soup: French Onion Soup  
Thick & Zesty Chili  
Entree: Carne Asada Beef Flank Steak  
Sicilian Pork Loin *(BW)*  
*w/Baked Potato, Italian Green Beans, Herb Rstd. Potatoes*  
Vegetarian: Broccoli Cheddar Quiche  
Sides: Garlic Sautéed Mushrooms, Pearl Onions  
Exhibition: Fettuccine Alfredo w/Garlic Breadstick

### Tuesday, November 10, 2009

Soup: Thick & Zesty Chili  
Tomato Florentine Soup  
Entree: BBQ London Broil  
Garlic Herb Chicken Thighs  
Vegetarian: Pasta Primavera *(BW)*  
Sides: Fresh Zucchini, Aztec Corn, Green Beans Almandine,  
Fresh Ginger Carrots  
Exhibition: Spicy Shrimp Stir Fry

### Wednesday, November 11, 2009

Soup: Mushroom Barley Soup  
Thick & Zesty Chili  
Entree: Fried Chicken Tenders (4)  
Corned Beef  
Vegetarian: Hoppin John *(BW)*  
Sides: Fried Potato Skins, Fried Green Cabbage, Broccoli  
w/Cheese Sauce, Fresh Apple Glazed Carrots  
Exhibition: Chicken Salad Croissant

### Thursday, November 12, 2009

Soup: Navy Bean Soup  
Thick & Zesty Chili  
Entree: Carolina Pulled Pork  
Golden Fried Catfish  
Vegetarian: Broccoli Cheese & Rice Casserole  
Exhibition: Cajun Chicken Breast w/Peach Chutney *(BW)*  
Sides: Medium Grain Rice, Hushpuppies, Whole Kernel Corn,  
Okra & Tomatoes, Mustard Greens w/Ham

### Friday, November 13, 2009

Soup: New England Clam Chowder  
Thick & Zesty Chili  
Entree: BBQ London Broil  
Southern Fried Chicken  
Vegetarian: Red Beans & Rice  
Exhibition: Turkey Club Wrap *(BW)*  
Sides: Apple Glazed Baby Carrots, Fried Okra  
Collard Greens, Zucchini and Tomatoes