

NAME

Street Address

Telephone Number

Email Address

Health Promotion and Education

Education **University of South Carolina** Columbia, SC
Master of Public Health May 2006
Department: Health Promotion, Education and Behavior (HPEB)
GPA: 4.0/4.0

James Madison University Harrisonburg, VA
Bachelor of Science in Health Sciences May 2003
Concentration: Pre-Physical Therapy
GPA: 3.4/4.0

Related

Experience **Campus Wellness, University of South Carolina** Columbia, SC
Graduate Assistant 8/05-present

- Plan and implement programs pertaining to cholesterol, blood pressure, calcium, breast and testicular cancer, smoking, organ donation, diet and exercise in conjunction with staff
- Assist in the advertisement and promotion of services and programs
- Developed a brochure defining the healthy dining options on campus
- Research current health information and create monthly student newsletters
- Provide direct services including blood pressure measurements, exercise consultations, body fat measurements and cholesterol consultations

Richland School District One Columbia, SC
Practicum Student 1/06-present

- Identify and organize resources that may aid in the implementation of the Student Health and Fitness Act of 2005
- Evaluate nutrition lessons for elementary schools grades K-5
- Assist in finalizing and acquiring Board approval of the District Wellness Policy
- Research current literature pertaining to nutrition, physical activity and academic performance

Palmetto Health Baptist: HealthWorks Columbia, SC
Health Educator 4/05-11/05

- Conducted employee health screenings for local and corporate businesses
- Performed blood pressure and waist-to-hip measurements
- Utilized screening results to educate employees on healthy lifestyles
- Discussed health indicators including smoking, cholesterol, blood pressure, body mass index, triglycerides and glucose

Related

Experience
(continued)

Sexual Trauma Services of the Midlands Columbia, SC
Graduate Assistant: Assistant Community Education Coordinator 9/04-5/05

- Assisted in the research, development, implementation and evaluation of a 6 week sexual assault curriculum
- Coordinated activities and disseminated evidence-based sexual assault curriculum to 1,100 middle school students
- Discussed topics including gender stereotypes, boundaries, communication, healthy relationships, sexual harassment and sexual assault

Department of Health and Environmental Control Columbia, SC
Youth Risk Behavior Survey 3/05

- Administered survey to 120 high school students

Other

Experience

Cario Middle School Charleston, SC
Teacher's Assistant 1/04-5/04

- Worked with mentally and physically handicapped children providing a learning atmosphere to promote physical and mental well being
- Assisted in activities of daily living, including tube feeding, walking and toileting

Boys and Girls Club Harrisonburg, VA
Program Director 8/02-5/03

- Organized and provided structured care to 60 children aged 5-11
- Planned and implemented a variety of programs targeted towards character development

Sioux City Physical Therapy Sioux City, IA
Physical Therapy Internship Summer 2002

- Observed and aided in outpatient care

Mercy Medical Center Sioux City, IA
Physical Therapy Internship Summer 2002

- Observed physical therapists within acute care, rehabilitation and orthopedics

YMCA Rocky Mount, VA
Camp Counselor Summers 2000-2002

- Supervised 90 children aged 5-14
- Coordinated and supervised activities and field trips with the emphasis on building morale

Leadership

2006 HPEB Outstanding Masters Student Award Columbia, SC
HPEB Masters Student Representative Columbia, SC
Dean Student Advisory Council Vice President Columbia, SC
Dean Student Advisory Council Social Chair Columbia, SC
American Public Health Association