



End your day on a good  
note and join us for dinner

...good food that tastes great!

Balanced-Way Plate *(BW)*

Salad Bar  
Grill \* Deli

Fire & Ice Exhibition

Yogurt Bar  
Mongolian Grill

SoupMan  
Sushi

### Hours

**Monday - Thursday**

7:00am – 3:00am

**Friday**

7:00am - 8:00pm

**Saturday**

9:00am - 8:00pm

**Sunday**

9:00am - 9:00pm

### Management

**Director**

Tiffany Bell

**Manager**

Stephanie Helmick

*Chef*

**Executive Chef**

Aquinas Peterson

Don't forget our Fiesta Mondays,  
Chicken Finger Wednesdays, and  
BBQ Thursdays.

# GRAND MARKET PLACE

Dinner Menus for November 9-November 15

## Monday, November 9, 2009

Entree: Bayou Cajun Chicken *(BW)*  
*w/Red Beans & Rice and Steamed Broccoli*  
Salsa Mexicana Beef Steak  
Vegetarian: Roasted Vegetable Lasagna w/Marinara  
Sides: Green Beans, Sautéed Mexican Vegetables  
Fire & Ice: Chicken Nuggets, Curly Fries

## Tuesday, November 10, 2009

Entree: Southern Fried Chicken  
Herb Encrusted Baked Fish *(BW)*  
*w/Basmati Rice, Sautéed Spinach w/Garlic Herb Tomatoes*  
Vegetarian: Veggie Cacciatore  
Sides: Basmati Rice, Sautéed Spinach, Herb Tomatoes  
Macaroni & Cheese, Apple Glazed Baby Carrots  
Fresh Sugar Snap Peas  
Fire & Ice: Hot Meatball Sandwich w/Pasta

## Wednesday, November 11, 2009

Entree: Grilled Kielbasa w/Peppers & Onions  
Baked Stuffed Cod  
Vegetarian: Spaghetti w/Olives and Tomatoes  
Sides: Maui Onion Rings, Mustard Greens w/Ham  
Sliced Steamed Carrots, Fresh Sautéed Zucchini  
Fire & Ice: Veggie/Beef/Chicken Fajita Bar *(BW)*  
*w/Mexican Rice and Pico de Gallo*

## Thursday, November 12, 2009

Entree: Meat Lasagna w/Garlic Breadstick  
Teriyaki Chicken Thighs  
Vegetarian: Veggie Moroccan Couscous *(BW)*  
*w/Wheat Pasta, Sautéed Zucchini and Roasted Oranges*  
Sides: Vegetable Spring Rolls, Asian Vegetable Blend  
Italian Green Beans, Fresh Yellow Squash  
Fire & Ice: Buffalo Chicken Slider/BLT Honey Mustard Chicken

## Friday, November 13, 2009

Entree: Chili Macaroni Casserole  
Sweet & Sour Pork Strips *(BW)*  
*w/Steamed Jasmine Rice*  
Vegetarian: Broccoli Cheddar Quiche  
Sides: Aztec Corn  
Fire & Ice: Pasta Bar

## Saturday, November 14, 2009

Entree: Caribbean Glazed Chicken Breast *(BW)*  
*w/Spiced Roasted Potatoes, Creamed Spinach*  
BBQ Pork Riblet Sandwich  
Vegetarian: Vegan Burrito  
Sides: Asian Stir Fry Vegetables, Rice Pilaf, Fresh Broccoli

## Sunday, November 15, 2009

Entree: Country Chicken & Broccoli w/Dirty Mashed Potatoes *(BW)*  
Grilled Kielbasa w/Peppers & Onions  
Vegetarian: Korean Stir-Fried Vegetables w/Tofu  
Sides: Fresh Apple Glazed Carrots, Oven Roasted Potatoes