



DEPARTMENT OF STUDENT DEVELOPMENT AND
UNIVERSITY HOUSING
STUDENT DISABILITY RESOURCE CENTER

Guidelines for documentation related to Meal Plan Reduction/ Exemption

This guidance has been updated to adhere to the Americans with Disabilities Act Amendment Act of 2008.

The Americans with Disabilities Act, or ADA, defines a person with a disability as “a person who has a physical or mental impairment that substantially limits one or more major life activities.” <https://adata.org/fag/what-definition-disability-under-ada>

What do you need to submit to Disability Resource Center?

Documentation from a current treating physician that is on letterhead, which is signed and dated, that states a diagnosis/diagnoses, and that provides support for the diagnosis and how it meets the definition of a person with a disability under the ADA.

For additional documentation guidance, please see below:

- Must include a specific condition/disability with a diagnosis
- Must include the date of diagnosis
- Must include a list of food allergens
- A detailed statement about the diagnosed disability and how your education is significantly limited as well any other aspects of a student life (i.e. extracurricular activities, dorm life, etc.)
- If applicable, should include information related to the impact of any medications or treatments and their impact on the student's ability to participate in any aspect of the college setting
- Include any recommendations for accommodations in the dining areas or other university settings

Revised 7/26/2018