



Take a break in the day  
for lunch

...good food that tastes great!

Balanced Way Plate *(BW)*  
Salad Bar  
Grill \* Deli  
Fire & Ice  
Yogurt Bar  
Mongolian Grill  
SoupMan

Hours

**Monday - Thursday**  
7:00am – 3:00am

**Friday**  
7:00am - 8:00pm

**Saturday**  
9:00am - 8:00pm

**Sunday**  
9:00am - 9:00pm

Management

**Director**  
Tiffany Bell  
**Manager**  
Stephanie Helmick

Chef

**Executive Chef**  
Aquinas Peterson

# Grand Market Place

Lunch Menus for November 2 – November 8

## Monday, November 2, 2009

Entrees: Beef Soft Taco  
Molise Turkey Parmesan *(BW)*  
Sides: Mexican Rice, Refried Beans, Confetti Vegetables,  
Peas, Mushrooms, Bacon and Onions, Fettuccine Noodles  
Vegetarian: Scalloped Potatoes  
Fire & Ice: Country Chicken & Broccoli

## Tuesday, November 3, 2009

Entrees: Herb Encrusted Baked Fish *(BW)*  
Meat Lasagna  
Sides: Fresh Broccoli Florets, Whole Kernel Corn  
Vegetarian: Greek Spinach Strudel  
Fire & Ice: Buffalo Chicken Slider and BLT Honey Mustard Chicken

## Wednesday, November 4, 2009

Entrees: Fried Breaded Chicken Tenders (4)  
Sides: Curly French Fries  
Whole Green Beans, Corn Epazote  
Vegetarian: Broccoli, Cheese, and Rice Casserole  
Fire & Ice: Chipotle Chicken Burrito and Sante' Fe Black Bean  
and Rice Burrito

## Thursday, November 5, 2009

Entrees: Golden Fried Catfish *(BW)*  
Carolina Pulled Pork  
Sides: Hush Puppies, White Rice, Cole Slaw  
Vegetarian: Spicy Eggplant w/Garbanzo Beans  
Fire & Ice: Wing Bar

## Friday, November 6, 2009

Entrees: Mushroom Beef Sauté *(BW)*  
Southern-Fried Chicken  
Sides: White Rice, Buttered Lima Beans,  
Okra w/Tomatoes  
Vegetarian: Broccoli Cheddar Quiche  
Burrito Bar

## Saturday, November 7, 2009

Entrees: Breakfast Bar Items  
Roasted Top Round of Beef  
Sides: Chef Potatoes, Fresh Green Beans

## Sunday, November 8, 2009

Entrees: Breakfast Bar Items  
BBQ Pork Riblet Sandwich  
Sides: Corn on the Cob, Baked Beans